

# ANNUAL REPORT

2022 -  
2023



A source of Excellence promoting Ambition,  
Knowledge, Involvement and Wellbeing

**IMPACT  
NETWORK**  
NI

## WHAT WE DO

**Impact Network NI** provides Community Development, Social Enterprise, Health and Wellbeing, Peace / Reconciliation and Good Relations support to communities.

**Impact Network NI** is a source of excellence, promoting ambition, knowledge, involvement, and wellbeing through community development support to communities across Northern Ireland.

**Impact Network NI** is committed to tackling the impact of poverty and economic crisis in communities.

Over the last 21 years, the organisation has delivered over 1350 training and community events, they continually develop initiatives to increase community involvement

*As a result, over 22,500 people have and are continuing to be empowered within a structure of community support.*

Re:

### SIGNPOSTING

 460,482

 375,325

 26 Ezines

## CAPACITY BUILDING

- Delivered 24 Good Governance Workshops.
- Completed 121 Access NI Checks.
- Community development guidance and support provided to over 380+ member groups/ individuals/families.
- Delivered OCN Accredited Training to 380 community representatives.
- Delivered Employability Programme to 12 community representatives.
- Delivered Training and Mentoring Programme to 20 community representatives.

## FUNDING



Secured **£178,000** funding for Community Groups across Northern Ireland

Secured **£500,000** for Phase One of our dedicated Community Space

## PROJECTS

- Coordination and facilitation of 3 community festivals with over 15,000 in attendance.
- Coordinated Luncheon Club for 30 weeks to approximately 50 recipients.
- Completed 18 Cybersafe Workshops to 6084 post primary pupils and 4 Community Workshop to 363 parent/guardians/community representatives.
- Completed 8 Cybersafe Workshops to 469 primary school pupils.



## GOOD RELATIONS

- As part of our commitment to support marginalised communities we encourage each of these communities to take the lead on their own development and capitalise all the opportunities available to them. Working with partners such as Antrim and Newtownabbey Borough Council and Northern Ireland Housing Executive.
- Delivered 5 Good Relations Programmes with Northern Ireland Housing Executive.
- Delivered 1 Good Relations Programme and Visit to Auschwitz with Antrim and Newtownabbey Borough Council.



## NETWORKS INVOLVING COMMUNITIES IN HEALTH IMPROVEMENT (N.I.C.H.I.)



The **Networks Involving Communities in Health Improvement** programme has continued to support community groups in health and wellbeing activity. Since the beginning of the NICH role, through diverse methods we have engaged with over 450 groups in the Community, Voluntary and Statutory sectors and successfully provided educational training and support for improving health and social well being and reducing health inequalities to over 900 individuals.

### This year's highlights include:

- ✓ Health Alliance website has currently 667 members linking members to a range of health improvement opportunities, including educational and awareness programmes, activities, events, funding, training and capacity building opportunities.
- ✓ Contribution of funding and organisational support for several successful events, including N.I.C.H.I.'s annual conference themed 'Health And Wellbeing' in conjunction with Tree And Tide and RSPB, NICH Model Best practice visit and NICH Networking event for current and past NICH Model groups in total all events were attended by over 200 people .

- ✓ NICH officer secured over £27,000 funding for additional community projects including Halifax Foundation, Community Foundation, Northern Healthy Lifestyle Partnership, ASDA Empowering Local People and Arts Council Northern Ireland.
- ✓ Co-ordinated enhanced training programme for NICH Model Groups including Social Model of Health, Community Development and Health Literacy.
- ✓ Provision of health and wellbeing information distributed to over 1,200 individuals/families/ groups at annual community health events including NRC Fresher Fairs.
- ✓ NICH officer delivered tailored training including Community Development, Health Literacy and social model of health training to 5 NICH Model groups to over 60 people.
- ✓ 30 tailored Health & Well-being events facilitated for Over 50's in the South Antrim Area.
- ✓ 8 groups specifically taken through a step by step community health intervention to increase capacity and wellbeing in the community.



- ✓ NICHl officer coordinated Meals on Wheels Initiative providing 450 meals to 30 people who are isolated or living alone. Each participant received a homemade, nutritional meal to their door
- ✓ Hosted 2 Boccia tournaments in conjunction with Antrim And Newtownabbey Seniors Forum and the local folds.
- ✓ Health and wellbeing information featured in Impact Network NI promotional materials including E-zine, Newsletter, Facebook and the Health Alliance website.
- ✓ Health Alliance Website - 667 members linked to a range of health improvement opportunities.
- ✓ 46 Health Alliance Health & Wellbeing Newsletters were distributed.
- ✓ NICHl Officer attended over 70 partnership working with CYPSP locality groups, NHSCT Health & Well-being Team, PHA steering group, Community Network Sub Group meeting, Peer Support Meetings, Mid East Antrim Loneliness Network, Antrim And Network Loneliness Network, Greenisland/Carrickfergus Cluster Group, Mid & East Antrim Good Health & Well-being sub group, ROC, Antrim & Newtownabbey Health Outcome Sub Group.



## SUICIDE PREVENTION DEVELOPMENT OFFICER

**Impact Network NI** was commissioned by the **Public Health Agency**, Northern locality. The role of Suicide Prevention Development Officer was taken up by Laura McCaughey in November 2021. Impact Network NI are committed to increasing community involvement in suicide prevention through various mediums of community development, raising awareness and education, capacity building and resilience, partnership working and managing information.

Our Suicide Prevention Development Officer works in partnership with groups across our localities to help guide them and support their needs with regards to mental and emotional wellbeing and suicide prevention.

Since the beginning of the SPDO role, through various methods we have engaged with many groups/ individuals in the Community, Voluntary and Statutory sectors and successfully provided educational training for Mental & Emotional Wellbeing and Suicide Prevention.

### Some of the activities lead by Impact Network NI, Suicide Prevention Development Officer in the past year includes:

- ✓ 1,673 personal engagements with groups and organisations, providing guidance, signposting, and community development support.
- ✓ Supported 27 funded Community and Voluntary groups under the Public Health Agency commissioned Mental Health and Emotional Wellbeing project proposals.
- ✓ Coordinated 38 Training and Awareness sessions for the community.

- ✓ Information giving and sharing at 234 events.
- ✓ Distributed 1,397 Take 5 Steps to Wellbeing Information Packs to 36 groups.
- ✓ Consulted on documents including SPDO Toolkit
- ✓ Completed 44 individual interventions with people at risk.
- ✓ Co-ordinated local activities and initiatives to highlight 11 specific annual dates such as World Mental Health Day, World Suicide Prevention Day, Self-Harm Awareness Day, World Health Week, Mental Health Awareness Week, National Stress Awareness Day, International Survivors of Suicide Loss Day, National Minority Mental Health Month, National Men's Health Week, Blue Monday and Children's Mental Health Week.



*A source of  
Excellence  
promoting  
Ambition, Knowledge,  
Involvement and  
Wellbeing*



028 9447 8645

Unit 6/7 Arches House,  
38-40 Main Street,  
Randalstown, BT41 3AB

Follow us on Facebook and Twitter

 /Impact-Network-NI  /impactnetworkni

The logo for Impact Network NI is contained within a purple square frame. The words "IMPACT" and "NETWORK" are stacked vertically in a bold, white, sans-serif font. Below "NETWORK", the letters "NI" are displayed in a green, sans-serif font. The background of the logo area is a vibrant pink brushstroke.

**IMPACT  
NETWORK**  
NI

A source  
of Excellence  
promoting Ambition  
Knowledge, Involvement  
and Wellbeing