

# Peninsula Healthy Living Partnership Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

#### Reference and administrative details

<b>Registered charity name</b>	Peninsula Healthy Living Partnership Limited
<b>Charity registration number</b>	NIC103577
<b>Company registration number</b>	NI043640
<b>Principal office and registered office</b>	Kircubbin Community Centre 4 Church Grove Kircubbin BT22 2SU

#### The trustees

Dr Jenny Gingles	
Mrs Carol-Ann Hewitt	
Mrs Caroline Mahon	
Ms Angela Hinds	
Mr Philip Brooks	
Mr Keith Elliott	
Ms L McManus	(Resigned 2 September 2022)
Mrs Jennifer Smyth	
Mr Mark Newell	(Appointed 6 July 2023)

The Charity is registered with the Charities Commission for Northern Ireland under Reference number NIC103577.

<b>Independent examiner</b>	Joseph J Murray FCA 30b MARKET SQUARE DROMORE CO. DOWN BT25 1AW
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#### Structure, governance and management

The management board normally consists of eight Trustees that meet regularly to oversee governance, provide a financial oversight and approve activities of the Charity. Any policy decision, exceptional expenditure or expenditure above a pre-determined level require prior approval by the board. The Charity is governed on a day to day basis by a Manager who reports to the Trustees.

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### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

#### Objectives and activities

The Charity's objectives are to promote the advancement of the health and wellbeing of those living in Northern Ireland and the Republic of Ireland.

The Charity tries to meet these aims by providing an holistic and integrated approach to the provision and delivery of services and programmes in order to improve health for people in its area from birth to death.

Beneficiaries can participate in a wide range of programmes, services and activities that are delivered in an expert and enthusiastic manner by the Charity and its staff and volunteers.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

#### Achievements and performance

2023 continued to be another busy but productive year for the Charity faced with the continuing pressures of a post pandemic world struggling with economic and social problems.

The Charity continued to provide a wealth of services for people living and working across the rural Ards Peninsula. In particular, the Charity's work focused on helping to tackle health inequalities and to improve health and wellbeing in the widest sense.

Once again the charity was faced with increased demands on its resources and without the receipt of grants from statutory authorities, it would not be able to provide these services to any meaningful degree.

#### Financial review

The overall income of the Charity during the year ended 31st March 2023 increased by £15,919 to a total of £186,076.

This increase in income was met by an increase in expenditure of £49,203 to £194,363 which accounted for the subsequent deficit for the year of £8,287 compared to a surplus in the preceding year of 2022 of £24,997.

Net funds therefore decreased to £211,333 from £219,620 in 2022.

The Charity has sufficient reserves and liquid assets to continue its objectives for the foreseeable future, but is heavily reliant on continuing support from a wide range of investors, particularly those within the public sector.

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Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2023

## Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 21 September 2023 and signed on behalf of the board of trustees by:

A handwritten signature in black ink, appearing to read 'J Gingles', followed by a long horizontal line extending to the right.

Dr Jenny Gingles  
Trustee