

ANNUAL REPORT OF FOOD FOR THOUGHT AFRICA



NORTHERN IRELAND
FEEDING AFRICAN MINDS



OBJECTIVES AND ACTIVITIES

Food For Thought Africa was established for the relief of poverty, the advancement of education and to promote the benefit of people who are in need as a result of poverty and lack of resources (the beneficiaries) in Africa (the area of benefit) without distinction of age, gender, disability, sexual orientation, nationality, ethnic identity, political or religious opinion and in particular to:

- a) Provide or assist others in providing food and developing food programmes for the beneficiaries in the area of benefit
- b) Establish, maintain and manage or co-operate with any local authority in the maintenance of schools or centres for adult learning

- c) Advance the education of the beneficiaries by providing or assisting in the provision of educational facilities and resources in educational establishments in the area of benefit
- d) Relieve sickness and distress among people in the area of benefit by any means
- e) Relieve poverty and hunger in the area of benefit by any charitable means and in particular the provision of grants, loans and training to enable poor people to establish and maintain projects which will enable them to relieve their own poverty
- f) Relieve unemployment and provide or assist in the provision of housing for those who are in conditions of need in the area of benefit.

This year the main activities undertaken in relation to these purposes were:

Provision of a feeding programme to Kasarini Primary School, Nairobi, Kenya– purpose a and d.

In setting our objectives and planning our activities for the year the trustees have given careful consideration to the Charity Commission for Northern Ireland’s guidance on public benefit to ensure that the activities have helped to achieve the charity’s purposes and provide a benefit to the beneficiaries.

ACHIEVEMENTS AND PERFORMANCE



This year we were absolutely delighted to get our feeding programme up and running in Kasarini Primary School in the outskirts of Nairobi.

The feeding programme provides a cooked lunch to 460 children from the surrounding slum areas every day. By providing lunch in school we encourage the children to come to school and get an education which gives them the opportunity to get themselves out of poverty for good.

We know from our experience of running feeding programmes in Africa for 16 years that our feeding programmes cause academic results to improve dramatically which has a positive impact on the child, their family and the whole community.

The project is managed by our former scholarship student Adan Noor who himself benefitted from the feeding programme at Cheleta Primary School.

Adan is doing a fantastic job and recently commented 'The lunch is really important to the kids. It means a lot to them and their parents. Unemployment is high, cost of living is high and life is tough! I remember the difference it made to me at Cheleta. I was able to focus in class because of good nutrition and thanks to FFTA I achieved my dream of going to university. Expanding minds is the ultimate goal here.'

The trustees continue to seek new projects and are working to identify new programmes and are currently working on a new feeding programme in a primary school in Kiambu County in the outskirts of Nairobi which we hope to have up and running in the new academic year.



FINANCIAL REVIEW

The total income for the year was £6704 raised through voluntary donations with £712 raised through gift aid relief. This represents an increase of 71% on last year due to a large one-off donation received. Donations to Africa were £3,067 with expenses of £259 giving an income of £3,378.

The assets and liabilities are set out in the balance sheet with net current assets of £88,407.

Reserves Policy

It is the Board's policy to reserve sufficient funds to ensure the ongoing operations of FFTA for 6 months. At the year end the reserves were above the minimum policy level and this is being reviewed by trustees, as they continue to identify new programmes, as detailed above.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a trust and governed by a trust deed dated 4th May 2007.

The trust is managed by a board of trustees which shall not be less than 3. A new trustee may be appointed by resolution of a meeting of all the trustees passed by a majority of those present. Meetings of the trustees are held on a regular basis and at least twice in every year. At these meetings accounts are reviewed against budgets and forecasts. Existing projects are discussed and funding for potential projects discussed and authorised.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name

Food For Thought Africa

Registration number

NIC 101864

Principal Address

7 The Courtyard
Old Windmill Road
Crawfordsburn
BT19 1XJ

Trustees in the reporting period

Maeve Marnell
Eamonn Marnell Denise
Kennedy