

Registered number
NI667096

Mental Health Movement Ltd

Accounts

31 January 2024

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Filleted Accounts

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Mental Health Movement Ltd

Accountants' Report

Accountants' report to the directors of Mental Health Movement Ltd

You consider that the company is exempt from an audit for the year ended 31 January 2024. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

BMG Accountants & Tax Advisors

**The Hub
14 Alanbrooke Crescent
Newtownards
County Down
BT23 8FE**

21 May 2024

Mental Health Movement Ltd

Profit and Loss Account

for the year ended 31 January 2024

	2024	2023
	£	£
Turnover	36,619	7,118
Gross profit	<u>36,619</u>	<u>7,118</u>
Staff costs	(3,209)	(161)
Depreciation and other amounts written off assets	(221)	(110)
Other charges	(16,091)	(3,215)
Profit before taxation	<u>17,098</u>	<u>3,632</u>
Tax	-	-
Profit	<u>17,098</u>	<u>3,632</u>

Mental Health Movement Ltd

Registered number: NI667096

Balance Sheet

as at 31 January 2024

	2024 £	2023 £
Fixed assets	1,250	623
Current assets	<u>19,919</u>	<u>3,427</u>
	19,919	3,427
Creditors: amounts falling due within one year	<u>(100)</u>	<u>(100)</u>
Net current assets	<u>19,819</u>	<u>3,327</u>
Total assets less current liabilities	21,069	3,950
Accruals and deferred income	<u>(220)</u>	<u>(200)</u>
Net assets	<u>20,849</u>	<u>3,750</u>
Capital and reserves	<u>20,849</u>	<u>3,750</u>
	Number	Number
Average number of employees	<u>1</u>	<u>0</u>

The company is a private company limited by shares and incorporated in Northern Ireland. Its registered office is 29 Farringdon Court , Belfast , BT14 7LY.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Caoimhin McNulty

Director

Approved by the board on 21 May 2024

Mental Health Movement Ltd

Detailed profit and loss account items

for the year ended 31 January 2024

	2024	2023
	£	£
Sales		
Income	36,619	7,118
	<u>36,619</u>	<u>7,118</u>
Staff costs		
Wages and salaries	2,236	-
Travel and subsistence	973	161
	<u>3,209</u>	<u>161</u>
Depreciation and other amounts written off assets		
Depreciation	221	110
	<u>221</u>	<u>110</u>
Other charges		
Premises costs:		
Rent	965	-
	<u>965</u>	<u>-</u>
General administrative expenses:		
Telephone and internet	718	268
Stationery and printing	-	100
Administration	932	-
Charity merchandise	441	251
Counselling	3,272	-
Project costs	8,973	1,340
Insurance	-	66
Fundraising expenses	136	481
Insurance	-	7
Office costs	245	114
Repairs and maintenance	-	255
Website hosting	46	32
Subscriptions	61	40
	<u>14,824</u>	<u>2,954</u>
Legal and professional costs:		
Accountancy fees	230	200
Advertising and PR	72	61
	<u>302</u>	<u>261</u>
Other	<u>-</u>	<u>-</u>
	<u>16,091</u>	<u>3,215</u>

Mental Health Movement Ltd

Detailed balance sheet items

as at 31 January 2024

	2024 £	2023 £
Fixed assets		
Fixtures and equipment	1,250	623
	<u>1,250</u>	<u>623</u>
Current assets		
Other debtors	134	131
Cash at bank and in hand	19,785	3,296
	<u>19,919</u>	<u>3,427</u>
Creditors: amounts falling due within one year		
Other creditors	100	100
	<u>100</u>	<u>100</u>
Accruals and deferred income		
Accruals	220	200
	<u>220</u>	<u>200</u>
Capital and reserves		
Profit and loss account	20,849	3,750
	<u>20,849</u>	<u>3,750</u>
Profit and loss account		
Brought forward	3,751	118
Profit	17,098	3,632
	<u>20,849</u>	<u>3,750</u>