

Gallagh Womens Group

Gallagh Womens Group Trustee's Report

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Gallagh Womens Group was established in 1995 and has been working effectively with the community since this time, Gallagh Women's Group aims to increase the capacity of women to contribute and participate in their communities, increase representation of women in public life at all levels, support women's access to resources, education, training and information, improve women's health and social well being provide opportunities to promote and encourage good community relations. Gallagh Women's Group particularly target women from a disadvantaged background. We offer training opportunities to the most disengaged and marginalized in our communities who do not use mainstream services. This includes those suffering from mental health issues, addictions and depression. As a user lead organisation we take lead from project beneficiaries and design programmes which encourage participation, communication and peer support. We promote the importance of good mental health and well being and have a tolerant open minded and positive approach. We encourage people to talk about their feelings, helping to strengthen communication at home between friends in schools/workplaces etc and reassure individuals that they do live in a caring community, one which is responsive to their needs with a local resource which they can avail of for support through difficult times. This has resulted in people seeking help at an earlier stage in their mental distress helping to keep them in the community. We aim to build upon our services to date and increases access to mental health services by providing a free, confidential and accessible community counselling service within our community facility in Gallagh which began at the end of April 2010.

Charity Number

XR37621
NIC102243

Trustees and their interests

The trustees of the charity for the purposes of charity law and throughout this report are collectively referred to as the trustees.

The trustees serving during the year and since the year end were as follows:

Marie Sarah Gillespie
Theresa Holmes
Lorraine Carlin
Winnie O'Brien
Ann McKeever

Governing Document

The organisation is an unincorporated Association with charitable status. The Association was established under a Constitution which outlined the area of benefit and the objects of the charitable organisation and is governed under its Constitution.

Galliagh Womens Group

Information

Accountants	McGroarty McCafferty & Company Ltd Accountants & Tax Consultants 2 Carlisle Terrace Derry BT48 6JX
Charity Number	XR 37621 NIC 102243
Business address	1A Fairview Road Derry Northern Ireland BT48 8EW
Bankers	AIB (NI) Meadowbank Derry BT48 7TN
Committee Members	Marie Sarah Gillespie Theresa Holmes Ann McKeever Winnie O'Brien Lorraine Carlin

Recruitment and appointment of the management committee.

The management committee of the Association consists of twelve members and shall meet at least nine times a year. The members of the management committee shall have the power to appoint any member of the Association to be a member of the management committee, either to fill a casual vacancy or as an addition to the existing members. Any member may withdraw from the Association at any time giving at least fourteen days notice to the Association.

Achievements & Performance

The main areas of charitable activity is providing social services, educational, environmental and recreational facilities in the Galliagh area.

Public benefit

The advancement of education

The direct benefit flowing from this purpose is an increased opportunity to be involved in informal and formal learning for the residents of the Galliagh area. Participants can increase their literacy and numeracy and IT skill levels by attending classes at our centre and also gain new skills in area such as arts, crafts and sewing. This leads to increased confidence in participants, a reduction in experiencing feelings of isolation and increased number of residents obtaining qualifications in numeracy, literacy and Information Technology. These benefits are evidenced through attendance sheets at all classes and continual monitoring and evaluation of the services provided from both participants and tutors. There is no potential harm arising from this purpose. The beneficiaries of this purpose are adult residents of the Galliagh area. There is no private benefit arising from this purpose.

The advancement of health

The direct benefit arising from this purposes is an increased knowledge of healthy lifestyle options through health promotion programmes, such as weight management and healthy eating programmes. Also, the reduction of stress through the provision of complimentary therapies in conjunction with Action Cancer and a counselling service to the women of the Galliagh area, who may be suffering from ill health. These benefits are evidenced through regular evaluation of the services that we provide and through the use of feedback from participants involved, and our Annual General Meeting report which captures our outcomes. With regards to harm, we try to mitigate any potential harm by using fully qualified counsellors and therapists who are fully insured for the work that they carry out. The beneficiaries of this purpose are the residents of the Galliagh area. From time to time, a private benefit may arise if committee members who are also members and volunteers and therefore are entitled to avail of these services, but this benefit is purely incidental. To ensure fairness, they are placed on a waiting list and do not receive any preferential treatment.

Any other purpose (the provision of facilities for recreation, or other leisure time activities in the interest of social welfare.)

The direct benefit arising from this purpose is the provision of a facility where the women of the Galliagh area can come together to increase their skills and their level of personal wellbeing. These benefits are evidenced through the recording of numbers of service users passing through our centre and through feedback obtained from participants on the services that we provide. With regards to harm, with members of the public entering our building there could be a possibility of a fall or similar. We thoroughly risk assess our building and activities and are covered by adequate insurance for this purpose. The benefit of this outweighs and potential harm. There is no private benefit arising from this purpose.

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Financial review

The Management Committee is empowered to receive money in the form of subscriptions, grants and donations and to raise money by other lawful means. All money raised for the Association shall be used to further the objectives of the Association and for no other purpose.

Statement of trustees' responsibilities

The trustees are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

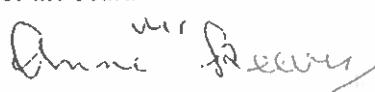
The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for that give a true and fair view of the state of the affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

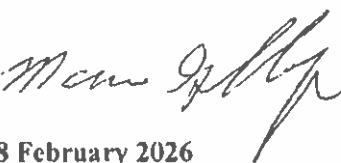
The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

A resolution will be proposed at the Annual General Meeting that McGroarty McCafferty & Company Ltd be re-appointed as accountants to the charity for the ensuing year.

On behalf of the board

Signed: 

Date: 18 February 2026

Signed: 

Date: 18 February 2026