

NEPTUNE'S SPECIAL OLYMPICS CLUB – TRUSTEES ANNUAL REPORT 2017

The Trustees of Neptune's Special Olympics Club present their annual report and accounts for the year ending 31st August 2017 and confirm that they had regard to the Commission's Public benefit requirement statutory guidance to ensure that the activities have helped to achieve the charity's purposes and provide a benefit to the beneficiaries.

The aims of our club include ; improved equality of opportunities to participate in sporting activities for people with an intellectual disability (currently aquatics but other sports can be provided in the future); improved general health and increased levels of fitness; improved quality of life through enhancement of self esteem and enhancement of social skills; greater social awareness and acceptance of people with intellectual disabilities.

These benefits can be evidenced through; feedback from parents and athletes; independent evaluation in the form of SportNI Clubmark award; coaching records of athletes performance; success and achievements in competitions.

Throughout the period of this report the club ran 34 one hour training sessions to coach, teach, train and develop our athletes swimming abilities and techniques with a view to entering competition within the Special Olympics 4 year completion cycle. 5 of our athletes competed in year 2 regional games within the Ulster Region. Neptune's also hosted an interclub competition to provide further competition experience. Some of the athletes who were not ready for formal competition were able to compete in less formal competitive activities during club training.

Alongside training the club also ran an ongoing healthy athlete programme with monthly sessions that covered topic including healthy eating, personal hygiene, healthy teeth, fit feet, sun safety, good hydration, and physical activity.

At the end of each term we held a celebration event to encourage social skills at the same time as formal recognition of achievement through presentation of awards and certificates.

We finished off the year with an end of year camp which included 2 day's development activities in a recognised and qualified activity provider.

All of our athletes showed improvement throughout the year in their swimming ability, social interaction and knowledge and understanding of the benefits of a healthier lifestyle. This was demonstrated through achievements at competition, improvements in timings recorded at training throughout the year, feedback from parents, feedback from coaches and from the athletes themselves.

Our financial statement shows that we had funds of £3521 at the beginning of the year and through subscriptions, grants and fundraising we benefited from additional income of £3170. Our spend throughout the year was £4976. The spend was on running cost for the sporting activities including facility hire and equipment, athlete recognition and development activities, and club governance. A large proportion of the spend was on the end of year camp which totalled £1659. The remaining funds at year end were £ 1715

The Current Trustees of the charity are;

Brendan McNeice, Anne MacOscar, Patricia Lock, Angela Horner, Mary McAleer and Heather Horner.

Neptune's Special Olympics Club

4Clondar Parade

Belfast

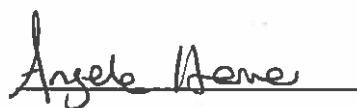
BT12 6ES

NI Charity Number 102806



Chairperson

14/6/18



Treasurer

14/6/18