

Belfast Health Initiative

Trustees Report

1st April 2022 –

31st March 2023

Charity Contact Details:

Belfast Health Initiative

C/o 6&7 Springhill Close

Belfast

BT12 7SE

Tel 02890326722

Email: bhi@sch.ie

Charity No: 102668

Charity Aims and Objectives

The Belfast Health Initiative was established in 2003 with the purpose of promoting Complementary Alternative Medicines (CAMs). We produce a quarterly newsletter with a distribution of 500+. We organise public lectures with health related themes so that people can make informed choices about their own health and well-being. We have been at the forefront of lobbying to have CAM's available through the NHS which resulted in a one-year pilot scheme based in two GP surgeries in Belfast and Derry where CAM's were available to patients. We also established the Belfast School of Homeopathy in 2003 which is run on a co-operative basis.

Charity Purpose

The objects of the Company shall be exclusively charitable and be for the advancement of education (including the provision of training or re-training courses and facilities) and the relief of poverty in West Belfast particularly (but so that the Company shall not be limited to pursuing its objects only in such area nor shall those who participate in the activities of the Company be drawn exclusively from the residents of West Belfast)

The trustees have paid due regard to the charity commissions guidance on public benefit. The trustees are confident that the Belfast Health Initiative's aims and objectives are in accordance with the regulations on public benefit.

Charity Trustees

Mr Ciaran Cahill - Chairperson
Margaret Hyland

Income and Expenditure Accounts Prepared by:

The income and expenditure accounts are prepared by the Belfast Health Initiative and examined by an Independent examiner Mr Thomas Holland, Upper Springfield Resource Centre.

Bank

Bank of Ireland

202 Andersonstown Road

Belfast

BT11 9EB

Financial Review

The Charity's main source of income is generated through student fees which has increased by £5017 since the previous year due to a fee increase. The income via the community clinic and fundraising has increased in this financial year from £2032 last year to £1014 in this year.

There is an increase in the charity's expenditure in this financial year (£24635) over last years' expenditure of (£23168)

The charities finances are in a health position with sufficient reserves to cover any unforeseen expenditure. The trustees are mindful that the school need to generate more income other than student fees and have plans for post graduate courses open to past and present students.

Fundraising

The charity works on a co-operative basis with students, trustees and tutors with the main income being the fees from students, there have been a number of fundraising activities during this period which have generated income of £2032 which is an increase on the previous financial year. The trustee's, students and tutors are engaged in additional fund raising activities that will increase the income in the following financial year.