

GOOD MORNING DOWN
TRUSTEES REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024

COMPANY INFORMATION

CHARITY NAME: Good Morning Down

CHARITY REG NO: NIC101317

REGISTERED OFFICE: Office 1 Innovation House
Down Business Park
46 Belfast Road
DOWNPATRICK
Co Down
BT30 9UP

TRUSTEES:

The following are charity trustees:

Deborah Boden
Patricia Magee
Daniella McCarry
Bridie Rogan
Mavis Conlon
Patricia Galloway
Liam Gunn

ACCOUNTANTS: Eamonn P McGrady & Co
Chartered Accountants &
Registered Auditors
4-6 Market Lane
DOWNPATRICK
BT30 6TH

BANKERS: Ulster Bank Ltd
2-8 Market Street
DOWNPATRICK
BT30 6BU

GOOD MORNING DOWN

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

Good Morning Down was set up on 1st January 2005. It was developed as a charitable group with the assistance of Supporting Communities N.I.

Good Morning Down was registered with Charity Commission N. I. on 19.06.15

Charity no: **NIC101317**

Address: Office 1
Innovation House
Down Business Park
46 Belfast Rd
Downpatrick
BT30 9UP

Telephone No: 02844613434

Email: dan@goodmorningdown.co.uk

1.0 The Management Committee:

Following the Good Morning Down AGM on 15.12.2022 the following people were nominated and appointed to the Good Morning Down Board of Trustees and remained in position until the following AGM on 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
L. Gunn	N.I.H.E.	(Secretary)
P. Galloway	DCT	(Treasurer)
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
B. Rogan	Good Morning Down Volunteer	
M. Conlon	Good Morning Down Volunteer	

Management committee from the 14th December 2023:

P. Magee	Community Volunteer	(Chairperson)
D. Finlay	(Secretary)	
M. Digney	(Treasurer)	
D. Boden	MYMY	
D. McCarry	C.D.R.C.N.	
S. Brady	DCT	
M. Conlon	GMD Volunteer	

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Bridie Rogan resigned from the board in December 2023
Liam Gunn resigned from the board in September 2023
Deborah Boden resigned from the board in March 2024

The management committee met on 4 occasions during this reporting period: 29th June, 12th October, 15th December and 27th March 24. An additional “sub committee” meeting took place on 13th September 23.

2.0 Banker: Ulster Bank, Downpatrick Branch

During this reporting period, Good Morning Down registered for online banking with the Ulster Bank including an application for a bank card. The application was subsequently approved and GMD now enjoys the benefits of online banking and now has a mastercard debit card.

3.0 Accountant: Eamonn P McGrady & Co

Eamonn P McGrady & Co completed an independent examination of the Good Morning Down accounts for year end March 2023; there were no issues arising. Following agreement and sign-off by the board and in line with current guidance, the relevant accounts information was subsequently uploaded to the NI Charities Commission website, where it is accessible to anyone wishing to view the information.

4.0 GMD Key Objectives

The delivery of a free professional telephone befriending service to registered GMD clients, all of whom are adults and deemed to be vulnerable and/or elderly people. Calls will be made at the agreed times on agreed days. Through this service, GMD aims to assist in reducing social isolation and reducing the fear of crime amongst our service users, helping clients to remain living in their home environment.

4.1 Client Calls

GMD volunteers made calls to clients on all bank holidays from 1st April 2023 to the 31st March 2024 with the exception of three dates: December 25th & 26th and January 1st.

Clients were pleased to receive calls on bank holidays (& national Holidays) and support this enhancement in the GMD service.

For the period 1st April 2023 to 31st March 2024 – GMD volunteers and staff made a total of 20884 calls to clients of these 15729 were successful calls (clients answered) representing a 75% success rate.

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5.0 Policies

GMD have a number of internal policies in place (listed below), these are “live” documents and are reviewed and updated where appropriate:

- Health & Safety policy
- Volunteer policy
- Volunteer expenses policy
- Acceptable use policy for I.T. equipment
- Confidentiality policy
- Reporting policy re abuse or mistreatment to vulnerable adults
- Complaints procedure
- Safeguarding adults in need of protection policy
- Safeguarding children and young people policy
- Equal opportunities policy
- Service user code of conduct policy
- Lone worker policy – (only applicable to certain staff)
- A business continuity plan has also been drafted

6.0 Finance & funding

GMD continued to receive annual grant funding from SEHSST, in addition grant funding was also received from: Garfield Weston Foundation (final payment of three year award), the Housing Executive (various grant programs), WG Edwards, John Moores Foundation and The National Lottery.

As stated earlier in this report and In line with NI Charities Commission guidance, previous Good Morning Down accounts are available to view on the NI Charities Commission website

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7.0 New Referrals

Referrals into the Good Morning Down service come from a variety of sources. During the period of this report, referrals were received from:

- SE Trust – Safe n Well programme
- Self Referrals (website)
- Hospital Referrals
- PSNI Neighbourhood Teams
- Friends & Families
- Referrals following GMD invitational presentations

8.0 Review of year 2023 -2024

Staff and Volunteers – as of 31st March 2024:

- 1 Co-ordinator (Part-time)
- 22 volunteers
- 21 volunteers are active (6 new volunteers recruited during this reporting period)

Staff:

Dan McEvoy commenced employment as the GMD Project Manager on the 27th June 2022.

Aidan Harris retired from GMD with his last day being 30th June 2023 and Kathleen Greenwood also retired from GMD with her last day being 31st July 2023.

The Board record their thanks to both Aidan and Kathleen for their many years of service to GMD and record their best wishes to both for their retirement.

Volunteers:

Donna Marks & Josephine McAteer both left GMD as volunteers

9.0 History of Membership

At the outset of the project in Jan 2005, 18 clients were receiving calls. At the time of writing this report we are now supporting 184 members.

Staff and volunteers make between 360 to 400 telephone calls per week. These are made between 9.00am to 12.30pm over the 5 weekday mornings.

GMD made 20,884 calls from April 2023 to March 2024, a representing an increase of 1,464 calls (7.5%) from the total calls made during year end March 2023.

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10.0 Calendar of Events 2023-2024

GMD were in position to deliver two client events during the period of this report, the first took place on Wed 29th November 2022 in the Burrendale Hotel Newcastle and the 2nd event took place on Wed 6th March 2024 in the Ballymote Centre Downpatrick.

Both of the above events were a great success and demonstrated how such events benefit our clients particularly those who suffer from social isolation.

In addition to the above, GMD Staff and volunteers attended 2 other events where they were able to chat about GMD and service offered to clients.


11.0 Donations & Fundraisers

Throughout the period of this report GMD received donations totalling £1695.00 in particular we thank the Hamilton family for their generous donation of £300.00. (Their father Thomas was a GMD client).

GMD hosted two fundraisers: ASDA backpack - £1255.00 was raised and our first ever Tractor Run raised - £1133.00.

12.0 Statement of Accounts for the year were produced by Eamonn P Mc Grady & Co.

Report approved by Trustees at their Board meeting and signed on their behalf by:



(Chairperson of Board)

17/10/24