

Company registered number: NI632577

Charity registered number: NIC104363

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Tony Clarke
53 Andersonstown Road
Belfast
BT11 9AG

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Trustees' Annual Report (Incorporating the Director's Report)

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The company was incorporated on 22 July 2015 and registered with the Charity Commission for Northern Ireland on 23 December 2015.

REFERENCE AND ADMINISTRATIVE DETAILS

Other Names

Tackling Awareness of Mental Health Issues is also known as TAMHI.

Registered Company number

NI632577

Registered Charity number

NIC104363

Registered office

3 Hillview Road

Belfast

Northern Ireland

BT14 7BT

CHAIRPERSON

Neil Privilage

TRUSTEES

Anne Marie McGrade

Chris McArdle

Emma Bohill Resigned 1 July 2024

Jean McLaughlin

Michael Reddington Resigned 1 July 2024

Neil Privilage

Patrick Doyle Resigned 1 July 2024

Roma Doherty

Michael Bannon

Mark O'Hara

INDEPENDENT EXAMINER

Tony Clarke FCPA

53 Andersontown Road

Belfast

BT11 9AG

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Trustees' Annual Report (Incorporating the Director's Report)

The Trustees present their annual report together with the financial statements of the company for the 01 April 2024 to 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practices applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

Structure, Governance and Trustees

Tackling Awareness of Mental Health Issues ("TAMHI") which is registered as a charity with the Charity Commission for Northern Ireland, was incorporated as a company limited by guarantee in Northern Ireland, registration number NI632577, with the objective of undertaking charitable activities for the benefit of the inhabitants of Northern Ireland.

Objectives and Activities

The Charities objectives are to promote mental health and saving lives by:

- I. Providing or assisting in providing support, information, referral, signposting and other appropriate services to sports clubs/youth service providers that use sport to reduce incidence of suicide and self-harm.
- II. Raising awareness of the causes and effects of suicide and self-harm and other matters relating to poor mental health among sports clubs / youth service providers/ young people and staff.
- III. Promoting positive attitudes to mental health and helping improve the emotional wellbeing of people residing in the Greater Belfast area (the area of benefit).

Overview

The 2024–2025 year was a period of consolidation, adaptation and measured growth for TAMHI, set against a backdrop of continued financial pressure across the voluntary and community sector. Following significant funding reductions in the previous year, the charity focused on sustainability, programme quality and evidencing impact, while remaining firmly aligned to its core purpose of promoting mental health awareness through sport, education and community engagement.

The Trustees are satisfied that, despite a challenging operating environment, TAMHI delivered meaningful outcomes across schools, sports clubs and youth settings, while continuing to strengthen its evidence base and organisational resilience.

Action Area 1: Core Community – Schools and Young People

TAMHI prioritised school and youth-based interventions in response to the increasing mental health needs of children and young people. Delivery focused on structured, evidence-informed programmes designed to build emotional literacy, resilience and

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Action Area 1: Core Community – Schools and Young People continued...

During the reporting period:

- 9 primary schools engaged in the Mindful Play Programme, delivering 45 sessions and reaching 758 children.
- 98% of participants reported enjoyment of the programme, with 88% reporting a positive impact on wellbeing.
- 15 post-primary schools participated in the Champions of Wellbeing Programme, with 75 sessions delivered and 2,142 peers engaged through trained young leaders.
- Programme impact was measured using the Warwick-Edinburgh Mental Wellbeing Scale, with 88% wellbeing impact recorded and 90% positive feedback.

Trustees note that this structured approach ensured consistency, safeguarded quality, and maintained alignment with TAMHI's preventative and early-intervention objectives.

Action Area 2: Change Makers – Sports Clubs and Community Sport

Sports clubs remain central to TAMHI's mission, providing trusted environments for mental health awareness and early support. Despite continued financial constraints within the sports sector, the charity maintained a broad reach while refining its delivery model.

Key outcomes include:

- 260 sports clubs supported, with access to Mental Health Toolkits and digital resources.
- 25 coaches trained in Mental Wealth Games.
- 300 players engaged through club-based wellbeing projects.
- 3,290 individuals engaged in sport-based mental health awareness initiatives.
- 525 TAMHI Talks delivered across community and sporting settings.
- 2,000 mental health kit keyrings distributed to reinforce help-seeking messages.
- 88% increase in wellbeing knowledge reported among participants.

Trustees recognise the importance of the charity's digital and blended approach, which allowed continued engagement while managing capacity and cost pressures.

Action Area 3: Youth Leadership and Resilience Development

The Resilient Active Youth programme supported leadership development and positive mental health among young people through structured personal development

During the year:

- 20 young leaders were supported.
- 5 personal development courses were delivered.
- Programmes included a TBUC Winter Camp, a Belfast City Council Summer Scheme engaging 40 young people, and 7 peer-led sessions.
- 7 community events were delivered, alongside seasonal wellbeing initiatives supporting 2,000 young people.

Trustees view this work as a critical pipeline for future peer leaders and community advocates.

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Action Area 4: Awareness Raising and Digital Engagement

TAMHI continued to expand its digital reach to reinforce messaging and accessibility:

- Average online reach of 60,000, with 12,000 impressions, 2,883 engagements and 1,188 interactions recorded.
- A targeted wellbeing campaign was delivered, complementing face-to-face delivery.

This blended approach increased visibility while supporting cost-effective awareness raising.

Organisational Development and Governance

The charity operated with 3 employees and 20 volunteers, supported by strong partnerships across statutory, academic and community sectors. Trustees oversaw the conclusion of the National Lottery Project and the continuation of a PhD-led evaluation in partnership with Queen's University Belfast and Ulster University, reinforcing TAMHI's commitment to evidence-based practice.

Despite the loss of nearly £100,000 in grant funding and reduced third-party fundraising, the Trustees approved prudent use of reserves to protect programme quality and strategic priorities.

Future Planning

The Trustees have reviewed TAMHI's strategic direction and confirm that the organisation remains aligned with its charitable objectives. The focus for the coming period will be:

- Continued delivery of high-quality, evidence-informed programmes.
- Further development of blended and digital learning resources.
- Diversification of income streams, including corporate partnerships.
- Strengthening long-term sustainability while maintaining impact.

The Trustees believe that TAMHI enters the next year with strong foundations, proven programmes and a clear strategic focus.

Going Concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

Financial Review

The results for the year ended 31 March 2025 are set out on pages 8 and 9 of the financial statements.

The total income for the year ended 31 March 2025 amounted to £280,972

The total expenditure was £248,963 (2024:£229,106)

The Trustees consider that the unrestricted funds of the charity is sufficient and adequate to fulfil their obligations. The charity held £165,298 in reserves at the year end (2024:£173,187).

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Reserves Policy

The income of the Company is considered adequate and the risks associated with any significant reduction in income is regarded as unlikely. The Trustees are satisfied with the current level of reserves at the present time. The Trustees are reviewing the Reserves Policy in the current year.

Trustees' responsibilities statement

The Trustees (who are also directors of TAMHI for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standard (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the income resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transaction and disclose with reasonable accuracy at any time the financial position of the charitable company and the enable them to ensure that the financial statements comply with the Companies Act 2016. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TAMHI is a company limited by guarantee by its Memorandum and Articles of Association. Each members liability is limited to an amount not exceeding £1.

This report was approved by the Trustees, on 19/12/2025 and signed on behalf by:



Neil Privilage
Trustee

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES.

I report on the financial statements of the company for the year ended 31 March 2025 which are set out on pages 8 and 9.

This report is made solely to the company's Trustees, as a body in accordance with section 65(3)(a) of the Charities Act Northern Ireland 2008 and regulations made under section 66 of the Act. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work of this report.

Respective responsibilities of trustees and examiner

As the company's Trustees (and also the directors of the company for the purpose of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the company is not subject to audit under company law, and is eligible for Independent examination.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

Independent examiner's statement

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1 That accounting records were not kept in accordance with section 63 of the Charities Act
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of the Charities Act
- 4 That there is further information needed for a proper understanding of the accounts to be reached.

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES (continued)

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



19/12/2025

Tony Clarke FCPA
53 Andersonstown Road
Belfast
BT11 9AG

Date:

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

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STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

	Note	Unrestricted Funds £	Restricted Funds £	Year to 31-Mar-25 TOTAL £	Year to 31-Mar-24 TOTAL £
Income from:					
Donations and Legacies	2	78,037	-	78,037	106,484
Charitable Activities	3	-	202,935	202,935	91,698
Total Income		78,037	202,935	280,972	198,182
Expenditure on:					
Charitable Activities	5	83,903	165,060	248,963	229,106
Total Expenditure:		83,903	165,060	248,963	229,106
Net income/(expenditure)		(5,867)	37,875	32,009	(30,924)
Transfers between funds		(2,021)	2,021	-	-
Net movement in funds		(7,887)	39,896	32,009	(30,924)
<u>Reconciliation of funds</u>					
Total funds brought forward		173,187	54,134	227,320	258,245
Total Funds carried forward		165,298	94,029	259,329	227,321

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on page 10 to 16 form and integral part of these accounts

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FOR THE YEAR ENDED 31 MARCH 2025

BALANCE SHEET			
As at 31 March 2025			
	Note	2025	2024
		£	£
Fixed Assets			
Tangible Assets	11	<u>8,470</u>	<u>10,180</u>
		8,470	10,180
Current Assets			
Debtors	7	23,305	23,183
Cash at bank		<u>228,834</u>	<u>195,823</u>
		252,138	219,006
Liabilities			
Creditors: amounts falling due within one year	8	<u>(1,280)</u>	<u>(1,865)</u>
Net Current Assets		<u>250,860</u>	<u>217,140</u>
Net assets		<u>259,329</u>	<u>227,321</u>
Funds			
Restricted		94,029	54,109
Unrestricted		165,298	173,212
TOTAL FUNDS	12	<u>259,329</u>	<u>227,321</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board directors on 19/12/2025 and were signed on their behalf by:



Neil Privilage

Director

The notes on page 10 to 16 form and integral part of these accounts

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

NOTES TO THE ACCOUNTS

1 Accounting policies

Charity information

TAMHI is a private company limited by guarantee incorporated in Northern Ireland. The registered office is: 3 Hillview Road, Belfast, Northern Ireland, BT14 7BT.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

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NOTES TO THE ACCOUNTS (continued)

1.4 Incoming resources (continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measure reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category.

The charity is below the charity audit threshold and therefore is exempt from reporting expenditure on an activity basis. The charity has opted to report by the nature of expenditure rather than on an activity basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor Vehicles	25% straight line
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1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

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TRUSTEES' REPORT AND FINANCIAL STATEMENTS

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NOTES TO THE ACCOUNTS (continued)

1.9 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1.10 Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.11 Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

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NOTES TO THE ACCOUNTS (continued)

2 Income from Donations and Legacies

	2025			2024
	Unrestricted	Restricted	TOTAL	TOTAL
	Funds	Funds	Funds	Funds
	£	£	£	£
Service Delivery & Donations	78,037	-	78,037	106,484
Totals 2025	78,037	-	78,037	106,484
Totals 2024	106,484	-	106,484	

3 Income from Charitable Activities

	2025			2024
	Unrestricted	Restricted	TOTAL	TOTAL
	Funds	Funds	Funds	Funds
	£	£	£	£
Apex Sport Festival	-	3,262	3,262	1,350
Ashton centre 2023	-	-	-	2,000
Belfast City Council	-	15,419	15,419	8,263
Browns Funeral	-	-	-	1,200
Community Relations Council	-	-	-	1,776
Children in Need	-	13,600	13,600	-
Education Authority	-	6,076	6,076	3,500
TEO G4A	-	26,221	26,221	-
PHA	-	18,400	18,400	-
Green King IPA / Proud to Pitch	-	-	-	3,000
Halifax Foundation NI	-	-	-	15,576
Hope for Youth (deleted)	-	2,000	2,000	-
National Lottery Community Fund	-	78,457	78,457	9,053
LFT	-	7,500	7,500	-
Sport NI/BA Crowfunded	-	-	-	375
UK Youth PearFoundation	-	32,000	32,000	32,000
Urban Villages	-	-	-	13,605
Totals 2025	-	202,935	202,935	91,698
Totals 2024	-	91,698	91,698	

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NOTES TO THE ACCOUNTS (continued)

4 Staff Costs and Numbers

	<u>2025</u>	<u>2024</u>
	£	£
Gross Wages and Salaries	94,556	90,329
	94,556	90,329

No employee received emoluments of more than £60,000 (2024: None)

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	<u>2025</u>	<u>2024</u>
	Number	Number
	4	4

5 Expenditure

	<u>2025</u>			<u>2024</u>
Charitable Activities	Unrestricted	Restricted	TOTAL	TOTAL
	Funds	Funds	£	£
	£	£		
Accountancy Fees	2,510	-	2,510	1,018
Bank Fee & Just Giving	1,434	-	1,434	947
Depreciation	1,710	-	1,710	1,710
Evaluation & Fundraising Costs	12,106	-	12,106	33,690
Insurance	3,343	-	3,343	1,007
Marketing	2,042	10,838	12,880	11,802
Membership	1,036	-	1,036	770
Office Costs/ Admin Fee	8,922	4,717	13,639	9,118
Programme Costs	2,997	63,684	66,681	46,911
Service Delivery	7,723	-	7,723	8,130
Stationary & Postage	3,204	10,680	13,885	5,301
Telephone	2,086	70	2,156	1,351
Travel & Subsistence	2,398	258	2,656	4,049
Van Costs	3,369	757	4,125	7,997
Volunteer Cost	4,275	4,247	8,523	4,976
Wages & Salaries	24,748	69,808	94,556	90,329
Totals 2025	83,903	165,060	248,963	229,106
Totals 2024	101,280	127,826	229,106	

6 Trustees remuneration & expenses

During the year, no Trustees received any remuneration (2024 - £NIL).

During the year, no Trustees received any benefits in kind (2024 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2024 - £NIL).

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FOR THE YEAR ENDED 31 MARCH 2025

NOTES TO THE ACCOUNTS (CONTINUED)

7 Debtors

	<u>2025</u>	<u>2024</u>
	£	£
Grants Receivable	22,218	21,813
Inventory	1,087	1,370
	<u>23,305</u>	<u>21,813</u>

8 Creditors: amounts falling due within one year

	<u>2025</u>	<u>2024</u>
	£	£
Accruals & Deferred Income	1,280	1,865
Other Creditors	-	-
	<u>1,280</u>	<u>1,865</u>

9 Independent examiner's remuneration

The independent Examiner's remuneration amounts to an Independent Examination fee of £900 (2024 - £780)

10 Related party transactions

There were no related party transactions during the year.

11 Tangible Fixed Assets

	<u>Motor Vehicle</u>
	£
COST	
At 1 April 2024	19,500
Additions	-
Disposals	-
At 31 March 2025	<u>19,500</u>
DEPRECIATION	
At 1 April 2024	9,320
Charge for the year	1,710
Eliminated on disposal	-
At 31 March 2025	<u>11,030</u>
NET BOOK VALUE	
At beginning of period	<u>10,180</u>
At 31 March 2025	<u>8,470</u>

TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

NOTES TO THE ACCOUNTS (continued)

12 Statement of funds - current year

	Balance at 1 April 2024	Income	Expense	Transfer in/out	Balance at 31 March 2025
	£	£	£	£	£
Restricted funds					
Apex Sport Festival (deleted)	-	-	-	-	-
Apex Support (deleted)	-	3,262	(3,262)	-	-
BCC Girdwood 9 aside (deleted)	-	3,264	(3,258)	(6)	-
BCC Good Relations 2024 (deleted)	-	5,400	(5,445)	45	-
BCC interface (deleted)	-	5,000	(5,012)	12	-
BCC-Summer	-	1,755	(1,790)	35	-
Children in Need	-	13,600	-	-	13,600
Clear Project/PHA	-	18,400	(18,400)	-	-
EA TBUC (deleted)	-	6,076	(6,384)	308	-
Halifax Foundation NI	15,710	-	(7,043)	-	8,667
Hope for Youth (deleted)	-	2,000	(3,491)	1,491	-
LFT TRSUT	-	7,500	(7,500)	-	-
National Lottery MWG	-	78,457	(50,099)	-	28,358
TEO/G4A	-	26,221	(26,358)	137	-
UK Youth PearFoundation	38,399	32,000	(27,019)	-	43,380
Total restricted funds	54,109	202,935	(165,060)	2,021	94,005
Unrestricted funds					
General funds	173,212	78,037	(83,903)	(2,021)	165,325
Total Unrestricted funds	173,212	78,037	(83,903)	(2,021)	165,325
Total of funds - current year	227,322	280,972	(248,963)	-	259,329

The transfer of funds recorded for the year totalling £2,021 was to reconcile restricted funds. (2024: (£36,035) from unrestricted to restricted is to account for a contribution towards a restricted grant in the year)

13 Statement of fund - prior year

	Balance at 1 April 2023	Income	Expenditure	Transfer in/out	Balance at 31 March 2024
Total restricted funds	54,202	91,698	(127,826)	36,035	54,109
Total unrestricted funds	204,043	106,484	(101,280)	(36,035)	173,212
Total of funds - prior year	258,245	198,182	(229,106)	-	227,322