

Trustee Annual Report

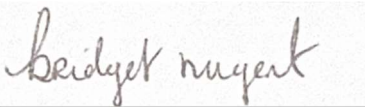
Charity Name	NIGAT (Northern Ireland Group for Art as Therapy)
Charity no.	103671
This report relates to financial year ending 31 st October 2024	
The principal address of the charity is as follows: Rita Simon Reading Room. 224 Lisburn Road, Belfast, BT9 2AW	
The names of all charity trustees on the date the report was approved and all individuals who served as charity trustees during the year were as follows:	
Trustee 1 Bridget Nugent (Chairperson) Trustee 2 Sarah Roundtree Trustee 3 Mary Mawhinney Trustee 4 Frank Holmes Trustee 5 Katherine Penney Trustee 6 Kathryn Goodwin	
The Charity was formed in 1999. It is governed by a Constitution, Trust deed, Memorandum and Articles of Association.	
A summary of the charity's: main activities to further its purposes for the public benefit	
The Charitable purposes of the charity: The advancement of arts, culture, heritage or science. The advancement of education The advancement of citizenship or community development.	
To further these purposes for the public benefit, we carried out the following activities: <ul style="list-style-type: none"> - Annual art as therapy summer school. Presentations and workshops provided by creative art therapists. - Three Day meetings a year, providing a presentation and facilitating reflecting art-making. - AGM where our membership and members of the public can network, join the committee or discuss recent developments in art and therapy world. - NIGAT reading room is made available for members, counsellors, art therapists and students. Books are available to browse on a non-lending basis. 	
There are no private benefits incurred from our activities.	
Main achievements in the year: <ul style="list-style-type: none"> - Maintained consistent membership numbers throughout the year; - Generated £1.5k of donations; - Ran 3 successful Day Meetings: <ul style="list-style-type: none"> o Feb 3, De La Salle Pastoral Centre – Clay Field Experiential with Brian Wallace; hands-on clay therapy and creative art-making. o June 1, Belfast – Art in Criminal Justice with Prison Arts Foundation; included presentations, exhibitions, and personal stories. 	

- Oct 5, Fitzroy Church Halls – Wellness in Rhythm with Aiden Dunphy; therapeutic drumming and reflective art-making.
- Ran a successful 31st **Annual Summer School** (August 2-4th) at De la Salle Pastoral Centre:
 - **Theme:** *Synchronicity*
 - **Keynote:** Dr Caryl Sibbett on archetypes in Art Therapy.
 - **Presentations:** Caryl Sibbett, Frank Holmes, Leora Sotto.
- **Workshops:**
 - *Trials of Treasure* – Jayne McConkey
 - *The Art of Ritual* – Rachel Johnson
 - *Where Moments Meet Magic* – Biggi Hoffman
 - *Creative Flow* – Lizzie Devlin
- **Sunday Session:** Interactive poetry and writing with Jenny Cleland

The trustees have read the Commission’s Public Benefit requirement statutory guidance.

In the financial year 2023 to 2024, the Charity had an income of £5,919 and an expenditure of £6,477 resulting in a net deficit of £559.

The Charity does not have a reserves policy.

Signature	
Print Name	Bridget Nugent (Chairperson)