

Registered Company Number: NI678618

Registered Charity Number: NIC108050

Unaudited Financial Statements for year ended 30 September 2023

for

Golift Weightlifting Club

Golift Weightlifting Club

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The trustees who are also the directors of the charity for the purposes of the Companies 2006, present their report with the financial statements of the charity for the year ended 30 September 2023. The trustees have adopted the provisions of the Accounting and Reporting by Charities Statement of Recommended Practice and prepared the accounts in accordance with the provisions of the small companies regime applicable to micro-entities.

Structure, Governance and Management

The charity is controlled by its governing document which is its memorandum and articles of association. It is constituted as a company limited by guarantee as defined by the Companies Act 2006.

Reference and Administrative Details

The charity is registered as Golift Weightlifting Club under charity registered number NIC108050.

The charity is registered as a company limited by guarantee under reference NI678618.

Registered office: 67 Kingsmoss Road, Newtownabbey, BT36 4TN

Trustees during reporting period:

Dr Peter Stewart

Dr Roberta Stewart

Mr Brian Stewart

Ms Kaitlin Saunders (appointed 19 October 2022)

Mr Joshua Samuel Firth (appointed 19 October 2022)

Mr Shane Mark Martin (appointed 19 October 2022)

Mr Joshua Andrew Johnston (appointed 24 April 2023)

Mr Cameron Montgomery (resigned 24 April 2023)

Objectives and Activities

The charity promotes the amateur sport of weightlifting and provides equal opportunities for participation by all sections of the community.

It provides members with the following opportunities as they relate to the amateur sport of weightlifting: to train with a group of peers, to receive instruction in weightlifting technique and training methods, and to participate in organised competition.

Achievements and Performance

Club Affiliations: Golift Weightlifting Club continued its affiliation with British Weightlifting, which is the NGB recognised by Sport NI. We have received increasing interest to provide opportunities for lifters to compete in Weightlifting Ireland events. Due to this we have held discussions with Weightlifting Ireland board members and will be completing the club affiliation process in Q4 of 2023 to enable Golift to be recognised as an affiliated club in 2024 to both British Weightlifting and Weightlifting Ireland. This will have additional benefits in highlighting the cross-community nature of our club.

Membership: We currently have 44 members and have noted an increase in female participation in both our youth and senior ranks – overall 32% of our members are female. We are proud to note we have lifters from the age of 8 through to the age of 77 which encompasses all age brackets possible in Weightlifting. With 15/44 (34%) of members being in our Junior category this bodes well for the future of the club.

Competitions & Performance: From a local perspective, we regularly take club members to NI Weightlifting events throughout the year. There are four qualifying events held throughout the year with the top 25 men and top 25 women invited to attend the NI Senior Championships in November 2023. As an indicator of our performance 9/25 (36%) to the top 25 NI Senior men are from Golift. 3/25 (12%) of the top 25 Senior females are from Golift [majority of our actively competing females are youth lifters]. The top ranked male and female lifters in Northern Ireland are from Golift. Results for competitions available at <https://niweightlifting.wixsite.com/niwl/competitions>.

From a national perspective, we had one lifter attend the British Age Group Championships and win gold in the U17 109kg class. This lifter started at the age of 6 and has been lifting for 9 years at the club and demonstrates the establishment of our youth sessions is beginning to show we can produce talented youth lifters. We also had an U20 lifter win the 96kg class at the Weightlifting Ireland Junior Championships in 2023. Our best 71kg female lifter in the club is currently the top ranked lifter in N. Ireland in 2023 and was selected to represent Ireland at the Malta International Open. Our top 109+ kg male lifter in the club is currently the top ranked male lifter in N. Ireland in 2023, won gold at the 2023 Irish National Senior Championships, broke the Irish national C&J record and was selected to represent Ireland at the Malta International Open. Weightlifting Ireland results and rankings are available at <https://weightliftingireland.com>.

From an international perspective, we had two lifters attend the Malta International Open. At the masters level we had two lifters representing Great Britain and NI, one of whom won bronze at the European Masters Weightlifting Championships in May 2023 while the other member, aged 77, was 4th in his age category at the same event. European Masters results are available at https://www.europeanmasterswl.com/uploads/4/8/1/8/4818560/2023_european_masters_weightlifting_championship_results_men.pdf.

Coaching: The club invested £2394 to enrol four candidates through the British Weightlifting coaching pathway for a number of reasons critical to the ongoing fundamental objectives of the club. Firstly, the purpose of this was to ensure we had a Level 2 British Weightlifting certified coach present for all club sessions to comply with our insurance policy. Secondly, licensed (Access NI screened) BWL Level 2 coaches is a requirement to enable our coaches access to warm up rooms for competitions organised by NI Weightlifting. We required additional coaching support to meet the need of the increasing number of lifters we are bringing to local NI Weightlifting events. We have also helped support two members apply to a British Weightlifting funded coaching scholarship scheme and were pleased to hear one candidate was successful and he will be also enrolling on the fully funded British Weightlifting Level 1 and 2 combined courses.

Additionally, one school age lifter was financially supported through the course to help with their school A-Level PE course, and we are helping with providing coaching experience opportunities. When all six members have completed the coaching certification, we will support them through the completion of their licensing process.

Currently, we have limited the number of competitors attending Weightlifting Ireland events as we only have one coach who has completed the Weightlifting Ireland Level 1 course. Unfortunately, Weightlifting Ireland do not recognise British Weightlifting coaching certificates at the majority of their events. We therefore are planning to submit a coaching education grant clubs application to Antrim and Newtownabbey borough council to enable us to fund a number of members to complete the Weightlifting Ireland Level 1 coaching certification. This will enable us to take a larger number of our talented youth and senior lifters who, based on current performance levels, are capable of winning Irish titles and, based on current qualification standards, to be selected for international events.

Financial Review

During the year the charity received £10,146 from members in unrestricted funds and expended £12,379 leaving a deficit of £2,233 and at 30 September 2023 had reserves of £16,958 in unrestricted funds. These reserves are held to fund future revenue and capital expenditure as required.

Approval

The Directors and Trustees Annual Report was approved on 14 November 2023 and signed on behalf of the board by:



Dr Peter Stewart

Independent Examiner's Report to the charity trustees of Golift Weightlifting Club NIC108050

I report on the accounts of Golift Weightlifting Club for the year ended 30 September 2023 which were approved and signed by the trustees on 14 November 2023.

Respective responsibilities of trustees and examiner

As charity trustees you are responsible for maintaining proper accounting records and preparing the financial statements in accordance with the Charities Act (Northern Ireland) 2008.

As Independent Examiner I have a responsibility to:

Examine the accounts under section 65 of the Charities Act,

Follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act,

State whether particular matters have come to my attention.

Basis of Independent Examiner's Report

I have examined the charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general Directions given by the Charity Commission of Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison with the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept in accordance with section 63 of the Charities Act,
2. that the accounts do not accord with those accounting records,
3. that the accounts do not comply with the requirements of the Charities Act,
4. that there is further information needed for a proper understanding of the accounts to be reached.

Independent Examiner's Statement

I have completed my examination and have no concerns in respect of any of the above matters 1 to 4 and, in connection with following the Directions of the Charity Commission for Northern Ireland, I have no matters which require drawing to your attention.

Name: Mark Burden

Address: 48 Sabbath Hill Road, Ballymartin, Kilkeel, Co Down, BT34 4UR

Signed: 

Dated 18 November 2023

Golift Weightlifting Club

Statement of Financial Activities including Income and Expenditure for Year Ended 30 September
2023

	2023	2022
	Unrestricted	Unrestricted
	Funds	Funds
Income from:		
Charitable Activities	9,025	8,849
Investments	131	6
	-----	-----
Total	9,156	8,855
Expenditure on:		
Charitable Activities	11,376	8,245
Governance Costs	13	13
	-----	-----
Total	11,389	8,258
	-----	-----
Net Income\ (Expenditure)	(2,233)	597
Transfer of Funds from Golift Weightlifting Club (Unincorporated Association)		18,594
	-----	-----
Total Funds Carried Forward	(2,233)	19,191
	=====	=====

The notes form part of these financial statements

Golift Weighlifting Club

Balance Sheet as at 30 September 2023

		2023	2022
	Notes	£	£
Fixed Assets			
Tangible Assets	3	2,140	2,715
Current Assets			
Cash at Bank and in Hand		14,818	16,476
		-----	-----
Total Assets		16,958	19,191
		=====	=====
The Funds of the Charity			
Unrestricted Funds		16,958	19,191
		=====	=====

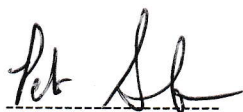
For the year ended 30 September 2023 the charitable company is entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies 2006.

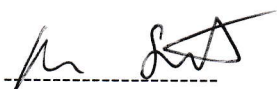
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to keeping accounting records and preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities and to charitable companies.

The financial statements were approved by the board of directors on 14 November 2023 and signed on behalf of the board by:



Peter Stewart



Brian Stewart

The notes form part of these financial statements

Golift Weighlifting Club

Notes to Financial Statements for the Year Ended 30 September 2023

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company have been prepared in accordance with the Charities Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" and are under the historical cost convention.

Tangible Fixed Assets

Depreciation is provided at the following rates in order to write off each asset over its estimated useful life:

Equipment – 25% on reducing balance

Taxation

The charity is exempt from corporation tax on all its charitable activities.

2. Trustees Remuneration, Benefits, and Expenses

There were no trustees' remuneration, benefits, or expenses during the year ended 30 September 2023.

3. Tangible Fixed Assets – Equipment

Cost

At 01 October 2022	£3,620
Additions	£ 138

At 30 September 2023	£3,758

Depreciation

At 01 October 2022	£ 905
Charge for year	£ 713

At 30 September 2023	£1,618

Net Book Value

At 30 September 2023	£2,140
	=====
At 30 September 2022	£2,715
	=====

4. Related Party Disclosures

There were no related party transactions during the year ended 30 September 2023.