

Registered number
NI667096

Mental Health Movement Ltd

Report and Accounts

31 January 2025

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Filleted Accounts

31 January 2025

Mental Health Movement Ltd

Registered number: NI667096

Director's/Trustees Report

The directors/trustees present their report and accounts for the year ended 31 January 2025

Principal activities

The company's principal activity during the year continued to be a mental health charity.

Directors/Trustees

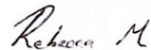
The following persons served as directors during the year:

Lewis Armstrong
Niamh Burns
Chloe Henry
Rebecca Madden

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 27 October 2025 and signed on its behalf.



Rebecca Madden - CHAIRPERSON

Director/Trustee

Mental Health Movement Ltd

Independent Examiner's Report to the Trustees of Mental Health Movement Ltd

We report on the accounts of the charity for the year ended 31 January 2025, which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes.

Respective Responsibilities of Trustees and Examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 and the Charities Act (Northern Ireland) 2008.

The charity's trustees consider that an audit is not required for this year under section 65(2) of the Charities Act (Northern Ireland) 2008 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 65 of the Charities Act (Northern Ireland) 2008.
- follow the procedures laid down in the general Directions given by the Charity Commission for Northern Ireland (CCNI); and
- state whether matters have come to our attention.

Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the general Directions issued by the Charity Commission for Northern Ireland. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with section 63 of the Charities Act (Northern Ireland) 2008; and
 - to prepare accounts which accord with those records and comply with the accounting requirements of the Act; have not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

BMG Accountants & Tax Advisors

**The Hub
14 Alanbrooke Crescent,
Newtownards
BT23 8FE**

27 October 2025

Mental Health Movement Ltd

Statement of financial activities

for the year ended 31 January 2025

	2025	2024
	£	£
Turnover	45,365	36,619
Gross surplus	<u>45,365</u>	<u>36,619</u>
Administrative expenses	(20,001)	(19,521)
Operating surplus	<u>25,364</u>	<u>17,098</u>
Surplus before taxation	<u>25,364</u>	<u>17,098</u>
Tax on profit	-	-
Surplus for the financial year	<u>25,364</u>	<u>17,098</u>

Mental Health Movement Ltd

Registered number: NI667096

Balance Sheet - Statement of financial position

as at 31 January 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	3	2,358	1,250
		<u>2,358</u>	<u>1,250</u>
Current assets			
Debtors	4	134	134
Cash at bank and in hand		44,060	19,785
		<u>44,194</u>	<u>19,919</u>
Creditors: amounts falling due within one year	5	(340)	(320)
Net current assets		<u>43,854</u>	<u>19,599</u>
Total assets less current liabilities		<u>46,212</u>	<u>20,849</u>
Net assets		<u>46,212</u>	<u>20,849</u>
Capital and reserves			
Unrestricted funds		46,212	20,849
Total funds		<u>46,212</u>	<u>20,849</u>

The charity is a company limited by guarantee and incorporated in Northern Ireland. Its registered office is 29 Farringdon Court, Belfast, BT14 7LY.

The charity is entitled to the exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 January 2025, and the members have not required an audit in accordance with section 476 of the Act.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small-companies regime under the Companies Act 2006 and in accordance with the Charities SORP (FRS102).

The directors/trustees acknowledge their responsibilities for ensuring that the charity keeps proper accounting records and for preparing financial statements that give a true and fair view of the state of affairs of the charity as at 31 January 2025 and of its incoming resources and application resources for the year then ended.

Rebecca M

Rebecca Madden - *CHAIRPERSON*
Director / Trustee
Approved by the board on 27 October 2025

Mental Health Movement Ltd

Notes to the Accounts

for the year ended 31 January 2025

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Fixtures, fittings, tools and equipment	15% reducing balance
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Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

2 Employees

	2025 Number	2024 Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

Mental Health Movement Ltd

Notes to the Accounts

for the year ended 31 January 2025

3 Tangible fixed assets

	Land and buildings £	Fixtures and equipment £	Motor vehicles £	Total £
Cost				
At 1 February 2024	-	1,596	-	1,596
Additions	-	1,524	-	1,524
Surplus on revaluation	-	-	-	-
Disposals	-	-	-	-
At 31 January 2025	<u>-</u>	<u>3,120</u>	<u>-</u>	<u>3,120</u>
Depreciation				
At 1 February 2024	-	346	-	346
Charge for the year	-	416	-	416
Surplus on revaluation	-	-	-	-
On disposals	-	-	-	-
At 31 January 2025	<u>-</u>	<u>762</u>	<u>-</u>	<u>762</u>
Net book value				
At 31 January 2025	<u>-</u>	<u>2,358</u>	<u>-</u>	<u>2,358</u>
At 31 January 2024	<u>-</u>	<u>1,250</u>	<u>-</u>	<u>1,250</u>

4 Debtors	2025 £	2024 £
Other debtors	134	134
	<u>134</u>	<u>134</u>

5 Creditors: amounts falling due within one year	2025 £	2024 £
Other creditors	340	320
	<u>340</u>	<u>320</u>

6 Other information

Mental Health Movement Ltd is a private company limited by guarantee and incorporated in Northern Ireland. Its registered office is:
 29 Farringdon Court
 Belfast
 BT14 7LY

Mental Health Movement Ltd

Detailed statement of financial activities

for the year ended 31 January 2025

	2025	2024
	£	£
Income	45,365	36,619
Gross profit	<u>45,365</u>	<u>36,619</u>
Administrative expenses	(20,001)	(19,521)
Operating surplus	<u>25,364</u>	<u>17,098</u>
Surplus for the financial year	<u>25,364</u>	<u>17,098</u>

Mental Health Movement Ltd

Detailed statement of financial activities

for the year ended 31 January 2025

	2025 £	2024 £
Income		
Donations	27,593	19,503
Funding income	13,545	13,960
Fundraising income		2,742
Merchandise income		213
Other income	4,227	201
	<u>45,365</u>	<u>36,619</u>
Administrative expenses		
Employee costs:		
Wages and salaries	2,200	2,236
Travel and subsistence	682	973
	<u>2,882</u>	<u>3,209</u>
Premises costs:		
Rent	840	965
	<u>840</u>	<u>965</u>
General administrative expenses:		
Telephone and internet	633	718
Administration	657	932
Charity merchandise	-	441
Subscriptions	475	61
Bank charges	56	-
Equipment expensed	300	-
Website hosting	-	46
Project costs	13,502	8,973
Depreciation	416	221
Counselling	-	3,272
Fundraising expenses	-	136
Office costs	-	245
	<u>16,039</u>	<u>15,045</u>
Legal and professional costs:		
Accountancy fees	240	230
Advertising and PR	-	72
	<u>240</u>	<u>302</u>
	<u>20,001</u>	<u>19,521</u>