

Charity Registration No. NIC100901

Company Registration No. NI069370 (Northern Ireland)

LARNE YMCA

(A company limited by guarantee and not having a share capital)

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

LARNE YMCA

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LARNE YMCA

LEGAL AND ADMINISTRATIVE INFORMATION

| | | |
|--------------------------|--|---|
| Trustees | Mr R Tweed Mr R J Alexander MBE Dr Brian Dunn Mrs Sally Loadé Mrs F M Gray Mrs Laura Steele Mr Gareth Hamilton Mrs P Bradley Mr R J Elliott Mrs A E McAuley | (Appointed 1 June 2023) (Appointed 1 June 2023) (Appointed 1 June 2023) |
| Secretary | Mr Dean Nutt | |
| Charity number | NIC100901 | |
| Company number | NI069370 | |
| Registered office | 34A Pound Street, Larne Co Antrim BT40 1SD | |
| Auditor | MBS Chartered Accountants 3 High Street Larne Co. Antrim BT40 1JN | |
| Solicitors | J W McNinch & Son Solicitors 2 Cross Street LARNE Co Antrim BT40 1JP | |

LARNE YMCA

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their report and financial statements for the year ended 31 March 2024. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)"

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives of the Charity

The charity's Memorandum and Articles, (M&A), which were originally written in 1972, were reviewed and revised in 2019. The primary reasons for doing this were:-

- 1) To add clarity and make them more accessible to users through use of plain English and make our purpose/objectives as clear as possible
- 2) To align Larne YMCA's M&A with the M&A of other YMCA associations to better enable joint project work and work in other geographical areas.
- 3) To ensure that it is clear that YMCA services and projects are open to all individuals and that perceived barriers are removed.
- 4) To enable membership/director roles to be open to anyone over the age of 18 who is in sympathy and agrees with Larne YMCA's objectives.

The charity commission provided consent for the change in the objectives on the 10 May 2019 reference number CW/19/089

The charity's objects are:

1. To provide or assist in the provision of education, for people of all ages and in particular young people, with the object of developing their physical, mental and spiritual capacities.
2. To promote healthy living including emotional, mental and spiritual well-being through the provision of information, education and activities.
3. To promote community engagement and citizenship, for young people, their families and other adults for the purpose of family support, community relations and active citizenship.
4. To relieve or assist in the relief of need experienced by people of all ages and in particular young people, who are in conditions of hardship or distress by reason of their social, physical, emotional, spiritual or economic circumstances.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

Accommodation

Larne YMCA is based at 34a Pound Street, Larne in purpose built accommodation which was constructed in 2000. Age and increased use have led to growing repair and maintenance demands. The Trustees ensure compliance with portable appliance testing, fixed wiring testing and testing of emergency systems. The premises and activities are appropriately insured with cover reviewed and amended as need be on an annual basis.

Direct beneficiaries of Larne YMCA

The direct beneficiaries of Larne YMCA are children and young people aged 4 years and above. In the main they are resident within the Larne area with a few travelling from outside the town boundary to access particular projects. Larne YMCA has three main areas of activity:-

1. After school
2. Autism support
3. Youth club

Details of beneficiaries and outputs during the period 1 April 2023 – 31 March 2024 are outlined below:

After School's Aim of programme:-

To provide high quality affordable child care to children aged (4 years to 12 years Primary 1 until the end of Primary7) in a safe nurturing environment.

Objectives of programme:-

To provide play opportunities and play spaces for children and resources under all play types.

To give each child play opportunities underpinned by playwork values and principles and provide resources in an all inclusive environment.

To provide affordable childcare while parents/guardians are working.

To build and support children's resilience and emotional well being and provide resources in an all inclusive environment.

To provide a healthy snack and look at nutritional needs in cooking activities.

To help children feel valued and support additional needs.

| No of sessions delivered | No of participants | Age range |
|--------------------------|--|------------------------|
| 312 | 10,300 over 38 weeks of the year between April 2023 and March 2024 | 4-11/12 years P1 to P7 |

Events / Projects completed in this period:-

| | | |
|--------------------|------------------------------|----------------|
| Disney on Ice | Free time | W5 -Odyssey |
| Halloween | Free Play | Summer Fete |
| Bugs and Beasles | Football | Coffee morning |
| Roller skate disco | Role play/house corner | |
| Cooking | Sensory play | |
| Art | Halloween, Easter, Christmas | |

Qualifications completed, (OCN's)

Basic Food and hygiene
Paediatric first aid
Autism NI
Child Protection

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Young Leaders and Volunteer programme

No of volunteer hours completed:- Spark programme

Consultation:-

Who did we consult with? Children, staff and parents

Why did we consult? Views, likes and dislikes, reflection of changes

How many contributed? All

What did we learn? Space and storage has been identified with it being a shared building.

Quality Assurance:-

Toys and equipment up to standard /checked and cleaned daily

Play Opportunities provided

Inspection by NHSC- Outstanding

Training provided by regulated training providers

Partnerships:-

Who do we partner with?

Early Years, Childcare partnership, Northern Health and Social Care Trust, CINI, Parents/carers, schools, Access Employment Learning, other providers, Child protection team, Gateway, Play resource, Playboard, Linn Primary School, Corran Primary School, St Anthony's Primary school, Moyle Primary School, Larne and Inver Primary School, ST MacNissi's Primary School, Larne Football Club, Calncastle Primary School, YMCA Ireland

What do we do?

We liaise with social workers to improve links between home life and childcare. We work with other organisations to provide adequate up to date training for staff. We seek advice if needed from other organisations. We take feedback on board to improve our work and meet the needs of children and young people.

We completed staff training analysis, this highlighted that some of our staff needed to refresh child protection training, first aid and participate in play work courses. This has now been completed.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

ASP Aim of programme:-

To provide high quality youth provision to children with/waiting for a ASD/ADHD Diagnosis aged 4 years to 18 years old in a safe nurturing environment.

Objectives of programme:-

To create a safe space for young people with ASD/ADHD

Provide opportunities which they may not gain in mainstream provision

One to one support

Help build social skills and confidence

| No of sessions delivered | No of participants | Age range |
|--------------------------|----------------------|-----------|
| 239 | 50 on average a week | 18-21 |

Events / Projects completed in this period:-

Free time, Halloween, Free Play, Football, Cooking, Sensory play, Art, trip to Streamvale farm, W5, Cinema,

Qualifications completed, (OCN's)

Paediatric first aid

Autism NI

Child Protection

Staff completing OCN Level 2 in Youth Work Practice

Young Leaders and Volunteer programme

No of volunteer hours completed:- 4 young people gaining 100+ hours combined

Key pieces of work / learning achieved:-

Young people have come out of their shells because of this programme, they have gained confidence within themselves and also developed leadership skills along the way.

Consultation:-

Who did we consult with? Parents, young people and staff

Why did we consult? To allow us to find out young people's needs and how we can best support them.

How many contributed? All

What did we learn? Identified young people's needs, allowing us to facilitate targeted work to help. Able to see support parents felt they needed and offer support where needed. Allowed us to find different funding opportunities for us to apply to.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Quality Assurance:-

Staff completing OCN Level 2 In Youth Work Practise

Partnerships:-

Who do we partner with?

Peaceplayers, Extern, Start 360, PSNI, Education Authority, Linn Primary School, Corran Primary School, St Anthony's Primary school, Moyla Primary School, Larne and Inver Primary School, ST MacNissi's Primary School, Larne Football Club, YMCA Ireland,

What do we do?

We work with other organisations to provide adequate up to date training for staff. We seek advice if needed from other organisations. We take feedback on board to improve our work and meet the needs of children and young people.

How does this add value?

These partnerships add values by supporting programmes, providing funding opportunities, contributing to and leading targeted programme sessions,

Youth Club Aim of programme:-

To provide high quality youth provision which is open and accessible to all young people aged 5-25

Objectives of programme:-

To provide a generic and targeted youth club based provision within the Larne Area as outlined by the EA Youth Service Funding opportunity

| No of sessions delivered | No of participants | Age range |
|--------------------------|------------------------|-----------|
| 300 | 175 on an average week | 5-25 |

Events / Projects completed in this period:-

Culture week
Environmental and Outdoor learning Programmes
Health and Well being programme -Start 360
Lawfulness Programme- pizza with the PSNI
Life Skills programme
Social Action Project

Qualifications completed, (OCN's)

Drugs and Alcohol OCN - 12 young people
Paediatric first aid
Autism NI
Child Protection
Staff completing OCN Level 2 in youth work practise

Young Leaders and Volunteer programme

No of volunteer hours completed:- 4,320

Key pieces of work / learning achieved:-

Young people have come out of their shells because of this programme, they have gained confidence within themselves and also developed leadership skills along the way.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Targeted Programmes:-

| Theme | No of sessions | No of participants |
|-----------------------------------|----------------|--------------------|
| Social Action | 6 | 13 |
| Health and Wellbeing Programme | 6 | 19 |
| Life Skills Programme | 6 | 15 |
| Mental Health Awareness Programme | 6 | 20 |
| Lawfulness Programme | 10 | 21 |

Consultation:-

Who did we consult with? Young people, parents/carers

Why did we consult? To help us better understand the young people's needs and how we can best support them.

How many contributed? All

What did we learn? Identified young people's needs, allowing us to facilitate targeted work to help. Able to see support parents felt they needed and offer support where needed. Allowed us to find different funding opportunities for us to apply to.

Quality Assurance:-

Staff completing OCN Level 2 in youth work practise

Partnerships:-

Who do we partner with?

Peaceplayers, Extern, Start 360, PSNI, Education Authority, Linn Primary School, Corran Primary School, St Anthony's Primary school, Moyle Primary School, Larne and Inver Primary School, ST MacNess's Primary School, Larne Football Club, YMCA Ireland,

What do we do?

All partnerships help us promote the service referring young people where they feel appropriate. We work with other organisations to provide adequate up to date training for staff. We seek advice if needed from other organisations. We take feedback on board to improve our work and meet the needs of children and young people.

How does this add value?

These partnerships add values by supporting programmes, providing funding opportunities, contributing to and leading targeted programme sessions,

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Basketball Aim of programme:-

To provide an alternative grassroots sport to Larne and the surrounding area

Objectives of programme:-

Engage young males and Females in sport
Engage new young people not known to Larne YMCA

| No of sessions delivered | No of participants | Age range |
|--------------------------|--------------------|-----------|
| 120 | 75 | 5-17 |

Events / Projects completed in this period:-

Training sessions

Match Days

Fundraising

Qualifications completed, (OCN's)

2 Coaches completed intro to coaching course through Basketball Ireland
1 Referee completed intro to refereeing course through Basketball Ireland

Targeted Programmes:-

| Theme | No of sessions | No of participants |
|--------------------------------|----------------|--------------------|
| Jr NBA (Through Basketball NI) | 9 | 30 |

Consultation:-

Who did we consult with? Local community and other Basketball clubs

Why did we consult? To see if it was wanted/needed within Larne and how we should go about setting it up/ delivering this new provision

How many contributed? All

What did we learn? We learnt that it would be costly to set up with fee etc, and that there was a big need for alternative sports within Larne and the surrounding area

Partnerships:-

Who do we partner with?

Curran Court, Kilwaughter, Inspire Gym Larne, Basketball NI/Ireland, Peaceplayers, Extern, Start 360, PSNI, Education Authority, Linn Primary School, Corran Primary School, St Anthony's Primary school, Moyle Primary School, Larne and Inver Primary School, ST MacNissi's Primary School, Larne Football Club, YMCA Ireland,

What do we do?

Curran court sponsored our players kits, Kilwaughter gave a donation towards running costs and Inspire Gym sponsored coaches kits and allowed us to use their gym facility once a week free of charge. Basketball NI/Ireland helped us with the set up of the club and provision of the Jr NBA schools programme. Everyone else helps with promotion of the service and referring young people to the club.

How does this add value?

Helped us become more known and gave three partners sponsorship opportunities up and down the country

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Indirect beneficiaries of Larne YMCA

Parents/carers, families and the local community are indirect beneficiaries of Larne YMCA as follows:

A) Parents/carers and families:

- provision of additional recreation and informal education opportunities for their children and young people
- availability of safe recreational space outside the home
- networking with other parents/carers
- opportunities to participate in events and activities
- access to after school childcare enabling them to work or study
- access to specific support in times of need

B) Local community:

- availability of facilities for children and young people in the area
- provision of community events, volunteering opportunities, employment opportunities
- promotion of community action and civic pride
- networking with other providers, statutory agencies
- contribution to work in wider community through networking and partnerships
- support for other groups

Funding bodies

Larne YMCA would like to take this opportunity to thank the funders of their programmes. They have been very supportive over the years and have actively engaged in discussion to improve delivery programs.

Public benefit statement

The Directors/ Trustees of Larne YMCA confirm that they have complied with their duty under the Charities Act (Northern Ireland) 2008 (the Charities Act) and The Charities (Accounts and Reports) Regulations (Northern Ireland) 2015 (the Regulations) to have regard to the Charity Commission's guidance on public benefit and that the public benefit requirement has informed the activities of the Society in the year to 31 March 2024.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Financial review

The charity's incoming recourse for the year amounted to £688,656 (2023: £438,794). Principal sources of funding are from grants and donations. The outgoing expenditure for the year amounted to £576,805 (2023: £457,918) The net incomings for the year amounted to £9,751 (2023: outgoing £19,124).

The Charity is extremely grateful to all its grant funders, without whose support YMCA would not be able to run a number of its activities.

GOING CONCERN

The activities of the trustees are dependent on ongoing contributions from its members. The Trustees are of the opinion that the trustees has sufficient resources at the date of approval of these financial statements to meet commitments which will arise in the year from the date of signing this report and subject to the continuing support from members to fund on an ongoing basis the trustee's current activities and other financial commitments.

RESERVES POLICY

The Trustees have considered the level of unrestricted reserves that it is appropriate to hold taking account of current and ongoing commitments. It is the policy of the Trustees to hold between three and six month's normal expenditure, this equate to between £46,494 and £92,988. At the year-end unrestricted reserves were £507,297 which represents a higher level of reserves. The Trustees, however, consider it prudent to hold reserves at this level as the funding of its present activities is dependent of the ongoing financial support of its funders.

LARNE YMCA

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

The charity is a company limited by guarantee and acceptable as charitable by HM Revenue & Customs under reference XR22162. The company was incorporated on 28 May 2008. The company was established under a Memorandum of Association which established the objects and powers of the company, and is governed by its Articles of Association.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

| | |
|----------------------|-------------------------|
| Mr R Tweed | |
| Mr R J Alexander MBE | |
| Dr Brian Dunn | |
| Mrs Sally Loada | |
| Mrs F M Gray | |
| Mrs Laura Steele | |
| Mr Gareth Hamilton | |
| Mrs P Bradley | (Appointed 1 June 2023) |
| Mr R J Elliott | (Appointed 1 June 2023) |
| Mrs A E McAuley | (Appointed 1 June 2023) |

The Directors of the company are also charity trustees for the purpose of charity law. Under the requirements of the Articles of Association, unless otherwise determined by the company in General meeting the number of trustees shall not be less than five.

One third of the trustees shall retire at each Annual General Meeting based on length of time in office. A retiring trustee shall be eligible for re-election.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Statement of Trustees' responsibilities

The Trustees, who are also the directors of Larne YMCA for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

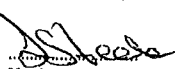
LARNE YMCA

**TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024**

Auditor

In accordance with the company's articles, a resolution proposing that MBS Chartered Accountants be reappointed as auditor of the company will be put at a General Meeting.

The Trustees' report was approved by the Board of Trustees (Directors).


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Mrs Laura Steele
Trustee & Director
Dated: