



IMPACT REPORT

2022-2023

**Supporting
Connecting
Sharing**



www.fpaf.co.uk

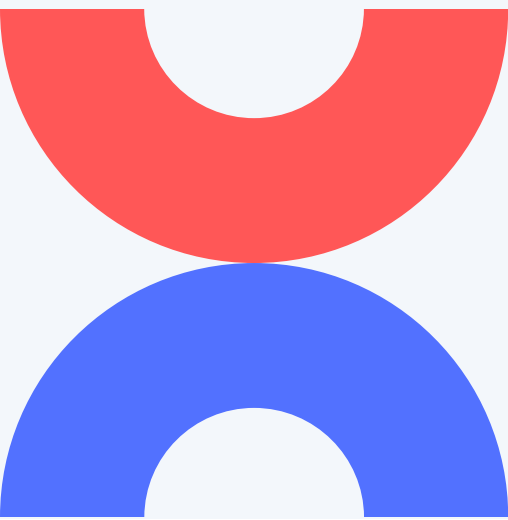
A WORD FROM THE CHAIRPERSON



Foyle Parents and Friends Association has gone from strength to strength in 2022. We completed a period of strategic planning and following the covid pandemic we are proud to say all our services are now operating fully with a vibrant summer scheme, comprehensive support for parents and thriving day opportunities. I look forward to 2023 with immense pride in the work we do and development of services to those in the learning disability community that need it most.



Colman Callan- Chairperson



OUR MISSION, VISION, VALUES AND OUTCOMES

Mission

A community where people with learning disabilities and their families are supported to lead full and meaningful lives.

Vision

Supporting people with learning disabilities and their families to improve their quality of life.

Values

Supporting- We strive to provide supportive, caring environments by working in partnership with our participants and families. Through empathy, understanding and compassion we will provide holistic services promoting resilience and achievement.

Connecting- We recognise the importance of working together as a community, volunteer led organisation. We believe that by promoting inclusion and connecting communities we will improve health and wellbeing, promote opportunities and independence.

Sharing- We commit to sharing the journey families take by providing respite, advice, support and guidance. Our goal is to promote equality and inclusion, valuing and recognising progress and achievement.

Outcomes

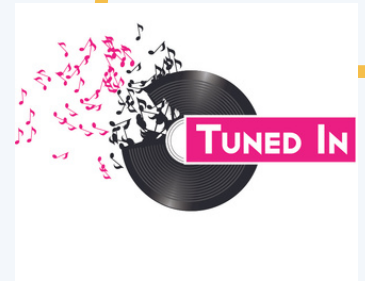
- Parents and Families of people with learning disabilities are supported to access services and respite they need and want.
- People with learning disabilities are supported to improve their skills, independence and quality of life.
- Staff and Volunteers are valued and recognised.
- Operating as a sustainable and innovative organisation

OUR ACHIEVEMENTS FOR 2022

DAY OPPORTUNITIES

The Foyle Parents and Friends Association- Tuned In Project offers adults with learning disabilities the opportunity to further their education, potential and wellbeing through life skills, the digital and creative arts and social programming. 2022 seen growth in our staff team, programming and overall administration of the project.

- 9-3pm daily Monday to Friday
- Offers 200 places per week
- Student designed and led programming
- Offers trips away
- Expansive Social calendar including gigs and events
- State of the art premises
- Performance opportunities to include choir festivals and large local festivals
- Partnerships with local schools, arts organisations and training providers
- Sports and activities to include football and circuits
- 69 students attend on a weekly basis
- Transport provision to Strabane, Limavady and Dungiven



www.tunedinproject.co.uk

SUMMER PROGRAMME

Over a three week period the summer scheme supported a total of 127 families with 127 children with complex learning needs ages 6 to 18. There has been increased demand for the summer programme this year, referrals and enquires have come from a wide range of parents and support workers outside the school. Some of the results form the scheme are as follows:

Increase in Confidence & mood
41% started to experience progress
53% experienced significant progress



Improved Health & Wellbeing
41% started to experience progress
55% started to experience significant progress



Developing Friendships & Positive Relationships
41% started to experience progress
53% experienced significant progress



100% of Parents felt that the summerscheme met their needs



Parents satisfaction with activities
82% Excellent
12% Exceptional
2% Very Good
4% Good



Just brilliant for our kids



Absolutely amazing service and has been a life saver for myself and my son

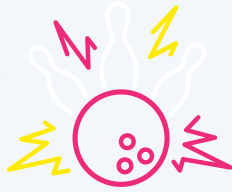


An invaluable resource for our young people, would be lost without it

OTHER ACTIVITIES

Bowling Club

The association has been running a Monday evening 10 pin bowling club for over 20 people providing respite for carers. It operates for 36 weeks in the year.



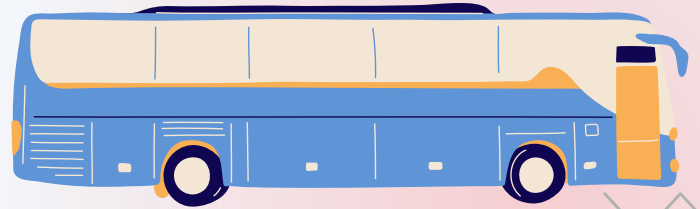
Thursday Night Socials

Our Tuned In Project operates social evenings 36 weeks of the year. Its student led with all the programming being driven by the students who attend.

Volunteering

Foyle Parents and Friends Association prides itself on its recruitment and support of volunteers, through our partnership with the North West Volunteer Centre we have a dedicated team of volunteers to support our activities.

- 20 volunteers recruited over 2022
- Volunteer training consisting of first aid and Safeguarding
- Over 1500 hours of volunteer input



Carers Bus Trip

The association were delighted to offer a Christmas shopping trip with dinner to Belfast for Carers of young people with disabilities. This was kindly supported by the Western Health and Social Care Trust.

