

**All About Us - ASD Teens**  
**Unaudited Financial Statements**  
**31 August 2023**

**NUGENT CHARTERED ACCOUNTANTS**

Chartered accountants  
33b Church Street  
Antrim  
Co Antrim  
BT41 4BE

# All About Us - ASD Teens

## Financial Statements

Year ended 31 August 2023

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# All About Us - ASD Teens

## Trustees' Annual Report

### Year ended 31 August 2023

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The trustees present their report and the unaudited financial statements of the charity for the year ended 31 August 2023.

#### Reference and administrative details

**Registered charity name** All About Us - ASD Teens

**Charity registration number** 107426

**Principal office** 266 Islandbawn Drive  
Antrim  
Co Antrim

#### The trustees

C O'Neill	(Resigned 31 January 2023)
A O'Neill	
M Gould	
N Neeson	
N McKenna	(Resigned 31 January 2023)
U McGrath	(Resigned 31 January 2023)
E Craig	
A Button	
Ms J O'Hagan	(Appointed 31 January 2023)
Ms P Ruddy	(Appointed 31 January 2023)
Ms O Bell	(Appointed 31 January 2023)
Ms V Rodgers	(Appointed 31 January 2023)
Ms J Manger	(Appointed 31 January 2023)
Ms E Stefan	(Appointed 31 January 2023)

**Independent examiner** Teresa Nugent  
33b Church Street  
Antrim  
Co Antrim  
BT41 4BE

#### Structure, governance and management

All About Us - ASD Teens is a charitable unincorporated association, governed by its own Constitution.

# All About Us - ASD Teens

## Trustees' Annual Report *(continued)*

Year ended 31 August 2023

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### Objectives and activities

The charity has been formed to provide the relief of those in need by reason of youth, ill health, disability, financial hardship or other disadvantages. For the public benefit, the relief and assistance of teenagers with ASD in Antrim and the wider community, including but not exclusively, teenagers, their siblings and their families by offering support, a safe place to meet and regular sports and social activities to reduce exclusion and promote friendships, to provide courses to allow them to develop new skills which will aid their integration into society by encouraging independence and help with seeking employment as they journey through life. To provide the relief of loneliness and the feeling of isolation for those diagnosed or in the process of diagnosis, their families and siblings. To advance such charitable purposes (according to the law of Northern Ireland) by raising awareness and providing new skills to the young people of our group. The charity will achieve the outcome of providing young people the opportunity to learning new skills in a safe environment by offering basic courses to help them gain employment, improve their social skills and learn new mechanisms of coping strategies. The charity will provide advice to parents and carers about other relevant support agencies and contacts, raise awareness with the public to improve the public understandings of the strengths and difficulties associated with people who have ASD. The charity will promote equality to all members of the public, with or without a disability, our ethos will be "Just because your normal is different to my normal it doesn't mean we aren't equal".

# All About Us - ASD Teens

## Trustees' Annual Report *(continued)*

Year ended 31 August 2023

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### Achievements and performance

During the year from 2022-2023, All About Us has expanded in both activities we offer and the support we have from within the community. The group has fully embraced being a part of the community in Greystone. Partnerships with other organisations are growing and with that the opportunities that All About Us can offer the young people, families and community members who attend or avail of our services. To date our support continues to grow with partnerships made with local groups, organisations, and local business support. Following on from the pandemic and into a cost-of-living crises we have found that the young people are struggling more with their mental health and emotional wellbeing, it has shown us the importance of providing consistency of activities, some form of food (meal) and in addition more one to one or small group work to allow the young people that extra time for voicing concerns. We have learnt to adapt rapidly to ensure ongoing support through challenging times, that outside factors can heavily influence the care and support needed and many times activities would come after this initial support is given. Our main success is the feeling the young people have coming in the doors to our unit, they have almost got 2 homes and have become so confident and comfortable in the group, the young people are more confident to speak about outside issues or worries they have which allows support to be given reducing anxieties or behaviours due to frustration or confusion, they are taking more pride in the group, their friends and themselves and it is impacting on their school/work or home life in a positive way. We have provided uniforms to 405 families in the community, provided schoolbags and contents to 160 young people, recently ran a fun day which was attended by approximately 800 people.

All About Us was nominated for the Pride of Place awards, received most supportive additional needs group in Ulster and has been nominated for the Kings award for voluntary service. Our growing partnerships, memberships and running activities within the group have also included ways of All About Us reducing, reusing, and recycling materials, lowering waste and as a bonus for any group it us helps to reduce costs. For example, The UK throws away around 9.5 million tons of food waste in a single year, we are partnered with fare share which is the UK's national network of charitable food redistributors, they supply good quality nutritious and good to eat surplus food from across the food industry stopping this going to landfill, this food helps us provide meals for those in the community who are isolated, on low incomes, or are unable to cook or prepare meals for themselves, in addition to this we shop local. Glass jars and other packaging from Grub Club are reused for arts, crafts and sensory activities, we are also members of Brysons play resource centre and would use the materials for our sessions, they recycle waste materials from factories, offices and warehouses across the region and promote the reuse of nontoxic waste materials in creative activities. Our unit is heated using UV heaters which in terms of electricity, they use less energy than other space heaters with proven savings as much as 50% compared to other conventional heating systems. It is an Eco-Friendly Heat reducing the carbon footprint and they are 100% recyclable once they reach end of life.

Our future plans involve opening a second unit, this would be a social enterprise and a safe space in the form of a café, it will provide educational and training facilities for those in the community who wish to learn new skills, have somewhere to meet other people and to belong as there is very little around our area for families, elderly or young people. At present we are awaiting a feasibility study being completed by Copius Consultancy and an independent evaluation of our services from the charity spark to proceed with this project. Although this is a social enterprise project it follows our charities mission with: " The advancement of education." The relief of those in need by reason of youth, age, ill-health, disability, financial hardship, or another disadvantage

# All About Us - ASD Teens

## Trustees' Annual Report *(continued)*

Year ended 31 August 2023

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### Financial review

During the year to 31st August 2023 unrestricted income was £29,350 (2022: £20,361). Unrestricted income consists of donations, grants and fundraising activities (see notes 4 and 5). Restricted income received during the year to 31st August 2023 was £167,048 (2022: £90,634). Restricted income consists of grants from Care in the Community £990 (2022:£1,000), Children in Need £16,670 (2022:£26,000), Education Authority £6,000 (2022:£2,200), Albert Hunt Trust £4,000 (2022:£2,000), Cash for Kids £2,800 (2022:£2,205), Belfast Cathedral £1,000 (2022:£600), Halifax Foundation £3,500 (2022:£3,500), Asda £1,000, Awards for All £9,500, Clear Project £3,830, Other trusts £3,888, NIHE £4,000, Triangle £4,268, Empowering Young People £99,489 (2022:£53,129) and ANBC £6,113. Total income received during the year was £196,398 (2022: £110,995)


During the year to 31st August 2023 expenditure consisted of equipment and activity items £47,860 (2022: £25,462), hospitality, food and tuckshop £23,421 (2022: £4,822), trips £3,735 (2022: £4,413) and various support costs £91,200 (2022: £71,743), see note 8 for a breakdown. Total expenditure during the year was £166,216 (2022: £106,440).

Reserves consist of restricted funds, at the start of the year restricted reserves were £20,876, income received £167,048 less expenditure of £153,248 plus movement from unrestricted funds of £1,254, leaving a restricted fund at the yearend of £35,929, see note 13 for a breakdown.

At the start of the year unrestricted funds were £3,412, income received during the year was £29,350 less expenditure of £12,968 less transfer to restricted funds of £1,254, leaving a closing fund of £18,540.

The trustees' annual report was approved on 07-03-24 and signed on behalf of the board of trustees by:

A O'Neill  
Trustee



N Neeson  
Trustee

