

ROSEMOUNT HOUSE LIMITED
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)
for the year ended 31 March 2024

Structure, Governance and Management

The organisation is a charitable organisation recognised by HM Revenue & Customs and registered with the Charities Commission for Northern Ireland. As of 12th April 2005, the organisation has been registered as a charitable company limited by guarantee established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association.

Appointment of trustees

No person shall become a member of the company unless:

- (a) that person has completed an application for membership in a form approved by the directors
- (b) directors have approved the application.

Any person who is willing to act as a director, and is permitted by law to do so, may be appointed to be a director:

- (a) by ordinary resolution, or
- (b) by a decision of the directors.

- 1 In any case where, as a result of death, the company has no members and no directors, the personal representatives of the last member to have died have the right, by notice in writing to appoint a person to be a director.
- 2 For the purposes of paragraph (2), where 2 or more members die in circumstances rendering it uncertain who was the last to die, a younger member is deemed to have survived an older member.

Management Committee

Mrs Murphy, P	Chairwoman (Director)
Mrs Curtis, P	(Director)
Mrs Murray, G	(Director)
Mr Murphy, D	(Director)
Mr Donaldson, A	(Director)
Mr McSweeney, D	(Director)

All members volunteer their time and skill to the Management Committee, no member receives travel or other expenses save that where a trustee is an employee of the company, he/ she is remunerated under the terms of their employment contract.

Risk Management

The Management Committee have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

Major risks are identified and ranked in terms of their potential impact and likelihood. Major risks, for this purpose, are those that may have a significant effect on the charity.

- Governance and management
- Finance
- Operations
- External Factors
- Legal & Regulation compliance

Risks are reviewed on an annual basis to ensure that adequate systems and procedures are in place. Where appropriate, risks are covered by insurance.

In assessing risk the management committee recognise that some areas of our work require the acceptance and management of risk, if our key objectives are to be achieved.

Structure, Governance and Management

Assessments of need and risks of all our residents is central to our support services and are aimed at determining whether or not our organisation and support services can properly meet the requirements of the service user. Assessments of needs and risks are considered even before entry to Rosemount House and throughout the period of occupancy in that applicants must continue to meet our eligibility criteria and if not met the applicant is referred to an alternative appropriate agency.

The senior management team are involved in managing the areas of high risk on an on-going basis through the implementation of our Risk Management Strategy Procedures and Plans, to be read in conjunction with our Risk Register & Risk Management Supporting Plan (the Risk Register).

Risk Management Strategy Statement

Under the "Accounting and Reporting by Charities - Statement of Recommended Practice" (SORP) the trustees/ RH Board are required (or in the case of small charitable companies are encouraged) to make a statement confirming that "...major risks to which the charity is exposed, as identified by the trustees/Board, have been reviewed and systems have been established to manage those risks." "Major risks" are those which have a high likelihood of occurring and, if they occur, would have a severe impact on operational performance, aims and objectives or reputation of the charity. All risks are monitored through our Finance Manager through reports to monthly Board meetings. As an example of a lesser risk, to prevent stagnation or hegemony new Board members were appointed during the year.

In addition to the above requirement/best practice, "Supporting People" (NIHE) also require a "Fraud Action Plan" and that our documents have been approved by RH Board as part of our corporate governance arrangements. All of our "Risk Management Framework Documents" are examined by our external auditors for consideration, further advices and, where required, appropriate action.

Objectives, Activities and Charity Mission

The company's objectives and principal activities are:

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- To pursue the health and welfare of individuals suffering from alcoholism, alcohol related diseases and alcohol related secondary mental health problems within Northern Ireland (the area of benefit)
- The provision of support for such individuals and their families
- The provision of residential alcohol-free accommodation for such individuals with the aim of supporting the development of their full potential as members of society (the target group in the area of benefit)
- To enhance protection, health and wellbeing of vulnerable people with the most cost-effective use of Supporting People resources

The main objectives and activities for the year continued to focus upon the prevention of the misuse of alcohol and the recovery of those alcohol abusers. The strategies employed to assist the charity to meet these objectives include the following:

- Provide a range of services which are reflective of relevant quality standards and address the potential problems related to alcohol misuse.
- Focusing upon limiting the harm which comes with alcohol abuse, not only for the individual but also their family, friends and the wider community
- Working in partnership with other agencies to secure the widest range of services is available that best match the needs of our client population.

Mission Statement

Rosemount House Committee is a registered charitable company established in 1988 with the aim of providing shelter and professionally supported accommodation for those seeking continuing recovery from alcohol addiction, which may also include secondary drug addiction with associated mental health issues. The purpose is to obtain and maintain for our resident's suitable independent accommodation and eventual re-integration within the community. The "restorative" recovery programme is 18 - 24 months.

The House is run on general AA principles including, "the twelve-step programme of recovery".

The principal funding sources for the charity are currently by way of grant from the Northern Ireland Housing Executive: the administering authority for Supporting People services in Northern Ireland.

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Achievements and performance

In 2024, Rosemount House continued to open its door to those needing assistance. This year to date, a total of 25 referrals have been made to Rosemount House, with 13 men admitted and a total of 12 discharged over the period.

Rosemount House has delivered in the face of notable challenges, such as the cost-of-living crisis and rising costs in almost every element of life at the house. Without Supporting People our primary funder, our landlord, North Belfast Housing Association (NBHA), who continue to make emergency repairs and maintain the building, and all the partners mentioned in this report, the staff and those who have continued to support us when charities are facing drastic cuts, we would not be able to continue.

In the past year, we have received input and donations from multiple groups and individuals. Our gratitude and appreciation go to all those mentioned and everyone who engaged positively with the house in the past year.

Food donations were made by The People's Kitchen, Musgrave Cash and Carry, Lidl and Tesco.

The men's health is paramount, and constant efforts are made to improve everyone's physical and mental wellbeing. Services made available and partners include:

- Monthly health checks by Chest, Heart and Stroke
- Counsellor visits on a bi-weekly basis
- Monthly psychiatry sessions, facilitated by Stephen Critchlow
- Weekly Mental Health nurse visits
- Mixed health visits by the Hub Team, including podiatry and counselling sessions

From a pastoral perspective, the men also benefitted from the following:

- Westcourt Centre visited and involved a school from England in their work
- Linked in with the Ashton Centre, Sean Pollock has residents participate in training courses – driving theory etc.
- Pastoral Support visits from the Vine Centre
- Quiz night with St. Mary's School
- St. Vincent's Sponsored Cycle for RMH
- Some residents took part in a charity boxing match

We have continued to implement our strategic plan. Michael Cunningham worked hard and helped both board and staff members to prepare the plan which will allow RMH to develop and achieve long-term goals. Most importantly, we would like to thank the team at Rosemount House for their dedication in the past year. We look forward to continuing our work with them.

Patricia Murphy
Chairperson of Rosemount House Ltd

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Financial review

The deficit for the year was £(55,873) (2023 surplus £10,702) and the charity fund balance carried forward is £193,436. The Statement of Financial Activities for the year is detailed on page 11.

Reserves policy and going concern

The management committee has examined the charity's requirements for reserves in light of the main risks to the organisation. Most charity funds are spent in the short term therefore finance for long term reserves is at a minimum. However, it has established a policy whereby the unrestricted funds not committed or invested in fixed assets held by the charity should be the equivalent of 3 months of the expenditure.

The reserves are needed to meet the working capital requirements of the charity.

Against the background of limited resources, it has continued to be difficult to plan and develop services; our strategy is to build reserves 25% of the annual budget, through planned operational surpluses. The management committee is well aware that it is unlikely that the target range can be reached for at least 10 years. In the short term the management committee has also considered the extent to which existing activities and expenditure could be curtailed, should the circumstances arise.

Financial Risk Management

Given the nature of its operations, the charity is not significantly exposed to price risk, foreign exchange risk or credit risk. Nor are liquidity or interest rate risks of concern while the charity has no borrowings on which interest is accruing. Surplus funds are invested in the short-term bank deposit accounts.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources an application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

The trustees' annual report was approved and signed on behalf of the board of trustees by:

Trustee

Patricia Murphy
28/10/24