

Newington Day Centre

TRUSTEES' REPORT

for the financial year ended 31 March 2023

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 31 March 2023.

The financial statements are prepared in accordance with the Charities Act (Northern Ireland) 2008, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the trustees of Newington Day Centre present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2023.

The charity is a registered charity and although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Mission, Objectives and Strategy

Objectives

The main aim of the centre is to enable members, where possible, to remain living in their own homes from attention to basic needs, to the opportunity to participate in activities. Services provided by Newington Day Centre include personal care i.e. bathing, bathroom needs and eating, therapeutic activities including chiropody service, hairdressing facilities and therapeutic hand care. Meals are provided and served on a daily basis. Activities are also provided to complement the personal and therapeutic activities as described above and these would include entertainment, art work and library projects. We also work with eight local schools on a range of art, history and enrichment projects. This enhances citizenship for our young people and allows our older members to share their knowledge and experience.

Newington Day Centre has four purposes flowing from its main purpose and each has its own individual aims and objectives and is for the public benefit of the community of North Belfast in general and in particular for the Newington Area.

The Trustees of the Centre have provided a range of training opportunities to advance education, and provide for the advancement of learning. These opportunities increase skills and knowledge and opportunities for employment. We train volunteers, staff and carers and provide numerous placements for college and school children for work experience. The Centre also supports health and social care students, nurses and trainee social workers.

The Trustees and management continually source funding to provide a range of activities for older people in their care to help them integrate within the community. Some of the activities take place in our Parish Centre to include older peoples groups and individuals throughout the community in North Belfast - these activities are designed to increase confidence and self-esteem and to reduce depression and isolation.

The trustees and management work with numerous organisations to alleviate poverty and stress. Such groups include local food banks, homeless drop in centres, local housing association and charities such as SVDP.

Public Benefit

The Trustees of Newington Day centre have fully complied with the Public Benefit requirements as set out in the Charity Commission for Northern Ireland's statutory guidance on public benefit.

Structure, Governance and Management

Structure

Newington Day Centre is an unincorporated organisation, governed by its constitution. The charity is recognised as a charity by the Charity Commission of Northern Ireland under reference NIC101567. The charity is situated in a building owned by Holy Family Parish and the trustees lease the property to the management committee for a peppercorn rent. The Centre has a service level agreement with the BHSCT which provides core grant funding for the centre.

Review of Activities, Achievements and Performance

As with each year that passes the Trustees of the centre along with the centre manager strive to bring new and existing funding opportunities to the centre. The manager was successful in meeting the financial needs of the centre with grants from Trust Funds and recurring funding from the Belfast Trust. These grants alongside good relationships

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with funders remain vital for the sustainability of services at the centre.

The Board and management of the centre continue to negotiate the Service Level Agreement with the Belfast trust, and have been successful in securing £25,000 per year initially as part of a two year agreement to remain in place as recurrent funding. The centre hope to secure additional funding to help maintain the sustainability of Day care provision.

The National Lottery Community fund provided £82,000 as part of the Carers Support Service. This service has received positive feedback and the Board along with the centre manager will continue to develop services and secure funding for the public benefit of members and the local community.

As with previous year, a grant was received from The Rank Foundation to assist with the employment of a Services Co-ordinator for a year. Additional grant monies were obtained from DOH carers which are to be spread over a two year period.

Financial Review

The results for the financial year are set out on page 8 and additional notes are provided showing income and expenditure in greater detail

The charity's financial position is reviewed on a monthly basis by the trustees and an independent examination is carried out each year by a Chartered Accountant. In the year to 31st March 2023 the charity reported unrestricted reserves of £7,832 and restricted reserves of £96,997.

Results and Dividends

At the end of the financial year the charity has assets of £128,028 (2022 - £155,417) and liabilities of £23,199 (2022 - £27,517). The net assets of the charity have decreased by £(23,071).

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Newington Day Centre subscribes to and is compliant with the following:

- The Charities SORP (FRS 102)

Approved by the Board of Trustees on 30 January 2024 and signed on its behalf by:

Mrs Siobhan Barronwell
Trustee

Mrs Therese Scallan
Trustee

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STATEMENT OF TRUSTEES' RESPONSIBILITIES

for the financial year ended 31 March 2023

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

The law applicable to charities in Northern Ireland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act (Northern Ireland) 2008.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act (Northern Ireland) 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 30 January 2024 and signed on its behalf by:

Mrs Siobhan Barronwell
Trustee

Mrs Therese Scallan
Trustee