



**"HELPING HAND"  
ROYAL BELFAST HOSPITAL FOR SICK CHILDREN**

FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 DECEMBER 2023

TaxAssist Accountants  
103 Cregagh Road  
Belfast BT6 8PY

**"HELPING HAND"**

**INDEX TO THE ACCOUNTS**

	<b>Page</b>
Officers and Professional Advisors	1
Report of the Trustees	2 - 4
Independent Examination	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8 - 10

**"HELPING HAND"**

**OFFICERS AND PROFESSIONAL ADVISORS**

**BOARD OF TRUSTEES**

Mr I Martin (Chairman)  
Dr L Sweeny (Hon Secretary)  
Dr P Jackson (Hon Treasurer)  
Mr A Bailie  
Mrs S Baker  
Mrs L Beggs  
Dr S Christie  
Mrs J McKinstry  
Ms B Money Penny (Ladies League)  
Mrs B Reid  
Dr M Reid  
Prof M Shields  
Dr A Reid  
Mr J Stephens  
Mr C Bradley  
G Welby  
J O'Rourke  
H Jackson

**SECRETARY**

Dr L Sweeny  
4 Ballygrainey Road  
Craigavad  
BT18 0HE

**ACCOUNTANTS**

TaxAssist Accountants  
103 Cregagh Road  
Belfast  
BT6 8PY

**SOLICITORS**

Elliott Duffy Garrett  
Royston House  
34 Upper Queen Street  
Belfast  
BT1 6FD

**PRINCIPAL BANKERS**

Danske Bank Ltd  
8/9 Donegall Square North  
Belfast  
BT1 5GJ

**NI CHARITY COMMISSION**

Reg. No. NIC 102447

## "HELPING HAND"

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees present their Annual Report together with the financial statements for the year ended 31 December 2023.

#### Principal Activity

The objects of the charity are exclusively charitable being for the benefit of patients by means of the advancement of their health care needs.

#### Principal Office

3<sup>rd</sup> Floor  
Children's Hospital  
180 Falls Road  
Belfast BT12 6BE

#### Structure, Governance and Management

The Helping Hand Charity was established in 1997 by the medical staff at the Children's Hospital, with the single aim of helping the children in their care. The hospital has been caring for children since 1873 and now provides most of the paediatric regional specialities for Northern Ireland.

#### Board of Trustees

Helping Hand, a registered charity, is managed by a Board of Trustees, which meets on a regular basis, chaired by Mr Ivan Martin.

#### Administration

The organisation and management activities of the charity are undertaken by the fundraiser, Mr Nigel Kearney, with the assistance of an extra person who is paid an hourly rate. All decisions in respect of the day-to-day affairs of the society are taken by the Charity through its Board of Trustees at committee meetings.

#### Independent Examiner

TaxAssist Accountants provide an independent examination of the annual accounts and act as advisors when required.

#### Objectives and Activities

The stated aims and objectives of the charity are –

- To provide the best equipment to the Royal Belfast Hospital for Sick Children;
- Fund research and education into children's illnesses; and
- To support the immediate needs of children and their parents.

Helping Hand has assisted in the continued provision of new medical equipment and provision of items to enhance and improve the patient and parental experience. The charity is also committed to continuing to assist in the provision of much needed equipment in various departments.

The charity will continue to support or fund staff to attend courses to enhance their ability to improve the care of patients and their families.

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023 (cont'd)****Achievements and Performance**

During 2023 we continued to work closely with local and national companies such as Gordons Chemists, Andor Technology, Spirt Aerosystems, Sig Ireland, Thales Defence Systems, Shield Accident Management and K&M Technical Services who all ran a series of events throughout the year with their employees to raise funds for the hospital.

Regular supporters Willie Nugent, Saintfield Nursery, Portrush Surf School, the Cullen family and Patton family all organised events again this year to raise funds.

New events in 2023 were the Drift Aid car event at the Titanic Belfast, several mountain challenges including a Six Peak Hike in the Mourmes by the McKenna family, an ascent of Croagh Patrick by the Cunningham family and, a first for Helping Hand, a climb to Everest Base Camp where Natasha Mann proudly flew the HH flag.

Throughout 2023 we worked closely with Scott Carson, the Mayor of Lisburn and Castlereagh City Council and his team who ran a series of events including a Colour Run, Teddy bear's picnic, Moira Food festival, a Golf Day and several theme days around Lisburn and managed to raise a fantastic £35,000.

HH trustee, Louise Beggs dedicated her year as Lady captain of Royal Belfast Golf Club to raising funds and we are indebted to her for her efforts.

We again had the support of local churches, small businesses and community groups as well as numerous families whose children attended the hospital who came on board to support the charity.

With the funds raised we were able to support many projects around the hospital including a joint project to refurbish the glass corridor garden area which is now open to access for patients and families and provides a safe outdoor area for patients to relax and get some fresh air.

We continue to support the Commit to Fit programme, the bereavement group, adolescent week and the Renal units annual transplant games.

We have committed to an annual budget of £30,000 to enable the play department to provide their support services throughout the hospital, purchased an Ultrasound scanner for PICU, TV's for Allen ward, a V Create visual diagnostic , management and decision making system for the Neurology department and a similar system for the Radiology team as well as a new Defibrillator training system for the Sim Ed department

**Major spend items as follows:-**

Commit to Fit programme - £5,065  
Adolescent week - £2,160  
Play department - £30,000  
Transplant games - £1,061  
Stargazer beds , Short stay - £5,816  
Garden project - £24,000  
Ultrasound scanner - £42,500  
Sim Ed defibrillator - £9,080  
V- Create system, Neurology Dept. - £8,100  
I-pad and software, Radiology - £7,795  
TV's. - Allen Ward - £3,290

**Other achievements**

As planned, we were able to fund the Horizons bereavement programme to assist families who a lost a child. This programme is run by the NI Hospice charity at a cost of £80,000. Payment for this has been made by Helping Hand and will appear in the accounts for 2024.

Similarly, three new ultrasound scanners have been provided to the Theatres at a cost of £117,000 and this will also appear in next year's accounts.

**Results**

The results for the financial year are fully set out in the Statement of Financial Activities on page 6.

**Trustees**

The trustees of the Charity during the year were as follows:

Mr I Martin (Chairman)  
Dr L Sweeny (Hon Secretary)  
Dr P Jackson (Hon Treasurer)  
Mr A Bailie  
Mrs S Baker  
Mrs L Beggs  
Dr S Christie  
Mrs J McKinstry  
Ms B Money Penny (Ladies League)  
Mrs B Reid  
Dr M Reid  
Dr A Reid  
J Stephens  
Prof M Shields  
Mr C Bradley  
G Welby  
J O'Rourke  
H Jackson

**Statement of Trustees' Responsibilities**

The trustees are responsible for preparing financial statements for each financial period in line with recommendations set out in 'The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015' which give a true and fair view of the assets and liabilities of the Charity and of its surplus or deficit for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Accountants**

A resolution proposing the reappointment of TaxAssist Accountants, as accountants will be put to the Annual General Meeting.

By order of the Board of Trustees

  
Chairperson

Date: 22/08/2024

"HELPING HAND"

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

To the Board of Trustees of the Helping Hand charity, we report on the accounts of the charity for the year ended 31<sup>st</sup> December 2023, which are set out on pages 6-10.

**Respective responsibilities of trustees and examiners.**

The charity's constitution states that the Trustees are responsible for the preparation of accounts.

It is our responsibility to:

- examine the accounts to ensure that they have been prepared in accordance with general accounting principles.
- state whether any particular matters have come to our attention.

**Basis of independent examiner's report**

Our examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records; and
  - to prepare financial statements which accord with the accounting records have not been met.
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



TaxAssist Accountants  
103 Cregagh Road  
Belfast  
BT6 8PY

**Date:** 22/08/2024

**"HELPING HAND"**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

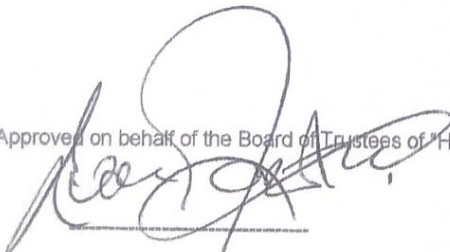
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Incoming Resources</b>					
Donations and gifts		98,724	-	98,724	137,005
Income from fund raising events		129,714	-	129,714	159,318
Gift Aid		8,059	-	8,059	531
Bank Interest		7,405	-	7,405	6,324
		<u>243,902</u>	<u>-</u>	<u>243,902</u>	<u>303,178</u>
<b>Resources expended</b>					
Direct charitable expenditure					
- fund raising events		1,944	-	1,944	3,299
- allocation of funds	2	163,084	-	163,084	188,608
Other expenditure					
Management & administration	3	61,510	-	61,510	63,818
		<u>226,538</u>	<u>-</u>	<u>226,538</u>	<u>255,725</u>
Net movements in funds		17,364	-	17,364	47,453
Total funds brought forward		1,247,928	-	1,247,928	1,200,475
Total funds carried forward		<u>1,265,292</u>	<u>-</u>	<u>1,265,292</u>	<u>1,247,928</u>

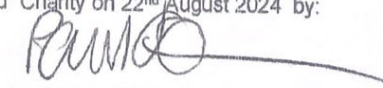
**"HELPING HAND"**

**BALANCE SHEET AS AT 31 DECEMBER 2023**

	Notes	2023 £	2022 £
<b>Fixed assets</b>			
Computer equipment		-	-
<b>Current assets</b>			
Debtors		-	-
Bank:			
Cash on hand		508	573
Danske Bank Current Account		953,634	945,395
Investments		312,426	307,404
		<u>1,266,568</u>	<u>1,253,372</u>
<b>Current Liabilities</b>			
Accruals		1,277	1,208
PAYE		-	4,236
		<u>1,277</u>	<u>5,444</u>
<b>Net Assets</b>		<u>1,265,291</u>	<u>1,247,928</u>
<b>Funds balances</b>			
Restricted	4	-	-
Unrestricted		1,265,291	1,247,928
		<u>1,265,291</u>	<u>1,247,928</u>

Approved on behalf of the Board of Trustees of "Helping Hand" Charity on 22<sup>nd</sup> August 2024 by:

  
\_\_\_\_\_  
(Chairperson)

  
\_\_\_\_\_  
(Honorary Treasurer)

The notes on pages 8 to 10 form part of these accounts.

**"HELPING HAND"**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

**1. Accounting policies**

The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP 2019) The Charities (Accounts and Reports) Regulations (Northern Ireland) 2012, which relates to small charities, and applicable accounting standards.

**Taxation**

Helping Hand is registered as a charity with the Internal Revenue (No. 00-0000) and as such is exempt from taxation.

**Management and Administration Costs**

There was no transfer of management & administration costs of the charity to Related Funds as yet 31 December 2020.

**"HELPING HAND"  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**2. Direct Charitable Expenditure -- Allocation of Funds**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Sensory Equipment, Toys, games, TV's, DVDs, etc.	3,290	-	3,290	5,873
Wall Art	-	-	-	27,000
Ultrasound Scanner	42,500	-	42,500	-
Sim Ed Defibrillator	9,080	-	9,080	-
V-Create System, Neurology	8,100	-	8,100	-
Motomed Equipment	-	-	-	12,500
Commit to Fit programme	5,065	-	5,065	4,780
Aquarium & Fish	7,272	-	7,272	10,000
Speech & Language	-	-	-	3,709
LED Lights - PICU	-	-	-	22,000
Specialist Buggy	-	-	-	4,500
Sleep chairs for Paul Ward	-	-	-	9,000
PICU Dept	-	-	-	41,086
Garden Project	24,000	-	24,000	-
Trex hd ambulatory video	-	-	-	8,108
Eye Gaze communication technology for Neuro disability	-	-	-	15,000
2x sensory entertainment units	-	-	-	9,000
Play Department	30,000	-	30,000	-
Stargazer bed for Short Stay	5,816	-	5,816	-
i-Pad & software, Radiology	7,795	-	7,795	-
Adolescent Week	2,160	-	2,160	-
Transplant Games	1,061	-	1,061	-
Cleft Palate training	-	-	-	196
Other allocated spend	16,945	-	16,945	17,047
	<u>163,084</u>	<u>-</u>	<u>163,084</u>	<u>189,799</u>

**"HELPING HAND"**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**3. Other Expenditure – Management and administration**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Salaries & NIC	52,579	-	52,579	55,597
Insurance	1,322	-	1,322	1,266
Telephone	1,151	-	1,151	2,009
Stationery, printing & advertising	539	-	539	1,095
Bank charges	109	-	109	185
Accountancy	1,584	-	1,584	1,536
Travel expenses	1,113	-	1,113	1,166
Equipment Expensed	2,000	-	2,000	75
Catering	155	-	155	127
Sundry Expenses	92	-	92	48
Computer & Website maintenance	866	-	866	714
	61,510	-	61,510	63,818

**4. Restricted Funds**

This fund comprises income that has been received by the Charity for particular purposes. There was no projects included in restricted funds at the end of the year.

**5. Reconciliation of movements in funds**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Movement for the year	17,364	-	17,364	47,453
Balance of funds brought forward	1,247,928	-	1,247,928	1,200,475
Balance of funds carried forward	1,265,292	-	1,265,292	1,247,928