

RUTH RAISING UP THE HURTING LIMITED (REGISTERED NUMBER: NI616419)

REPORT OF THE TRUSTEES
for the Year Ended 31 JANUARY 2024

The Trustees present their annual report together with the financial statements of RUTH Raising Up the Hurting Limited for the year ended 31 January 2024..

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's objectives and purposes are for the promotion, preservation and protection of physical and mental health and well-being, education of, but not restricted to, social skills, the relief of poverty, hardship and sickness of inhabitants of the the Belfast area and other areas of Northern Ireland in particular, but not exclusively without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion, by associating the statutory authorities, community and voluntary organisations and the inhabitants in a common effort to advance education, health and relief of poverty and hardship and to provide facilities in the interests of social welfare for recreation or other leisure - time occupation, with the object of improving the conditions of life for the said inhabitants and in particular:

- (i) to relieve suffering and promote the the preservation and protection of mental health of those people and their families in the area of benefit who are suffering or experiencing mental or emotional distress and anguish as a result of mental illness, emotional disability, drug and alcohol addiction, social and/or economic circumstances, domestic abuse and/or violence and difficulties in their personal lives by the provision of counselling, education, treatment and prevention projects;
- (ii) to promote, or assist in promoting community capacity building programmes and projects for the benefit of the inhabitants within the area of benefit who have need of such assistance as a result of their youth, age, disability or infirmity, or social and economic circumstances, in an effort to increase the abilities, life skills and self confidence of such communities in the area of benefit;
- (iii) to relieve persons in conditions of need, homelessness, hardship, distress or sickness arising therefrom whether in connection with housing or accommodation or shelter or any other purposes in the Belfast area and in such other parts of Northern Ireland, in particular but not exclusively as the trustee directors may from time to time decide in accordance with the law of charity;
- (iv) to engage in relief projects and in the provision of resources, training and financial support to assist those in poverty, suffering and distress in the area of benefit in an effort to improve their quality of life;
- (v) to increase the use of churches, relief organisations and individuals in the delivery of exclusively charitable services to the poor and needy in the area of benefit;
- (vi) to advance any other exclusively charitable purpose as the trustee directors, may from time to time, decide in accordance with the law of charity.

The Trustees have read and taken regard of the Charity Commission for Northern Ireland's guidance on Public Benefit and on Public Benefit reporting.

FINANCIAL REVIEW

Financial position

The results for the year ended 31 January 2024 are set out on pages 4 and 5 of the financial statements. The total income for the year ended 31 January 2024 amounted to £6,922 (2023- 6,325). The majority of income received in both years was donations received. The charity held £12,041 in cash reserves at the year end (2023 - £20,537). This equates to approximately one year of the charity's charitable expenditure at current rates. The trustees are reviewing the reserves policy in the current year.

FUTURE PLANS

The charity intends to continue the work it preforms for the benefit of the public, while seeking additional sources of funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

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for the Year Ended 31 JANUARY 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI616419 (Northern Ireland)

Registered Charity number

102851

Registered office

77 Dungannon Road
Ballygawley
Dungannon
Co. Tyrone
BT702JU

Trustees

J Smiton
S Hutchinson
J Dumigan
M Dumigan

Independent Examiner

Stephanie Stenson FCA
Patton Rainey Stenson Limited
Chartered Accountants
6 East Bridge Street
Enniskillen
Co. Fermanagh
BT74 7BT

Approved by order of the board of trustees on 28 October 2024 and signed on its behalf by:



J Smiton - Trustee