

7/31/2023

**Glow-Giving Life Opportunities To Women  
Report of the Trustees'  
For The Year Ended 30 September 2022**

**Report of the Trustees**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**Objectives and Activities**

Glow has been established to promote personal development, positive mental health and physical activities for the benefit of individuals and families from North and West Belfast and its surrounding environment in County Antrim without distinction of age, gender, marital status, disability, sexual orientation, nationality, ethnic identity, political or religious opinion by associating statutory authorities, community and voluntary organisations and the inhabitants in a common effort to advance health and well-being within the area in particular.

To advance the well-being of beneficiaries by the provision of a safe environment and an awareness of personal, mental, and physical well-being.

**Reserves Policy**

Our target minimum Operating Reserve Fund is equal to three months of average operating costs to ensure the financial stability and continued provision of ongoing operations and programmes. The Operating Reserve serves a dynamic role and will be reviewed and adjusted in response to internal and external changes. The Operating Reserve Fund will be funded with surplus unrestricted operating funds. Restricted reserves will be used as specified in the funders contract.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

NI633767 (Northern Ireland)

**Registered Charity number**

104660

**Registered office**

City Life Centre  
143 Northumberland Street  
Belfast  
Co. Antrim  
BT13 2JF

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**Trustees**

Eleanor McGuckin (Chair) Appointed 03.06.20  
Jane McCarthy (Secretary) Appointed 14.10.19  
Paula McCann (Treasurer) Appointed 30.10.20  
Oonagh Desire Appointed 04.08.20  
Renee O'Cleary Appointed 04.08.20  
Michele Tennyson Appointed 04.08.20  
Lisa Montgomery Appointed 01.02.19

**Company Secretary**

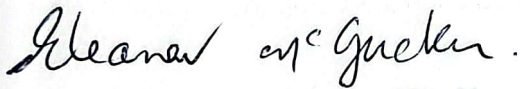
Jane McCartney

**REFERENCE AND ADMINISTRATIVE DETAILS**

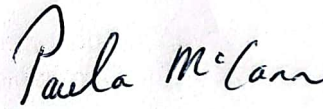
**Independent Examiner**

DJB Accounting Ltd  
34 Knockmoyle Drive  
Antrim  
Co. Antrim  
BT41 1HE

Approved by order of the board of trustees on **28th April 2023** and signed on its behalf by:



Eleanor McGuckin - Trustee (Chair)



Paula McCann - Trustee (Treasurer)

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**Overall Highlights**

The financial year 21/22 has seen an increase overall within the organisation.

Business continues to grow with an increase of unrestricted income and restricted grants. We will continue to focus this financial year on increasing the unrestricted income by developing an Income Generation Strategy and growing our connections with other organisations.

Demand for our services inside and outside of our catchment area continues to grow. Referrals come from statutory bodies and directly from families looking for support for their child.

With our proven success and waiting lists for our programmes, our board and staff have reached out to other communities within and outside the greater Belfast area. We wanted to understand how we could scale and grow our services to support more women and girls. Our ambition now is to deliver our successful programmes to communities within and outside the greater Belfast area.

Chara Clarke  
CEO

