

Company registration number – NI674256
Charity Commission for Northern Ireland registration number - 108341

PROGENY TEEN SUPPORT
Company limited by guarantee

Trustees' report and unaudited financial statements
for the year ended 31 March 2025

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Contents

	Page
Company Information	1
Trustees' Report	2-5
Independent Examiners' Report to the Trustees of Progeny Teen Support on the Unaudited Financial Statements	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9-12

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Company Information

Trustees Karen Scott
Sharon Moore
Claire Wilson (Resigned 13th September 2024)
Matthew Boyd
Stephen Burns (Resigned 13th September 2024)
Richard Wilton
Karen Wilton
Ian Hayburn (Appointed 23rd September 2024)

Company number NI674256

**Charity Commission for
Northern Ireland number** NIC108341

Registered office 8 Prieststown Road
Ahoghill
Co. Antrim
BT42 2PQ

Independent Examiner David McMullan & Co Ltd
Chartered Accountants
1 Ballykenver Road
Stranocum
Ballymoney
Co. Antrim
BT53 8PZ

Bankers Lloyds Bank Plc
Victoria (309897) Branch
PO Box 1000
BX1 1LT

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

The Trustees' report

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of the Statements of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

Objectives and activities

Progeny Teen Support exists to benefit young people and adults in Northern Ireland who are impacted by anxiety/depression/other mental health difficulties because of trauma or other adverse life events. During this reporting period we have worked on three initiatives – Progeny Connect-Ed (which was changed to Progeny Education in this period), Progeny Therapy & Mentoring and Despising The Shame (DTS).

Progeny Education is our post primary learning centre for young people who have been impacted by school anxiety and are no longer attending mainstream school. Our aim is three-fold:

1. To provide academic and life skills tuition. The benefits are increased knowledge and qualifications allowing them to progress to further education /employment. (Advancement of education.) During the reporting period we were able to facilitate GCSE tuition in Maths, English, Business and RE. We also provided tuition to help our young people obtain 4 other GCSE equivalents – OCN Information Technology Applications, Personal Development and Employability Skills (The Princes Trust) and OCN Vocational Skills. Young people can attend up to 4 days per week.
2. To provide support and a safe community for these young people by providing opportunities for connection/friendship with others. (Relief of those in need). Often our young people have become socially isolated after withdrawing from school. The benefits are reduced social isolation, improved mental and emotional well-being, increased self-esteem, and improved relationships with family..
3. To provide emotional support for the parents of these young people as they navigate the challenges caused by difficult school experiences.

Progeny Counselling and Mentoring exists to provide information, support, professional counselling, and therapeutic interventions for young people affected by anxiety/depression/impaired mental health as a result of trauma or other adverse life event. Here the focus is on recovery from traumatic experiences, delivered by BACP approved counsellors as well as, where appropriate, provision of a dedicated mentor who walks with a young person as they explore together what it means to have a strong sense of Value, Identity and Purpose. The benefits are improved mental and emotional wellbeing, reduction in self-harm/suicide ideation and increase in self-esteem and improved relationships in the lives of these young people. (Advancement of health or saving of lives).

Despising The Shame was birthed during this reporting period. This initiative exists to provide training and support for those impacted by and working in areas of trauma and trauma recovery. The aim is to reduce shame by empowering those impacted and helping them understand that the mental and emotional health struggles they are facing are often due to their stories. The benefits are improved mental and emotional wellbeing, reduced sense of isolation and improved relationships with others. (Advancement of health or saving of lives).

In this reporting year 2024/25, we have focussed on strengthening the Education and Counselling/Mentoring services and launching Despising the Shame.

Achievements and performance

In all activities undertaken throughout the year the trustees have given careful consideration to the CCNI's guidance on public benefit to ensure that the activities have helped to achieve the charity's purposes and provide benefit to the beneficiaries.

Progeny Education

During the reporting period April 2024 - March 2025 we supported 16 young people in Progeny Education. Three of these young people were with us for less than 3 months. One left for personal reasons, another due to increased anxiety making it difficult for her to leave the house and the third left after his confidence increased to the extent that he felt able to attend college. The others either completed or are in the process of completing our 2–3-year program.

Progeny Teen Support Limited

Company limited by guarantee

For the year ended 31 March 2025

The Trustees' report (Cont'd)

In May 2024 we took 10 of our young people to do the Rampage Mud Run at The Jungle. They all completed this and had a great sense of achievement as they helped and supported each other along the way. Friendships were forged as a result of this and for one young person in particular this was the catalyst that got him on the journey from isolation to community – leading to him being able to attend college the following September.

11 of our young people sat GCSEs at Holy Trinity College (Cookstown) in May/June with 4 graduating from us with between 5-8 GCSEs/equivalents. The others returned to complete their final year with us in September 2024. Our graduates all either went into further training, employment or education.

In September 2024 we started our 4th (academic) year. We continued to provide GCSE tuition in 4 subjects: Maths, English, Business and RE as well as portfolio-based subjects Princes Trust PDE (which became Kings Trust) and OCNs in ICT and Vocational Skills (equivalent to 4 further GCSEs).

During this period we received our second grant from the Community Development and Mental Health Network (CDHN) to run a program in conjunction with a local pharmacy. The Building the Community Pharmacy Partnership (BCPP) Program commenced in September 2024 and ran throughout the remainder of this reporting period. This program aims to build partnership between the community and the pharmacy with the aim of reducing health inequalities. By educating our young people in matters of health (including mental health) we hope to empower them to take control of their own health. Between September 2024 – March 2025 sessions were delivered by a pharmacist on Diet & Healthy Eating, Ultra Processed Food and Labelling, Cardiovascular Health, Stroke and Blood pressure, Immune System and Vaccinations. Our young people also took part in a Christmas Candle Making activity. Love for Life came in to deliver a workshop on Healthy Relationships and Aware NI delivered a workshop on Mood Matters.

Our younger group took part in Access Enterprise again this year and took their business “Pup ‘n’ Mix to the Young Enterprise Big Market in Belfast in December 2024. As always this was a fantastic opportunity for great skills to be developed and confidence to grow as they learned how to set up and run a business to make profit.

We had our Christmas outing to The Ulster Folk Museum where we were all able to step back in time and discover what it was like to live a simpler life!

Wellbeing sessions continued throughout this period every Wednesday afternoon with a variety of activities – baking, crafts, team games, Christianity Explored, and several trips including one to the World War 2 museum at the Braid Centre and another to Portglenone Forest.

Morning devotionals continue with our young people at the start of each day – One Simple Truth - an anchor for our young people as they navigate life.

Progeny Counselling and Mentoring

Progeny Counselling and Mentoring continues and we had a new therapist join the team in September 2024.

During this period we placed several young people with mentors and continue to offer professional counselling. Approx 10 young people have been supported this year either through mentoring, counselling or both, and we have delivered over 100 sessions of one-to-one support.

Talking therapy and more comprehensive trauma therapy is offered to those young people with deeper wounds.

Informal evaluations are used during the mentoring/counselling relationships to determine effectiveness of the interventions.

Despising The Shame

Despising the Shame ran 3 seminars on consecutive nights in conjunction with Cullybackey Elim in March 2024. The Seminars covered the topic of Healing from Physical, Sexual and Emotional Trauma. On each night there

Progeny Teen Support Limited

Company limited by guarantee

For the year ended 31 March 2025

The Trustees' report (Cont'd)

were 160 – 180 attendees. Some of these were therapists seeking to learn how to support their clients better, others were those who had been impacted by these issues. Following on from this a number of attendees were connected into therapy and/or mentoring. We had a follow-up seminar in May called Honouring your Story, where many of those who attended the seminars in March had the opportunity to more deeply explore their healing. Approx. 80-100 attended this follow up seminar.

Mitigation of harm

Professional assessments are conducted before each young person commences therapy, and where appropriate, a young person is signposted to their GP if deemed necessary. There is a focus on providing a safe therapeutic space and clinical supervision is undertaken by the counsellor on a regular basis to ensure risk is managed.

For Despising the Shame we had a team of helpers trained in how to support those who were triggered by any of the material covered. Also a Social Worker present to deal with any safeguarding issues and/or disclosures.

Private benefit

Any private benefit obtained by tutors/others who receive payment for their services is incidental to the public benefit. Professional tuition is necessary for achieving the charity's purpose and for those professionals who receive income this is much lower than could be obtained working in other settings. Our counsellor is currently providing professional counselling as a volunteer.

Financial review

The financial results are set out on pages 10 to 15 of the accounts. The charity's main source of income is through donations and grants. Total income for 2025 was £49,264 (2024 - £30,837) and expenditure totalled £53,629 (2024 - £31,785).

Structure, governance, and management

Progeny is a company limited by guarantee governed by its Memorandum and Articles of Association. It is registered as a charity with the Charity Commission for Northern Ireland.

During the year, the charity was managed by a number of trustees with various abilities. We hold 3-4 meetings per year. We operate with a Secretary and Treasurer. The role of Chair is currently vacant.

Trustees' responsibilities statement

The Trustees who are directors for the purpose of company law are responsible for preparing the trustees' report. The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The law applicable to charities in Northern Ireland requires that the Trustees prepare financial statements for each financial year which give a true and fair view of the affairs of the charitable company and the incoming resources and application of the resources, including the net income or expenditure, of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent;

Progeny Teen Support Limited

Company limited by guarantee

For the year ended 31 March 2025

The Trustees' report (Cont'd)

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Trustees at the meeting on 12th December 2025 and signed on its behalf by


.....
Trustee


.....
Trustee

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Independent Examiner's Report to the Trustees of Progeny Teen Support

We report on the financial statements of the charitable company for the year ended 31st March 2025, which comprise the Statement of Financial Activities, Balance Sheet and related notes, set out on pages 7 to 12. The financial reporting framework that has been applied in their preparation is the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing 1 January 2016).

Respective responsibilities of directors and independent examiner

The charity's Trustees (who are also the Directors of Progeny Teen Support Limited for the purposes of company law) are responsible for the preparation of the financial statements in accordance with section 63 of the Charities Act (Northern Ireland) 2008. The charity's Trustees consider that an audit is not required for this year under section 65 of the Charities Act (Northern Ireland) 2013 and that an independent examination is needed.

It is our responsibility to:

- (i) examine the accounts under section 65 of the 2013 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 65(9)(b) of the Charities Act; and
- (iii) state whether particular matters have come to our attention

Basis of independent examiner's report

Our examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the independent examiner's statement below.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept in accordance with section 63 of the Charities Act
2. That the financial statements do not accord with those accounting records
3. That the financial statements do not comply with the accounting requirements of the Charities Act
4. That there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and in connection with following the Directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



David McMullan & Co Ltd
Chartered Accountants

19 November 2025

Kenver House
1 Ballykenver Road
Stranocum
Ballymoney
Co. Antrim
BT53 8PZ

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Statement of Financial Activities

		£	£	2025 £	2024 £
	Notes	Unrestricted	Restricted	Total	Total
<u>Incoming resources</u>					
Donations and legacies	2	10,773	-	10,773	16,145
Incoming resources from charitable activities	3	28,891	9,600	38,491	14,692
Total incoming resources		<u>39,664</u>	<u>9,600</u>	<u>49,264</u>	<u>30,837</u>
<u>Resources expended</u>					
Charitable activities	4	45,470	5,850	51,320	30,885
Administrative expenses	5	2,309	-	2,309	900
Total resources expended		<u>47,779</u>	<u>5,850</u>	<u>53,629</u>	<u>31,785</u>
Net (outgoing)/ incoming resources for the year being net movement in funds		(8,115)	3,750	(4,365)	(948)
Funds brought forward		17,191	-	17,191	18,139
Funds carried forward		<u>9,076</u>	<u>3,750</u>	<u>12,826</u>	<u>17,191</u>

All income and expenditure derive from continuing activities.

There were no recognised gains or losses other than those included above.

The notes on pages 9 to 12 form part of the financial statements

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Balance Sheet

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<u>Fixed assets</u>					
Tangible fixed assets	6	1,970	-	1,970	2,463
		<u>1,970</u>	<u>-</u>	<u>1,970</u>	<u>2,463</u>
<u>Current assets</u>					
Debtors		100	-	100	-
Cash at bank and in hand		10,394	3,750	14,144	15,628
Total current assets		<u>10,494</u>	<u>3,750</u>	<u>14,244</u>	<u>15,628</u>
<u>Liabilities</u>					
Creditors: amounts falling due within one year					
Creditors and accruals	7	(3,388)	-	(3,388)	(900)
Total liabilities		<u>(3,388)</u>	<u>-</u>	<u>(3,388)</u>	<u>(900)</u>
Net assets		<u>9,076</u>	<u>3,750</u>	<u>12,826</u>	<u>17,191</u>
<u>Charity funds</u>					
Unrestricted funds		9,076	-	9,076	17,191
Restricted funds		-	3,750	3,750	-
Total charity funds		<u>9,076</u>	<u>3,750</u>	<u>12,826</u>	<u>17,191</u>

In approving these financial statements as trustees of the charitable company we hereby confirm:

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the Board on 12th December 2025 and signed on its behalf by:


Trustee


Trustee

The notes on pages 9 to 12 form part of these financial statements

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Notes to the Financial Statements

1 Accounting policies

a Charity status

The charity is a charity limited by guarantee and consequently does not have a share capital. The charity is registered with the Charity Commission for Northern Ireland.

b Basis of Accounting

The financial statements have been prepared in accordance with applicable accounting standards and comply with the Charity's Governing Document, the Charities Act (Northern Ireland 2008) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

The Charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

c Going Concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

d Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

e Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income where appropriate;

- Rental income is included in full in the statement of financial activities when receivable.
- Investment income is included when receivable.

f Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries.

Administrative costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the other costs incurred in the running of the charity.

g Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/ (expenditure) for the year. Transaction costs are expensed as incurred.

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Notes to the Financial Statements

1 Accounting policies (Cont'd)

h Tangible fixed assets and depreciation

Depreciation is provided for on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life as follows;

- Fixtures, Fittings & Equipment 20% Reducing Balance

i Impairment of fixed assets

At each reporting date, the charity reviews the carrying amount of its tangible fixed assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount is estimated in order to determine the impairment loss (if any).

j Cash and cash equivalents

Cash and cash equivalents include deposits held at call with banks.

k Basic financial assets

Basic financial assets which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

l Basic financial liabilities

Basic financial liabilities which include other creditors are initially measured at transaction price.

m Grants

Capital Grants are recognised at fair value when there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received. Grants related to purchase of assets are treated as deferred income and allocated to the statement of financial activities over the useful lives of the related assets to which they relate.

Grants of a revenue nature are credited to income in the period to which they relate.

n Critical accounting estimates and judgements

In the application of the charity's accounting policies, during the current financial year, there were no material judgements or estimates included in the financial statements.

2 Incoming resources from donations and legacies	2025	2024
	£	£
Donations and gifts, including gift aid reclaimed (if applicable)	10,773	16,145
Total incoming resources from donations and legacies	<u>10,773</u>	<u>16,145</u>
3 Incoming resources from charitable activities	2025	2024
	£	£
Income from charitable activities	18,891	12,292
Grants receivable	19,600	2,400
Total incoming resources from charitable activities	<u>38,491</u>	<u>14,692</u>

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Notes to the Financial Statements (Cont'd)

4 Expenditure on Charitable Activities	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Service delivery costs	42,378	2,600	44,978	21,057
Other direct charitable expenditure	3,092	3,250	6,342	9,828
	45,470	5,850	51,320	30,885

5 Administration Expenditure	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Administrative costs	916	-	916	-
Governance costs	900	-	900	900
Depreciation	493	-	493	-
	2,309	-	2,309	900

6 Tangible fixed assets	Fixtures, Fittings & Equipment	2025
	£	£
Cost		
As at 1 April 2024	3,777	3,777
Additions	-	-
As at 31 March 2025	3,777	3,777
Depreciation		
As at 1 April 2024	1,314	1,314
Charge for the year	493	493
As at 31 March 2025	1,807	1,807
Net Book Value		
As at 31 March 2025	1,970	1,970
As at 31 March 2024	2,463	2,463

7 Debtors	2025	2024
	£	£
Debtors	100	-
	100	-

8 Creditors	2025	2024
	£	£
Creditors and Accruals	3,388	900
	3,388	900

Progeny Teen Support

Company limited by guarantee

For the year ended 31 March 2025

Notes to the Financial Statements (Cont'd)

9 Summary of funds reconciliation	Opening balance £	Income £	Expenditure £	Closing balance £
Unrestricted funds				
General	17,191	39,664	47,779	9,076
	17,191	39,664	47,779	9,076
Restricted funds				
General	-	9,600	5,850	3,750
	-	9,600	5,850	3,750
Total Funds	17,191	49,264	53,629	12,826

10 Related Party Transactions

During the year, Progeny Teen Support made payments for professional services provided to the charity by Karen Wilton, who is a director and trustee of the charitable company, amounting to £16,591 (2024 – £5,000). There were £nil (2024 – £nil) outstanding at the year end in relation to these transactions.

Payments were also made for professional services provided to the charity by Richard Wilton, who is a director and trustee of the charitable company, amounting to £495 (2024 – £nil). There were £nil (2024 – £nil) outstanding at the year end in relation to these transactions.

All payments to trustees were made in accordance with the charity's governing document and approved by the board of trustees in line with the charity's conflict of interest policy. The relevant trustees were not present during discussions or decisions relating to their own remuneration or contractual arrangements.

No trustee received any remuneration for their role as a board member, and no expenses were reimbursed to trustees during the year (2024 – £nil).

11 Company Limited by Guarantee

The company is registered under the Companies Act 2006 and is a private limited company, limited by guarantee. The members of the company are the directors named on page 1 and also serve as the charity Trustees.

The company is a registered charity and benefits from charitable tax exemptions.

12 Taxation

The company is a registered charity and does not carry out a trading activity. It is therefore exempt from taxation.