

Trustee's Annual Report

The trustees present their Trustee's Annual Report prepared in accordance with charities SORP (effective January 2019) and the independent examined statements for the year ended 31 March 2023.

Structure, Governance and Management

Trendsetters (Age Concern) Irvinestown is governed by its constitution that was adopted on 29 June 2016. Trendsetters (Age Concern) Irvinestown is a charity registered in Northern Ireland (No. 105533).

The trustees at the date of this report and those who served during the financial year are listed below, together with the dates of any changes.

Charity trustees for the year ended 31 March 2023 and appointed since the year-end

Mrs Martha Balfour (Chairperson)
Mr Seamus Doris (Vice-chairperson)
Mrs Joan Thompson (Hon. Secretary)
Mrs Maureen Swift (Assistant Secretary)
Miss Anna Beacom (Hon. Treasurer)
Ms Marjorie Aitken (Assistant Treasurer)
Dr Margaret Elliott (retired 3 February 2023)
Mrs Ruby Allen
Ms Lenni Reid
Ms Mary Donnelly
Ms Margaret Maguire
Mrs Eileen Turner
Mrs Ann Shaw
Ms Sharon Duncan

Principal Address

23 Salloon Road
Salloon
Ballinamallard
Co. Fermanagh
BT94 2WT

Objectives and Activities

Charitable Objectives

The group is established to promote the welfare of the aged in a manner deemed by law to be charitable and will seek to advance education and to promote the preservation and protection of health among people aged 55 or over in Irvinestown and the surrounding area and in particular:

- (a) To organise such specific services and activities for the well-being of older people as are desirable.
- (b) To serve as a centre for information for those interested in the welfare of older people and to provide networking opportunities.
- (c) To focus attention on the needs of and services available for older people by promoting or helping promote research, conferences, exhibitions, lectures, and training courses.
- (d) To bring together representation of local voluntary agencies, statutory bodies, and individuals in furtherance of the above.

Public Benefit Statement

Our members are engaged in the local community on a weekly basis through the club. This gives them a chance to improve their skills, physical and mental. Their health and wellbeing are improved by being a member of this group and taking part in our activities. The awareness of local community issues is enhanced, and they have been given a voice locally.

The above benefits can be demonstrated by the ongoing regular high attendance at the club. If the club was not benefitting older people, then they wouldn't come. We are well respected in our local community, and we are often consulted by statutory agencies when they are planning policies etc.

We are actively involved with Age NI, Age Sector Platform and South West Age Partnership in developing services for older people and our opinions are sought on a regular basis from these regional bodies.

The direct benefits which flow from this purpose include increasing older people's access to education and training opportunities; older people will gain skills and knowledge through our training and education programme. These benefits are evidenced by the programmes we run for our members including iPad Training; mobile phone training; craft classes; health quizzes and motor skills development. These are all activities which will help our members in this technological age.

We consult with statutory providers and other community organisations to develop our own health promotion programmes. This is developed solely with our members in mind. This addresses physical, mental, and emotional health in a non-threatening environment. The direct benefits to flow from this include improved physical, mental and emotional health; living longer and participation in local society; an increased awareness and improved health

for an individual older person. These benefits are evidenced by the activity programmes we organise.

We conduct regular evaluations of our activities with our members. We also work closely with the local Health Trust in the promotion of health and promote new programmes, such as Falls Prevention, many of our members have completed this training, we also have developed a walking group and have trained walk leaders to assist with this. No harm arises from any of the purposes. The beneficiaries are older people aged fifty-five or over in the Irvinestown area. There is no private benefit.

Summary of Main Activities

As a group, we run activity programmes, health programmes and information sessions for any person over the age of fifty-five in the Irvinestown area. Examples of activities include mobile phone training; craft classes; health quizzes, motor skills development, iPad training, walking groups.

We work with other bodies such as statutory bodies, community organisations and the local Health Trusts to promote the interests of older persons in the area and function as a voice for older persons.

Key activities in this year

Financial review

During the year ended 31 March 2023 activities returned to pre-pandemic levels, due the lifting of COVID 19 restrictions.

Regular meetings were held throughout the year and the committee met on a regular basis to discuss business matters. Meals were able to resume at the Bawnacre in Irvinestown.

During the year several successful trips and events were organised by the committee, including:

- walk at Blessingbourne Estate
- trip to Coleman's Garden Centre, Templepatrick
- an afternoon tea party to celebrate the Platinum Jubilee
- trip to Tropical World, Letterkenny
- Halloween party
- Christmas dinner in Mahon's Hotel
- Ardhowen theatre trip

During the year the association successfully applied for and received funding of £850 from the St. Anne's Cathedral sitout which was used towards entertainment and meals for members.

Income has increased this year to £6,860 (2022 - £3,837). As activities increased during the year, further funds were received from members towards outings, entertainment and lunches. Expenditure has also increased to £9,097 (2022 - £4,960). However, expenditure had been depressed in the prior couple of years because of the COVID-19 pandemic.

The group maintains a strong reserve and the trustees continue to manage the resources of the organisation in an efficient and sustainable manner. The trustees do not foresee any issues with the group continuing in the foreseeable future.

Reserves policy

Trendsetters (Age Concern) Irvinestown have a reserves policy, which requires that reserves are built or maintained at a level which ensures that the organisation's core activities could continue during a period of unforeseen difficulties and that the organisation's known liabilities will be paid should the organisation cease to operate.

Future plans

Trendsetters (Age Concern) Irvinestown plan to continue to focus on controlling costs, while maintaining high standards of service to our beneficiaries.

Statement of trustees' responsibilities

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with all appropriate regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant information (information needed by the charity's independent examiner in connection with preparing the independent examiner's report) of which the charity's independent examiner is unaware, and
- the trustees have taken all the steps that they ought to have taken to make themselves aware of any relevant independent examiner information and to establish that the charity's independent examiner is aware of that information.

Approved and adopted on behalf of the trustees:



Name: ELIZABETH JOAN THOMPSON

Position: SECRETARY

Date: 28/6/23