



Northern Ireland Mental Health Arts Festival

Annual Report and Unaudited Accounts for Year ending 4th April 2024

Charity Registration Number: NIC 103013

Annual Report and Unaudited Accounts for Year Ending 4th April 2024

Board Report for the Year Ended 4th April 2024

We were delighted to celebrate our 10th Annual NI Mental Health Arts Festival in May 2023 and are thrilled with the response from our Stakeholders, Festival Partners, our Artists, Arts and Cultural Organisations, and our Funders, without whom Festival and our other creative projects would not be possible. Our gratitude to our principal Festival funders Belfast City Council and The Baring Foundation for their investment in Festival and funding for our international residencies in Cambodia and the Lebanon. We thank the Arts Council for funding the Moving Canvas project, Dormant Accounts Fund for supporting organisation development, the Mental Health Foundation for support for Festival, and Film Hub NI for funding to create a documentary on the Lebanon residency . One strand of funding that proved to be key to the development of NIMHAF was the financial support we received from Futurescreens NI. This has been a key component of our growth and underpinned our future strategic development.

With festival 2023 we have exceeded our own expectations this year, with a rich and diverse programme of events, created in collaboration with our Festival Partners and Funders. We embraced a diverse range of artforms, eclectic and engaging across Northern Ireland, with an extensive range of events and exhibitions leading into and beyond our Festival dates from the 11th to 21st May . It was a festival celebrating artists and arts organizations regional and internationally. Festival 2023 created a positive platform for Festival 2024.

Other activities that took place during 2024/24 were the international residency in Beirut where six Belfast based artists engaged with artists from Lebanon. This project will culminate in exhibitions and a project film screening during 2024/25 and at Festival 2024.

2023 saw the departure of Festival Director, Dawn Richardson. Dawn has made a major contribution to the success and progress of the Festival and to NIMHAF as an organisation. We thank Dawn for her leadership of the organisation and contributions she made to our success.

To fill the gap created by Dawn's departure we appointed a temporary Festival Coordinator, Casey- Jade Campbell. Casey-Jade came from a background in performing arts and she brought with her knowledge and expertise in this and other creative fields. Casey- Jade worked in partnership with NIMHAF Chairperson, Noelle McAlinden to programme Festival 2024 which took place in May 2024.

Charity Trustees 2023-24

The Trustees during this year were Noelle McAlinden (Chair), Damien Coyle (Vice Chair), Emma Berry, Frank Liddy, Brenda Brady, Hattie Godfrey, William Nicholson.

NIMHAF 2023 Programme

Our NIMHAF Festival coincided with Mental Health Awareness Week and ran from 11th -21st May 2023, we are delighted to have brought together, a programme of diverse, dynamic and evolving arts activities with over 50 key events included. We presented a diverse & eclectic programme, embracing new & evolving visual & performance art, as well as theatre, spoken word and moving image arts, the festival celebrated the creativity, lived experience & self-expression from both emerging & established as well as internationally renowned artists. All were united in challenging stigma & celebrating the pivotal role of creativity self-expression & the arts upon our Mental Health & Wellbeing.

Festival's diverse programme incorporated visual and performing arts, theatre, film, choral and musical ensembles, poetry, spoken word, photography, sonic art, panel discussions, residencies and printmaking.

We continue through NIMHAF 2023 to empower artists to express themselves & instil confidence in creatives to come together and form, to connect & share beyond the Festival. NIMHAF encouraged their collective work to flourish and come to life, creating a safe space to engage & express emotion, lived experience & challenging stigma of talking about personal mental health. We have many examples of the diversity of our programme including the following:



Mindful Colouring **Belfast Central Library - Belfast**

A morning of mindful colouring in Belfast Central Library.



Artcetera

Warriors Against Stigma

NIR Personality Disorder Network - Belfast

Group exhibition raising awareness of EUPD/BPD and tackling the myths and stigma it attracts.



'Myth'

Millennium Court - Portadown

'Myth' exhibits a collection of drawings and ceramics produced by Action Mental Health service users based in Portadown and Newry.



Masks, Myths & Magic **Crescent Arts Centre - Belfast**

Exhibition from Armagh Rhymer, Dara Vallely.



Megalith **Paul Doran**

Written piece by Paul Doran inspired by our 2023 Artist Residency.



Void Gallery – Derry/Londonderry

Re_sett_ing_s

Jaki Irvine and Locky Morris

Void Gallery presented Re_sett_ing_s, a collaborative exhibition between Locky Morris and Jaki Irvine.



The Strand Arts Centre - Belfast

Ní Fheicfeadh Iora an Talamh

Billy Woods

An Exhibition from Belfast-based Photographer Billy Woods.



The Black Box - Belfast

My Creative Life

Creative Lives

A poetry and photography project run by Creative Lives working with 12 groups across NI.



The Art of Conversation with Bronagh Gallagher

Noëlle McAlinden & Bronagh Gallagher

Interview with this year's 'Festival Advocate'



Echo Echo Dance Theatre - Derry/Lomdonderry

Ghosts

Echo Echo Dance Studio

An Evocative Theatre Dance Piece from Echo Echo Dance Studio.



Seamus Heaney Homeplace - Bellaghy

Earth to Alice

Alice McCullough

Performance poet Alice McCullough brings her critically acclaimed one-woman show to Seamus Heaney Homeplace.



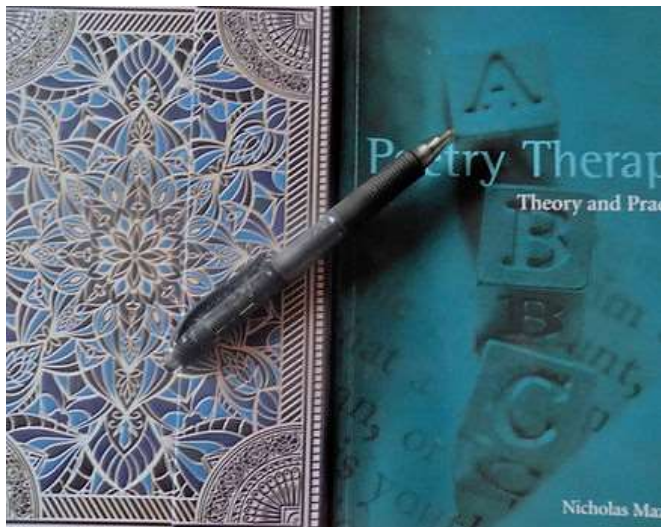
2 Royal Avenue - Belfast
Migration, Art & Mind
Anaka Women's Collective

An exhibition of work from artists in the Anaka Women's Collective.



2 Royal Avenue - Belfast
Transmythology
EG Dunne

Audio-visual installation exploring the mythology of the artist.



Crescent Arts Centre - Belfast
Introduction to Poetry Therapy
Shelley Tracey

Poetry Workshop Designed to Inspire by Shelley Tracey



Ormeau Library - Belfast
Family Storytelling Time
Ormeau Library

Family storytelling time for children with Collin Urwin from Armstrong Storytelling Trust.



Sonic Arts Lab SARC - Belfast
Myths, Landscape & Soundscape
SARC

A Collaborative Sound Bath Experience at Sonic Lab in SARC.



FE McWilliam Gallery - Banbridge
Myths at FE McWilliam
FE McWilliam

A Special Tour of Works at the FE McWilliam for NIMHAF.



University of Atypical - Belfast
Into Another World - Brain Injury Matters

Stories from the Creative Workshop participants of Brain Injury Matters.



The Duncairn - Belfast
Suaimhneas

Listen to some of Ireland's best new musicians in the chilled out folk and ambient scene in an intimate and meditative space.

This is a brief overview of our activities in 2023/24 and provides insight into the scope of activity delivered by our small and dedicated team of staff and proactive Board members. 2024 ended as a year of reflection and as an organisation we have major decision to make regarding our programmes, our brand identity, staff and board structure, strategic direction, and future ambitions. We hope you join us on this exciting journey going forward.

Handwritten signature of Noelle McAlinden.

Noelle McAlinden

Chairperson

Date: 16/12/2024

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 4th April 2024

	Note	Unrestricted	Restricted	Mar-24 Total	Mar-23 Total
Income & Endowments					
Donation & Legacy	1	436.96	63939.21	64376.17	
Charitable Activity	2	860.70		860.70	
Investment Income					
Total Income		1297.66	63939.21	65236.87	42428.90
Expenditure					
Cost of activities	3	3975.26	43016.68	46991.94	31148.22
Net (exp) income		-2677.60	20922.53	18244.93	11280.68
Funds Brought forward		2711.71	12081.79	14793.50	3512.82
Total Funds Carried Forward		34.11	33004.32	33038.43	14793.50

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

Northern Ireland Mental Health Arts Festival

Statement of Financial Activities including Income and Expenditure at 31st March 2024

Balance Sheet

		2024	2023
Fixed Assets			
Current Assets			
Debtor reserve A/c	30000		
Cash at Bank	3038.33	33038.33	14793.50
Creditors			
Net Current Assets		33038.33	14793.50
Funds			
Restricted		33004.32	12081.79
Unrestricted		34.11	2711.71
		33038.43	14793.5

The financial statements were approved by the Board on 19 December 2024.



Noelle McAlinden

Chairperson

Date: 19/12/2024



Damien Coyle

Acting Treasurer

Date: 19/12/2024

Festival Expenditure CC 2	0.00	4,072.50	-11,767.51	15,840.01	16,290.01	450.00	16,290.01
Dawn Richardson project	0.00	2,500.00	2,500.00	10,000.00	10,000.00	0.00	10,000.00
Artist Costs Oct5 23							
Beirut Inv Folder	2870.00	1,605.00	-1,945.00	6,420.00	6,420.00	0.00	6,420.00
	2870.00	8,177.50	-11,212.51	32,260.01	32,710.01	450.00	32,710.01

Overheads

Insurances	0.00	24.00	24.00	96.00	96.00	0.00	96.00
Copier /							
Print/Post/Stationery	0.00	100.00	100.00	400.00	400.00	0.00	400.00
Festival Merchandise	0.00	116.51	116.51	466.02	466.02	0.00	466.02
Advertising & Promotion	0.00	300.00	300.00	1,200.00	1,200.00	0.00	1,200.00
Travel D Richardson	455.19	308.97	-146.22	1,235.87	1,235.87	0.00	1,235.87
Consultants Fees &							
Subscriptions	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Legal & Professional Arts & Business	0.00	45.00	45.00	180.00	180.00	0.00	180.00
Audit & Accountancy	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bank Charges	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Glasgow expenses							
catering subsistence etc	0.00	260.83	-782.48	1,043.30	1,043.30	0.00	1,043.30
Office Equipment / hire / S/w sub/ Website	386.00	113.16	-272.85	452.62	452.62	0.00	452.62

Total Overheads	841.19	1,268.45	-616.04	5,073.81	5,073.81	0.00	5,073.81
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Total Expenditure	£5,499.19	£9,129.99	£16,112.65	£46,991.94	£36,519.94	£5,948.00	£52,939.94
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Operating Surplus/(Deficit)	-	£4,353.32	£20,988.30	£18,244.93	£17,413.29	£17,251.64	£993.29
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Net Funds Carried Forward £33,038.43

Cost Centre Summary - FY23-24 Apr 2023 - Mar 2024

Income Stream	Receipt Date	Cost Centre	Bal 1/4/23	Income	Expenditure	CC Transfer	Bal 31 March 24	Notes / designated expenditure
			£B/f	£	£	yearend adj	£c/f	
UU Future Screen Grant Jul /Dec 23	Jul/ Dec 23	CC1	7081.79	21420.22	5,331.61	0.00	23,170.40	Staffing Costs/ Dawn inv Oct 36hrs
Mental Health Foundation		CC2	5000	0	2,791.50	0.00	2,208.50	Dawn R invoice April invs x2 Beirut
QUB Film Hub	May , Jun 2023	CC3		2964.03	2964.03	0	0.00	Dawn R invoice 26/4
Belfast City Council	Jul-23	CC5		6160.96	6173.83	12.87	0.00	Fight Words May 23 invs Artist / 20% due D/down
Dormant Accounts	Sep-23	CC6		3000	1510.87	0	1,489.13	Glasgow trip
ACNI (Nov 23)	Nov-23	CC7		4194	2870	0	1,324.00	10% grant to drawn down
Baring Trust	May jun jul 23	CC8		26200	21374.84	0	4,825.16	DR 26/4 /Beirut Project
Total Restricted			12081.79	63939.21	43,016.68	12.87	33,004.32	
Unrestricted		Core	2711.71	436.96	3,530.83	-12.87	-382.16	Governance Noelle / Dawn travel Glasgow etc
Eventbrite/ paypal QUB General	May-23			860.7	444.43		416.27	D Richardson inv 26/4
Total Unrestricted			2711.71	1297.66	3975.26	-12.87	34.11	
Total Funds			14793.5	65236.87	46,991.94	0.00	33,038.43	