

**Charity Registration No. 106096**

**Company Registration No. NI030774 (Northern Ireland)**

**WOMEN'S AID ARMAGH DOWN LTD**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

# WOMEN'S AID ARMAGH DOWN LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	N O'Maolain S Henry M Larkin C Curran N Basketfield B McGuinness M Gollogly
<b>Secretary</b>	M Larkin
<b>Charity number</b>	106096
<b>Company number</b>	NI030774
<b>Registered office</b>	7 Downshire Place Newry Co. Down Northern Ireland BT34 1DZ
<b>Auditor</b>	FPM Accountants Limited 1 - 3 Arthur Street Belfast Co. Antrim Northern Ireland BT1 4GA
<b>Bankers</b>	Bank of Ireland 12 Trevor Hill Newry Co. Down Northern Ireland BT34 1DT  AIB 42-44 Hill Street Newry Co. Down Northern Ireland BT34 1AU

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# WOMEN'S AID ARMAGH DOWN LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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### **Solicitors**

Casey & Casey Solicitors  
Legal House  
25-27 Lower Catherine Street  
Newry  
Co. Down  
Northern Ireland  
BT35 6BE

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# WOMEN'S AID ARMAGH DOWN LTD

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# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

### *FOR THE YEAR ENDED 31 MARCH 2023*

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The Trustees are pleased to present their annual directors report together with the associated financial statements of the Charity for the year ending 31 March 2023.

The financial statements comply with the Charities Act (NI) 2008, the Charities (Accounts and Reports Regulations (NI) 2015, Companies Act 2006, the Memorandum and Articles of Association, and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Women's Aid Armagh Down is a registered charity with Northern Ireland Charity Commission, NICC 106096 and a company limited by guarantee, registered in Northern Ireland, NI30774. The organisation was founded in 1983 and was established under Memorandum of Association in 1996 which established the objects and powers of the Charitable Company and is governed under its Articles of Association. We are members of the Women's Aid Federation Northern Ireland (WAFNI) and a representative from our management board sits on the WAFNI board. We work closely with all Women's Aid local groups across Northern Ireland and promote good governance, best practice and effective communication across the organisation consequently ensuring a regional commitment and connected partnership working to effectively and efficiently manage the strategic direction for Women's Aid Armagh Down and for the work of Women's Aid regionally.

#### **Objectives**

Women's Aid is the lead voluntary organisation in Northern Ireland addressing domestic violence and providing services for women, children and young people. Women's Aid seeks to challenge the attitudes and beliefs that perpetuate domestic/sexual violence and abuse, and through its work, promote healthy and non-abusive relationships. The objectives of the Charity are:

- To relieve distress, suffering and poverty by the provision of safe temporary accommodation for women and their children, young people and vulnerable adult dependants who are, or have been, experiencing domestic, sexual or gender-based violence or abuse;
- To relieve distress and suffering experienced by women and their children, young people and vulnerable adult dependants by providing and/or promoting a range of support services such as information, advice centres, confidential services, counselling, outreach, court support, training and advocacy;
- To relieve to those in need by the provision of information and advice for those affected by domestic, sexual or gender-based violence or abuse and referrals to relevant support agencies;
- To advance education on violence against women and girls, including trafficking and exploitation, and its effects, and to relieve those in need by promoting its prevention and the protection of those affected;
- To advance education on domestic, sexual and gender-based violence and abuse and their effects, and to advocate for and relieve those in need by promoting their prevention and the protection of those affected;
- To advance women's and children's human rights and gender equality to relieve the suffering and distress caused by violence emanating from the violation, impairment or nullification of enjoyment of their human rights and fundamental freedoms.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### **Activities**

Women's Aid Armagh Down provides a wide range of support services and other appropriate services necessary in the meeting of our Charity objectives and providing public benefit. Working within a challenging funding environment Women's Aid Armagh Down continues to meet all performance targets throughout 2022/23. We engage with staff, volunteers and with a wide range of external agencies across the Newry, Mourne and Down District (NMDDC) and Armagh, Banbridge and Craigavon Borough Council (ABCBC) area ensuring our services are not only delivering on our charitable objectives in both rural and urban areas but also that our services are responding to the urgent need of women, children and young people right at the heart of our community.

### **Governance:**

WAAD have put the following in place during this reporting period.

- New financial structure including outsourcing payroll and management accounts to Clarke & Co. Accountancy, Bookkeeping and Business Services.
- New Office Manager in post leading on the financial aspects of the organisation.
- New accounting package now in use as we changed from SAGE to Quick Books
- Gift Aid registered and active
- Policy & Procedures reviewed and ratified by Board including Financial Policy
- Enthuse donations platform introduced
- Recruitment & Selection training completed by all senior managers and appropriate staff
- Cora's story & other fundraising campaigns undertaken.
- Insurance review resulted in New insurer being contracted.
- IT tendering process was completed to ensure we are receiving a high quality and value for money service.

In continuing with our practice of measuring our Social Return on Investment (SROI) our social impact independent audit of our services demonstrates that the work of Women's Aid Armagh Down gives a SROI return of £23.50 for every £1 of funding invested in our services. Our SROI distinctly validates the work of our organisation and in totality demonstrates our organisation provides a real and tangible benefit to our beneficiaries, to all our stakeholders and indeed to society as a whole. Measuring our social impact has become a mode of continuous improvement process, facilitating effective strategic and operational planning and enabling us to deliver a clear and strong method of communication to all.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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#### **Support for Women, Children & Young People**

A total of **1,324** women and **1,515** children and young people were supported in this year.

#### **Refuge:**

Our refuge occupancy was consistently operating at full or almost full with a mean average **98%** occupancy throughout the year, resulting in 123 women, 4 of whom were pregnant and 102 children and young people not being accommodated due to the refuge being full. A total of 28 women with 25 children and young people were accommodated in refuge, 11 children were under the age of 5. 18 women had a range of additional complex support needs, 13 women were managing a physical disability and 1 woman was supported through her pregnancy and birth of her baby. Of the 28 women accommodated 18 women were from the BME community. During the year 17 women and 16 children secured stable and safe housing. A range of activities were provided in refuge for women including Yoga, BBQ, Library visits and a month of events in December alongside wellbeing events such as World Mental Health Day, Being Connected programme, Wool crew, Good Food programme and Motivational Mondays. We provided 58 one to one support sessions and 188 supported play session for children and young people in refuge and 14 children and young people took part in special outings and events. All children and young people in refuge were registered with a GP, dentist and those of school age attended school. Feedback from our young people in refuge demonstrates the positive impact achieved:

#### **The best thing about my time with Women's Aid was:**

- *"Having a friendly face who understood me and what I was going through".*

#### **Changes in myself/my life since I came to Women's Aid:**

- *"Before I was quiet, hidden and didn't want to be seen. After to coming to Women's Aid, I am happy, a little more open and I'm okay to see them now".*

This vital service ensure we continue to work at crisis level in reducing risk from homelessness and increasing women, children and young people's safety through providing access to crisis refuge accommodation by providing a safe, secure environment.

Our education and support service to children and young people in schools delivered our prevention education programme to 19 schools across the SHSCT area, 10 schools with 1,015 pupils participated in schools based in the Armagh Banbridge & Craigavon council area, 8 schools with 369 pupils engaging in the Newry Mourne and Down council area and 1 school with 18 pupils in Dungannon. 28 primary school pupils completed our Helping Hands programme and 1,374 post primary pupils completed our Heading for Healthy Relations programme resulting in a total of 1,402 young people more educated in how to keep themselves and others safe from abuse and understanding they have the right to be safe from others. It is also important to receive the feedback from teachers which continues to be very positive:

#### *Eotas Newry:*

*'It's a very worthwhile programme for our young people, I would love everyone of them to get the full benefit of it'*

#### *St Catherine's Lurgan:*

*'I feel it helped our young people to think about elements of their relationships and some issues to look for'  
'this programme is very helpful in providing preventative curriculum for our students'*

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023



#### Children and Young Peoples' Support Services

148 referrals were received with 106 children and young people engaging in the service. 410 one to one support sessions were completed. Feedback from our young people demonstrated the positive outcome from the support they received such as:

#### Changes in myself/my life since I came to Women's Aid

Before	After
Cross angry	happy. better understanding.

Draw or write about the changes (if any) you have seen in yourself or your family since you came to Women's Aid

Before	After
 worried Complete our quiz ... Agree - Disagree - Not sure? Tick, underline or circle!	 happy

Draw or write about the changes (if any) you have seen in yourself or your family since you came to Women's Aid

Before	After
 confused	 I understand it now happy

Safety planning is a vital aspect of our service provision and the children and young person's team work closely with mothers and their children exploring and agreeing a safety plan for high/medium risk cases. This work enables mums to work closely with our team to help them to manage their children's constant state of fear of what might happen next.

Providing support to children and young people is completed in venues that the young people feel safe and secure in and in order to do this staff provide outreach support by travelling to a range of community-based venues who worked closely with us so children could receive the support they needed. Some of this work was facilitated by schools allowing children to attend support in schools time and by providing a room. In one to one support children described how they were struggling with what they had witnessed, worried about their mums and missing their dad even though sometimes they were afraid of him. We were delighted to introduce Calming Kits, to compliment the one to one Helping Hands support to children which enabled them to emotionally regulate themselves. A review of the Heading for Healthy Relationships programme was undertaken by the children and young people's team and they amended the programme to incorporate Coercive Control and Consent issues and information. The team also created and facilitated a 7-week programme, 'Insight' to young women aged 16-24 years of age.

We were delighted to produce four Animations highlighting the impact and experience of Children and young people who use our service. This provides us with a really powerful means to help others understand how domestic abuse impacts on young people's lives.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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#### Community Based Services

Our floating support service received and processed 1,112 referrals for different 889 women. These referrals were received from multiple sources however the main pathways for referrals remains PSNI 36% and Self-referral 29%. And geographically 56% of our referrals come from the ABCB Council area and 44% NMDD Council area.

Of the 889 women for whom we received a referral 677 engaged in active support and 522 completed their support within the reporting period.

39 women engaging in floating support where pregnant.

Age profile of women using the service saw a slight change in that the numbers of women 16-30yrs has increased from 20% in 21-22 to 29% in 22-23. 14% of women were 50yrs+ and within this reporting period we worked with 3 women who came into the service aged 75 years plus.

32% of the women we supported stated they had a disability with 55 women having more than one disability.

45% of the women supported reported having mental health vulnerabilities while 18% reported physical health vulnerabilities. While 23% of women reported have more than one vulnerability.

Of the 677 women supported in 97% of cases the perpetrator of the abuse was male. With 70% being an intimate ex-partner or spouse, 21% being a current intimate partner or spouse.

29 women in this reporting period reported having more than one perpetrator at the time of support.

An additional 77 women were supported by a Domestic & Sexual Abuse Transition Support Worker.

Some of the feedback from women we supported in this reporting period includes:

- *"I got the support that I needed when I needed it".*
- *"When I first came to women's aid I did not know how I was going to stand on my own two feet. With their support I've my own house, survived Christmas thanks to the donations, got amazing support through the court system and now I'm the girl I was before my abusive relationship 8 years ago. I have never been happier".*
- *"Gave me the confidence to ask my husband to leave family home. I am embarking on a new future for myself and my children".*
- *"Very big, I don't know how I would cope without my key workers support and help".*
- *"I got a safe house & got all the help that my family needed. Because of WA I feel safe & stronger".*
- *"It has helped me take control with my life".*
- *"I find it difficult to open up to people/accept help but workers made this easy by their gentle manner".*

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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When we analysed the words women used, this is the word cloud;



When we asked women what suggestions they had for improving our service some of the responses included:

- *"Get back to very vulnerable ladies asap".*
- *"I didn't like using the front door at the very beginning, paranoid my ex partners family were watching. A side door or more discreet entrance away from the traffic looking in would be useful".*
- *"Less waiting time to be seen".*
- *"The rooms in the building are a bit bare. More welcoming colours or pictures on the wall".*
- *"I was unable to attend group sessions as they were during working hours, an evening session would work well".*
- *"Support for children? Maybe a crèche area for women who are attending sessions with key workers. I was lucky to have family support but others may not and when I first left the relationship I wouldn't leave my children".*

Some additional feedback provided included:

- *"I really have to say a massive thank you to my keyworker she has been amazing she has listened to me about all my woes and concerns advised me the best she can and has helped me in every way she possibly could. thank you".*
- *"Appreciated getting food, clothes and toiletries from Eleos".*
- *"I feel ready to face the future and know, if needed, I can call on Women's Aid for support".*

### Project Work

#### MARAC (Multi Agency Risk Assessment Conference)

Our staff attended 24 MARAC meetings across two jurisdictions Newry, Armagh and Dungannon and Craigavon and Banbridge which reviewed a total of 244 cases of domestic abuse. All of these cases need to be researched and reported on where applicable and this involves significant time and effort. From April 2022 – March 2023. In the same year WAAD made **38 referrals to MARAC** and received **21 referrals from MARAC**. Currently, WAAD like all Women's Aid groups in Northern Ireland receive no funding for this work even though it is essential that we participate in this process to ensure the voices of women, children and young people are at the centre of all discussion and actions. As part of this process WAAD was also involved in the Decision-Making Forums for 6 Domestic Violence and Abuse Disclosure Schemes (5 Power to tell and 1 Right to ask)

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# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### *FOR THE YEAR ENDED 31 MARCH 2023*

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#### **IRIS** (Identification and Referral to Improve Safety)

The Department of Health continued to fund the IRIS project across this year. This funding enables our IRIS advocate / educator (AE) to continue delivering specialist training to more GP surgeries across the NMD and ABC Council areas. Across the reporting period the IRIS AE received 79 who all engaged in the support service, with 31 of these women able to access longer term support within Women's Aid Armagh Down. Some feedback from the GP's trained includes:

*"I now feel I can confidently ask the right questions and use my clinical judgement to be able to identify DSVAs and appropriately deal with any disclosure"*

Outcomes for patients engaging in the IRIS service continue to be positive with 100% of patients stating they were "pleased to be asked about domestic abuse by their GP/Health Clinician". 100% "felt listened to by their AE" and "found the support helpful" while 100% of patients "felt safer" and 86% "felt more optimistic about their future" as a result of the IRIS support. While finally 86% of those engaged in IRIS "Visited their doctor less than before"

Patient feedback included:

- *"Amazing service. The IRIS AE was not only there for me emotionally but practically – Thank you!"*
- *"I wouldn't be where I am today without the IRIS AE's support"*

#### **DASS** (Domestic Abuse Safety & Support)

The DASS project also continues to be in place and at the end of 22-23 we were able to secure recurrent funding for this one post via the NHS 'at risk' register, which puts its security on par with other NHS staff. The year 2 evaluation of the DASS project showed its potential to continue to meet the needs of women in crisis at the point of need. With 114 women being offered the service and 78 agreeing to engage this shows the increase in confidence and ability of the hospital's front line staff to engage women in "courageous conversations" and offer the service. 406 medical and social care staff received DASS training in this year and feedback was resoundingly positive. Outcomes for women were also very positive with 100% of those surveyed stating they felt safer, understood and more confident to access longer term services. Women told us "she listened to me" "she helped me to recognise the abuse" "she made me feel believed".

In the 2nd year DASS also completed 51 DASH risk assessments and made 21 onwards referrals to MARAC. As well as 44 referrals directly into WAAD.

Just as this reporting period was closing DASS had launched its Out of Hours Trial with an on-call service to both hospitals with the support of the team at WAAD. The outcomes from this will be eagerly anticipated. In year four we have completed a business case with the DASS project team to seek secure permanent funding for two full time DASS staff to allow us to expand the service across both sites.

#### **PBNI** (Probation Board Northern Ireland - Promoting Positive Relationships Programme PPRP)

The regional funding stream between the PBNI and Women's Aid continued into its fourth year enabling our Partner Support Worker to provide vital specialised support for women whose current or previous partners are attending the Promoting Positive Relationship programme with the PBNI. WAAD received 11 referrals from the PBNI for our area and of those, 8 women took up support. These women had 28 children whom to date received no support work in regards to this programme.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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#### HOPE & RESILIENCE WELLBEING PROJECT

The Wellbeing programme aims to provide a holistic 'whole life' program to inspire, build women's confidence and courage, to support them in their journey of recovery and beyond based on the building blocks of well-being: positive emotion, engagement, relationships, meaning and accomplishment. Women are assisted and supported to connect with a process that inspires, motivates and supports them through their journey from disadvantage and health inequality to improved health and wellbeing, towards independence and economic success. Helping them find real Hope and Healing in their lives.

It is important for women to be:

1. Connected
2. Be Active
3. Be Safe
4. Be Hopeful
5. Be Empowered
6. Be Supported

The Hope & Resilience project continues to deliver a wide range of Health & Wellbeing, supporting a total of 398 women completing 3,267 1:1 support sessions. This includes 1:1 support for 76 women through level 1 and 73 women through level 2, with 26 Wellbeing programmes delivered, Wellbeing health mornings on topics which the women feel is important to them. We also provide Wellbeing programmes and activities to 26 women who live in WAAD refuge.

The women continue to say the Hope & Resilience project has given them a sense of identity and confidence which they had lost.

*"I forgot how strong I was mentally and physically – this has reminded me"*

It gives them connection with other women for support and their lack of isolation has decreased over the period.

*"I feel really good doing the Tai Chi – it helped me to connect better with like-minded people"*

The women have stated that it has given them a sense of purpose for life and for the future. The improvement in emotional wellbeing and mental health has continued to increase.

*"This has really helped with my mental health"*

The women find it very positive and useful that they learn self-care practices and tools to be able to use in times of heightened crisis or when they feel over-whelmed.

*"I loved the colouring very distracting and helpful with my anxiety"*

*It has empowered them to continue to heal on their personal journey.*

The Hope and Resilience project overarching aim is to keep the women well, and/or ensure that those who have been previously been unwell remain well. Undoubtedly, the woman's voice is the centre of the programmes offered.

The Hope and Resilience project provide various opportunities for women to establish links within the community. Programmes are often run in various locations as well as the resource centres such as community halls, libraries and leisure centres. In turn, this increases the women's ability to attend groups within the community. Indeed, one woman attended the Be Active programme in the leisure centre and has since joined the gym. The project seeks to strengthen each women's ability to develop their ability to engage in self-care practices to strengthen their overall health and wellbeing. Many women express that due to domestic abuse they have lost their voice but are so thankful that their 'voice is coming back.' Moreover, one woman expressed that she is 'getting more comfortable with self-care and realise the benefits. I now understand I deserve it.' Consequently, this will build each woman's ability to empower themselves as well as other women. Working in partnership with Statutory & voluntary organisations has proven very beneficial to the project and to the women on the ground. An example of this is the "Wool Crew".

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### *FOR THE YEAR ENDED 31 MARCH 2023*

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We are working in partnership with the Southern Trust Multi-Disciplinary team to deliver this on a weekly basis. The women knit or crochet. The benefits to the women have included – Connection, sense of purpose, supported and with the therapeutic benefits of knitting and crochet it has increased positive emotional and mental wellbeing. One of our older women who is part of the group had not knitted from 1983 due to the impact of domestic abuse and she has stated: "I hadn't knitted since 1983 my face just lit up. I got a great sense of achievement I didn't believe in myself before. In this period, we have seen the full impact of the Hope & Resilience project on a number of the women and the positives impacts for the future. Some of the positive impacts include women: Having the confidence to return to work: Who have joined a gym after taking part in the Be Active programme. Signed up to do a WRAP course after taking part in the Me & My Wellbeing programme in Refuge. Joined the local Library after the Mindful Colouring programme. Signed up for an IT course. Joined a parenting course. Volunteering with animal shelter. Joined classes within their own community.

Some additional feedback provided included:

- "I am not the same person anymore. More positive, even living in the hostel. I can see myself at Christmas with my 3 children, not unalive, now as a result of the support from WAAD & being involved with the Hope & Resilience project"
- "1:1's were lifesaving. I wouldn't be here other than for my support worker before Christmas! She helped me realise it is not my shame to carry."
- "very therapeutic & great conversation"
- "I feel more in control of my life now thanks"
- "I've learned about different food groups, what we need for great nutrition. It also helps my mental health ensuring I have a good balanced diet."

#### **Volunteering**

Women's Aid are delighted to enable women to volunteer in our organisation with over **2,610** volunteer hours provided during the year. If this is conservatively valued at £10.42 per hour the volunteer efforts amount to over **£27,196.20**. This does not include all the hours and efforts of our voluntary board directors who tirelessly continue to support and guide the charity in Good Governance and strategic development.

#### **Educating and Informing the Public**

On behalf of women, children and young people who have experience domestic abuse Women's Aid Armagh Down continue to advocate and lobby at local and regional level. The CEO and senior management team continue to work alongside the eight local groups and Women's Aid Federation NI to ensure regional, collective and responsive actions in campaigning, lobbying and policy development ensuring that the voices of women, children and young people are clearly heard and firmly on the agenda for all those decision makers who are in positions of power with the moral responsibility to listen and act putting safety and protection of women, children and young people centre front of all policies and strategies.

190 external agencies representatives received Domestic/Sexual Abuse awareness training from WAAD. 19 school teachers from across NMDDC and ABCBC participated in our Social Guardian training. This specialised training enables them to deliver our Helping Hands programme to children and young people in their schools and thereby ensuring a greater number of children and young people are educated and confident in reducing risk and increasing their personal safety.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### **Strategic Planning: Future Development**

As Women's Aid Armagh Down enters our fortieth year of operation, our strategy sets out our aims and priorities for the future. Throughout our history as an organisation we have faced challenges, time and again proving our ability to adapt and change while always putting our service users at the heart of what we do. The last few years have seen an unprecedented level of uncertainty - since our last strategy document was published we have seen the Covid pandemic, the cost of living crisis, collapses of Stormont, and Brexit. Throughout the turmoil, Women's Aid Armagh Down has focused on keeping women and children safe, educating our communities about domestic and sexual abuse, and helping service users feel empowered. Despite the many difficulties in the last few years, there has also been much to celebrate, and our work continues to change and improve lives across our community.

In setting the new strategy, we have been diligent about maintaining focus on our mission, vision, and values. These lie at the heart of our organisation, and it is our hope that this document makes clear how we will further these aims. Across all our services - crisis accommodation, advice and information, outreach support, education, and partnership working to name a few - we listen and respond to the needs of women and children. Our staff and volunteers are our greatest asset, and every single one of them is dedicated to furthering our aims through their contributions. This strategy recognises that. It offers clear measures of success which we look forward to reviewing continuously on an individual, team, and organisational basis. We are fortunate to maintain excellent relationships with our stakeholders, especially the Northern Ireland Housing Executive and the Southern Health and Social Care Trust and including the various funders that enable us to innovate and persist in growing and improving upon the services we deliver. They continue to support our work and help us develop services which make a meaningful difference to the lives of our service users. Throughout the lifetime of this strategy, we hope to develop these relationships further and increase the impact we can have.

There are many people to thank for the continued success of Women's Aid Armagh Down. Our funders, our staff and volunteers, and the local businesses and individuals who remain so generous.

But above all, we want to extend a special thanks to our service users. At the most difficult times in their lives, these women and children have trusted us to help and support them, and they work with us to rediscover their confidence, happiness, and freedom. We will listen to you, believe you, and are here for you. This strategy is in place to help us amplify your voices and deliver the services you need.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### **A Word from the Directors/Trustees**

Our Annual Report serves many functions. It is our legal statement of our financial position; our opportunity to thank our wonderful staff and volunteers; and our record of the work we have done with service users. It is also a way for us to share the experiences of some of the women and children with whom we work. In this document you will read about how Women's Aid Armagh Down delivers life-changing – and life-saving – services to our community. This essential work has been carried out again this year against a backdrop of extreme financial pressures caused by insufficient funding and the systemic, even if unconscious, devaluing of women's lives and women's work by our governments and society.

Despite the many achievements of the women who have gone before us, we know all too well how dangerous it still is to be a woman today. Too many women are hurt, and murdered, by men who told them they loved them. Too many children are growing up in homes that are not safe. Too much media and policy discussion is focused on trying to drive division between marginalised groups and not nearly enough on supporting efforts to hold toxic masculinity and patriarchy to account for the evil it causes. At Women's Aid we see the result of that every day. And every day our staff show up to work ready to comfort, support, and empower. Our staff and our service users deserve better than our government gives them.

The staff at Women's Aid Armagh Down are inspirational. While the work they do is often heroic, they are not superheroes. They are real women, who have families and pressures of their own, and yet they have chosen to do a job that is difficult, emotionally taxing, and underfunded. Their resilience and ability to work with vulnerable and traumatised people with sensitivity and intelligence is not a miracle; it is the result of huge amounts of training and development. They are expert, educated, professional women and without their efforts we would all be worse off. The details in this Annual Report prove how valuable the work of our women is, and we the Board, and the senior leadership team of Women's Aid Armagh Down, will continue to demand that their value is properly acknowledged by our government funders.

We are incredibly grateful to you, our local community, for your continued support and generosity. Our donated funds have helped us support more women as they learn to rebuild their lives after domestic abuse, and provide a safe haven for women and children fleeing dangerous homes. The many businesses and individuals across our two council areas who have given their money and time to our organisation are a reminder that we are not alone on our journey to a brighter future. Thank you for standing with us.

It is an honour to serve on our Board, and the women I work alongside are dedicated to our cause. I would like to thank them for their efforts over the last financial year, and we look forward to the year ahead as we work with our incredible Senior Management Team – Eileen Murphy, Gillian McAllister, Helen Cranney, Linda Roger and Mairead Hearty– to make more women and children feel safe, supported, and hopeful.



Niamh O'Maolain

Chair of Board of Directors.

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

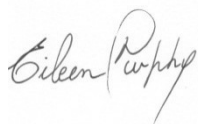
*FOR THE YEAR ENDED 31 MARCH 2023*

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### **How our Community Support Us Supporting Women, Children and Young People.**

In the winter of 22-23, the team at WAAD were truly delighted to be in the position to help 268 families manage the challenges of winter and Christmas, with an average value of £268 support packages be made available to those most in need. The cumulative total support value was £71,700 within a 2-month period. We could only achieve this due to the support our local community including individuals and a wide range of organisations including but not limited to NMDDC, Norbrook Laboratories, Cash for Kids, Caring Coins, Newry Chamber of Commerce Toy Mountain and numerous others.

As the Chief Executive of WAAD I would like to express my sincere gratitude for the ongoing and unwavering support we as a team receive from our local communities throughout the year. Without your support our work would be so much more challenging and at times nearly impossible. On behalf of the women children and young people and all at WAAD I extend our heartfelt appreciation to everyone who helps in any little way, your support is the beating heart of our community.



Eileen Murphy

Chief Executive Officer

# WOMEN'S AID ARMAGH DOWN LTD

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### **Structure, governance and management**

The charity is a company limited by guarantee and was set up on 29th April 1996. It is governed by a memorandum and articles of association.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

N O'Maolain  
S Henry  
M Larkin  
C Curran  
N Basketfield  
B McGuinness  
M Gollogly

The Directors of the company are also charity Trustees for the purpose of charity law and under the Company's Articles are known as members of the Board of Directors. Members of the Board of Directors are recruited through professional and personal recommendation and by advertisement. Voluntary Board Members receive a comprehensive induction to support them in fulfilling their role in relation to governance of the organisation. The Board meet on a monthly basis and are responsible for the strategic direction and policy of the charity. The day to day management and operations of the activities are carried out by a staff team lead by the Chief Executive Officer Eileen Murphy and a Senior Management Team – Gillian McAllister and Helen Cranney who report regularly to the Board. The Directors/Trustees are appointed according to the specific skills required by the organisation to fulfil its responsibilities. Under the requirements of the Memorandum and Articles of Association the Directors are elected to serve a period of three years, after which they must be re-elected at the following AGM. The Directors' liability is limited by guarantee. The Chair and Vice Chair are appointed from within the Board and can remain in office for three years.

### **Auditor**

FPM have expressed their willingness to continue in office.

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information

The Trustees report was approved by the Board of Trustees.

.....

**N O'Maolain**

Trustee

Dated: .....

# WOMEN'S AID ARMAGH DOWN LTD

## STATEMENT OF TRUSTEES RESPONSIBILITIES

*FOR THE YEAR ENDED 31 MARCH 2023*

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The Trustees, who are also the directors of Women's Aid Armagh Down Ltd for the purpose of company law, are responsible for preparing the Trustees Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# WOMEN'S AID ARMAGH DOWN LTD

## INDEPENDENT AUDITOR'S REPORT

### TO THE TRUSTEES OF WOMEN'S AID ARMAGH DOWN LTD

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#### **Opinion**

We have audited the financial statements of Women's Aid Armagh Down Ltd (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

# WOMEN'S AID ARMAGH DOWN LTD

## INDEPENDENT AUDITOR'S REPORT (CONTINUED)

### TO THE TRUSTEES OF WOMEN'S AID ARMAGH DOWN LTD

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#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

#### **Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# WOMEN'S AID ARMAGH DOWN LTD

## INDEPENDENT AUDITOR'S REPORT (CONTINUED)

### TO THE TRUSTEES OF WOMEN'S AID ARMAGH DOWN LTD

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#### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of Trustees**

As explained more fully in the statement of Trustees responsibilities, the Trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

# **WOMEN'S AID ARMAGH DOWN LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF WOMEN'S AID ARMAGH DOWN LTD**

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Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

We obtained an understanding of the legal and regulatory framework applicable to the company through enquiry of management, sector research and the application of cumulative audit knowledge. We identified the following principal laws and regulations relevant to the company – Companies Act 2006, Charities Act (Northern Ireland) 2008 and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

We developed an understanding of the key fraud risks to the entity (including how fraud might occur), the controls in place to help mitigate those risks, and the accounts, balances and disclosures within the financial statements which may be susceptible to management bias. Our understanding was obtained through review of the financial statements for significant accounting estimates, analysis of journal entries, walkthrough of the key controls cycles in place and enquiry of management.

Our procedures to respond to those risks identified included, but were not limited to:

- Enquiry of management, and the entity's solicitors around actual and potential litigation and claims.
- Enquiry of management to identify any instances of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

# **WOMEN'S AID ARMAGH DOWN LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF WOMEN'S AID ARMAGH DOWN LTD**

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A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

#### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Lowry Grant (Senior Statutory Auditor)**  
**for and on behalf of FPM Accountants Limited**

#### **Chartered Accountants**

##### **Statutory Auditors**

1 - 3 Arthur Street  
Belfast  
Co. Antrim  
Northern Ireland  
BT1 4GA

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# WOMEN'S AID ARMAGH DOWN LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

*FOR THE YEAR ENDED 31 MARCH 2023*

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	114,128	-	114,128	88,927	12,313	101,240
Charitable activities	4	304,376	857,386	1,161,762	229,894	755,234	985,128
Investments	5	835	-	835	160	-	160
<b>Total income</b>		<b>419,339</b>	<b>857,386</b>	<b>1,276,725</b>	<b>318,981</b>	<b>767,547</b>	<b>1,086,528</b>
<b>Expenditure on:</b>							
Raising funds	6	1,094	401	1,495	19	-	19
Charitable activities	7	276,139	776,388	1,052,527	295,882	719,312	1,015,194
Other	11	415	708	1,123	198	430	628
<b>Total resources expended</b>		<b>277,648</b>	<b>777,497</b>	<b>1,055,145</b>	<b>296,099</b>	<b>719,742</b>	<b>1,015,841</b>
<b>Net incoming resources before transfers</b>		<b>141,691</b>	<b>79,889</b>	<b>221,580</b>	<b>22,882</b>	<b>47,805</b>	<b>70,687</b>
Gross transfers between funds		45,226	(45,226)	-	-	-	-
<b>Net income for the year/ Net movement in funds</b>		<b>186,917</b>	<b>34,663</b>	<b>221,580</b>	<b>22,882</b>	<b>47,805</b>	<b>70,687</b>
Fund balances at 1 April 2022		583,765	103,809	687,574	560,883	56,004	616,887
<b>Fund balances at 31 March 2023</b>		<b>770,682</b>	<b>138,472</b>	<b>909,154</b>	<b>583,765</b>	<b>103,809</b>	<b>687,574</b>

# **WOMEN'S AID ARMAGH DOWN LTD**

## **STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT**

***FOR THE YEAR ENDED 31 MARCH 2023***

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The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# WOMEN'S AID ARMAGH DOWN LTD

## BALANCE SHEET

AS AT 31 MARCH 2023

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	Notes	2023		2022	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	12		242,420		275,528
<b>Current assets</b>					
Debtors	13	30,586		114,220	
Cash at bank and in hand		683,834		499,611	
		<u>714,420</u>		<u>613,831</u>	
<b>Creditors: amounts falling due within one year</b>	14	(47,686)		(201,785)	
Net current assets			666,734		412,046
<b>Total assets less current liabilities</b>			<u>909,154</u>		<u>687,574</u>
<b>Income funds</b>					
Restricted funds	15		138,472		103,809
<u>Unrestricted funds</u>					
Designated funds	16	-		9,997	
General unrestricted funds		770,682		573,768	
		<u>770,682</u>		<u>583,765</u>	
			<u>909,154</u>		<u>687,574</u>

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# WOMEN'S AID ARMAGH DOWN LTD

## BALANCE SHEET (CONTINUED)

*AS AT 31 MARCH 2023*

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023, although an audit has been carried out under section 65 of the Charities Act (Northern Ireland) 2008.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on .....

.....  
N O'Maolain

**Trustee**

**Company Registration No. NI030774**

# WOMEN'S AID ARMAGH DOWN LTD

## STATEMENT OF CASH FLOWS

*FOR THE YEAR ENDED 31 MARCH 2023*

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		2023		2022	
	Notes	£	£	£	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	20		186,280		154,356
<b>Investing activities</b>					
Purchase of tangible fixed assets		(2,893)		(52,356)	
Investment income received		835		160	
<b>Net cash used in investing activities</b>					
			(2,058)		(52,196)
<b>Net cash used in financing activities</b>					
			-		-
<b>Net increase in cash and cash equivalents</b>					
			184,222		102,160
Cash and cash equivalents at beginning of year			499,611		397,451
<b>Cash and cash equivalents at end of year</b>					
			683,834		499,611

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# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

##### Charity information

Women's Aid Armagh Down Ltd is a private company limited by guarantee incorporated in Northern Ireland. The registered office is 7 Downshire Place, Newry, Co. Down, BT34 1DZ, Northern Ireland.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

##### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	4% straight line
Leasehold improvements	4% straight line
Fixtures and fittings	20% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

(Continued)

##### ***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### ***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### **1.11 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	<b>Unrestricted funds</b>	Unrestricted funds	Restricted funds	Total
	<b>2023</b>	2022	2022	2022
	<b>£</b>	£	£	£
Donations and gifts	114,128	87,705	12,313	100,018
Job Retention Scheme	-	1,222	-	1,222
	<u>114,128</u>	<u>88,927</u>	<u>12,313</u>	<u>101,240</u>

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 4 Charitable activities

	Restricted Income	Unrestricted Income	Total 2023	Total 2022
	2023	2023		
	£	£	£	£
Sales within charitable activities	8,019	-	8,019	-
Performance related grants	857,386	178,191	1,035,577	925,677
Charitable rental income	-	94,389	94,389	43,859
Other income	-	23,777	23,777	15,592
	<u>865,405</u>	<u>296,357</u>	<u>1,161,762</u>	<u>985,128</u>
Analysis by fund				
Unrestricted funds	8,019	296,357	304,376	229,894
Restricted funds	857,386	-	857,386	755,234
	<u>865,405</u>	<u>296,357</u>	<u>1,161,762</u>	<u>985,128</u>
<b>For the year ended 31 March 2022</b>				
Unrestricted funds	-	229,894		229,894
Restricted funds	755,234	-		755,234
	<u>755,234</u>	<u>229,894</u>		<u>985,128</u>
<b>Performance related grants</b>				
Supporting People - Refuge support	235,223	-	235,223	218,865
Supporting People - Floating Support	352,828	-	352,828	328,292
Supporting People - PIF	-	-	-	123,530
Southern Health & Social Care Trust	-	96,053	96,053	92,329
SHSCT - DASS officer	27,060	2,000	29,060	-
Supporting People - Covid-19 Recovery	-	-	-	41,995
NIHE - Additional grant	-	-	-	24,008
PBNI	-	11,750	11,750	15,000
IRIS Project	-	39,887	39,887	41,302
Community foundation grant - Mental health	233,143	-	233,143	-
Other	9,132	28,501	37,633	40,356
	<u>857,386</u>	<u>178,191</u>	<u>1,035,577</u>	<u>925,677</u>

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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### 5 Investments

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2023</b>	2022
	<b>£</b>	£
Interest receivable	835	160
	<u>835</u>	<u>160</u>

The 2022 amount of £160 was treated as unrestricted income.

### 6 Raising funds

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total 2023</b>	<b>Total 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<u>Fundraising and publicity</u>				
Other fundraising costs	1,094	401	1,495	19
	<u>1,094</u>	<u>401</u>	<u>1,495</u>	<u>19</u>
	<u>1,094</u>	<u>401</u>	<u>1,495</u>	<u>19</u>

The 2022 amount of £19 was treated as unrestricted expenditure.

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 7 Charitable activities

	Restricted	Unrestricted	Total 2023	Total 2022
	£	£	£	£
Staff costs	597,153	175,469	772,622	706,144
Depreciation and impairment	17,602	18,398	36,000	35,376
Rent	27,699	16,773	44,472	42,833
Rates	-	-	-	808
Insurance	5,881	2,517	8,398	5,884
Light & heat	25,506	6,729	32,235	30,893
Cleaning	4,847	2,610	7,457	13,461
Repairs	10,285	12,558	22,843	7,974
Staff Training & Recruitment	5,294	66	5,360	10,180
ICT costs	11,887	620	12,507	16,843
Admin & printing	3,527	3,595	7,122	4,616
Fees & subscriptions	2,108	624	2,732	2,200
Support costs	3,643	19,069	22,712	5,441
Travel	4,081	2,010	6,091	4,889
Telephone	17,899	3,321	21,220	18,697
Grants to Service Users	-	-	-	40,007
Other charitable expenditure	31,779	7,857	39,636	50,173
	<u>769,191</u>	<u>272,216</u>	<u>1,041,407</u>	<u>996,419</u>
Share of governance costs (see note 8)	7,197	3,923	11,120	18,775
	<u>776,388</u>	<u>276,139</u>	<u>1,052,527</u>	<u>1,015,194</u>
<b>Analysis by fund</b>				
Unrestricted funds	-	276,139	276,139	
Restricted funds	776,388	-	776,388	
	<u>776,388</u>	<u>276,139</u>	<u>1,052,527</u>	
<b>For the year ended 31 March 2022</b>				
Unrestricted funds	-	295,882		295,882
Restricted funds	719,312	-		719,312
	<u>719,312</u>	<u>295,882</u>		<u>1,015,194</u>

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 8 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Audit fees	-	6,000	6,000	-	6,000	6,000
Legal and professional	-	5,120	5,120	-	12,775	12,775
	-	11,120	11,120	-	18,775	18,775
Analysed between Charitable activities	-	11,120	11,120	-	18,775	18,775

Governance costs includes payments to the auditors of £6,000 (2022- £6,000) for audit fees.

### 9 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 10 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Employees	38	36
<b>Employment costs</b>	<b>2023 £</b>	<b>2022 £</b>
Wages and salaries	695,296	642,515
Social security costs	61,491	49,578
Other pension costs	15,835	14,051
	772,622	706,144

The key management personnel of the charity comprises the Trustees and the senior management team. The employee benefits of the key management personnel were £158,916.

There were no employees whose annual remuneration was £60,000 or more.

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 11 Other

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
			£	£
Financing costs	415	708	1,123	628
	<u>415</u>	<u>708</u>	<u>1,123</u>	<u>628</u>

### 12 Tangible fixed assets

	Freehold land and buildings	Leasehold improvements	Fixtures and fittings	Total
	£	£	£	£
<b>Cost</b>				
At 1 April 2022	111,907	379,477	183,668	675,052
Additions	-	-	2,893	2,893
	<u>111,907</u>	<u>379,477</u>	<u>186,561</u>	<u>677,945</u>
At 31 March 2023	111,907	379,477	186,561	677,945
	<u>111,907</u>	<u>379,477</u>	<u>186,561</u>	<u>677,945</u>
<b>Depreciation and impairment</b>				
At 1 April 2022	100,718	188,841	109,966	399,525
Depreciation charged in the year	4,476	9,179	22,345	36,000
	<u>105,194</u>	<u>198,020</u>	<u>132,311</u>	<u>435,525</u>
At 31 March 2023	105,194	198,020	132,311	435,525
	<u>105,194</u>	<u>198,020</u>	<u>132,311</u>	<u>435,525</u>
<b>Carrying amount</b>				
At 31 March 2023	6,713	181,457	54,250	242,420
	<u>6,713</u>	<u>181,457</u>	<u>54,250</u>	<u>242,420</u>
At 31 March 2022	11,190	190,636	73,702	275,528
	<u>11,190</u>	<u>190,636</u>	<u>73,702</u>	<u>275,528</u>

### 13 Debtors

	2023	2022
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	23,922	24,606
Other debtors	5,186	88,261
Prepayments	1,478	1,353
	<u>30,586</u>	<u>114,220</u>

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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**14 Creditors: amounts falling due within one year**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Other taxation and social security	22,578	21,519
Trade creditors	10,806	31,101
Other creditors	8,302	142,851
Accruals	6,000	6,314
	<hr/>	<hr/>
	47,686	201,785
	<hr/> <hr/>	<hr/> <hr/>

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

#### 15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021		Movement in funds		Balance at 1 April 2022		Movement in funds		Transfers		Balance at 31 March 2023	
	£	£	Incoming resources	Resources expended	Incoming resources	Resources expended	Incoming resources	Resources expended	£	£	£	£
Supporting People Refuge	6,905		218,865	(198,415)	27,355	(209,120)	235,223	(209,120)	-	-	53,458	
Supporting People Floating	20,233		328,292	(348,499)	26	(342,468)	352,828	(342,468)	-	-	10,386	
Supporting People Covid	-		14,052	(11,436)	2,616	(799)	-	(799)	-	-	1,817	
Supporting People Staff Recognition	-		12,313	(12,313)	-	-	-	-	-	-	-	
Supporting People - Provider Innovation Fund	28,866		123,530	(119,879)	32,517	(894)	-	(894)	(28,866)		2,757	
Supporting People - Covid-19 recovery fund	-		41,995	(700)	41,295	(8,399)	-	(8,399)	-	-	32,896	
SHSCT - DASS	-		28,500	(28,500)	-	(27,060)	27,060	(27,060)	-	-	-	
ACNI	-		-	-	-	(1,755)	9,132	(1,755)	-	-	7,377	
Community foundation - Mental health	-		-	-	-	(187,002)	233,143	(187,002)	(16,360)		29,781	
	56,004		767,547	(719,742)	103,809	(777,497)	857,386	(777,497)	(45,226)		138,472	

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

#### 16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2021 £	Resources expended £	Balance at 1 April 2022 £	Resources expended 31 £	Balance at March 2023 £
Capital Grant fund	21,598	(11,601)	9,997	(9,997)	-
	<u>21,598</u>	<u>(11,601)</u>	<u>9,997</u>	<u>(9,997)</u>	<u>-</u>

#### 17 Analysis of Net Assets Between Funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	194,806	47,614	242,420	212,784	62,744	275,528
Current assets/(liabilities)	575,876	90,858	666,734	370,981	41,065	412,046
	<u>770,682</u>	<u>138,472</u>	<u>909,154</u>	<u>583,765</u>	<u>103,809</u>	<u>687,574</u>

#### 18 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	<u>40,429</u>	<u>40,429</u>

#### 19 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

# WOMEN'S AID ARMAGH DOWN LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

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20	Cash generated from operations	2023	2022
		£	£
	Surplus for the year	221,580	70,687
	Adjustments for:		
	Investment income recognised in statement of financial activities	(835)	(160)
	Depreciation and impairment of tangible fixed assets	36,000	35,376
	Movements in working capital:		
	Decrease/(increase) in debtors	83,634	(67,217)
	(Decrease)/increase in creditors	(154,099)	115,670
		<u>          </u>	<u>          </u>
	<b>Cash generated from operations</b>	<b>186,280</b>	<b>154,356</b>
		<u>          </u>	<u>          </u>
21	<b>Analysis of changes in net funds</b>		
	The charity had no debt during the year.		