

Registered number
NI667096

Mental Health Movement Ltd

Accounts

31 January 2023

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Filleted Accounts

31 January 2023

Mental Health Movement Ltd

Accountants' Report

Accountants' report to the director of Mental Health Movement Ltd

You consider that the company is exempt from an audit for the year ended 31 January 2023. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

BMG Accountants & Tax Advisors

**The Hub
14 Alanbrooke Crescent
Newtownards
County Down
BT23 8FE**

24 August 2023

Mental Health Movement Ltd

Profit and Loss Account

for the year ended 31 January 2023

| | 2023 | 2022 |
|---|--------------|--------------|
| | £ | £ |
| Income | 7,118 | 3,075 |
| Staff costs | (161) | (270) |
| Depreciation and other amounts written off assets | (110) | (15) |
| Other charges | (3,215) | (3,024) |
| Profit/(loss) before taxation | <u>3,632</u> | <u>(234)</u> |
| Tax | - | - |
| Profit/(loss) | <u>3,632</u> | <u>(234)</u> |

Mental Health Movement Ltd

Registered number: NI667096

Balance Sheet

as at 31 January 2023

| | 2023 £ | 2022 £ |
|--|---------------|---------------|
| Fixed assets | 623 | 85 |
| Current assets | <u>3,428</u> | <u>333</u> |
| | 3,428 | 333 |
| Creditors: amounts falling due within one year | <u>(101)</u> | <u>(99)</u> |
| Net current assets | <u>3,327</u> | <u>234</u> |
| Total assets less current liabilities | 3,950 | 319 |
| Accruals and deferred income | <u>(200)</u> | <u>(200)</u> |
| Net assets | <u>3,750</u> | <u>119</u> |
| Capital and reserves | <u>3,750</u> | <u>119</u> |
| | Number | Number |
| Average number of employees | <u>0</u> | <u>0</u> |

The company is a private company limited by guarantee and incorporated in Northern Ireland. Its registered office is 29 Farrington Court, Belfast, BT14 7LY.

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Caoimhin McNulty

Director

Approved by the board on 24 August 2023

Mental Health Movement Ltd

Detailed profit and loss account items

for the year ended 31 January 2023

| | 2023 £ | 2022 £ |
|--|--------------|--------------|
| Income | | |
| Income | 7,118 | 3,075 |
| | <u>7,118</u> | <u>3,075</u> |
| Staff costs | | |
| Travel and subsistence | 161 | 270 |
| | <u>161</u> | <u>270</u> |
| Depreciation and other amounts written off assets | | |
| Depreciation | 110 | 15 |
| | <u>110</u> | <u>15</u> |
| Other charges | | |
| Premises costs: | <u>-</u> | <u>-</u> |
| General administrative expenses: | | |
| Telephone and internet | 268 | - |
| Postage | - | 47 |
| Office costs | 214 | 156 |
| Subscriptions | 40 | 19 |
| Bank charges | - | 37 |
| Insurance | 66 | 66 |
| PPE | - | 19 |
| Medical | 7 | - |
| Website hosting | 32 | 92 |
| Repairs and maintenance | 255 | - |
| | <u>882</u> | <u>436</u> |
| Legal and professional costs: | | |
| Accountancy fees | 200 | 350 |
| Advertising and PR | 61 | 232 |
| | <u>261</u> | <u>582</u> |
| Other | | |
| Project costs | 1,340 | 1,113 |
| Merchandise | 251 | 410 |
| Fundraising expenses | 481 | 483 |
| | <u>2,072</u> | <u>2,006</u> |
| | <u>3,215</u> | <u>3,024</u> |

Mental Health Movement Ltd

Detailed balance sheet items

as at 31 January 2023

| | 2023 £ | 2022 £ |
|---|--------------|------------|
| Fixed assets | | |
| Fixtures and equipment | 623 | 85 |
| | <u>623</u> | <u>85</u> |
| Current assets | | |
| Other debtors | 132 | 132 |
| Cash at bank and in hand | 3,296 | 201 |
| | <u>3,428</u> | <u>333</u> |
| Creditors: amounts falling due within one year | | |
| Other creditors | 101 | 99 |
| | <u>101</u> | <u>99</u> |
| Accruals and deferred income | | |
| Accruals | 200 | 200 |
| | <u>200</u> | <u>200</u> |
| Capital and reserves | | |
| Profit and loss account | 3,750 | 119 |
| | <u>3,750</u> | <u>119</u> |
| Profit and loss account | | |
| Brought forward | 118 | 353 |
| Profit/(loss) | 3,632 | (234) |
| | <u>3,750</u> | <u>119</u> |



E-SIGN RECORD
REGISTERED. SIGNED. TIME-STAMPED.



All parties have accepted the use of electronic signature for this document and have signed as follows:

Signed By: Caoimhin McNulty
Date: 25/08/2023 07:38:57 AM (UTC) 25/08/2023 08:38:57 AM (Local)
Original Recipient: caoimhin345@icloud.com
IP: 82.21.78.174
Message Id DE50293555681498383C9A7900C95E7A7A5C38C4
Client Code

Caoimhin McNulty

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