

# Northern Ireland Psychoanalytic Society

## REPORT FROM NIPaS TRUSTEES FOR THE CHARITY COMMISSIONERS

### FOR THE PERIOD 1 JANUARY TO 31 DECEMBER 2022

During the year, January to December 2022, the Northern Ireland Psychoanalytic Society (NIPaS) continued to pursue its charitable aims of providing psychoanalytic education and training, and to seek to improve the mental health of the wider population. This occurred in the context of the ongoing COVID-19 pandemic.

#### **COVID-19 Adjustments**

During the year, NIPaS training activities, teaching seminars and society meetings mostly continued online, however there was a return to some in-person meetings.

#### **Training and Education**

In collaboration with our IPA (International Psychoanalytical Association) Sponsoring Committee, in 2022 NIPaS continued to refine and implement the five-year theoretical and clinical curriculum and to monitor the progress of all candidates towards satisfying the requirements for qualification as psychoanalysts.

This year Dr David Bell and Dr Iain McDougall qualified as IPA Psychoanalysts, increasing the number of Psychoanalysts within the organisation to sixteen.

During the year, NIPaS also continued to organise seminars for Guest members and hosted visiting analysts from the British Psychoanalytical Society (BPaS) and the United States, who led seminars for full members, candidates, and guests, on various topics.

NIPaS also continued to organise a well-attended monthly CPD group to facilitate the ongoing professional development of its members.

The NIPaS Outreach Committee continued to offer Work Discussion Groups (WDG) to reach a wider audience of clinical practitioners who are not formal members of NIPaS.

## **Governance**

Our Finance Officer, Dr Mary Short, came to the end of her three-year tenure and handed over to her successor, Dr Iain McDougall. There were no other changes in the officers of the organisation.

The Board and the Finance, Training and Outreach Committees continued to meet throughout the year to ensure the governance, regulation, and development of the Society's various activities.

The Society also continued to be very ably assisted in its general accounting and administration by our part-time Administrator, Fiona Wilson.

## **Charity Commission Reporting**

A report to the Charity Commission was made which included providing a copy of all accounts, minutes of meetings and governance documents for external assessment. Conor Moore, Independent Assessor, completed a comprehensive analysis of the documentation provided to him by NIPaS and was able to report back positively on this.

## **NIPaS Charitable Trustees**

Dr Hannah Browne, President of NIPaS

Professor Bernard Cullen, Chair of NIPaS Training Committee, Board member

Dr Craig Johnston, Honorary Secretary, Board Member

Professor Gerry Lynch, Consultant Psychiatrist, Lay Member of Board

This report has been prepared by Dr Craig Johnston (Hon Sec of NIPaS) and approved both by the Trustees above and by the Board of NIPaS on 3 June 2023