

Lenadoon Women's Group

Glen Community Complex

41c Suffolk Road

Belfast

BT11 9PE

Charity Commission N.I. Number: NIC02455

LENADOON WOMEN'S GROUP

TRUSTEES ANNUAL REPORT

2024

Overview of Lenadoon Women's Group

Lenadoon Women's Group was established in 1988. The group work towards trying to create a stable, secure, confident community in the wider neighbourhood. The women's group promotes the benefits for local people by working in partnership with Local Authorities, Health and Social Care Professionals, GP's Counsellors, Housing providers, Women's Organisations, Community Groups/Services and Voluntary Organisations to provide secure provision of services.

The vision of the women's group is "Where Women, Parents(s), Grandparents and Families of the greater Lenadoon Neighbourhood area and across West Belfast are safe, secure and have access to inspirational, accessible and available services which fully meets their needs and issues"

Charitable Purpose

The purpose of the women's group is to work to support the ever-growing needs and issues of Women, Parent(s), Grandparents and Families in the greater neighbourhood and aims to provide one to one support to those Women, Parent(s), Grandparents and Families to help relieve Poverty, Advance Education, Advancement of Health or the Saving of Lives. The advancement of Citizenship or Community Development. The relief of those in need by reason of Youth, Age, ill health, Disability, Financial hardship or other disadvantage and other charitable purposes.

The women's group has achieved this through providing an extensive range of Support/Advocacy Services that directly meet complex and often multi-intervention needs of Women, Parent(s) Grandparents and Families. The woman's' Group has provided facilities in the interest of Social Welfare for beneficiaries who by reason of social or economic circumstances have such a need.

Description of activities and achievements that specifically provide a Public Benefit

The benefits for those engaging in the women's groups support/services/programmes/activities include amongst others:

- Improve life opportunities and enhancement of the quality of lives through early interventions. Therefore Women, Parent(s) Grandparents, Families were more skilled and confident in responding to their children's needs.
- They have greater resilience through the knowledge and skills learned and were more empowered and felt more able and confident to ask for help.

- Their Health inequalities were reduced in some cases and they had support in gaining access to Health Services to help them deal with the many issues that were impacting on their Physical/Mental Health and Well Being.

Chairpersons Report

The last year has been challenging impacted by the on-going legacy of the Covid Pandemic coupled with the Cost- of- Living Crisis, which had a significant and widespread impact on the physical and mental wellbeing of our local community. The Lenadoon Women’s Group provided vital and sometimes life-saving resources to Women, Parent(s) Grandparents, Individuals and Families in the greater Lenadoon area. The range of services outlined below were delivered over the past year for the benefit of Women, Parent(s) Grandparents Individuals and Families.

- One to One Support for Women, Parent(s) Grandparents, Individuals and Families, which included providing practical support including food parcels and utility vouchers to vulnerable families in need.
- Holistic Family Support including Home Visitation
- Advise and support to victims of Domestic Abuse.
- Support, Advice, Advocacy on issues relating to Welfare Rights, Benefits, Housing, Debt, Homelessness
- Assistance in accessing Professional Counselling through the Lenadoon Community Counselling Service, Alternative Therapies and other Support Services.
- Personal Development and Capacity Building
- Parenting Support and Advice.
- Emotional Health and Wellbeing
- Mindfulness
- Healthy Eating
- Art Therapy
- Attendance at Case Conferences and Looked after Children Reviews (LAC)
- Christmas Family Appeal provided Food Hampers, Clothes, Toys, Toiletries and Utility Vouchers.
- Provided signposting services to other support services specific to the individuals needs

Over the past year Staff and Volunteers completed Training in the Following

- I.C.D.L - Computer Course.
- Safeguarding Young Adults.
- Health & Social Care Level 3.
- Understanding Drugs
- Suicide Prevention

Some of the Information Workshops/Programmes/Events Facilitated by Lenadoon Women's Group include amongst others:

- Health and Wellbeing Programme
- Winter Well Self Care Programme
- Parenting Apart
- Natural Health & Herbalism Workshops.
- Women's Empowerment Project Programme.
- Therapy Through Art workshops.
- Parenting Focus Programme.
- Zen and Mindfulness Programme
- Women's Celebration Event.
- Vaping the Facts workshops.
- Parenting Focus - Parenting Children's Challenging Behaviour Workshop
- Parenting Focus - Children's Emotional Health Workshop
- Women's Health Information Day.
- Menopause Awareness Information Workshop

Financial Administration

Lenadoon Women's Group appointed Auditor for this year was Richard Mc Clay for and on behalf of Mc Creery Turkington stockman LTD

Acknowledgement of Current Funders

Without the on-going funding support Lenadoon women's group receive, it would be impossible to deliver the full range of comprehensive Support Services that have been offered to Women, Parent(s), Grandparents, Individuals and Families.

The Funders of Lenadoon Women's Group over the past year included:

- Department for Communities under Neighbourhood Renewal
- Belfast Health and Social Care Trust
- GP Federation
- Northern Ireland Housing Executive
- APEX Housing Community Fund

List of Trustees

Chairperson: Reneé Crawford
Secretary: Bernadette Farrelly
Treasurer: Sharon Mc Cullough
Committee Member: Louise O Neill
Committee Member: Angela Mc Ilkenny

Declaration

The Trustees Declare that they have approved the 2024 Annual Report

Signed on Behalf of the Trustees

Signature 

Signature 

Date: 14/11/2024

Date: 14/11/2024