

# **FIBROMYALGIA SUPPORT N. IRELAND**

## **TRUSTEES REPORT 2023**

**Charity Number 105015**

**Charity Address**

**Beresford Business Centre**

**2 Beresford Road**

**Coleraine**

**Co. L/ Derry**

**BT52 1HE**

**Telephone 0756 381 6076**

### **Names Of Trustees**

**Ms Margaret Peacock**

**Ms Debbie Davis**

**Ms Liz Baird**

**Mrs Jill Witherow**

**Ms Majella Farmer**

**Mrs Denise McDowell**

**Fibromyalgia Support N. Ireland has an office in Beresford Business Centre, 2 Beresford Road, Coleraine, BT52 1HE. We provide support and via the telephone and emails. Information can be requested sufferers who wish to have direct help, assistance can be made via an appointment to come into the office.**

**We provide membership at £12.00 yearly. Full details can be found on our website.**

### **Activities And Objectives In The Year**

**Trustees meet regularly to discuss the running of the charity. We discuss the amount of information being sent to sufferers and if this needs to be updated.**

**We organise Awareness Days and Information Evenings throughout the year, with various speakers talking to the public.**

## **Achievements And Performance**

**Throughout the year Fibromyalgia Support N. Ireland works hard to make the public and Medical Profession aware of this chronic condition. WE attend various events, giving talks and handing out information.**

**Since opening our new office in Coleraine, we have been able to help so many sufferers on an appointment basis. More information was posted and handed out.**

**Our aim to hold a Medical Conference in late 2023.**

## **Public Benefit**

**Fibromyalgia Support N. Ireland enables those who have FMS better manage their condition themselves. They support each other in the management of the illness. This encourages well-being for the sufferer and helps them live a fuller life, whilst managing their condition.**

**We see this clearly through the feedback we receive from sufferers, carers, and medical professionals who refer patients to us.**