

Belfast Health Initiative

Trustees Report

1st April 2023 –

31st March 2024

Charity Contact Details:

Belfast Health Initiative

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Belfast

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Charity No: 102668

Charity Aims and Objectives

The Belfast Health Initiative was established in 2003 with the purpose of promoting Complementary Alternative Medicines (CAMs). We produce a quarterly newsletter with a distribution of 500+. We organise public lectures with health related themes so that people can make informed choices about their own health and well-being. We have been at the forefront of lobbying to have CAM's available through the NHS which resulted in a one-year pilot scheme based in two GP surgeries in Belfast and Derry where CAM's were available to patients. We also established the Belfast School of Homeopathy in 2003 which is run on a co-operative basis.

Charity Purpose

The objects of the Company shall be exclusively charitable and be for the advancement of education (including the provision of training or re-training courses and facilities) and the relief of poverty in West Belfast particularly (but so that the Company shall not be limited to pursuing its objects only in such area nor shall those who participate in the activities of the Company be drawn exclusively from the residents of West Belfast)

The trustees have paid due regard to the charity commissions guidance on public benefit. The trustees are confident that the Belfast Health Initiative's aims and objectives are in accordance with the regulations on public benefit.

Charity Trustees

Mr Ciaran Cahill - Chairperson
Margaret Hyland – Treasurer

Income and Expenditure Accounts Prepared by:

The income and expenditure accounts are prepared by the Belfast Health Initiative and examined by an Independent examiner Mr Thomas Holland, Upper Springfield Resource Centre.

Bank

Bank of Ireland

202 Andersonstown Road

Belfast

BT11 9EB

Financial Review

The Charity's main source of income is generated through student fees which has increased by £5017 since the previous year due to a fee increase. The income via the community clinic and fundraising has increased in this financial year from £2032 last year to £1014 in this year.

There is no significant difference in the charity's income and expenditure in this financial year over last year. The main income (£22,249) is derived from student fees and the main expenditure (£17,800) is for tutor & administration costs with a small surplus of (£2789)

Fundraising

The charity works on a co-operative basis with students, trustees and tutors with the main income being the fees from students, there have been a number of fundraising activities during this period which have generated income of £1423.

Charity Activities

The charity's main focus is the management of the Belfast School of Homeopathy. The school delivers a four-year licentiate programme in Homeopathy and is affiliated to the Irish School of Homeopathy. This year we are planning for the graduation of 4th year students (6) and the progression of our 2nd year students (11). The school intake is bi-annually to coincide with the graduation year. The school continues to provide excellent tuition and opportunities for qualified homeopaths. The school is run on a co-operative basis and relies primarily on student fees for its income with additional fundraising activities. The charity's finances are in a healthy position with sufficient reserves to cover any unforeseen expenditure.