

GOOD MORNING BALLYMENA

TRUSTEES REPORT

YEAR ENDED 31<sup>ST</sup> MARCH 2024

Good Morning Ballymena was set up in August 2013. It was developed as a charitable group in Partnership with Mid and East Antrim Agewell Partnership.

Good Morning Ballymena was registered with The Charity Commission N.I. on September 2020.

Charity Number: NIC 107761

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Ballymena  
BT42 3HA

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**1.0 The Management Committee:**

The GMB AGM was held in June 2023 with the re-election of Office Bearers.

The current Management Committee is made up as follows:

Stuart Lloyd	( Chairperson)
Lynda Bell	( Vice Chair)
Mary Thompson	( Secretary)
William McKean	( Treasurer)
Trevor Halliday	
Donna McCurdy	
Jackie Neill	
Colin Crawford	
Ian McKay	
Sadie Peachey	

**2.0 Banker:** Barclays Bank

**3.0 Accountant:** D.T. Carson. 51-53 Thomas Street, Ballymena. BT43 6AZ  
02823562389

## **4.0 GMB Objectives**

The objective of the project is to provide a friendly, befriending support telephone call to the registered GMB members (all whom are vulnerable and /or elderly people) at the agreed day and times of their choice. We aim to make them feel more socially included by reducing isolation and increase their mental health and to keep them in their homes longer.

## **5.0 Policies**

We have a number of policies as detailed below:

- Health & Safety Policy
- Volunteer Policy
- Confidentiality Policy
- Vulnerable Adults Policy
- Befriending Visitation Policy
- Lone Worker
- Data Protection Policy
- Complaints Procedure
- Equal Opportunities Policy
- Volunteers Expense Policy
- Code of Conduct Policy
- Pay Policy

## **6.0 Finance & Funding**

GMB is currently funded by Mid and East Antrim Council (2023-2024) for our core business. Funding was also received from Mid and East Antrim grants scheme PCSP, Other funding was made by Awards for All, Community Foundation, The Rotary Club of Ballymena, McCall foundation, Radius Housing, Northern Ireland Housing Executive, Enkalon, Soil Association and Groundwork.

Voluntary donations were received from various members of the public.

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## **7.0 Registration**

Referrals come from the following; please note this is not an exhaustive list:

- Northern Trust
- Social Services
- Self
- Friends & family
- Community Groups
- NIHE
- IMPACT
- MEAAP
- Housing
- PSNI
- Fire Service
- Age NI
- Connect North
- GMB
- Home Carer
- Floating Support
- Women's Aid
- Occupational Therapy

## **8.0 Review of year (2023-2024)**

### **Staff and Volunteers**

- 1 Co-ordinator (20hr)
- Telephone Volunteers
- Volunteer Drivers
- Visiting Befrienders
- Management Committee

## **9.0 History of Membership**

At the outset of the project in August 2012, 25 members were receiving phone calls from 5 volunteers. At the time of writing this report, we now support 285 members with 40 volunteers.

Staff and volunteers make 775 telephone calls to members between one and seven mornings each week depending on their individual needs. Monday – Sunday (9.30am-12.30pm)

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Over the course of the 12 years history of the project, 585 members have benefited from the services of Good Morning Ballymena.

See find a detailed profile report of Members/ Referrals/Areas in Appendix (1)

Good Morning Ballymena made 355,555 free befriending telephone call from August 2012 until the time of writing this report.

In the first year 2012-2013, – 2418 telephone calls were made

Year 2 2013-2014, – 7405 telephone calls were made

Pre Covid 2019 -2020, -21081 telephone calls were made

Post Covid 2021-2022, March 2021 -April 2022, 61929 calls were made.

April 22- March 2023 – 57960 calls were made

April 23 – March 2024 – 52034 calls were made

In addition to the calls Good Morning Ballymena also delivered 1140+ 'Happy bags' 300+ Food Parcels, Lunch clubs, a trip to Portrush and a big breakfast.

The Happy Bags contained items like Word Search books, pens, plants, food items etc. as well as our quarterly newsletters.

## **10. Calendar of Events 2023 -2024**

Our events are as follows:

April: 280 x Goodie Bags

May: Tea Dance

June: AGM Lunch Club

July: Tesco Collection

Aug: 280 x Goodie Bags

Aug: Trip to Portrush,

September: 'Big Breakfast'

Oct; Lunch Club with DJ

Nov: Lunch Club with DJ

Dec: Christmas Lunch for members

Dec: Volunteers Lunch

Dec: 280 x Goodie Bag with Christmas Lunch

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**11. Statement of Account**

Accounts for year 2023-2024 were prepared by D.T. Carson

**12. Public Benefit Requirement**

The Trustees have had regard to the Public Benefit Requirement statutory guidance.

Approved by the Trustees on 29/05/2024 and signed on their behalf by

  
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Stuart Lloyd Chair person