

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024

The trustees present their Trustees' Report and the unaudited financial statements for the financial year ended 31 March 2024.

The financial statements are prepared in accordance with the Charities Act (Northern Ireland) 2008, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Trustees' Report contains the information required to be provided in the Trustees' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The trustees of the company are also charity trustees for the purpose of charity law and under the company's constitution are known as members of the board of trustees.

In this report the trustees of Chrysalis Womens Centre present a summary of its purpose, governance, activities, achievements and finances for the financial year 31 March 2024.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Charities Act (Northern Ireland) 2008 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

Management **Chrysalis Women's Centre** **Management Committee** **2023-2024**

Kevin Heaney, Chairperson
Melanie Markey, Vice Chairperson
Lisa Grimley, Treasurer
Noeleen Floyd - Secretary
Nicola Lawless
Wendy Markey
Sharon O'Hara
Christine Forker
Carol Geddis

Chairperson's Report

This year again has been an exceptionally difficult year for our community. The continued "Cost of Living Crisis" increase in suicides in the local area has had a devastating effect on the community.

The centre has worked hard to ensure they have maintained and formed new partnerships in order to provide the correct resources, training, education and counselling required.

With the new partnership with the Step Up programme, this has provided us with additional education programmes as we move through 2024.

The childcare services continues to be a pivotal part of Chrysalis Women's Centre and allows us to break down the barriers to women and education,

Kevin Heaney
Chairperson

Chrysalis Women's Centre Staff

Ruth McKeever - Director
Ruth Barrett - Childcare Co-ordinator (on maternity leave)
Janine Geary - Office Administrator
Linda Duffy - Financial Administrator
Liz Gilmore - Childcare Co-Ordinator (Temporary - maternity cover)
Lauren Hall - Deputy Manager - Children's Project
Grace Wray - Childcare Worker
Siobhan Holden - Childcare Worker

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024

Review of Activities, Achievements and Performance Directors Report

From April 2023 to March 2024 we have provided 43 courses to 388 women. We have provided 10 childcare spaces per day (Mon – Fri) to those requiring childcare in order to obtain qualifications, well-being courses, volunteer or counselling, and 10 - 12 spaces in the afternoons for those children who did not have secured a nursery place.

We continue to strive to provide relevant education and training. With the changes in Universal Credit, we are aware that more pressure will be put onto women when their children turn 5 to return to work. We ensure through our education programme that they have the relevant qualifications and have supported them throughout the year updating their CVs and preparing them for interviews.

In addition to this work we are aware of the poor mental health within our community, we again have put in place numerous courses to address this need.

We continue to support our older generation with Warm Well space and the provision of a food hamper at Christmas - 140 delivered.

Thrift Shop and Food Bank

We continue to support both our community and other organisations with food parcels and access our thrift shop.

375 Food parcels have been provided
140 Well warm Christmas hampers
40 families supported with uniforms for September 2023
130 visitors to our thrift shop
34 teenage mothers supported with baby items

We would like to thank our volunteers who work tirelessly to ensure our food bank is stocked. The Baby bank is managed correctly and our thrift shop is available to all who need it.

SHSCT

We could not do any of the work we carry out without the support of SHSCT, the support we receive both financially and through the provision of our centre provides us with resources, ability and finances to support those in need within our community. This year on International Women's Day we opened our Remembrance Garden, a place dedicated to all the women who have died through femicide. The SHSCT have supported us so much with this project and would like to thank you for all your support and help.

Nyama

YEAR	COUNSELLORS	SESSIONS	WEEKS	SESSIONS OFFERED PER YEAR	AVERAGE PRICE PER SESSION £	TOTAL WORTH OF SERVICE
2016	7	4	48	1,344	45	£64,800
2017	10	4	48	1,920	45	£86,400
2018	10	5	48	2,400	45	£108,000
2019	10	5	48	2,400	45	£108,000
2020	10	6	24	1,440	45	£64,800
2021	15	5	36	2,700	45	£121,500
2022	15	5	48	3,600	45	£162,000
2023	14	4	44	2,464	60	£147,840

The above figures do not take into account admin, running costs, supervision, training or mentor support. We estimate the total cost would double if not for the financial support of the Trust and volunteers.

We currently have 11 therapists working in Chrysalis.

This year we have noted a lot more complex cases being referred to ourselves and our waiting list continues to grow. We have also noted a lot more SHSCT departments are referring into our service.

Education and Training

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024

So far this year, we have delivered a variety of courses that fit with the needs of our community:

- Climate Change Workshops
- Computerised Book Keeping – Level 1 (Neighbourhood Renewal)
- Computerised Payroll – Level 1 (Neighbourhood Renewal)
- Computerised Payroll – Level 2 (Neighbourhood Renewal)
- 1 x ECDL (Chrysalis)
- Crochet/Knitting (Chrysalis)
- 4 x Gardening (Chrysalis)
- 6 x Rosetta Stone
- 1 x OCN Level 2 Autism
- Open University Course
- 3 x First Aid
- Food Hygiene - Level 2
- Anxiety Workshops
- Menopause Workshops
- Christmas Baking
- Warm Well Space
- Mellow Babies
- Winter Gardening
- Foraging Workshop
- Healthy Eating
- Home Cooking (on a budget)
- Introduction to car maintenance
- Seasonal Affective Disorder
- Yoga
- Sleep Clinic
- Forest Bathing
- Creative Bereavement Workshops
- School Age Mothers Programme – introduction to home cooking
- Healthy Relationships
- Women in Sport
- Tai Chi
- Funeral Planning Awareness
- Baby Massage

We will continue to think ahead and listen to what the needs of the community are. Our September 2024 programme will include:

- Wrap - Managing your anxiety
- Healthy Relationships
- Payroll – Level 1 & 2
- Book Keeping – Level 1 & 2
- Women in Sport
- OCN Level 3 – Autism
- ECDL

Children's Services Co-ordinators Report

The Creche team continue to work exceptionally hard to support the parents/carers and children within our community.

The creche have reported an increase in the need for sensory training and equipment due to the increase in children with additional needs. They have been successful in obtaining the funding and incorporated the sensory equipment into everyday play.

We have used our vetted volunteers to support the creche with one-to-one needs.

The creche team continue to support parents/carer through signposting to other agencies.

Parents/carers are kept updated on all courses/training/support available so they can attend the relevant courses.

Ruth Barrett is out on maternity leave and we wish to congratulate her on the birth of her baby boy and look forward to seeing her back in November. Liz Gilmore has been successful in obtaining the maternity cover post.

Training for staff over 2023

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024

Ruth -

- Level 5 – CCLD – Completed

Liz -

- DCPO
- Sensory Play
- Food Hygiene

Lauren -

- Safeguarding
- DCPO
- Food Hygiene Level 2

Grace -

- Level 5 – CCLD – Undertaking
- First Aid
- Food hygiene Level 2

Siobhan -

- Level 5 – CCLD – Undertaking
- First Aid
- Autism Level 2
- Safeguarding
- Food hygiene Level 2

Volunteers

We would like to thank the following volunteers who have given so much of their time and care over the past two years.

Edith Tennant For facilitating cookery workshops every Thursday Morning

Melanie Markey, Wendy Markey, Geraldine Lawless, Carol Geddis

These 4 women have been the backbone to our thrift shop and food hampers. They have spent many hours sorting, organising and packing the many bags of clothes that have been donated and opening the shop for those in need. When they are not helping in the thrift shop, they can be found helping out in the garden.

Linda Duffy Who worked tirelessly in the garden producing lovely fruit and vegetables for all of us to share and for facilitating the Introduction to Machine Sewing class

Janine Geary For managing the booking system for our counselling service, managing the therapists and dealing with the referral agencies.

For the following for providing, counselling services to so many:

Eunan Duffy
Clare Boyd
Donna Hughes
Emma-Jayne Fallon
Sarah Cooke
Linda Robinson
Robyn Hamilton
Karen Creighton
Jamie Donnelly
Noel Smith
Danielle De Rose

Anna Mitchell Who taught so many how to knit and crochet

Tutors and Facilitators

Linda Duffy, ICT Tutor (SRC)
Anna Mitchell, Knitting and Crochet (Voluntary)
Donna Hughes - Anxiety

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024
Clare Boyd - Menopause

Affiliations

Women's Support Network
Women's Resource Development Agency
Women's Centres Regional Partnership
Armagh Banbridge Craigavon Community Network
TADA Rural Network
Women's Consortium
Verve
Open University
Clanrye Group (Carers support)

Those we work with include:

SPLASH Surestart
Zero-8-Teen
Drumellan Family Learning Complex
Craigavon & Banbridge Volunteer Bureau
Education Authority - School Age Mothers Programme
Southern Regional College
The Food Bank
Emmanuel Church
Addiction Team
Family Intervention
Local GPs
SHSCT
Local Community Groups
Probation Service
Multi-Disciplinary Team Banbridge
Fitz Zone
Wellmind Centre
Clan Na Gael
Clann Eireann
Drumcree Community Trust
Portadown Cares

Income

Acknowledgements

Financial Support

Thank you to our funders not only for their financial support but also for the continued encouragement over many years.

- Southern Health & Social Care Trust
- Department of Social Development, Community Investment Fund
- Department of Social Development, Women's Centres Childcare Fund
- Pathways Fund
- Verve
- Poots Funeral Parlour - provision of our sign for the Memory Garden
- Eunan Duffy - for painting the area of our memory garden

Support in Kind

PSNI, Craigavon, personal safety for children.
SHSCT
Foodbank
Splash Sure Start
SRC
Tesco, Craigavon
M&S, Craigavon
ASDA, Portadown
Argos, Craigavon
Hope Church

Chrysalis Womens Centre TRUSTEES' REPORT

for the financial year ended 31 March 2024

Aims & Objectives

Chrysalis Women's Centre provides opportunities for women and children to develop the necessary skills, self-esteem and confidence to participate more fully as individuals in family, community and society. We work with others both locally and regionally to create stronger inclusive communities through developing community infrastructure, working processes, networks, ethical frameworks and a shared vision for the future. We provide an education and training programme that runs throughout the year and is designed to support women to develop the skills knowledge and experience necessary to access further training and employment.

Governance

The Organisation has charitable status, granted by the Charity Commission of Northern Ireland. The organisation's governing document details procedures for recruitment, appointment and training of trustees. Trustees are selected for their particular skill set and occupational backgrounds. The board of trustees meet regularly and are presented with financials by the Centre Director, Ruth McKeever.

Results and Dividends

At the end of the financial year the charity has assets of £66,854 (2023 - £59,750) and liabilities of £2,842 (2023 - £1,200). The net assets of the charity have increased by £5,462.

In accordance with the Constitution, the trustees retire by rotation and, being eligible, offer themselves for re-election.

Compliance with Sector-Wide Legislation and Standards

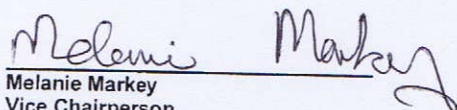
The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Chrysalis Womens Centre subscribes to and is compliant with the following:

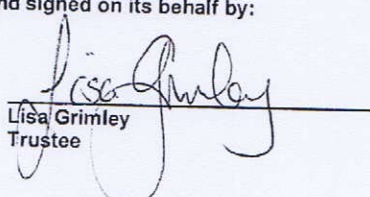
- The Charities SORP (FRS 102)

Reserves Policy

The Trustees want to ensure they have an appropriate level of reserves so the Charity can continue to provide its services for the foreseeable future. The reserves policy is reviewed every year by the trustees as part of the charity's good governance procedures.

Approved by the Board of Trustees on 30th July 2024 and signed on its behalf by:


Melanie Markey
Vice Chairperson


Lisa Grimley
Trustee