



R.O.C.W.A.S

Reachout Community Wellbeing & Support



Annual Report 2023 - 2024

DATE:

Jul 29, 2024

PRESENTED BY:

[REDACTED], Charity founder / Chairperson

A MESSAGE FROM THE Founder

Hello Everyone,

Id like to begin with a big THANK YOU, to our board members and everyone who has helped me with my vision to move Reach Out Community Wellbeing and Support from a Community initiative back in 04th May 2020, from just holding zoom sessions to help people beat loneliness and isolation during the global pandemic of Covid 19. To where we are at this present date, a Scottish registered charity SCIO SC052710, awarded to us on 26th July 2023 from OSCR (Scottish Charity Regulator).

To which i am immensely proud and humbled by how an idea from my bed room to offer social inclusion and reduce loneliness through person centred emotional support, has grown to the amazing service's we can offer people and families today.

Having suffered ill health & disabilities myself for many years, followed by Covid then long Covid, finding myself unable to do the career i thought i wanted to peruse within the NHS within addictions sector. I realised that going back to gain more qualifications securing further knowledge in Counselling, Social Science and Psychology was where i could find a space for myself to put my skills and expanded knowledge into fruition, to help others within my local community without putting strain on to my own body and mind.

A massive Thank you!, to Fiona Colbron-Brown at the EK Collective, who has been backing us and been our Biggest support since July 2023. Fiona & David at The EK Collective have welcomed and accommodated us, to enable is to keep helping and supporting people within our community, since becoming a charity. Honestly, we couldn't have continued without their help, support and generosity.

Along the way has been a bit of a journey to say the least!, a journey that has been worth it, seeing how many individuals and families we have supported over this past year. We still have so much room for growth and learning, we hope to have more volunteers this year to help out to run our charity and offer a great training package for them, so our standards remain of the highest quality.

How has this year looked? - Going from a few Zoom sessions weekly, to then purchasing our first contract phone introducing our Check-in telephone service (which is still the most used service we offer), allowing people to be heard and valued and feel supported from the other end of the phone.

We hope to train and recruit another support worker this year to be able to deliver this service, as the need for this has increased massively, we are now having to add people onto a waiting list (to which i didn't want to do!) but have no option, as our main referrer is South Lanarkshire Social work Adult Service, and they understand why we have now introduced this waiting list system, to meet the demand.

We have partnership very nicely this year with our local foodbank - The EK Community Food Bank, where we can offer a drop off service of food/personal care/clothing to those who cannot make it along to their local churches for whatever reason. being able to offer this service has helped out our isolated members of our community immensely, so a special Thank You, to [REDACTED] at The EK Community Food Bank for allowing us to work collaboratively.

Our main Focus in our first year as a SCIO Charity was to have all of our policies and procedures in place, which were happy to report they are.

Its with great hope and drive to keep moving forward and growing as we learn, see the need and make things happen, to help others to thrive and grow through our specialised emotional support!!

Thank You!

Kind Regards,

[REDACTED] Charity Founder, Reach Out Community Wellbeing and Support SCIO

Some information from our Vice Chairperson

██████████

I would like to echo the comments from our Founder, ██████████, and begin with a reflection on how we have carried out our service this year. We missed out in vital funding and we did wonder if we would manage to keep the charity going on a voluntary basis.. Which happily we were and that mainly goes down to the drive, determination and selfless acts of our charity founder - ██████████ (so thank you!).

Our biggest call for help!, in the first year of being a charity came on Friday 20th October 2023, our local community where left devastated as a massive fire ripped through six houses in the Whitehills area of East Kilbride. The devastation it caused to the families involved was major and Reach Out where one of the charities who were able to help. We received a message to our Check-in phone from a member who used this service, She alerted us to the devastation taking place and we of course offered to help in anyway we could.

Another big Thank you!, to ██████████ at the EK Collective. We sent a message to ██████████ who kindly allowed us to use room 28 as a donation drop off/ pickup point. ██████████ sent a message to ALL members within the building and soon we were inundated with donations. A special Thank to our wonderful volunteers ██████████ for their fast action and all hands to deck approach. Many from our local community rallied round and not only did we help with pre-loved goods, we were also able to collect new items to be passed on, and offer food donations too, and importantly we were able to extend our help to offer emotional support to anyone affected by the fires, a safe, warm space to come and speak openly about the devastation they've just experienced.

We Welcomed our new Logo this year, which we feel suits our charity vision. Our members were given the hard task of deciding which logo to choose and we are delighted the majority chose this one, as it was most of our favourites too.



Our vision in our first year as a registered charity was to grow organically, as the need for our services increase and i feel this is what is happening, again going back to what ██████████ said previously, we now have had to introduce a waiting list as we don't have enough trained support volunteers to help, which will be a main priority going forward this year.

I have enjoyed watching Reach Out Community Wellbeing and Support grow, and wish [REDACTED] and the team All the very best in their future, as i am stepping down from my role as Chairperson, due to personal reasons. I will keep in touch and look forward to hearing / seeing all the wonderful things you do for the Community.

All the very Best

[REDACTED]
Vice Chairperson - Reach Out Community Wellbeing and Support SCIO SC052710

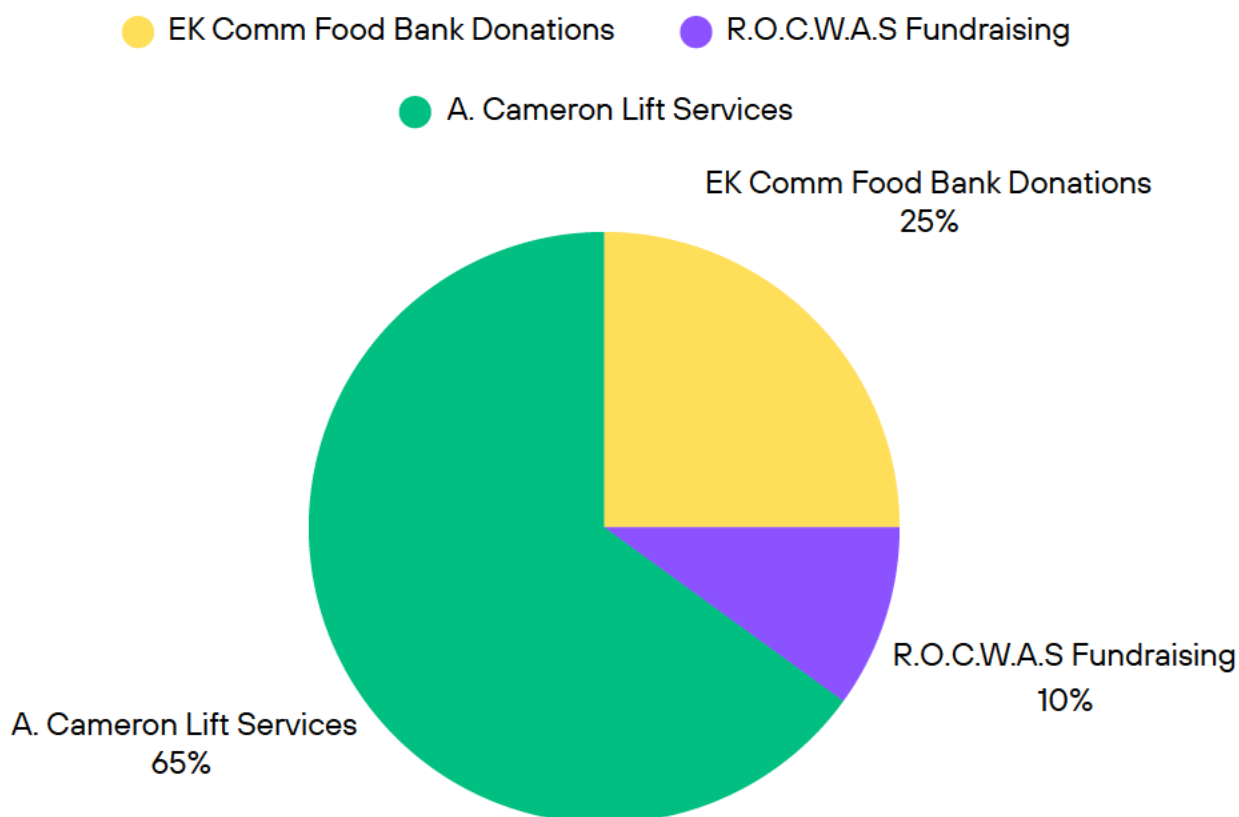
Our First Year in Numbers from our Treasurer

Our performance this year was good, we had a small turnover, which was all ready forecasted to be. We didn't use our first year as a charity to raise a massive amount of funds as this was not needed. We only required funds to help us run on the basic of needs, such as room hire, rates for our room at the EK Collective, fuel, refreshments for service users/group members, to hold events and any crisis or special requests from our service users.

Our main strategy in our first year was to build our charity with a secure foundation, taking time to have all processes and paperwork in place. We mainly offered help through our emotional support services and crisis support along with our check-in service.

Our aims for the next year will be to recruit a fundraiser and/or a funding person, so they can concentrate on raising the much needed funds to allow us to grow and help more people/families within our community. We hope to put on more community engagement programmes and events also.

Currently we receive 3 main sources of funds through our Charity. Without these revenues we would be unable to offer this type of support to people.



An overview on how we have managed to do what we do!

The pie chart above shows how we are able to help those most vulnerable within our community, we rely so much on donations and this is how much we have welcomed within the last financial year.

A special Thank you! - "A Star" in our community, We could not have delivered this crucial service if it was not for our corporate support we received from [REDACTED] - A. Cameron Lift Services, their support and generosity has not only allowed us to purchase the contracted Reach Out phone for our check-in service. They have also allowed us to help put a smile on peoples faces, by asking us to help out with Crisis support and Special request support, which allows us to purchase items people/families may need to "make a house a home", help with occasions such as Christmas appeal, Birthdays, special food requirements, help to "back to school or college" anything to help people out in their time of need, and general running costs such as Fuel, stationary and printing of ALL worksheets journals, flyers etc and refreshments we provide such as tea, coffee, juice, water, milk, cakes, biscuits, crisps, fruit and food on occasions..

Our Financial Statement

Our third party Audit annual / Accounts was carried out by an independent chartered accountants [REDACTED] Cadzow Accountants, 194 Quarry Street, Hamilton, ML3 6QR.

Her detailed financial statement has been attached.

Many thanks to [REDACTED] carrying out this for us.

CADZOW
Chartered Accountants

📍 194 Quarry Street,
Hamilton, ML3 6QR

Teamwork is Key

WORKING TOGETHER FOR A BETTER COMMUNITY

Our Volunteers



Our charity would not be possible if it was not for the selfless acts of our amazing volunteers.

In our first year as a charity we have had a small amount of volunteers



A great big Thanks to you ladies for helping throughout our first year as a charity.

We have been working hard with independent people and charities to build our best training programme & training packs, to deliver to ALL volunteers who give up their free time to help out within our charity, which will be of great benefit to ALL involved.

Our Donations



As we depend highly on Donations ,we are glad to report that our donation drop-off point for pre-loved items has taken off and is running nicely from our unit 28a Strathmore house.

We have been so appreciative of our Business Donator as our main revenue to allow us to run our charity to keep going so the Biggest THANK YOU goes to our Community Business Champion A. Cameron Lift Services.

We aim to secure much needed Funding this coming year, so we can grow and offer more to our Community.

Our Community



Finally, to our Community we support, our first years growth was slow and steady, which we hope to progress with. We hope to build on a strong foundation and be able to offer a lot more services to our community, funding permitting. We will always aim to help those most vulnerable and in need of support, those who feel lonely and isolated within our community, so they don't feel alone, connection is key to good mental health and wellbeing.

We Are Looking forward to moving forward and "Reaching Out" to more people/families within our Community.

ReachOut Community Wellbeing and Support

SC052710



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	26	July	2023		31	July	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations					-	
Legacies					-	
Grants	5,300				5,300	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	5,300	-	-	-	5,300	-
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	5,300	-	-	-	5,300	-
A3 Payments						
Expenses for fundraising activities	466				466	
Gross trading payments	1,793				1,793	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations	2,564				2,564	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	4,823	-	-	-	4,823	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	4,823	-	-	-	4,823	-
Net receipts / (payments)	477	-	-	-	477	-
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	477	-	-	-	477	-

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	-				-	
	Surplus / (deficit) shown on receipts and payments account	477				477	
						-	
	Cash and bank balances at end of year	477	-	-	-	477	-
(Agree balances with receipts and payments account(s))		-	-	-	-	-	-

Categories	Details	Fund to which asset belongs		Market valuation	Last year
				to nearest £	to nearest £
B2 Investments					
		Total		-	-

Categories	Details	Fund to which asset belongs		Cost (if available)	Current value (if available)	Last year
				to nearest £	to nearest £	to nearest £
B3 Other assets						
		Total		-	-	-

Categories	Details	Fund to which liability relates		Amount due	Last year
				to nearest £	to nearest £
B4 Liabilities					
		Total		-	-

Categories	Details	Fund to which liability relates		Amount due (estimate)	Last year
				to nearest £	to nearest £
B5 Contingent liabilities					
		Total		-	-

Signed by one or two trustees on behalf of all the trustees

Signature*	Print Name	Date of approval

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

To help the local community

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
CLS Funds	5,300		5,300	
			-	
			-	
			-	
Total	5,300	-	5,300	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants	5,300				5,300	
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	5,300	-	-	-	5,300	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	5,300	-	-	-	5,300	-
Payments						
Expenses for fundraising activities	466				466	
Gross trading payments	1,793				1,793	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations	2,564				2,564	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	4,823	-	-	-	4,823	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	4,823	-	-	-	4,823	-
Net receipts / (payments)	477	-	-	-	477	-
Transfers to / (from) funds					-	
Surplus / (deficit) for year	477	-	-	-	477	-

Nature and purpose of funds

To help the local community

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	-	-	-	-	-

Nature and purpose of funds