

Head Injury Support Limited

(A company limited by guarantee, not having a share capital)

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2023

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the unaudited financial statements for the financial year ended 31 December 2023.

The financial statements are prepared in accordance with the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the directors of Head Injury Support Limited present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 December 2023.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2006 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Mission Statement

1. To provide opportunities for brain injury and stroke survivors and their carers and family members to socialise and establish friendships.
2. To assist brain injury and stroke survivors and their carers and family members to acquire new skills and past-times.
3. To provide brain injury and stroke survivors and their carers and family members with (i) information which will enhance their quality of life and (ii) emotional support.

Review of Activities, Achievements and Performance

2023 was a successful year in which we have continued to extend activities and social events to our growing number of members. We have further developed the 'Just for Me' programme providing much needed support for our carers. We have also continued our 'My Day My Way' project for survivors. This programme has provided an extensive range of activities and social outings which has attracted new members from the Newry area and beyond. The programme has also enabled us to extend our services to a larger number of people with the charity now supporting a number of stroke survivors and their carers.

In 2023 we continued with our fundraising and volunteering strategies. These strategies have been effective in enhancing fundraising activities and recruiting more volunteers throughout the year. The feedback around the services this year has been positive among both carers and survivors. Our social enterprise 'Creative Minds' has continued to grow and develop. We have continued to meet the objectives and performance indicators of our funders which allow us to remain in receipt of grants.

Financial Review

Our National Lottery Grant secured in January 2021, and totalling £440K, will end in December 2024. We have also continued to benefit from the funding granted for 2022 and 2023 by the Community Foundation which has funded our carers programme "Just for Me". Other smaller grants were also secured including £7K in respect of a very successful gardening project.

Further grant applications will be made during 2024, particularly in relation to digitalising and improving the sustainability of our social enterprise.

Financial Results

At the end of the financial year the company has assets of £175,218 (2022 - £170,097) and liabilities of £2,979 (2022 - £2,000). The net assets of the company have increased by £4,142.

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Directors

The directors who served throughout the financial year, except as noted, were as follows:

Hannah Downey
Pat O'Neill
Ann Cobban
Carole Murphy

Compliance with Sector-Wide Legislation and Standards

The company engages pro-actively with legislation, standards and codes which are developed for the sector. Head Injury Support Limited subscribes to and is compliant with the following:

- The Companies Act 2006
- The Charities SORP (FRS 102)

Plans for future

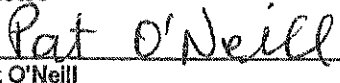
In the next year, Head Injury Support Newry Limited plans:

- To remain proactive, focused and planned in our approach to fundraising.
- To increase the amount of social, crafting and recreational activities that we offer along with the variety.
- Review and apply for funding opportunities
- To welcome new members and expand the number of family carers into our family of carers
- To introduce and execute a new carers programme
- To continue to develop our Social Enterprise in the Newry hub
- To continue to develop new strategic initiatives including our volunteering strategy.

Approved by the Board of Directors on 8 October 2024 and signed on its behalf by:


Carole Murphy

Trustee


Pat O'Neill

Trustee