

Drumgath Ladies Group

Charity number NIC 107575

**Annual Report For the year ending June 2024 presented at the Annual
General Meeting on Tuesday 27th August 2024**

The group meet in The Parish Centre

Loughbrickland Road

Rathfriland

BT34 5AA

Email address: drumgathladiesgroup@outlook.com

Drumgath Ladies Group

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Summary of the year's activities of the charity to further its purposes for the public benefit.

This year we had a specific emphasis on Older People and also Carer Support.

Mindfulness, and Healthy eating

Participation in the continued development of a Community Garden

Chair based yoga and lunch/Strength and balance and lunch/ Health and well-being programme/crochet/soap making/flower arranging/pottery/legal aspects/

Afternoon tea

Pensioners Christmas lunch/Christmas treats

Carers Christmas evening dinner

yoga/Aromatherapy/Faux flower wreath making/

Theatre trip to Dublin

Supporting the Life and Time Charity Appeal

Supporting the local food bank

Donation made to PIPS suicide prevention

Monthly Lunch and Learn for the over 50s with speaker

ABC Council floral donation

Record of the year's achievements

- Ongoing participation in the development of a Community Garden, and Christmas carols and Santa in the garden.
- Christmas Shoe box appeal for Woman's Aid
- Food and clothing appeal for Woman's Aid.

- Cross Community Pensioner/Carer Christmas Lunch.
- Cross community carers Christmas lunch

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The beneficiaries of the charity's activities and events were the general public in the greater Drumgath/Rathfriland areas.

None of the activities/events undertaken were harmful in any way.

- **Objects of the charity are:**
- -Advance learning opportunities
- -Preserve and protect health
- -Provide facilities in the interests of social welfare for recreation or other leisure time occupation, with the object of improving the conditions of life for said women, youth and aged of the community.
- - Reducing social isolation and loneliness by offering opportunities to meet, socialise, learn and have fun.
- **List of current trustees**
- Christine Hynes (Chairperson)
- Mary McDonald (Vice Chairperson)
- Mary Brannigan (Treasurer)
- Tania Bailie (Asst Treasurer)
- Mary Lennon (Secretary)
- Barbara Dickson (PRO & Asst Secretary)
- Clare Ohare (Asst Secretary)
- Shelene Rooney (Facebook)
- Sinead Rooney
- Elizabeth Burns
- Geraldine Magill
- Ursula Sloan
- Jennifer Downey
- Marie McComish
- Vera Rooney
- Lynette Magee
- Barbara Killen
- Caroline McDonnell

Contribution of volunteers

All events and activities are organised and managed by volunteers and its beneficiaries who give up their time and energy for the benefit of the general public. The charity itself is run by volunteers and has no paid staff. Their contribution is very much appreciated.

Achievements and performance

During this period the charity was successful in obtaining the following grant aid.

ASDA	£445.00
Newry, Mourne & Down District Council	£1,000
Newry, Mourne & Down District Council	£222.39
Southern Health & Social Care Trust	£630
Dromara & Drumgooland Credit Union	£150

The performance of Drumgath Ladies Group has made a significant difference to the lives of the beneficiaries in many ways during the year in terms of, creating opportunities to socialise, reduce social isolation and loneliness, learn new skills and have fun in a safe and accessible manner.

Signature *C. Hynes (Mrs)*
Position *Chairperson*
Date *31 / Aug 2024*

Signature *Mary Grannigan*
Position *TREASURER*
Date *31-8-24*