

**REGISTERED COMPANY NUMBER: NI671771 (Northern Ireland)**  
**REGISTERED CHARITY NUMBER: 108919**

**Report of the Trustees and  
Financial Statements  
for the Year Ended 31 March 2024  
for  
Men's Alliance (N.I.)**

**Men's Alliance (N.I.)**

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Statements for the Year Ended  
31 March 2024**

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**Men's Alliance (N.I.) (Registered number: NI671771)**

**Report of the Trustees  
For the year Ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006. present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**Public benefits:**

The direct benefits flowing from the purpose of Men's Alliance is to promote the advancement of mental health in the **population of men who have experienced, or are experiencing, domestic abuse.**

**We believe the impact domestic abuse has on individuals is a public health issue. We minimise suffering and promote the** mental and physical health of any adult male who asks for support. We use active listening support and give practical advice **which research shows is very important to men in crisis, and we also refer to our own counselling service.**

Our online, Facebook. private peer support group network demonstrates the power of sharing experiences with others who understand what you have gone through and provides connection and a place of solidarity. This benefit is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in it.

The benefits from our purpose are demonstrated by the recording of statistics and figures that will show how much support has been provided to men who otherwise may have used statutory services or not sought help due to a perceived lack of **services.**

The benefits of counselling are measured using a wellbeing scale taken before and after the work is carried out. This gives a **clear indication of the male's level of improvement and provides vital data to identify strengths and weaknesses in the** service so that these can be worked on and improved.

The benefit of our MANi peer support is clearly shown by the number of men who join and remain in the group and by the many men who frequently engage in both offering and looking for support.

There is no harm arising from any of the purposes of the charity directly or indirectly. The beneficiaries of the Charity are male victims of domestic abuse commonly suffering from mental health issues who require help and support. With the exception of training for counsellors, which is incidental and necessary, there is no private benefit flowing from any of the **purposes.**

**What your organisation does:**

The Men's Alliance provides regular in person support groups for Male Victims and Survivors of Domestic Abuse helping **them to understand their situation and improve social skills as they re-integrate into society. These groups include walking** and gym sessions to bring the men together, extend to Zoom calls when in person meetings are not possible.

We also raise awareness of Male Domestic Abuse through use of social media accounts and other advertising medium **working towards an equal understanding for male victims as there is for female. These awareness sessions also extend to** presentations to Male Health Groups, Clubs, Associations and Corporate Contacts where staff training is also undertaken.

The Organisation provides counselling services for male victims and survivors of domestic abuse helping them on

their road to recovery, and support services as they come to terms with and recover from their abuse. These support services include the MANi network of user led peer support groups on Facebook, supported by Counsellors, Professionals and peers.

## **Men's Alliance (N.I.) (Registered number: NI671771)**

### **Report of the Trustees For the year Ended 31 March 2024**

Also provided is a telephone listening service for help and support, and a MENtor project where peers are trained to provide Mentorship to men in need.

The Men's Alliance also provide support to men in crisis in relation to housing and legal advice, guiding them to services that are available and advocating for them where necessary, and supporting them through a system where all too often they have little knowledge and no experience of how to make an approach and get the best help available.

The Men's Alliance are working towards a long-term project to provide residential therapeutic support for male victims of domestic abuse where currently none exists in Northern Ireland. Currently we advocate for Crisis Care for men with Government Departments, stressing the need to provide them with both housing and complete wrap around care which will help them to recover from their abuse.

#### **Mens Alliance (NI) Chairperson Report: December 2024**

Dear All

I would like to present the Chairpersons Report, giving an insight into the service and support we have provided to men facing domestic abuse, and forced separation from their children.

#### **Service Impact Numbers:**

The core to the Men's Alliance offering is online support, which can accurately be demonstrated in number of users with our Social media presence extending to 5 areas (**NI**, England, Scotland, Wales and Ireland), with a total following of 25,801 people on Facebook with our posts reaching 2,221,777 people in the last 12 months. Importantly we have a total of 4170 members in our private MANi peer support groups, with an average of 895 DAILY active users, posting, commenting and reading the content.

Support has also been extended on a 1-2-1 basis to 374 individuals who have contacted us through messenger, email or online form. This support is normally provided by telephone on the same day as the request is received, giving advice, a listening ear and where appropriate direction to other resources available.

We have also been providing group support in the real world, with walks in the summer months and gym during the winter attended by a core group of men, up to 15 who have connected over time with other group members, sharing experiences and offering support, allowing men to regain social connections they may have lost during their abusive relationship.

These support avenues have allowed us to engage with men as they progress from having depression, anxiety, suicidal thoughts, low self-esteem, minimal child contact and as they grow in confidence after abuse, to outgoing confident individuals with shared custody or extensive contact with their children.

Importantly, the help we offer is at a time when it is needed most, when it is asked for. This can be demonstrated by comments we receive in the group, the most memorable of which is "I am so glad I found this group last night; I was going to kill myself today."

#### **Challenges:**

Time and commitment is always a challenge for volunteers, with domestic abuse being such a sensitive and stigma laden subject for men who associate themselves with it. Many of our volunteers themselves also suffer with their mental health due to their abuse, and we recognise that these are men who have been through a lot, and whilst the intent is there, sometimes we have to limit our ambition in support that we offer. This being said, the help and

support being offered by the guys we support is what peer support is all about, men helping men, no matter their circumstances.

**Men's Alliance (N.I.) (Registered number : NI671771)**

**Report of the Trustees  
For the year Ended 31 March 2024**

There are undoubtedly challenges in funding also, with external influences making applications difficult for us as an organisation supporting men. We will continue to focus on smaller projects, and previous funders who understand us as an organisation, and the ongoing need that has been demonstrated by the men we support.

**Thanks to Volunteers and supporters:**

The support we offer would not be possible without the dedication of a small group of volunteers, committed to helping other men, these men are encouraged by the online support they see on a daily basis, by thousands of men and women **leaving comments of support on our social media channels.**

To our volunteers, supporters and the men that trust us to help them through their personal storm, thank you, we WILL get through this together.

I am proud to be associated with the men of The Mens Alliance and the MANi Support Groups, and the amazing and positive impact on the men we support. We hear time and again the stories of men who have made it through their abuse to a happier life and even where children are involved regained contact, it is a privilege to be part of their journey.

Regards

Carey  
Baxter  
Chairman  
Mens Alliance (NI)

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

NI671771 (Northern Ireland)

**Registered Charity number**

108919

**Registered office**

Suite 9 Railway Studios  
The Sidings  
Lisburn  
Co. Antrim  
BT28 3AJ

**Principal address**

68 Ballymacormick Road  
Dromore  
Co. Down  
BT25 1QR

**Trustees**

Mr Raymond Kenneth Alderdice Director

Mr William Carey Baxter Director

Mr Darren Foye Magee Counsellor

**Independent Examiner**

Stuart M Lynn FCCA

Chartered Certified

Accountant

Suite 9 Railway Studios

The Sidings

Lisburn

Co. Antrim

BT28 3AJ

Approved by order of the board of trustees on 27 January 2025 and signed on its behalf by:

WC BAXTER

Mr William Carey Baxter - Trustee

**Men's Alliance (N.I.) (Registered number: NI671771)**

**Independent Examiner's Report to the Trustees of Men's Alliance  
For the year Ended 31 March 2024**

I report on the accounts of the company for the year ended 31 March 2024, which are set out on pages seven to fifteen.

**Respective responsibilities of charity trustees and examiner**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

**I have examined your charity accounts as required under Section 65 of the Charities Act and my examination was carried out** in accordance with the general Directions given by the Charity Commission for Northern Ireland under Section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of **the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts**, and seeking explanations from you as charity trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with Section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records  
That the accounts do not comply with the accounting requirements of Section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities
3. preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing **to your attention**.

S M LYNN

Stuart M Lynn FCCA

Suite 9 Railway Studios  
The Sidings  
Lisburn  
Co. Antrim  
BT28 3AJ

27 January 2025

**Statement of Financial  
Activities for the Year Ended 31  
March 2024**

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		3,815	9,000	12,815	19,106
Other trading activities	2	<u>0</u>		0	2,735
<b>Total</b>		<u>3,815</u>	<u>9,000</u>	<u>12,815</u>	<u>21,841</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Direct Costs		<u>3,612</u>	<u>8,350</u>	<u>11,962</u>	<u>13,521</u>
<b>NET INCOME/(EXPENDITURE)</b>		203	650	853	8,320
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		183	17,241	17,424	13,104
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>

The notes form part of these financial statements

## Men's Alliance (N.I.)

### Balance Sheet 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	5	5,501	204	5,705	5,453
Cash at bank		<u>5,667</u>	<u>17,987</u>	<u>23,654</u>	<u>20,436</u>
		11,168	18,191	29,359	25,889
<b>CREDITORS</b>					
Amounts falling due within one year	6	(10,782)	(300)	(11,082)	(8,465)
<b>NET CURRENT ASSETS</b>		<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>17,424</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		386	17,891	18,277	17,424
<b>NET ASSETS FUNDS</b>	7	<u>386</u>	<u>17,891</u>	<u>18,277</u>	<u>1,424</u>
Unrestricted funds				386	183
Restricted funds				<u>17,891</u>	<u>17,241</u>
<b>TOTAL FUNDS</b>				<u>18,277</u>	<u>17,424</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024  
**in accordance with Section 476 of the Companies Act 2006.**

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to **financial statements, so far as applicable to the charitable company.**

**Men's Alliance (N.I.)**

**Balance Sheet - continued  
31 March 2024**

These financial statements have been prepared in accordance with and delivered in accordance with the special provisions applicable to small charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2025 and were signed on its behalf by:

R K ALDERDICE

**Mr Raymond Kenneth Alderdice - Trustee**

The notes form part of these financial statements

## Men's Alliance (N.I.)

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

**All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is**

probable that the income will be received, and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 2. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Support Services Provided	<u>Nil</u>	<u>2,735</u>

Men's Alliance (N.I.)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	4,106	15,000	19,106
Other trading activities	2,735	-	2,735
<b>Total</b>	<b>6,841</b>	<b>15,000</b>	<b>21,841</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Direct Costs	5,210	8,311	13,521
<b>NET INCOME/(EXPENDITURE)</b>	<b>1,631</b>	<b>6,689</b>	<b>8,320</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	(1,448)	10,552	9,104
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>183</b>	<b>17,241</b>	<b>17,424</b>

**Men's Alliance (N.I)**

**Notes to the Financial Statements -  
continued for the Year Ended 31 March  
2024**

<b>5.</b>	<b>DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.3.24	
			31.3.23
		£	£
	VAT		236
	Prepayments	5,457	5,217
		5,705	5,453

<b>6.</b>	<b>CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.3.24	31.3.23
		£	£
	Trade creditors	5,230	2,461
	VAT	Nil	152
	Accrued expenses	5,852	852
		11,962	8,465

**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024



