

# IMPACT REPORT

2023-2024



**SUPPORTING**  
**CONNECTING**  
**SHARING**

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# FOREWORD



**COLMAN  
CALLAN**

Chairperson

From 2022 to 2023 Foyle Parents and Friends has continued to establish itself as one of the leading Charities for Disabilities in the North West of Ireland. Our services have gone through a period of consolidation giving us time to plan and evaluate our future.

We are looking forward to further development of our services by providing excellence in opportunities for disabled people and their families. Our next steps include planning for the long term of the charity through investment in infrastructure.

**200+**

Families a year supported

**OVER  
45000**

Hours of services provided  
including respite and social  
opportunities



# COMPANY OVERVIEW

## VISION

**SUPPORTING PEOPLE WITH LEARNING DISABILITIES AND THEIR FAMILIES TO IMPROVE THEIR QUALITY OF LIFE.**

## MISSION

**A COMMUNITY WHERE PEOPLE WITH LEARNING DISABILITIES AND THEIR FAMILIES ARE SUPPORTED TO LEAD FULL AND MEANINGFUL LIVES.**

## VALUES

**SUPPORTING- WE STRIVE TO PROVIDE SUPPORTIVE, CARING ENVIRONMENTS BY WORKING IN PARTNERSHIP WITH OUR PARTICIPANTS AND FAMILIES. THROUGH EMPATHY, UNDERSTANDING AND COMPASSION WE WILL PROVIDE HOLISTIC SERVICES PROMOTING RESILIENCE AND ACHIEVEMENT.**

**CONNECTING- WE RECOGNISE THE IMPORTANCE OF WORKING TOGETHER AS A COMMUNITY, VOLUNTEER LED ORGANISATION. WE BELIEVE THAT BY PROMOTING INCLUSION AND CONNECTING COMMUNITIES WE WILL IMPROVE HEALTH AND WELLBEING, PROMOTE OPPORTUNITIES AND INDEPENDENCE.**

**SHARING- WE COMMIT TO SHARING THE JOURNEY FAMILIES TAKE BY PROVIDING RESPITE, ADVICE, SUPPORT AND GUIDANCE. OUR GOAL IS TO PROMOTE EQUALITY AND INCLUSION, VALUING AND RECOGNISING PROGRESS AND ACHIEVEMENT.**

# HIGHLIGHTS FOR 2023-2024



## Day Opportunities

Our day opportunity- the Tuned In Project offers adults with disabilities the opportunity to take part in programmes to develop resilient mental health, social/ personal and emotional wellbeing, physical health and much more through the medium of creativity and personal development. The programme operates from a custom built centre in Springtown, L'Derry where we work in house and within the local community to provide opportunities to our users.



[www.tunedinproject.co.uk](http://www.tunedinproject.co.uk)



Places Offered

**200/  
WEEK**



People Attending

**70+**



Activites Offered

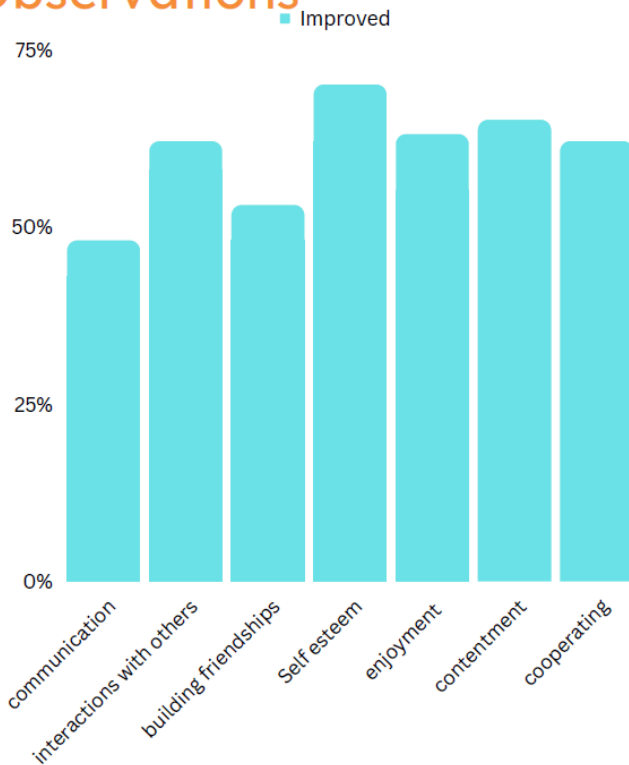
**20+  
/WEEK**



## SUMMER PROGRAMME

2023 seen our largest summer scheme yet, 146 applications, 132 children attending and 130 families supported. Demand continues to outstrip supply with the charity constantly adapting to meet the needs of our families and service users. The scheme results speak for themselves:

### Staff Comments & Observations



**70%**

got on very well or better



**21**

volunteers to support the scheme



**2640**

hours of respite for parents and carers



For more information on our programme a full report is available via email:  
[phil@tunedinproject.co.uk](mailto:phil@tunedinproject.co.uk)

# OTHER ACTIVITIES

## SOCIAL PROGRAMMES

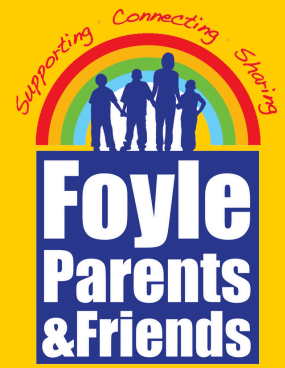
We offer two evenings a week of social programming including opportunities to travel on a bi annual basis. Our social programmes operate for 36 weeks of the year and support people with disabilities to take part in a variety of events and activities.

## CARERS BUS TRIP

Every year the Charity offers a Christmas shopping trip to all carers and relatives of young people with disabilities. This is kindly supported by the Wester Health and Social Care Trust



# CONTACT US



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