

Pennyburn Youth Club Trustee's Annual Report (ARR08)



April 2022 to March 2023

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Chair's welcome

As chair of the committee, I am overwhelmed by the amount of work that goes on in Pennyburn Youth Club daily. As past member I know the value of growing up in a youth club and having people there to support and nurture our young people. Annemarie and her team go over and beyond to bring the best out in our members. The skills and qualities they have are well noted by us as a management team and by local schools who acquire their services on a weekly basis.

Leader in charge Welcome

Pennyburn youth club continued to thrive in 2022/23. We delivered outstanding programmes for our members and received outstanding in our Moderations from EA. We take pride in everything that we do as a team. We are a team who are committed to working with young people and to help bring out the best in all our members. As great as this year was, I am disappointed to have lost funding and lost staff for our youth club. Our club has and hopefully will continue to have an excellent reputation with parents and grandparents now bringing their young people to the club they grew up in. I am thankful to have such a strong team of staff, volunteers, and committee members around me to support me as we during into the unknown as far as funding is concerned. We will try our best to deliver as good a programme as before. Thanks to all our parents who support us so well and for allowing us to be part of your children's life.

Background to our charity

Background to our charity Pennyburn Youth Club was set up in 1966 in a local primary school for young people living in the Pennyburn Area. After the club was established and proved popular and successful a purpose-built building was built in 1975 on the main Derry to Donegal route. Pennyburn Youth Club has always been described by service users a home from home. A friendly staff team who has every child's need at heart. The Youth Club when originally built had four full time staff members however, today it has only one full time staff member and six part time staff members inclusive of a cleaner, caretaker, and secretary. The youth club offers a programme of education, leisure, and creativity. Over the past fiftyfour years the club has helped in the development of teachers, youth workers, footballers, hairdressers, classroom assistants, radio presenters and much more talented group of members. The club's programme has moved from not only youth club based to school based.

The club has strong links with Ardnashee School, and college formally known as Foyle view School and Belmont House schools for over twenty-five years. This strong partnership allows young people from the school to attend daytime programmes at the youth club. This in turn allows them to socialise in a safe environment and once established most of them have enjoyed participating in the life of our youth club. with programmes within the schools and the youth club. One of the biggest developments was the introduction of an inclusive youth club night. The club received financial assistance from EA as part of their inclusion programme to develop and deliver a more inclusive programme to include residential and activities away from the normal environments of school, home and youth club which evidence shows within this report.

Our current membership is broken down into juniors, intermediates, seniors, and inclusion members. We pride our self in having an excellent staff team who support each other and all our young people. We have had the great opportunity of receiving a pathways student in January 2020. We welcome Rachael Mullan back again as part of our staff team. Rachael joined our team as a volunteer and worked her way up to a paid worker participating in the Youth Support Worker qualification. Rachael is now Funded by the EA on the programme as a full-time worker which is a great asset to the youth club and is currently studying for her Degree in Youth and Community at the Jordanstown campus of the University of Ulster

Our purpose

The purpose of Pennyburn Youth Club is to encourage young people to participate in a wide range of activities appropriate to their age and stage of development. To assist young people in their personal and social development to encourage growth in self-esteem and confidence and help young people to learn from their experiences and cope with positive and critical feedback. To help young people to participate in the life of the unit, to express their views and play an active part in their planning and management of their own activities. To help young people to gain a greater understanding and respect for their own traditions and those of others by engaging in programmes that reflect the principles of equality, diversity and inter dependence. To assist young people to become aware of their rights and responsibilities as active citizens. To promote the welfare and safety of young people always.

All the above is evidenced in our daily work with young people. We are committed to meeting all the needs of the young people we work with and those who come across our path from other agencies. Our youth club provides opportunities for youth development, youth voice and reflection through a variety of programme from life skills to committee training. All our youth programmes recruit young people on these programmes some of which take on leadership opportunities, participate in activities that improve the community, and are trained and mentored to work alongside other staff members.

This purpose include has increased our links within the community and allowed for residents to participate in voluntary opportunities. our activities also give opportunities for young people to engage within the arts, community development, inclusion Good relations, citizenship, training, education, volunteering, social events, and residential activities. These activities and participate in the life of the youth club have and will continue to increase the social skills and development of young people, improve mental and physical health.

Key Priorities

Our recent members survey has shown the need for work in following areas. CRED has been the highlight of work we have undertaken over the past few years and thanks to funding available from TBUC and OFDFM we have developed an excellent partnership with the Cathedral Youth club. I feel it is essential to continue CRED programmes within our youth club and this year we plan to develop this further by having more workshops around each other's beliefs around our faith and not what is causing the divide in terms of Marches etc. The recent surveys and discussions with members has shown the lack of knowledge about each other in terms of religion itself. Members who participated in programmes last year have shown an interest in developing the link further to try to understand their differences. Members have also shown interest in developing a way in which we can embrace diversity within our own youth clubs. We plan to deliver an OCN programme in CRED to our members as a means of meeting the need and challenges that the young people have shown interest in developing.

Personal Development Programmes will be developed and delivered to meet the needs of all ability levels within the youth club. With Body Image, high on the area of needs this year we plan to run a programme with the help of our in-house qualified Beauty Therapist. This programme will use a Personal Awareness programme to look at importance of having a positive body image through both practical teaching in our hair and beauty room as well as group work. We will also use this programme to develop a peer mentoring programme which will increase the young people's sense of belonging which will in turn develop our volunteer programme as well as enhance the skills of our members who show interest in this area as a career path. We will continue to run and develop our inclusive youth work programme and empower all young people to participate in some form of group work.

These programmes will allow our young people to enhance the lack of self-esteem and give them a sense of belonging. Open Awards paperwork will be used as a means of mythology to deliver a programme to the young people to help them overcome their differences and assist them in decision making skills which will in turn allow them to become more relaxed within the youth club setting. It is our priority to raise standards for both our staff and young people over the coming year. Our school-based youth work programme will create a greater awareness for self as well as helping with decision making skills. We will do this by ensuring that the plans we make within this agreement are carried out in line with the department of education Priority.

Our current policies are outlined below and will be reviewed within the year.

Policy	Currently Implemented	Planned
Safeguarding (includes Child Protection; CSE/eSafety)	yes	We plan to review these next year 2025
Health & Safety	yes	
Equal Opportunities	yes	
Staff Development	yes	
Absence Management	yes	
Use of Internet	yes	
Special Needs Policy	yes	
Policy on Confidentiality	yes	
Anti-Bullying Policy	yes	
Substance Misuse, Drugs and Alcohol Policy	yes	
Recruitment and Selection Policy	yes	
Access NI Policy & Procedures	yes	
<i>Vulnerable adults policy</i>	yes	

Area for Action	Output	Outcome	Age Group	Evaluation
Health and Wellbeing	Drugs & Alcohol Programme	Improved Health and Well Being	9 to 13	Excellent programme young people learn from each other our staff team and the ASCRET staff
Health and Wellbeing	Drugs & Alcohol Programme	Improved Health and Well Being	14 to 18	Excellent programme joint programme with young people learns from each other our staff team, PSNI and the ASCRET staff who provided resources.
Health and Wellbeing	Positive relationship programme	Improved Relationships with Others	9 to 13	excellent programme with members engaging with each other, learning to make new friends and learning about respecting themselves, others and family.
Health and Wellbeing	Positive relationship programme	Improved Relationships with Others	14 to 18	a very good programme which took place over a three-day residential. The residential included outdoor pursuits with trained staff and helped young people engage with each other, develop relationships with staff and learn to be more positive around peers, teachers, and carers.
Health and Wellbeing	Positive Mental Health programme	Enhanced Personal Capabilities	9 to 13	This programme seen young people from mixed ability groups engage with each other and share experiences of loneliness. The event went very well with young people participating in relaxation and work sheets on the topic.
Health and Wellbeing	Positive Mental Health programme	Enhanced Personal Capabilities	14 to 18	this was one of the most impacting programmes with all genders participating in workshops and an end mental health event. This really helped members share their experiences and help each other.
Health and Wellbeing	Positive physical health	Enhanced Personal Capabilities	9 to 13	excellent event which seen members engaging in games in the hall, 5km walks with other youth clubs across the city.
Health and Wellbeing	Positive physical health	Enhanced Personal Capabilities	14 to 18	members of this age group participated by playing games like football, badminton, basketball, races, hot seat and much more. In addition to a 6-week circuit training course.
Health and Wellbeing	Gender Speicfic programme	Improved Relationships with Others	9 to 13	great programme that the young people co-designed. Most of the programme was rolled out as one as the young people wanted it that way unless it was specific to individual gender.

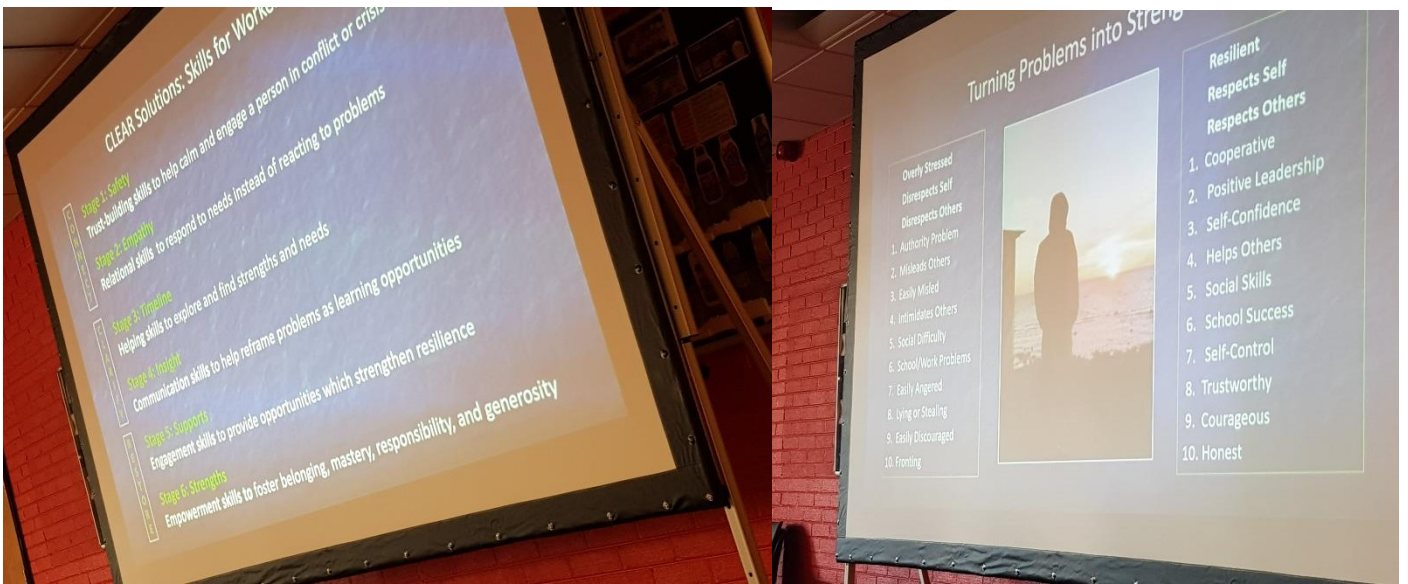
Area for Action	Output	Outcome	Age Group	Evaluation
Health and Wellbeing	Gender Specific programme	Improved Relationships with Others	14 to 18	this programme was split into two groups Male and Female with non-gender members making their own choice of which group to participate in. the programme consisted of cooking, haircare, facials, arts and crafts and discussion.
Health and Wellbeing	Antibullying	Improved Relationships with Others	9 to 13	this programme was rolled out over several weeks with young people making a noticeboard as a result. Young people also participated in roleplays of different types of bullying and the consequences.
Health and Wellbeing	Antibullying	Improved Relationships with Others	14 to 18	some of the senior members buddied up with other members to ensure they understood. The senior members really enjoyed this and said sometimes they feel that their age group is let down because they are just told to grow up etc. This group wrote up various scenarios on flip charts and then worked as individuals to help solve the issue on the flipcharts.
Health and Wellbeing	Sexual Health Education	Improved Health and Well Being	9 to 13	this was rolled out using the PANTS programme which the young people found funny to begin with. however, after watching the video to support the programme, they felt that it was important to know, and it was important also that they know who to talk to.
Health and Wellbeing	Sexual Health Education	Improved Health and Well Being	14 to 18	we got an outside agency in to roll out this programme for our teenage girls because we felt under equipped to deliver to this age group. Members were able to have their own workbooks to take home so they had a clear understanding.
Learning and achieving	Prizegiving	Enhanced Personal Capabilities	14 to 18	excellent event to celebrate the success of all our members and highlight how brilliant they all are.
Learning and Achieving	OCN NI Entry Level 3 in Vocational Skills (teamwork skills in practice)	Active Citizenship	14 to 18	the first of the six OCN's we delivered as part of our targets. This OCN allowed young people to learn while putting their skills into practice.
Learning and Achieving	OCN NI Entry Level 3 in Vocational Skills (increasing Personal Fitness)	Improved Relationships with Others	14 to 18	we felt that we needed to increase the health and wellbeing of our members, so we increased their personal fitness, and they gained a qualification.

Area for Action	Output	Outcome	Age Group	Evaluation
Learning and Achieving	OCN NI Entry Level 3 in Vocational Skills (Makeup application process)	Active Citizenship	14 to 18	this was a great course we got one of our parents who was a beautician to come in and deliver the programme both practical and academic.
Learning and Achieving	OCN LEVEL 2 IN Volunteering	Improved Relationships with Others	14 to 18	this programme led to all the young people giving up their summer to help facilitate a summer programme for younger members of the club.
Learning and Achieving	OCN level 2 award in youth leadership	Active Citizenship	14 to 18	ten young people have completed this course and gained a level 2 award in youth work. Some have gone on to do similar the tech and one is this year considering it as a university qualification.
Learning and Achieving	OCN entry 3 award • Interpersonal Skills for the individual	Improved Relationships with Others	14 to 18	interpersonal skills were excellent with members supporting, engaging and showing empathy the way through the programme all courses are now accredited and certificates for all 120 OCN that our young people completed are now here and ready for the end of year prizegiving on the 27 th March 2024
Learning and Achieving	Cultural Awareness	Improved Relationships with Others	9 to 13	members did a tour of the Derry walls most had never been up the walls before and thought it was so exciting. Members learnt about the protestant community in the Fountain area of the city with some of the older members sharing experiences on the TBUC programmes together.
Learning and Achieving	Cultural Awareness	Improved Relationships with Others	14 to 18	members looked at single identity work within the youth club with members sharing different types of food from other cultures. Open discussions took part which also involved newcomers to our city and their schools.
Learning and Achieving	Disability Awareness	Improved Relationships with Others	9 to 13	we carried out and Ato Z of disability to see young people's awareness of the various disabilities they know. Some of the members had visual disabilities some didn't. open engagement took place around feelings and emotions.
Learning and achieving	Disability Awareness	Improved Relationships with Others	14 to 18	This programme has helped our members understand those in our society who are different by participating with as part of a buddy programme

Area for Action	Output	Outcome	Age Group	Evaluation
Learning and Achieving	Inclusion Programme	Improved Relationships with Others	9 to 13	our inclusion programme is an awareness programme to ensure that everyone is treated the same at our club. We do not run a separate club for people with disabilities. Our members are open to everyone, and our young people are great mixers.
Learning and Achieving	Inclusion Programme	Improved Relationships with Others	14 to 18	our senior inclusion programme also has members who were 50 this year and who are long term members of the youth club. Our club programme is open to everyone regardless of their ability level. Members attend any night they want by most attend Tuesday and Thursdays.
Learning and Achieving	LGBT+ Awareness	Improved Relationships with Others	9 to 13	this was more an awareness programme regarding LGBT and was carried out looking at respect and tolerance. Members have a good understanding, but name became an issue. Open discussions around feelings & emotions helped develop a better understanding & more respect.
Learning and Achieving	LGBT+ Awareness	Improved Relationships with Others	14 to 18	a PowerPoint presentation was co-designed by several members from the LGBT+ community and staff and a local teacher. The PowerPoint was delivered by staff to the staff team first and then the members who helped co-design it delivered it to their peers in the youth club.
Good Relations	Single Identity	Improved Relationships with Others	9 to 13	single identity was carried out as a means of teaching our members to respect everyone.
Learning and Achieving	Single Identity	Improved Relationships with Others	14 to 18	roleplays, scenarios, & work booklet were carried out to create an open discussion and to develop positive relationships to help move our club forward to reengage with another organisation.
Good Relations	Good Relations Creative Arts programme	Improved Relationships with Others	9 to 13	good relation poster was designed by members with a notice board set up to give young people in this age group a good understanding
Good Relations	Good Relations Creative Arts programme	Improved Relationships with Others	14 to 18	members designed a banner to highlight the importance of keeping their play area free of litter and promoting good relations. worked well with community relations improved with neighbours who were appalled at people using the children play areas as a dumping ground.

Living in Safety and Stability	Internet Safety	Active Citizenship	9 to 13	young people learnt about the positive and negative aspects of using the internet. Young people learnt the importance of having a support circle and stranger danger online.
Living in Safety and Stability	Internet Safety	Active Citizenship	14 to 18	members learnt the various age groups of internet groups, games, and general online things. The PSNI came and spoke to them about the law, sexting, cyber bullying, and scammers. A great programme.
Living in Safety and Stability	Lawfulness Education	Active Citizenship	9 to 13	members learnt about their right in terms of the law. They learnt about age groups with games, they learnt why laws are in place and who to talk to if you are unsure.
Living in Safety and Stability	Lawfulness Education	Active Citizenship	14 to 18	members got the opportunity to learn about arrests, learn about drugs and the classes as well as getting to see face to face Dogs and their handlers in terms of looking for drugs or if someone had a weapon which was potential dangerous to others.
Living in Safety and Stability	Child Sexual Exploitation	Active Citizenship	9 to 13	CSE for short was carried out using a variety of online videos suitable to the age group. Young people learnt about exploitation mainly
Living in Safety and Stability	Child Sexual Exploitation	Active Citizenship	14 to 18	senior members participated in a 4-week programme looking at the dangers around CSE. members chatted openly about things they had seen on the TV but felt it wouldn't happen to them. Members worked in teams looking at the many ways they as young people can be exploited and how easy it is for people to take advantage of them.
Participation	Generic/Targeted Provision	Increased Participative Action	9 to 13	we run a youth club 5 nights per week for this age group over 46 of the year.
Participation	Generic/Targeted Provision	Increased Participative Action	14 to 18	we run a youth club for 6 nights per week over 46 including several residential.
Participation	Generic/Targeted Provision	Increased Participative Action	4 to 8	two afternoons per week over 46 weeks of the year.
Participation	Summer Programme	Improved Relationships with Others	4 to 8	6 week summer programme

Area for Action	Output	Outcome	Age Group	Target/measure (SMART)
Participation	Summer Programme	Improved Relationships with Others	9 to 13	6 weeks summer programme run 3 days per week with outings and inhouse programmes.
Participation	Volunteering Programme	Enhanced Personal Capabilities	14 to 18	senior members helped run our junior, intermediate and summer programmes by giving of their time.
Participation	kindness bags for local ladies who have lost partners this year or live alone in the area.	Increased Participative Action	9 to 13	members made a total of 75 bags at Christmas time for local people. Ukrainian refugees and street drinkers. The young people gathered the resources which were mainly toiletry items sweets and biscuits. The set up like a carousel of boxes and filled them up before wrapping them for distribution.
Participation	kindness bags for men's group	Increased Participative Action	14 to 18	
Participation	Environmental mural for our club	Active Citizenship	14 to 18	members designed a banner and had it printed by local group to highlight about Dog mess, bottles etc on our play areas.
Volunteer Development	Recruitment of 5 new volunteers	Active Citizenship	Staff / Adults	5 new volunteer adults have joined the youth club excellent contribution from the community.
Participative structures	Members committee	Improved Relationships with Others	9 to 13	we have a members committee set up which young people will be trained in as a large group and settled members will rotate every few months
Participative Structures	Members committee	Increased Participative Action	14 to 18	members of the senior committee are currently undergoing training. Two members will bring information from all members groups to the larger committee.



Staff Training and supporting our young people onstreet.



TAKE NOTICE

Taking notice of things around you in the club will allow you to play a more active role within the youth club.

Taking notice of how others work will enhance and develop your people skills and will in turn help build your confidence.

LEARN

every student can **LEARN** just not on the same day or in the same way...

YOUTH CLUB

Continued learning through life enhances self-esteem and encourages social interaction and a more active life.

Be Active

Encourage other members to participate in being active by taking part yourself.

GET FIT

Go for a walk or run, cycle, play a game, garden or dance. Exercising makes you feel good.

CONNECT

Connect with new members attending the youth club.
Connect with other members committee
Connect with staff members

Members Training

REE Sexual Health Programmes for Young People Aged 12 - 14

WITH: **COMMON YOUTH.**

- Interactive, engaging and structured
- Build emotional resilience, communication & assertiveness skills
- Empowering young people to make informed choices

TOPICS

- Periods
- Puberty and body changes
- Gender roles
- Staying safe online
- Healthy relationships
 - Consent
 - LGBTQ+
- Body Image
- Resilience
- Friendships

For full programme content, email:

Pennyburn Youth Club

Questions Responses **16**

4. What health and well being programmes would you like to take part in this year?

Drugs and Alcohol awareness	8
Positive mental health	13
Positive relationships	11
Anti bullying	3
Gender specific programmes	6
Positive physical health	3
Sexual health	9
Other	0

Trips





Self play summer scheme



<p>Sports hall</p> <p>Give out name badges.</p> <p>Get the children to put the lunch bags in the box for each group.</p> <p>Find out a bit more about your group.</p> <p>When is their birthday</p> <p>How many siblings</p> <p>Anyone any allergies</p> <p>Keep any bags with epi pens at the top.</p> <p>Explain to the group what the</p>	<p>10.00-11.30 BLUE GROUP FRONT FIELD CHAPEL END Obstacle course (hockey stick in and out the cones, in through hula hoop throw bean bag into bucket jump hurdles then run back to your team members next person starts), parachute games. Duck Duck Goose</p> <p>RED GROUP Small area tennis court Rings game, shower curtains, bean bag throwing, I</p> <p>GREEN GROUP BACK FIELD Musical statues, hula hoops individual play, Hula hoop challenge (don't break the chain) Simon says</p> <p>YELLOW GROUP FRONT FIELD GATE END Parachute games first then space hoppers space hoppers</p>	<p>11.30-12.30 BLUE GROUP COFFEE BAR</p> <p>RED GROUP HALL</p> <p>GREEN GROUP PADDYS ROOM</p> <p>YELLOW GROUP POOL AREA</p>	<p>12.30-1 Lunch</p> <p>Make sure young people put food into the food bins</p> <p>Rubbish into the other bin.</p> <p>Take the bins out once lunch is over.</p> <p>Empty the bins put fresh bags into them.</p>	<p>1.00-1.45 BLUE GROUP PADDYS ROOM Circle time</p> <p>RED GROUP POOL AREA</p> <p>GREEN GROUP HALL</p> <p>YELLOW GROUP COFFEE BAR</p> <p>Last 15mins get the children to get their lunch bags and coats.</p> <p>Carry out the evaluation for the day.</p> <p>Put all name badges including staff members into the tub. Ensure there is a flipchart in the same tub with one or two markers the flip charts are to be put into a file at end of the session.</p>
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games



Volunteering

Antibullying



How do you feel about this group

Bullies

Devastated awful

Pathetic mean Idiot Bad

rude Sad Angry depressed

Terrible Bad terrible Dumb

awful Not good

Once a bully always a bully? True/False False

Spreading rumours is a form of bullying? True/False

You should always tell someone you trust if you are being bullied? True/False

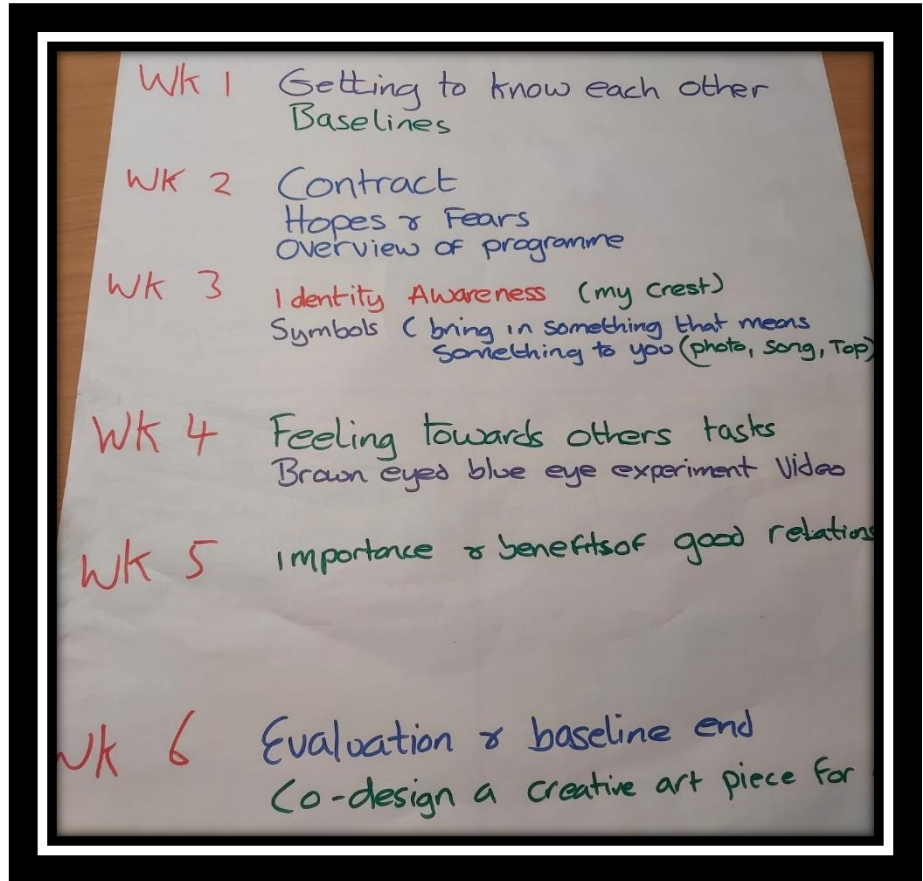
Only boys bully people? True/False False

Bullying is a problem between 2 people? True/False False

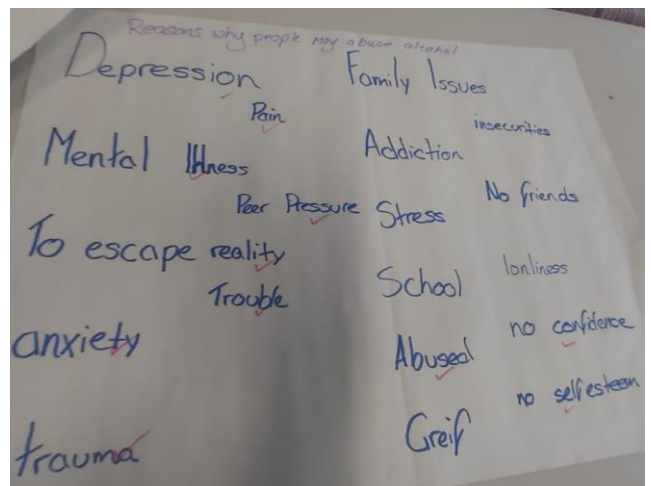
Bullying only happens in schools? True/False False

People often bully to get a reward from their victim? True/False

Good Relations



Drugs & Alcohol



Listening skills

Respect



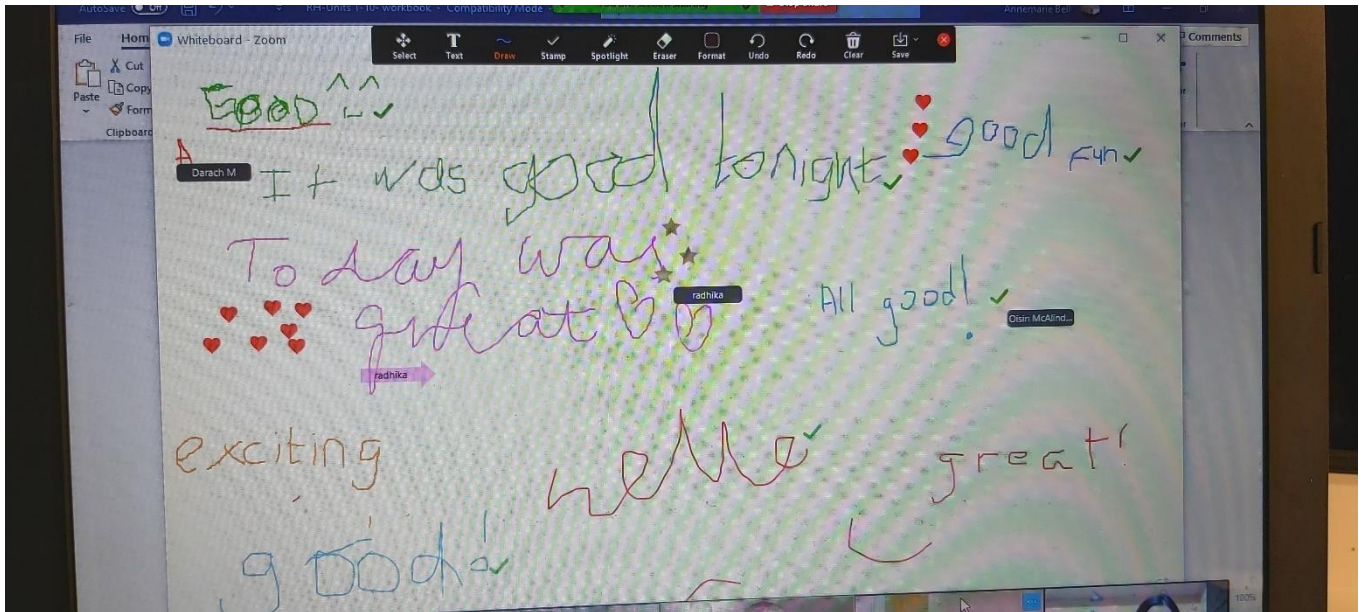
Team work



Basic cooking



Feedback



My daughters love this club so much, Next to our house and the friendliest staff, so much I decided to volunteer myself 😊

A great club for all ages and abilities. Very positive, inclusive and great for promoting community environment.
JM Carl

Amazing Club!
Brought out My Boys Confidence So much! they Love going every Week and Lae meeting New friends & also accomadates with Special Needs kids which is amazing!!!

AN AMAZING CLUB FOR KIDS OF ALL AGES. FROM MAKING FRIENDS PLAYING GAMES, AND LEARNING NEW SKILLS THE STAFF ARE FANTASTIC LEARNING THE WORDS AND GIVING

Outdoor fun in the sun



Thank you for taking the time to view our report. Our young people have participated in 64 programmes over a period of 46 weeks with 970 young people participating in the 64 programmes between April 2022 and March 2023. We delivered an excellent selection of courses which have not only given them new skills but have also boosted their confidence and self-esteem and developed them into positive role models for other members of the club. Our amazing team have worked hard on the delivery of all these programmes and I take great pride on the teamwork and leadership shown by each of them. Without our team from management down to members committees this youth club would not exist, and I am extremely thankful for all the support and commitment undertaken.

I would like to take this opportunity to thank the EA youth service for their ongoing Funding to help facilitate this youth club. Also like to thank Youth Alliance for their ongoing support, training, and their efforts to help all of our youth club to have their funding reinstated to a level that we can continue to support our members.

Annemarie Bell

Leader in Charge