

TWISTERS GYMNASTICS LTD
(A company limited by guarantee)

Contents

	Page
Legal and administrative information	1
Trustees' report	2 - 4
Independent examiners' report	5
Statement of financial activities	6
Balance sheet	7 - 8
Notes to the financial statements	9 - 14

TWISTERS GYMNASTICS LTD
(A company limited by guarantee)

Legal and administrative information

Charity number 105728

Company registration number NI609639

Business address 11K Pennyburn Industrial Park
Pennyburn Industrial Estate
Derry
BT48 0LU

Registered office 11k Pennyburn Business Park
Pennyburn Industrial Estate
Derry
BT48 0LU

Trustees	Paula Pyke	Chairperson
	Karen McCole	Appointed 09/06/2023
	Elissa Newton	Appointed 09/06/2023
	Nina Rowe	Company Secretary
	Danny Fisher	Treasurer

Accountants Paul Green Accountancy and Taxation Limited
PO Box 167, Unit 1B Ground Floor,
The Glassworks, Skeoge Business Park ,
11 Beraghmore Road,
Derry
BT48 8SE

Bankers First Trust Bank
Meadowbank
Strand Road
Derry
BT48 7TN

TWISTERS GYMNASTICS LTD

(A company limited by guarantee)

Report of the trustees (incorporating the directors' report) for the year ended 31 March 2023

The trustees present their report and the financial statements for the year ended 31 March 2023. The trustees, who are also directors of TWISTERS GYMNASTICS LTD for the purposes of company law and who served during the year and up to the date of this report are set out on page 1. This report constitutes the Directors' Report required under the Companies Act 2006. The Directors have adopted the provisions of the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1 January 2015 -(Charities SORP(FRS102)) ,in preparing the annual report and financial statements of the company.

Governing Document

Twisters Gymnastics Ltd is a private company limited by guarantee not having a share capital. The company was established under a memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. It was incorporated on 25 October 2011.

Methods adopted for the appointment and recruitment of new trustees

The directors of the company are also the charity trustees for the purpose of charity law and under the company's articles are known as members of the management Committee. People can make an application to the committee to become a director in the company. Every application for admission shall be considered by the directors at the first meeting after it was made, or as soon thereafter as is practicable. There shall be no discrimination between persons by reference to politics, religion, race, sex, age, physical or mental disability.

Reserves Policy

Twisters Gymnastics does not have a reserve policy at present. The board of management intend to review this policy in the coming year.

Objectives and activities

Charitable objectives

The principal activity of the company is the advancement of the Olympic sport of Gymnastics through the promotion of community participation in healthy recreation, utilizing all manner of gymnastic equipment provided by the company for the benefit of the participants within the area of benefit.

Twisters Gymnastics Limited has been established now for 11 years and we are situated in Unit 11k in Pennyburn Industrial Estate, Derry. We are open from 3.30pm to 8pm (Tue to Friday) & 9am to 2pm on Saturday. We run 6 different classes that cater for the following groups:

1. Parent & Baby - 0-3yrs
2. Preschool - 3-4yrs
3. Junior - 5-6yrs
4. Minor - 7-9yrs
5. Senior 10yrs+
6. Adults 16+

For groups 2-6 we cater for both recreational and developments/competitive levels

We also deliver as follows:

- A. Coach Education Programme (Regular in-house mentoring programme with high qualified coaches mentoring the younger coaches & volunteers, as well as employing high performance coaches for everyone i.e. staff, volunteers, parents & the gymnasts themselves.
- B. Exchange Programmes - Over the years we have developed links with clubs from Italy, Switzerland, Wales, London, Manchester & Canada.
- C. Hosting Families for the Maiden City Cup Competition & Hosting abroad for international competitions
- D. Volunteer Programme - Educate volunteers to Coaching Level 1 & 2, Award Scheme Coach programme and Volunteer Now