

CARRYDUFF RETIREMENT GROUP TRUSTEES REPORT 2022/2023

Charity No 103531

CHAIRPERSON	Helen Proctor
VICE CHAIR	Jean Edgar
SECRETARIES	Maura Middleton and Connie Rodgers
TREASURER	Shirley Herron
ASSISTANT TREASURER	Doris Girvan
COMMITTEE	Eilish Crosby, Ursula Jackson, Jennifer Fowler

The group meets on the second Monday of the month in the hall belonging to St Ignatius Parish Church.

Our membership number is 40 but on a monthly basis would average around 25. We have a waiting list which has 5 on it at the moment. We continue to be registered with the Northern Ireland Charity Commission and have lodged the required documentation on the relevant section of the website. The group confirms that it has had due regard to the guidance on public benefit produced by the Commission, that there is no harm to the older people who are our beneficiaries and that we accrue no private benefit.

The following is a brief list of our activities from March 2022 to February 2023.

**2022**

**MARCH** Eleanor Launchbury, competitor in the Chase TV Show

**APRIL** Daffodil Tea with Brian Johnston,, Musician

- MAY                      Talk by RNIB on Macular Degeneration. They also demonstrated the latest technology to help visually impaired people.
- Trip to Ulster Folk Park, Cultra and on to McBrides, Comber for our evening meal.
- JUNE                      Day out to Hillsborough Castle to celebrate the late Queen's Jubilee.
- This month also saw us set off on our annual trip to Tullyglass Hotel for lunch and then on to the North Coast.
- SUMMER BREAK**
- SEPTEMBER              Outing to Newtownards for shopping etc, Castle Espie and McBrides, Comber for our evening meal.
- OCTOBER                Esther Rsss gave a very interesting talk about bees and honey.
- NOVEMBER              Norman Weatherall came to speak about Old Music Halls in Belfast
- DECEMBER              Christmas Lunch in The Auld House. Moneyreagh

**2023**

- JANUARY                We were expecting a talk on Fostering but unfortunately our speaker had to cancel owing to Covid.
- FEB                        AGM

Sadly, we have lost some of our members . Some have passed away and some are not able to travel to the group. However, our waiting list is in a healthy state and we have been delighted to welcome new members.

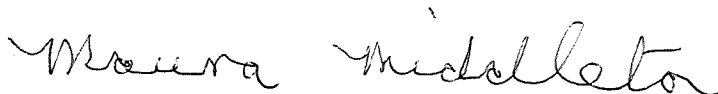
As a group we feel that our members benefit from our various activities, both mentally and physically. Friendships are formed and we look forward to our meetings, outings and seeing our friends.

Much help and assistance has been received from Gina Biggerstaff, Linda McCracken and Gareth McCausland, Lisburn and Castlereagh Council. for which we are very grateful.

We appreciate all the help that David and Aaron from Carryduff Hub give us by letting us have a room for our committee meetings.

Last but not least, our group appreciates the fact that Rev Lowry and St Ignatius Church grant us the use of the hall and our friend, Cedric Adams sets out tables and chairs for us. Sandra Thomas, Hon Secretary of the Vestry. has helped us with the Church Diary and gave us guidance on carrying out a Fire Drill and Survey recently..

Signed on behalf of the Management Committee



Maura Middleton, Secretary