

The Cormac Trust

Trustees' Annual Report

Registered Charity Name: The Cormac Trust

Registered Charity Number: 103452

Charity Address: 59a Main Street
Benburb
Dungannon
County Tyrone
BT71 7LG

The financial year the report relates to	01 January 2022 to 31 December 2022
A summary description of the purposes of the charity	The Cormac Trust was created to raise awareness, educate and inform the public about Sudden Cardiac Death in the Young, which is often known as SADS (Sudden Adult Death Syndrome, or Sudden Arrhythmic Death Syndrome); to promote screening for SADS; and to help provide defibrillators and CPR and defibrillator training for sports' clubs and rural and isolated communities.
The name of any person, or body of persons, permitted by the trusts of the charity to appoint one or more new charity trustees and a description of the method used to make such appointments	<p>The trustees of the Cormac Trust may appoint new trustees.</p> <p>Trustees are appointed to meet the skills, knowledge and experience needed for the effective administration of the charity.</p> <p>Every trustee must be appointed by resolution of the trustees passed at a special meeting.</p>
A summary of the charity's: <ul style="list-style-type: none"> ○ main activities to further its purposes for the public benefit ○ main achievements in the year 	We, The Cormac Trust, together with The Cormac Trust Ltd. (Company Number NI630800), has continued to raise awareness of SADS, and how to combat it, by using the media and social media; we have given talks to schools, sports' clubs, social clubs and communities.

	<p>We employ one part-time worker, to further our aims, and to help the administrative running of the Trust.</p> <p>We have trained 93 people in CPR & AED and helped source 11 defibrillators for business, community groups and sports clubs.</p> <p>We continue to network with and support local, national and international groups to help raise awareness, advance the understanding of SADS and help raise funds for further study.</p> <p>We continue to work with individuals and families affected by SADS by providing information on SADS as well as screening and by offering continued emotional support for as long as needed.</p> <p>We continue to work with cardiologists, doctors and other medical personnel to educate ourselves and others, on SADS and screening, especially for families and individuals affected by SADS.</p> <p>The office is manned 3 days per week from 10am to 1:30pm to deal with all queries on training and the provision of AEDs.</p>
<p>A review of the charity's financial position at the end of the year</p>	<p>With the continued generosity of the public and the trustee's wise stewardship of the finances, the running costs of the charity and The Cormac Trust Ltd have been met. The trustees are very mindful of maintaining a low-cost base so that the majority of the income received can be put to use for the furtherance of the charity's purpose.</p> <p>2022 was a quite year for the charity given the sad passing of Mr Bredan McAnallen, one of the founding trustees.</p> <p>The charity's finances are healthy, and a 5-year strategic plan was developed in 2016. Now that the trust has reached the end of its 5 year plan, the trustees are currently reflecting on their achievements and considering their plans for the future.</p>

Details of any fund held by the charity that was materially in deficit' at the end of the year and steps taken by the charity trustees to eliminate the deficit	None to note.
The names of: <ul style="list-style-type: none"> ○ all charity trustees on the date the report was approved and ○ all individuals who served as charity trustees during the year 	Bridget McAnallen Professor Peter Mossey Patrick Kearney Bernadette Kearney Jeremy Turkington Kevin McCloy Dr Damien McCall Mrs Pauline McAnallen Brendan McAnallen (deceased) Dr Frank Casey (resigned during year) Martin Grimley (resigned during year)
A statement that the trustees have had regard to the Commission's Public benefit requirement statutory guidance.	The trustees have given careful consideration to the Charity Commission for Northern Ireland's guidance on public benefit to ensure that the activities entered into during the year have helped to achieve the charity's objective as well as providing public benefit.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity trustees:

Signature: Bridget McAnallen

Full Name: Bridget McAnallen

Position: Trustee

Date: 30th October 2023

Signature: Pauline McAnallen

Full Name: Pauline McAnallen

Position: Trustee

Date: 30th October 2023