

**Company registration number: NI674256**  
**Charity Commission NI number: 108341**

**Progeny Teen Support**  
**Company limited by guarantee**  
**Unaudited financial statements**  
**31 March 2024**

**Progeny Teen Support  
Company limited by guarantee**

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**Progeny Teen Support  
Company limited by guarantee**

**Reference and Administrative Details**

<b>Trustees</b>	Karen Scott Sharon Moore Claire Wilson Matthew Boyd Stephen Burns Richard Wilton Karen Wilton
<b>Company number</b>	NI674256
<b>CCNI number</b>	NIC108341
<b>Registered office</b>	8 Prieststown Road Ahoghill Co Antrim BT42 2PQ
<b>Independent examiner</b>	Potter Finnegan Limited Unit 25 The Courtyard Business Park 190 Galgorm Road Ballymena Co Antrim BT42 1HL
<b>Bankers</b>	Lloyds Bank Victoria (309897) Branch PO Box 1000 BX1 1LT

**Progeny Teen Support  
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**Trustees' Annual Report  
Year ended 31 March 2024**

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of the Statements of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

**Objectives and activities**

Progeny Teen Support exists to benefit young people in Northern Ireland who are impacted by anxiety/depression/other mental health difficulties because of trauma or other adverse life events. We have two initiatives - Progeny Connect-Ed and Progeny Counselling and Mentoring.

**Progeny Connect-Ed** is our post primary learning centre for young people who have been impacted by school anxiety and are now de-registered from mainstream school. Our aim is three-fold:

1. To provide academic and life skills tuition. The benefits are increased knowledge and qualifications allowing them to progress to further education /employment. (Advancement of education.) During the reporting period we were able to facilitate GCSE tuition in Maths, English, Business and RE. We also provided tuition to help our young people obtain 4 other GCSE equivalents – OCN Information Technology Applications Personal Development and Employability Skills (The Princes Trust) and OCN Vocational Skills. Young people can attend up to 4 days per week.
2. To provide support and a safe community for these young people by providing opportunities for connection/friendship with others. (Relief of those in need). Often our young people have become socially isolated after withdrawing from school. The benefits are reduced social isolation, improved mental and emotional well-being, increased self-esteem, and improved relationships with family. Some of our young people who left last year come in for our weekly wellbeing sessions as this is an opportunity to maintain the friendships that were built over the past year.
3. To provide emotional support for the parents of these young people as they navigate the challenges caused by difficult school experiences.

**Progeny Counselling and Mentoring** exists to provide information, support, professional counselling, and therapeutic interventions for young people affected by anxiety/depression/impaired mental health as a result of trauma or other adverse life event. Here the focus is on recovery from traumatic experiences, delivered by BACP approved counsellors as well as, where appropriate, provision of a dedicated mentor who walks with a young person as they explore together what it means to have a strong sense of Value, Identity and Purpose. The benefits are improved mental and emotional wellbeing, reduction in self-harm/suicide ideation and increase in self-esteem and improved relationships in the lives of these young people. (Advancement of health or saving of lives).

In reporting year 2023/24, we have continued to focus on 'slowly but surely' establishing both elements of this service with a primary emphasis on establishing the counselling service whilst growing the mentoring team/service.

**Achievements and performance**

In all activities undertaken throughout the year the trustees have given careful consideration to the CCNI's guidance on public benefit to ensure that the activities have helped to achieve the charity's purposes and provide benefit to the beneficiaries.

**Progeny Connect-Ed**

During the reporting period April 2023-March 2024 we supported 16 young people in Connect-Ed. Two of these young people returned to mainstream education after a short time with us. The others either completed or are in the process of completing our 2–3-year program.

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Year ended 31 March 2024**

In April 2023 we became a delivery partner for the Princes Trust Achieve Programme, and we started delivering this program in September 2023.

Our Building the Community Pharmacy Partnership (BCPP) Program continued between April and June 2023 (having started in September 2022). This program aims to build partnership between the community and the pharmacy with the aim of reducing health inequalities. By educating our young people in matters of health (including mental health) we hope to empower them to take control of their own health. Between April – June 2023 sessions were delivered by a pharmacist on The Nervous System, Looking after your Brain and Healthy Habits. We had Love For Life, and The Big House come in also to deliver sessions on Healthy Relationships and Finding Balance in Life.

In June 2023 we held a “formal” for our young people in Connect-Ed. They had a great evening of singing, dancing and food!

GCSE's took place in May/June 2023 and four of our young people graduated from us with between 5-7 GCSEs and equivalents at the end of this academic year. All moved into further education/training or employment.

In September 2023 we started our 3<sup>rd</sup> (academic) year. We recruited an RE tutor and ICT tutor and started delivering GCSE RE and OCN in Information Technology Applications (ICT) These were two new qualifications to us. (ICT was previously delivered by a partner organisation.) Being able to deliver our own qualifications rather than relying on a partner organisation gives us more control over what is being delivered and means we are better able to tailor it to suit the needs of our young people.

We started doing 5 minute devotionals in the morning with our young people at the start of the day – One Simple Truth - an anchor for our young people in these confusing times.

Wellbeing sessions continued once a week throughout the year with a variety of different activities - baking, PE, crafts, team games, Youth Alpha and a visit from a Hospice Nurse to talk about grief.

From September 2023 our young people took part in Young Enterprise NI program to start their own business. They came up with “Brilliant Bundles” - gift boxes for girls and boys – which they sold at the Young Enterprise Big Market in St. Georges Market in December. Great skills were learned and developed throughout this project!

Our Christmas trip was to the Jungle at Magherafelt where the young people took part in team building activities.

Parent Interviews were held in February 2024 to feedback on progress and help with preparation for upcoming GCSEs.

### **Progeny Counselling and Mentoring**

Progeny Counselling and Mentoring has continued to extend its reach as a new volunteer mentor has joined the team.

We now have seven mentors and continue to have one professional counsellor volunteering with Progeny.

Over 20 young people have been supported this year either through mentoring, counselling or both, and we have delivered over 80 sessions of one-to-one support.

Our volunteer counsellor continues to offer both talk therapy and more comprehensive trauma therapy to those young people with deeper wounds.

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**Trustees' Annual Report  
Year ended 31 March 2024**

Informal evaluations are used during the mentoring/counselling relationships to determine effectiveness of the interventions.

**Mitigation of harm**

Professional assessments are conducted before each young person commences therapy, and where appropriate, a young person is signposted to their GP if deemed necessary. There is a focus on providing a safe therapeutic space and clinical supervision is undertaken by the counsellor on a regular basis to ensure risk is managed.

**Private benefit**

Any private benefit obtained by tutors/others who receive payment for their services is incidental to the public benefit. Professional tuition is necessary for achieving the charity's purpose and for those professionals who receive income this is much lower than could be obtained working in other settings. Our counsellor is currently providing professional counselling as a volunteer.

**Financial review**

The financial results are set out on pages 10 to 15 of the accounts. The charity's main source of income is through donations and grants. Total income for 2024 was £30,837 (2023 - £31,511) and expenditure totalled £31,785 (2023 - £23,523).

**Structure, governance, and management**

Progeny is a company limited by guarantee governed by its Memorandum and Articles of Association. It is registered as a charity with the Charity Commission for Northern Ireland.

During the year, the charity was managed by a number of trustees with various abilities.

We hold 3-4 meetings per year. We operate with a Secretary and Treasurer. The role of Chair is currently vacant.

**Trustees' responsibilities statement**

The Trustees who are directors for the purpose of company law are responsible for preparing the trustees' report.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

**Progeny Teen Support  
Company limited by guarantee**

**Trustees' Annual Report  
Year ended 31 March 2024**

**Small company provisions**

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime.

This report was approved by the Board on 19 December 2024 and signed on behalf of the Board by:

**Karen Wilton  
Trustee**

**Progeny Teen Support  
Company limited by guarantee**

**Independent Examiner's Report to the Trustees of Progeny Teen Support  
Year ended 31 March 2024**

We report on the accounts of the company for the year ended 31 March 2024 which are set out on pages 10 to 15.

**Respective responsibilities of trustees and examiner**

As the charity trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006. Having satisfied ourselves that the charity is not subject to audit under company law, and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 65 of the Charities Act (Northern Ireland) 2008;
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act; and
- state whether particular matters have come to our attention.

**Basis of independent examiner's report**

We have examined your charity accounts as required under section 65 of the Charities Act and our examination was carried out in accordance with the general Directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act. The examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as charity trustees concerning any such matters.

Our role is to state whether any material matters have come to our attention giving us cause to believe:

1. That accounting records were not kept in accordance with section 386 of the Companies Act 2006
2. That the accounts do not accord with those accounting records
3. That the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
4. That there is further information needed for a proper understanding of the accounts to be reached.

**Progeny Teen Support  
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**Independent Examiner's Report to the Trustees of Progeny Teen Support  
Year ended 31 March 2024**

**Independent examiner's statement**

We have completed our examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission for Northern Ireland, we have found no matters that require drawing to your attention.

**John Finnegan**  
**Potter Finnegan Limited**  
Unit 25 The Courtyard Business Park  
190 Galgorm Road  
Ballymena  
Co Antrim  
BT42 1HL

19 December 2024

**Progeny Teen Support  
Company limited by guarantee**

**Statement of Financial Activities  
Year ended 31 March 2024**

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
Note	£	£	£	£
<b>Income from:</b>				
Donations and legacies	4	16,145	-	16,145
Charitable activities	5	14,692	-	14,692
Investments		-	-	-
<b>Total incoming resources</b>		<b>30,837</b>	<b>-</b>	<b>30,837</b>
<b>Expenditure on:</b>				
Raising funds		-	-	-
Charitable activities	6	(31,785)	-	(31,785)
Other expenditure		-	-	-
<b>Total expenditure</b>		<b>(31,785)</b>	<b>-</b>	<b>(23,523)</b>
<b>Net movement in funds</b>		<b>(948)</b>	<b>-</b>	<b>7,988</b>
<b>Reconciliation of funds</b>				
Total funds brought forward		18,139	-	18,139
Retained earnings at the end of the year		<b>17,191</b>	<b>-</b>	<b>18,139</b>

All the activities of the company are from continuing operations.

The notes on pages 13 to 15 form part of these financial statements.

**Progeny Teen Support  
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**Balance Sheet  
31 March 2024**

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
<b>Fixed assets</b>					
Tangible fixed assets	7	2,463	-	2,463	2,783
		<u>2,463</u>	<u>-</u>	<u>2,463</u>	<u>2,783</u>
<b>Current assets</b>					
Cash at bank and in hand		15,628	-	15,628	15,716
<b>Total current assets</b>		<u>15,628</u>	<u>-</u>	<u>15,628</u>	<u>15,716</u>
<b>Liabilities</b>					
<b>Creditors: amounts falling due within one year</b>	9	(900)	-	(900)	(360)
<b>Net current assets/(liabilities)</b>		<u>14,728</u>	<u>-</u>	<u>14,728</u>	<u>15,356</u>
<b>Total assets less current liabilities</b>		<u>17,191</u>	<u>-</u>	<u>17,191</u>	18,139
<b>Creditors: amounts falling due after more than one year</b>		-	-	-	-
<b>Net assets</b>		<u><u>17,191</u></u>	<u><u>-</u></u>	<u><u>17,191</u></u>	<u><u>18,139</u></u>
<b>Charity funds</b>					
Unrestricted funds	10	17,191	-	17,191	18,139
Restricted funds	10	-	-	-	-
<b>Total charity funds</b>		<u><u>17,191</u></u>	<u><u>-</u></u>	<u><u>17,191</u></u>	<u><u>18,139</u></u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

**Progeny Teen Support  
Company limited by guarantee**

**Balance Sheet (continued)  
31 March 2024**

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

These financial statements were approved by the board and authorised for issue on 19 December 2024, and are signed on behalf of the board by:

**Karen Wilton  
Trustee**

The notes on pages 13 to 15 form part of these financial statements.

**Progeny Teen Support  
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**Notes to the Financial Statements  
Year ended 31 March 2024**

**1. General information**

The company is a private company limited by guarantee, registered in Northern Ireland. The address of the registered office is 8 Prieststown Road, Ahoghill, Co. Antrim, BT42 2PQ.

On 6 October 2022 the company changed its name from Safe Spaces For All to Progeny Teen Support.

**2. Statement of compliance**

These financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2015)', issued in July 2014 and the Companies Act 2006.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Income**

Income is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

**4. Income resources from donations and legacies**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Donations and gifts	16,145	-	16,145	3,429
Gift Aid	-	-	-	-
	<u><b>16,145</b></u>	<u><b>-</b></u>	<u><b>16,145</b></u>	<u><b>3,429</b></u>

**5. Incoming resources from charitable activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Income from charitable activities	12,292	-	12,292	7,677
Grants	2,400	-	2,400	20,405
	<u><b>14,692</b></u>	<u><b>-</b></u>	<u><b>14,692</b></u>	<u><b>28,082</b></u>

**Progeny Teen Support  
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**Notes to the financial statements (continued)  
Year ended 31 March 2024**

**6. Expenditure on charitable activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Staff costs	21,057	-	21,057	12,950
Charity running expenses	9,828	-	9,828	10,213
Donations	-	-	-	-
Governance costs	900	-	900	360
	<b>31,785</b>	<b>-</b>	<b>31,785</b>	<b>23,523</b>

**7. Tangible fixed assets**

	<b>Fixtures, fittings and equipment £</b>	<b>Total £</b>
<b>Cost</b>		
As at 1 <sup>st</sup> April 2023	3,480	3,480
Additions	297	297
Disposals	-	-
<b>As at 31<sup>st</sup> March 2024</b>	<b>3,777</b>	<b>3,777</b>
<b>Depreciation</b>		
As at 1 <sup>st</sup> April 2023	697	697
Charge for the year	617	617
Eliminated on disposal	-	-
<b>As at 31<sup>st</sup> March 2024</b>	<b>1,314</b>	<b>1,314</b>
<b>Net book value</b>		
<b>As at 31<sup>st</sup> March 2024</b>	<b>2,463</b>	<b>2,463</b>
As at 31 <sup>st</sup> March 2023	2,783	2,783

**8. Taxation**

The company is a registered charity and does not carry out a trading activity. It is therefore exempt from taxation.

**Progeny Teen Support  
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**Notes to the Financial Statements (continued)  
Year ended 31 March 2024**

**9. Creditors**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Accruals	900	360
	900	360
	900	360

**10. Summary of funds reconciliation**

	Opening Balance £	Income £	Expenditure £	Transfers £	Closing Balance £
<b>Unrestricted funds</b>					
General	18,139	30,837	(31,785)	-	17,191
	<b>18,139</b>	<b>30,837</b>	<b>(31,785)</b>	-	<b>17,191</b>
<b>Restricted funds</b>					
General	-	-	-	-	-
	-	-	-	-	-
	<b>18,139</b>	<b>30,837</b>	<b>(31,785)</b>	-	<b>17,191</b>