

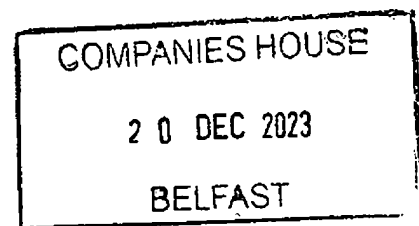
Company registered number: NI632577

Charity registered number: NIC104363

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**



**Tony Clarke**  
53 Andersonstown Road  
Belfast  
BT11 9AG

## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

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## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

### **TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

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#### **Trustees' Annual Report (Incorporating the Director's Report)**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The company was incorporated on 22 July 2015 and registered with the Charity Commission for Northern Ireland on 23 December 2015.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Other Names**

Tackling Awareness of Mental Health Issues is also known as TAMHI.

##### **Registered Company number**

NI632577

##### **Registered Charity number**

NIC104363

##### **Registered office**

3 Hillview Road  
Belfast  
Northern Ireland  
BT14 7BT

#### **CHAIRPERSON**

Neil Privilage

#### **TRUSTEES**

Anne Marie McGrade

Chris McArdle

Emma Bohill

Jean McLaughlin

Michael Reddington

Neil Privilage

Patrick Doyle

Roma Doherty                      Appointed on 27 July 2023

Michael Bannon                      Appointed on 27 June 2023

Paul Stephenson                      Resigned 27 June 2023

#### **INDEPENDENT EXAMINER**

**Tony Clarke FCPA**

Certified Public Accountant  
53 Andersontown Road  
Belfast  
BT11 9AG

## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

### **TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

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#### **Trustees' Annual Report (Incorporating the Director's Report)**

The Trustees present their annual report together with the financial statements of the company for the 01 April 2022 to 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the company's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practices applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### **Structure, Governance and Trustees**

Tackling Awareness of Mental Health Issues ("TAMHI") which is registered as a charity with the Charity Commission for Northern Ireland, was incorporated as a company limited by guarantee in Northern Ireland, registration number NI632577, with the objective of undertaking charitable activities for the benefit of the inhabitants of Northern Ireland.

#### **Objectives and Activities**

The Charities objectives are to promote mental health and saving lives by:

- I. Providing or assisting in providing support, information, referral, signposting and other appropriate services to sports clubs/youth service providers that use sport to reduce incidence of suicide and self-harm.
- II. Raising awareness of the causes and effects of suicide and self-harm and other matters relating to poor mental health among sports clubs / youth service providers/ young people and staff.
- III. Promoting positive attitudes to mental health and helping improve the emotional wellbeing of people residing in the Greater Belfast area (the area of benefit).

#### **Committee appointment**

Trustees are appointed on a voluntary basis based on skill sets that can add value to the TAMHI board.

#### **Annual Report**

This has been another challenging year for the charity. The continued political instability, cost of living crisis and the legacy of COVID where we lost several corporate sponsors which have not returned. We have also been impacted by the lack of grant funds available. However, we have been resilient and focused on our charitable outcomes as well as exploring fundraising with the planning of the Manchester United Legends Game in the 2023/24 financial-year around June and working within our means to generate income. Our main funder Lottery closes in March 2023, and we will be using unrestricted funds to cover CEO post. We also gained funding from UK Youth that will cover the costs of our Youth Officer and will contribute to this post. Our work more than ever has been needed with mental health challenges and service demand increasing due to current environmental circumstances. Like each year we have operated in key action areas.

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

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#### **Trustees' Annual Report (Incorporating the Director's Report)**

##### **i. Action Area 1. Core Community**

Our school's programme has stepped up with the development of Mindful play a fun interactive programme in primary schools. Our evidence has showed that we 99% of 752 who took part in our North Belfast programme enjoyed the programme, and 86% learnt the key mental health messages. This has proven to be one of our best programmes to date with great engagement and feedback. We have also continued to deliver our post primary programme and are currently reviewing the format with aspirations to roll out in 2023/24 academic year. Feedback has been positive in terms of our contribution to good relations and advancement of wellbeing in all settings. We are making a positive difference to the amazing 22 young people who are part of our Resilient Active Youth programme, over Christmas they raised funds and gave out over 2000 selection boxes. Our work within North Belfast based on our evidenced is helping us achieve our advancement of health and education in context.

##### **ii. Action Area 2: Change Makers**

Our programme came to a conclusion in terms of funding; however, the programme is still operational. This programme works with clubs with 129 clubs benefiting from information and resources. The programme report presented to National Lottery showcases that we achieved more than we set out to achieve and we have established a network across the UK through Sport in Mind and the ROI through the Mental Health Commission ROI where we are sharing practice and the model developed. The programme will expand to December 2023 as Ulster University have to carry out a final evaluation which will provide the framework for TAMHI hopefully scaling up across UK and Ireland and putting measures in place for long terms sustainability. Clubs are approaching TAMHI and rolling out more robust programmes rather than one off campaign which shows the growth of the work and the approach using games-based drills.

##### **iii. Action Area 3: TAMHI Training & Development**

TAMHI training included updated safeguarding and gambling awareness this year. Due to budget constraints, we have not invested in any non-essential personal development.

##### **iv. TAMHI Development**

TAMHI has a new app, new webpage and new strategy 2023-2026 now we are operating without the COVID restraints. We have agreed to focus on our games-based approach and when UU carry out their evaluation the project that is co-designed will be implemented across all schools, youth clubs and sports programmes. We have also identified ways we can start to explore increasing corporate sponsorship and increase fundraising opportunities.

## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

### **TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

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#### **Trustees' Annual Report (Incorporating the Director's Report)**

##### **Future Planning**

We have comfortable reserves to get through the political instability and the lack of opportunities to apply for grant aid and funding. We believe with PhD research from UU that we will position ourselves to better pitch for projects and funding as we have more robust evaluation framework. Our aim is to grow to over 200 clubs this year and work with them to support their mental health efforts and work with them to raise funds for mental health awareness.

##### **Going Concern**

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

##### **Financial Review**

The results for the year ended 31 March 2023 are set out on pages 8 and 9 of the financial statements.

The total income for the year ended 31 March 2023 amounted to £295,195 (2022:£282,305).

The total expenditure was £247,931 (2022:£260,519)

The Trustees consider that the unrestricted funds of the charity is sufficient and adequate to fulfil their obligations. The charity held £205,038 in reserves at the year end (2022:£115,664).

##### **Reserves Policy**

The income of the Company is considered adequate and the risks associated with any significant reduction in income is regarded as unlikely. The Trustees are satisfied with the current level of reserves at the present time. The Trustees are reviewing the Reserves Policy in the current year.

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### Trustees' Annual Report (Incorporating the Director's Report)

#### Trustees' responsibilities statement

The Trustees (who are also directors of TAMHI for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standard (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the income resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP;
- Make judgments and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transaction and disclose with reasonable accuracy at any time the financial position of the charitable company and the enable them to ensure that the financial statements comply with the Companies Act 2016. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TAMHI is a company limited by guarantee by its Memorandum and Articles of Association. Each members liability is limited to an amount not exceeding £1.

This report was approved by the Trustees, on 20 Dec 2023 and signed on behalf by:



Chris McArdle  
Trustee

## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

### **TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023**

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#### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES.**

I report on the financial statements of the company for the year ended 31 March 2023 which are set out on pages 8 and 9.

This report is made solely to the company's Trustees, as a body in accordance with section 65(3)(a) of the Charities Act Northern Ireland 2008 and regulations made under section 66 of the Act. My work has been undertaken so that I might state to the company's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work of this report.

#### **Respective responsibilities of trustees and examiner**

As the company's Trustees (and also the directors of the company for the purpose of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006. Having satisfied myself that the company is not subject to audit under company law, and is eligible for Independent examination.

It is my responsibility to:

- examine the accounts under section 65 of the Charities Act
- follow the procedures laid down in the general Directions given by the Commission under section 65(9)(b) of the Charities Act
- state whether particular matters have come to my attention.

#### **Basis of Independent Examiner's report**

I have examined your charity accounts as required under section 65 of the Charities Act and my examination was carried out in accordance with the general directions given by the Charity Commission for Northern Ireland under section 65(9)(b) of the Charities Act.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It was also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

#### **Independent examiner's statement**

My role is to state whether any material matters have come to my attention giving me cause to believe:

- 1 That accounting records were not kept in accordance with section 63 of the Charities Act
- 2 That the accounts do not accord with those accounting records
- 3 That the accounts do not comply with the accounting requirements of the Charities Act
- 4 That there is further information needed for a proper understanding of the accounts to be reached.

**TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TACKLING AWARENESS OF MENTAL HEALTH ISSUES (continued)**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the directions of the Charity Commission for Northern Ireland, I have found no matters that require drawing to your attention.



20/12/2023

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Tony Clarke  
53 Andersonstown Road  
Belfast  
BT11 9AG

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Date:

**TACKLING AWARENESS OF MENTAL HEALTH ISSUES***(Private company limited by guarantee without share capital)***TRUSTEES' REPORT AND FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2023****STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Year to 31-Mar-23 TOTAL</b>	<b>Year to 31-Mar-22 TOTAL</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income from:</b>					
Donations and Legacies	2	79,150	-	<b>79,150</b>	66,006
Charitable Activities	3	9,957	206,088	<b>216,045</b>	216,299
<b>Total Income</b>		<b>89,107</b>	<b>206,088</b>	<b>295,195</b>	<b>282,305</b>
<b>Expenditure on:</b>					
Charitable Activities	5	47,474	201,478	<b>248,951</b>	260,519
<b>Total Expenditure:</b>		<b>47,474</b>	<b>201,478</b>	<b>248,951</b>	<b>260,519</b>
<b>Net income/(Expenditure)</b>		41,633	4,610	<b>46,244</b>	21,786
<b>Transfers between funds</b>		46,721	(46,721)	-	-
<b>Net movement in funds</b>		<b>88,354</b>	<b>(42,111)</b>	<b>46,244</b>	<b>21,786</b>
<b><u>Reconciliation of Funds</u></b>					
<b>Total funds brought forward</b>		115,664	96,338	<b>212,002</b>	190,216
<b>Total Funds carried forward</b>		<b>204,018</b>	<b>54,227</b>	<b>258,245</b>	<b>212,002</b>

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on page 10 to 16 form and integral part of these accounts

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

#### BALANCE SHEET As at 31 March 2023

	Note	2023 £	2022 £
<b>Fixed Assets</b>			
Tangible Assets	13	11,890	14,455
		<u>11,890</u>	<u>14,455</u>
<b>Current Assets</b>			
Debtors	7	76,773	55,803
Cash at bank		<u>175,427</u>	<u>150,253</u>
		252,200	206,056
<b>Liabilities</b>			
Creditors: amounts falling due within one year	8	<u>(5,844)</u>	<u>(8,509)</u>
<b>Net Current Assets</b>		<u>246,355</u>	<u>197,547</u>
<b>Net assets</b>		<u><u>258,245</u></u>	<u><u>212,002</u></u>
<b>Funds</b>			
Restricted	11	54,227	96,313
Unrestricted	11	204,018	115,688
<b>TOTAL FUNDS</b>	11	<u><u>258,245</u></u>	<u><u>212,002</u></u>

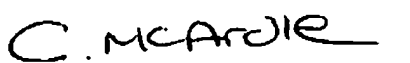
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board directors on 20 Dec 2023 and were signed on



Chris McArdle  
Director

The notes on page 10 to 16 form and integral part of these accounts

## **TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

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### **NOTES TO THE ACCOUNTS**

#### **1 Accounting policies**

##### **Charity information**

TAMHI is a private company limited by guarantee incorporated in Northern Ireland. The registered office is: 3 Hillview Road, Belfast, Northern Ireland, BT14 7BT.

##### **1.1 Accounting convention**

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

##### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used.

##### **1.4 Incoming resources**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### NOTES TO THE ACCOUNTS (continued)

##### 1.4 Incoming resources (continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

##### 1.5 Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measure reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category.

The charity is below the charity audit threshold and therefore is exempt from reporting expenditure on an activity basis. The charity has opted to report by the nature of expenditure rather than on an activity basis.

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Motor Vehicles	25% straight line
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##### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### NOTES TO THE ACCOUNTS (continued)

##### 1.9 Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### 1.10 Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### 1.11 Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

##### 1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

##### 1.13 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## TACKLING AWARENESS OF MENTAL HEALTH ISSUES

(Private company limited by guarantee without share capital)

### TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

#### NOTES TO THE ACCOUNTS (continued)

<b>2 Income from Donations and Legacies</b>	<b>2023</b>			<b>2022</b>
	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>TOTAL £</b>	<b>TOTAL £</b>
Sales & Donations	79,150	-	79,150	66,006
<b>Totals 2023</b>	<b>79,150</b>	<b>-</b>	<b>79,150</b>	<b>66,006</b>
<b>Totals 2022</b>	<b>59,246</b>	<b>6,760</b>	<b>66,006</b>	
<b>3 Income from Charitable Activities</b>	<b>2023</b>			<b>2022</b>
	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>TOTAL £</b>	<b>TOTAL £</b>
BCC Good Relations	-	3,900	3,900	-
BCC Kichen scheme	-	-	-	945
Belfast City 22 23	-	5,000	5,000	4,380
Belfast City Council	-	3,000	3,000	-
CFNI/Knightsbridge	-	3,000	3,000	-
Charity Activities	9,957	-	9,957	16,430
Clear Project	-	-	-	5,780
TEO G4A	-	31,996	31,996	28,703
Halifax Foundation NI	-	17,394	17,394	17,029
Movement for Good	-	20,000	20,000	-
PHF2022/24	-	20,000	20,000	-
Community Foundation NI	-	-	-	2,000
DFC/COOP Ireland 2022	-	-	-	2,166
Sport NI/BA Crowfunded	-	9,871	9,871	-
Hedley Foundation	-	-	-	3,000
HMRC Furlough	-	-	-	4,410
LFT TRUST	-	-	-	6,734
National Lottery Community Fund	-	44,021	44,021	65,998
Movement for Good	-	-	-	20,000
Sported Disability	-	500	500	-
PCSP22	-	-	-	2,384
Percy Bilington Grant	-	-	-	500
UK Youth PearFoundation	-	32,000	32,000	-
United Communities 20/21	-	-	-	12,045
Urban Villages	-	15,405	15,405	23,795
<b>Totals 2023</b>	<b>9,957</b>	<b>206,088</b>	<b>216,045</b>	<b>216,299</b>
<b>Totals 2022</b>	<b>16,430</b>	<b>199,869</b>	<b>216,299</b>	

**TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2023****NOTES TO THE ACCOUNTS (continued)**

<b>4 Staff Costs and Numbers</b>	<b>2023</b>	<b>2022</b>
	£	£
Gross Wages and Salaries	73,428	92,825
	<u>73,428</u>	<u>92,825</u>

No employee received emoluments of more than £60,000 (2022: None)

The average monthly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

<b>2023</b>	<b>2022</b>
Number	Number
<u>4</u>	<u>4</u>

**5 Expenditure**

<b>Charitable Activities</b>	<b>2023</b>			<b>2022</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>TOTAL</b>	<b>TOTAL</b>
	Funds	Funds		
	£	£	£	£
Accountancy Fees	2,664	-	2,664	1,140
Bank Fee & Just Giving	704	86	790	1,086
Depreciation	-	2,565	2,565	2,565
Evaluation & Fundraising Costs	15,581	996	16,577	-
Insurance	2,296	-	2,296	924
Marketing	3,832	600	4,432	6,243
Membership	510	-	510	-
Office Costs/ Admin Fee	3,374	3,086	6,460	13,925
Programme Costs	4,709	119,584	124,292	119,678
Service Delivery	2,376	-	2,376	3,805
Stationary & Postage	2,069	-	2,069	3,383
Telephone	1,333	921	2,253	2,453
Travel & Subsistence	3,838	-	3,838	1,720
Van Costs	1,847	212	2,059	4,077
Volunteer Cost	2,342	-	2,342	6,694
Wages & Salaries	-	73,428	73,428	92,825
<b>Total 2023</b>	<u><b>47,474</b></u>	<u><b>201,478</b></u>	<u><b>248,951</b></u>	<u><b>260,519</b></u>
<b>Total 2022</b>	<u><b>54,389</b></u>	<u><b>206,129</b></u>	<u><b>260,519</b></u>	

**6 Trustees remuneration & expenses**

During the year, no Trustees received any remuneration (2022 - £NIL).

During the year, no Trustees received any benefits in kind (2022 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2022 - £NIL).

**TACKLING AWARENESS OF MENTAL HEALTH ISSUES**  
(Private company limited by guarantee without share capital)  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

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**NOTES TO THE ACCOUNTS (CONTINUED)**

**7 Debtors**

	<u>2023</u>	<u>2022</u>
	£	£
Grants Receivable	76,773	55,803
	<u>76,773</u>	<u>55,803</u>

**8 Creditors: amounts falling due within one year**

	<u>2023</u>	<u>2022</u>
	£	£
Accruals & Deferred Income	5,844	8,509
Other Creditors	-	-
	<u>5,844</u>	<u>8,509</u>

**9 Independent examiner's remuneration**

The independent Examiner's remuneration amounts to an Independent Examination fee of £780 (2022 - £780)

**10 Related party transactions**

There were no related party transactions during the year.

**TACKLING AWARENESS OF MENTAL HEALTH ISSUES**

(Private company limited by guarantee without share capital)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2023****NOTES TO THE ACCOUNTS (continued)****11 Statement of funds - current year**

	Balance at 1 April 2022	Income	Expense	Transfer in/out	Balance at 31 March 2023
	£	£	£	£	£
<b>Restricted funds</b>					
Restricted funds	96,313	206,088	(201,478)	(46,721)	54,202
<b>Total restricted funds</b>	<b>96,313</b>	<b>206,088</b>	<b>(201,478)</b>	<b>(46,721)</b>	<b>54,202</b>
<b>Unrestricted funds</b>					
General funds	115,688	89,107	(47,474)	46,721	204,043
<b>Total Unrestricted funds</b>	<b>115,688</b>	<b>89,107</b>	<b>(47,474)</b>	<b>46,721</b>	<b>204,043</b>
<b>Total of funds - current year</b>	<b>212,002</b>	<b>295,195</b>	<b>(248,951)</b>	<b>-</b>	<b>258,245</b>

The transfer of funds recorded for the year totalling £46,721 will include management fees built into restricted grants being transferred to unrestricted.

**12 Statement of fund - prior year**

	Balance at 1 April 2021	Income	Expenditure	Transfer in/out	Balance at 31 March 2022
Total restricted funds	95,813	206,629	(206,129)	-	96,313
Total unrestricted funds	94,402	75,675	(54,389)	-	115,688
<b>Total of funds - prior year</b>	<b>124,715</b>	<b>282,304</b>	<b>(260,518)</b>	<b>-</b>	<b>212,002</b>

**13 Tangible Fixed Assets**

	<u>Vehicle</u>
<b>COST</b>	£
At 1 April 2022	19,500
Additions	-
Disposals	-
<b>At 31 March 2023</b>	<b>19,500</b>
<b>DEPRECIATION</b>	
At 1 April 2022	5,045
Charge for the year	2,565
Eliminated on disposal	-
<b>At 31 March 2023</b>	<b>7,610</b>
<b>NET BOOK VALUE</b>	
At beginning of period	14,455
<b>At 31 March 2023</b>	<b>11,890</b>