

NEWRY & MOURNE MULTIPLE SCLEROSIS COMMUNITY THERAPY CENTRE LIMITED

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 December 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2023.

Reference and administrative details

Registered charity name	NEWRY & MOURNE MULTIPLE SCLEROSIS COMMUNITY THERAPY CENTRE LIMITED
Charity registration number	NIC100997
Company registration number	NI023394
Principal office and registered office	Shepherd's Drive Carnbane Industrial Estate Newry Co Down BT35 6QJ

The trustees

	MR T MCGUINNESS MRS B O'HARE MR A CARRAGHER MRS A JOHNSTON
Company secretary	CATHERINE GORMAN
Independent examiner	RGA ACCOUNTANTS LTD 35 CHURCH SQUARE BANBRIDGE CO DOWN BT32 4AP

Structure, governance and management

Newry & Mourne Multiple Sclerosis Community Therapy Centre Limited is a company limited by guarantee and is governed by its Memorandum and Articles of Association. It is recognised by HM Revenue & Customs as a charity for tax purposes. It is also registered as a charity with the Charity Commission for Northern Ireland.

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Year ended 31 December 2023

Objectives and activities

Newry & Mourne Multiple Sclerosis centre provides therapies and support to people with Multiple Sclerosis (MS). Therapies include oxygen therapy and physiotherapy. Support can be found in many forms with generally drop-in chats to counselling and dietary advice.

The charity relies on dedicated volunteers and donors who give freely of their time and money to help people with MS.

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Achievements and performance

The Centre has suffered a deficit again this year. Last year it suffered a deficit of £9,309 excess of expenditure over income whereas this year the deficit is £20,843.

For the first quarter of 2023, the Centre operated on a two days per week schedule.

During May 2023, staff began a trial of an additional one/two sessions to be held on a third weekday, and it should be noted that these staff hours were and continue to be, entirely voluntary.

It is hoped that by introducing an additional day to the Centre's schedule that the financial impact of short notice cancellations by regular clients attending and also the impact of non-attendance by clients due to holiday arrangements, could be off-set.

July 2023 the staff introduced "Fundraising from Home" to regular clients attending the oxygen therapy sessions.

Once again trying to reduce the impact of cancellations due to those suffering from long term health conditions by which cancellations for hospital appointments/covid/holidays and other medical reasons is to be expected.

However, while the staff have continued to operate sessions on a third day on a voluntary basis, under-occupancy due to cancellations continues to be a financial challenge.

We can only hope that more M.S. clients and others who use the facility on a regular basis, pick up on the "Fundraising from Home" Challenge, with more engagement from at least five family members.

A contribution to a home box of £2.50 per week by five family members would raise £50.00 per calendar month, £600 annually.

Ten families would enable an income of £6,000 per year.

This would permit those clients who do not wish or cannot raise funds out in their communities due to their disability to support the ongoing costs of the provision of their essential, beneficial therapy for their long-term health condition.

Remembering the whole ethos of our charity "Self help is Our Way of Action".

Fundraising is critical to our recovery.

Financial review

The Charity suffered a deficit again this year whereby expenditure was in excess of income of £20,843 this year. The Charity supplements income by way of donations and fundraising events. This remains to be severely impacted since the Covid-19 pandemic and also the Cost of Living Crisis.

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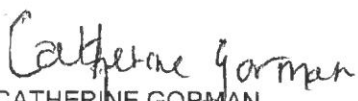
Plans for future periods

The charity hopes to continue to grow the number of clients and increase the price of the Dives to boost Dive income. The Charity will hold a number of fundraising events in order to increase income next year.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 17 June 2024 and signed on behalf of the board of trustees by:


CATHERINE GORMAN
Charity Secretary