

NORTHERN IRELAND RAPE CRISIS ASSOCIATION

TRADING AS: NEXUS

DIRECTORS' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The directors present their annual report and financial statements for the year ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

Objectives and activities

The charity's objects are to preserve and protect mental and physical health and relieve the distress of people who have suffered from sexual abuse and sexual violence, including sexual assault and rape, within Northern Ireland and elsewhere, and advance public education about all matters related to sexual abuse and sexual violence and its consequences; and in particular:

- a. to provide information and support, counselling and therapeutic interventions to victims, survivors and those affected by sexual abuse, sexual violence and associated traumas;
- b. to raise awareness of sexual abuse and sexual violence and its consequences amongst professionals and the general public and provide awareness, educational and professional training programmes for all ages;
- c. to raise awareness of sexual abuse and sexual violence and its consequences amongst professionals and the general public and provide awareness and educational programmes, including programmes which aim at protecting young and vulnerable people and training for professionals working with adult survivors of sexual abuse; and
- d. to advance any other exclusively charitable purpose as the directors may, from time to time, decide in accordance with the law of charity.

The directors have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and Performance

Nexus has 3 core areas of service delivery to directly support people impacted by sexual abuse these are specialist 1-1 counselling, psycho-education and training and the Domestic and Sexual Abuse Helpline. In 2022/23 the organisation delivered 18,307 individual counselling sessions. The organisation has in place management systems to monitor and analyse data to ensure an effective service is provided and maintained. Approximately 97% of Counselling Clients reported a Positive Reliable Change (up from 93% in 21/22). The adult counselling service continues to be funded through Department of Health while children's counselling is supported by a number of grant-making trusts. The organisation's early intervention and prevention team delivered 4,191 psychoeducation workshops to young people and training 921 professionals in recognising the signs of child sexual abuse and exploitation. While, the Domestic and Sexual Abuse Helpline supported 5,036 victims and survivors of domestic abuse (an increase of 11% from 2021/22). The service responded to 24,079 calls (a 15% increase on 2021/22) and 38,791 on-line interactions (an 83% increase on 2021/22).

Financial review

The net surplus for the year amounted to £28,434 (2022: £13,653 deficit). This has been transferred to reserves. The accumulated reserves at 31 March 2023 were £120,144 (2022: £168,226) for restricted funds and £991,842 (2022: £915,326) for unrestricted funds. £502,277 (2022: £529,031) of the unrestricted reserves are held in a designated fund as these are not free funds, they represent the value of the tangible fixed assets that have been funded out of unrestricted income. The general reserve at the 31 March 2023 is £489,565 (2022: £386,295).

The directors have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

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FOR THE YEAR ENDED 31 MARCH 2023

The tender with HSCB has been extended to 31 March 2024 and a tender for the provision of the Domestic and Sexual Abuse Helpline has been extended to 31 March 2027, funded by Department of Health, Department of Justice and the Department for Communities. The Nexus Board and management team continue to focus on increasing the variety of funding sources accessed by the organisation and its long term sustainability. To that end, review and investment continues to be made in the organisational structure to ensure sustainability of the organisation.

We are continuously improving management of our appointments and reporting with the on-going aim of improving and making the services more efficient and flexible to adapt to the changing funding environment.

Structure, governance and management

The charity is registered with the Charity Commission for Northern Ireland as Northern Ireland Rape Crisis Association (reg. no. 102558) and is recognised by HMRC as a charity (XN46002). The charity trades as Nexus. The charity is incorporated as a company limited by guarantee with members guaranteeing to pay a sum not exceeding £1 to the company in the event of a winding up. The registered office and principal business address is situated at 59 Malone Road, Belfast, BT9 6SA.

The Trustees consider the governing document of the association to be the Memorandum and Article of Association.

The directors who served during the year and up to the date of signature of the financial statements were:

Z McKee	(Resigned 19 September 2022)
K Greene (Chair)	(Resigned 14 December 2022)
C Cooney (Chair)	
Dr P Irving	(Resigned 1 August 2023)
P Nelson	(Resigned 19 September 2022)
S Henderson (Vice Chair and Treasurer)	
L Graham	(Resigned 19 September 2022)
O Macshane	
M Canning	(Appointed 23 August 2022 and resigned 7 September 2023)
R Elliot	(Appointed 23 August 2022)
H Henry	
K McCamley	(Appointed 23 August 2022)
E McGinn	(Appointed 23 August 2022)
S Sweeney	(Appointed 23 August 2022 and resigned 7 September 2023)
J Hughes	(Resigned 19 September 2022)
R Johnston	(Appointed 7 September 2023)
G Orr	(Appointed 7 September 2023)

The Board consists of a maximum of 15 trustees/directors who are re-elected annually at the Annual General Meeting. The company shall actively promote a board of Directors which includes a range of skill, experience and knowledge in keeping with the pursuance of its Objects and to this end it is entitled to advertise and interview eligible candidates to be potential directors of the board. The Directors shall have the power at any time to appoint any person, who need not be a member of the company.

Asset cover for funds

The net current assets represent the reserves of the company and are held for the purpose of providing working capital. Included within net assets are buildings with a net book value of £469,726 (2022: £479,712). Our aim is to hold 4-6 months of total costs in general reserves to ensure the financial stability and continued provision of the company's main activities. The Board can designate reserves for specific purposes such as fulfilling long-term capital investment, modernisation and development of the company in line with the organisations strategic and business plans. Restricted reserves will used as specified in the funders contract.

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FOR THE YEAR ENDED 31 MARCH 2023**

Auditor

In accordance with the company's articles, a resolution proposing that Harbinson Mulholland be reappointed as auditor of the company will be put at a General Meeting.

Taxation

Under Section 485 and 486 of Corporation Taxes Act 2010, The Northern Ireland Rape Crisis Association is entitled to charity tax exemption.

Disclosure of information to auditor

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The directors' report was approved by the Board of Directors.



C Cooney (Chair)

Date: 12/12/23

NORTHERN IRELAND RAPE CRISIS ASSOCIATION
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STATEMENT OF DIRECTORS' RESPONSIBILITIES
FOR THE YEAR ENDED 31 MARCH 2023

The directors, who also act as trustees for the charitable activities of Northern Ireland Rape Crisis Association, are responsible for preparing the Directors' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the directors to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



C Cooney (Chair)

Date: 12/12/23