

**TRUSTEES ANNUAL REPORT**  
**BANGOR GROUP RIDING FOR THE DISABLED**  
**1 April 2023-31 March 2024**

**CHARITY NUMBER NIC104618**

The Charity exists to provide Therapeutic Riding and associated activities to children with special needs in the Bangor area.

*The principal address of the charity is c/o Roseanne Amos, 31 Old Quay Road, Holywood, Co Down BT180AL.*

The group met on Wednesdays during school term time approximately 14 times during the year. All activities were for pupils of Clifton Special School, Bangor. During the year we took on up to 8 children and provided them with the opportunity to learn to ride. As usual the children seemed to take enormous benefit from these sessions and even those who were reluctant at the outset enjoyed the experience.

We hire facilities and ponies from Birr House, Bangor and are well supported by them. We are charged £10.00 per pony per hour. The other key cost is insurance. All instructors and volunteers are unpaid. Our primary sources of income came from fundraising activities as detailed in the accounts which have been submitted.

The Public Benefit provided by Bangor RDA Group is hard to measure in concrete terms but we do see improvements in the confidence and self assurance of the children once they become accustomed to the exercise. We certainly see improved physical benefits in terms of the children's balance, core strength and coordination.

We make every effort to ensure that the sessions are conducted safely by using suitably qualified instructors and trained volunteers. All go through an enhanced Access NI check as well as providing two references and we have an annually reviewed safeguarding policy. We always have a qualified First Aider in attendance.

We consider that we have had regard for the Commission's guidance on public benefit and have fulfilled our obligations in this respect.

Signed



Roseanne Amos  
Trustee

Other Trustees in the period were: Sharon Beck, Anne Graham and Shiona Beatty.