

**COMPANY REGISTRATION NUMBER: NI658965**  
**CHARITY REGISTRATION NUMBER: NIC107406**

**Emerge Counselling Services Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**28 February 2022**

Finegan Gibson Ltd  
Chartered accountants  
Causeway Tower  
9 James Street South  
Belfast  
BT2 8DN

# **Emerge Counselling Services Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report)**

**Year ended 28 February 2022**

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 28 February 2022.

#### **Reference and administrative details**

**Registered charity name**            Emerge Counselling Services Limited

**Charity registration number**    NIC107406

**Company registration number**   NI658965

**Principal office and registered office**   18 Brambling Close  
Lisburn  
BT28 3PN  
United Kingdom

#### **The trustees**

Martin Chappell  
Christopher Evans  
Claire Lynn  
Ian McAllister  
Mairead McDermott                    (Resigned 3 February 2022)  
Sandra Walsh                            (Appointed 23 June 2021)  
Louise Irwin                              (Resigned 19 March 2021)

**Company secretary**                Samantha Evans

**Independent examiner**            Finegan Gibson Ltd Chartered Accountants and registered auditors  
Causeway Tower  
9 James Street South  
Belfast  
BT2 8DN

# **Emerge Counselling Services Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 28 February 2022**

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#### **Structure, governance and management**

##### ***Governing document***

Emerge Counselling Services is a company limited by guarantee governed by its memorandum and articles of association dated 24th June 2019. It is a charity registered with the charity commission of Northern Ireland. Membership consists of 6 members, each of whom agrees to contribute £1 in the event of the charity winding up.

##### ***Appointment of Trustees***

The company is managed by a Management Committee (Board of Directors) who are elected at the Annual General Meeting to hold office for one year and are eligible for re-election. Interim appointments can be made during the year by the Management Committee. Anyone appointed in this way has to present themselves for re-election in the same way as other existing members of the Management Committee at the Annual General Meeting.

Trustees will recruit and select new trustees as required. New trustees are recruited on the relevance of their skills and their potential to be able to make a helpful contribution to the governance of the charity and company law, the content of the memorandum and articles of association, the Committee and decision making process, the business plan and recent financial performance of the charity. Governance training is arranged as appropriate for new trustees.

##### ***Trustees Role and Responsibilities***

The Directors, who are also the charity's trustees, are the key management personnel of the charity and are responsible for directing, controlling and running the charity on a day to day basis. The Directors meet on a monthly to quarterly basis to fulfil those obligations. The organisation has no paid employees and its activities are undertaken by volunteers and where appropriate, by external facilitators. None of the Directors receive remuneration or other benefits from their work with the charity.

Directors are responsible for the establishment of policies, systems and procedures for the good governance of the charity and for ensuring that any risk to the charity, including financial, operational and reputational risks, are identified and mitigated by having sound management processes in place.

The main risk identified is financial and as the charity continues to grow, community donations increase, however, grant income has been identified and the growing need to increase successful funding applications and corporate memberships. This risk is addressed by budget planning and control, maintaining an adequate level of reserves and by seeking ways of generating new income streams that will help the organisation to become more self-sustaining thus creating a stable future for the charity.

Operational risks are addressed by maintaining relevant policies on health and safety, safeguarding of children and vulnerable persons and ensuring that relevant volunteers follow a code of conduct which incorporates best practice in volunteering. Training is provided for volunteers on health and safety, first aid, mental health and well-being, child protection and safeguarding vulnerable persons.

# **Emerge Counselling Services Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 28 February 2022**

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##### **Objectives and activities**

The purposes of the charity is to improve mental health and well-being, to prevent suicide and self-harm, to provide bespoke training and information, to create a safe space for people/person in crisis, and to promote good community relations, equality and diversity.

In fulfilling our objectives and planning our activities for the year the trustees had regard to the charity commissions guidance on public benefit for the charitable purposes in which we are engaged.

The strategies employed to achieve the charities aims and objectives are to work in partnership with other organisation's to build capacity to deliver services for the benefit of local people within our community and surrounding areas.

Whilst following covid guidelines set out by PHA, we started the year by our CEO, Samantha Evans being interviewed by The New Leaf Podcast. This interview was to create awareness of the work Emerge offers to the community and to provide support and coping methods during the pandemic.

In April 2021, we launched our Mental Health Champions project, where individuals in the local community were identified and presented with gratitude certificates for their contributions in supporting Emerge. Our aim was to praise the individuals, to engage more in the community and to promote our social media outlets.

When covid restrictions were reduced, our AGM was held in Trinity Methodist Church hall on 7th June. An overview of the work we had achieved to date was given, accounts displayed and explained. Directors were (re)elected followed by three guest speakers. Tea, coffee and biscuits were provided.

For Mens Mental Health week we promoted self-care for our male clients by collaborating with The Hygiene Bank Moira whom supplied free health and beauty products, we continue to welcome the working relationship for the benefit of all our clients. Cut and Grind Salon in Lisburn offered free hair cuts to our male clients, whilst Mane Barber Lounge offered their services for male clients struggling with anxiety. All contributions to this project were promoted through social media.

# **Emerge Counselling Services Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 28 February 2022**

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##### **Achievements and performance**

In June we welcomed young people from Tonagh Community Centre where we facilitated mental health awareness training led by our art therapists to deliver a unique creative style of Learning. On October 24th, the same training was delivered on site to young members of McCullagh's Boxing Club. Both events were received by enthusiasm and positive engagement from all young people involved.

We continued to deliver our suicide and self-harm prevention training to groups and businesses within our community.

We were privileged to attend Hillsborough Boys FC colour run in September and Naomh Padraig's evening vigil, creating hope through action on Suicide Prevention Day.

Thanks to Harry McGarrity and Band, we attended our first ever Gala held in Stormont Hotel on the 6th November. The Gala was well attended and enjoyed by all.

We are grateful for the support Emerge has received over this year. Lambeg Orange and Blue Flute Band, Tucker walks the Lough, The Big Dander, The Three Peak challenge completed by the Sloan brothers, On Track Technicians Golf Day, Dromore Amateur FC charity football match, Derriaghy Cricket Club and The Gary Lutton Memorial Day. These events from our community have created awareness of our services and much needed financial support throughout the year.

In September, The Light Body foundation made contact with our office and awarded us £10,000 of unrestricted funds. We were extremely grateful and humbled by this. Our trustee's agreed to allocate all donation to overhead costs.

We held our annual Tree of Light service in First Lisburn Presbyterian Church on Saturday the 11th December at 6pm. We welcomed bereaved families and people who have been affected by suicide. Lisburn City Council Mayor and other local councillor's were in attendance.

We held our first Christmas Toy appeal where we received many donations, the largest group donation being from Hillsborough Boys FC. All donations were distributed to local families who were struggling financially to purchase Christmas gifts for their children.

This year we have seen a huge increase in demand for our services. We continue to grow as a team, deliver services in a timely manner and look forward to the year ahead.

##### **Financial review**

Total income of the charity in 2022 was £97,459, up from £65,824 in 2021. This includes income from donations of £66,128, up from £43,538 in 2021, income from grants of £18,137, up from £16,033 in 2021. The surplus of income over expenditure for the year was £14,258 (2021: £18,812).

At 28th February 2022, charity held total reserves of £40,418, of which £40,418 is unrestricted. This is equivalent to approximately six months expenditure, which the trustees consider a sufficient level of reserves

# **Emerge Counselling Services Limited**

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**Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 28 February 2022**

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## **Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 30 March 2023 and signed on behalf of the board of trustees by:



Samantha Evans  
Charity Secretary