



Welcome to the Moving Mountains Trustees Report

6th April 2022 – 5th April 2023

The Trustees of Moving Mountains Trust present their annual report for the year ended 5th April 2023, together with the accounts for the year and confirm that the latter comply with the requirements of the Charities Regulations 2008 for reporting. We also confirm that all the activities undertaken by the charity were to further its charitable purposes for the public benefit.

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1. From the Chairman - Gavin Bate

Throughout the year we continued our work as usual, in both Kenya and Nepal. However, the lasting effects of the Coronavirus pandemic in the previous year carried on in to the 2022-23 financial year. The charity faced its second year of fundraising trips being cancelled / postponed, and with this in mind we continued to monitor spending closely to ensure that the charity survived and could look forward to the following financial year when we could expect funding to start to return to pre-Covid levels.

Even though this year was disappointing in terms of developing new projects we remained positive and continued to concentrate on our core programmes in both Nepal and Kenya, including continuing our employment of Secondary and Primary teachers which benefits hundreds of children and the provision of school and medical supplies in the rural Himalayan villages that have been developed by Moving Mountains Nepal over the years. We also managed to fund the renovation and repair work of the Bumburi Stupa and thanks to funding from the Derek Moore Foundation, we provided a much needed water supply to the remote Rembu village which saves many hours of toil carrying water and will transform the daily routine and livelihood of the villagers there.

In Kenya we continued to support a number of children through their Primary, Secondary and College / University education and I had the chance to get back out to Kenya for a positive meeting with all the previous and current Moving Mountains beneficiaries from across East Africa where we discussed their current situations and future aspiration over a long weekend at our Adventure Alternative guest house in Embu. Our support of the Rescue Centre, the feeding program for the street children and the Black Cats Football Club continued unhindered and thanks to the continued support of Granaghan Outreach and Anne Morrone, we installed a large water tank at the Chris Morrone Kiamathaga Secondary School and completed a total refurbishment project at Tigithi Primary School on the lower slopes of Mount Kenya.

In a time when funding was limited it became even more important to ensure the trustees in the UK continue to manage the charity through the time they spend employed by Adventure Alternative, having the staff and resources on hand ensures that as much money as possible is spent on the projects, communities and children that they were intended for.

The end of the year gives us the opportunity to look forward to a brighter future, we have secured the funds for a large rebuild of Bupsa Primary in Nepal and have schools returning on their fundraising expeditions to East Africa.

We want to thank everyone that has been involved with and supported Moving Mountains over the years. The long term success of our programmes and projects is a reflection of that long term belief and support in what we do.



Gavin Bate, Chairman Moving Mountains, April 2023

2. Moving Mountains Trust

Official charity name	Moving Mountains Trust
Charity Number:	NIC 100742 . We are registered as a charity by the Northern Ireland Charity Commission
Charity classifications:	the prevention or relief of poverty the advancement of education the advancement of health or the saving of lives the advancement of citizenship or community development the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage. personal development and growth
Area of operation:	Kenya and Nepal and Tanzania
Address and registered office:	PO Box 14, Portstewart, Northern Ireland BT55 7WS 9 Central Avenue, Portstewart, Northern Ireland BT55 7BP
Board of Trustees	
Chairman	– Gavin Bate
Secretary	– Chris Little
Treasurer	– Andrew MacDonald
Trustee	– Susan Birkett
Trustee	– Dot King
	<p>New trustees are voted in following a proposal by any of the current Trustees which can be made at any time. We aim for a unanimous agreement before potential trustees are approached. No other individual or organisation can appoint trustees.</p>
Governing Document:	Trust Deed The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.
Bankers:	Ulster Bank, Coleraine, Northern Ireland.
Website:	www.movingmountainstrust.org
Email:	info@movingmountainstrust.org
Phone:	(+44) (0)2870 831 258

3. Purpose of the charity

The aim of the Trust is to provide funding to NGOs in East Africa and Nepal which are called Moving Mountains Kenya and Moving Mountains Nepal and also smaller projects in Tanzania and Morocco, which carry out the remit of our charitable objectives and create lasting change in targeted areas, based on need and on the interests of the Trustees and the local stakeholders. The Trust partners with those organisations that share our objectives, values and methodologies and that fully represent the views and needs of local stakeholders.

We also engage in volunteering activities designed to promote global citizenship and teach progressive development education through practical interaction and experience under the strapline 'personal development through international development'.

For many years we have been providing training and mentoring for volunteers and school groups, and those experiences have contributed considerably to career choices, self esteem and happiness, helping to develop grounded young people with a greater perspective of the world which we live in.

We concentrate on attracting donors and volunteer groups, and the delivery of our services in the UK to young people looking for opportunities to enhance their career opportunities

Vision

We believe that people who are educated and healthy and recognised as equal global citizens have greater opportunities. Our vision is that empowered equitable relationships will ultimately drive the evolution of development and help us move mountains for people to succeed and improve their quality of life.

Charity Objectives

(i) the provision of financial assistance, food, clothing and shelter to children and their families who are homeless or living in desperate conditions to help advance their education, relieve their poverty and promote their ambitions, hopes and dreams.

(ii) the provision of financial assistance, advice and expertise for self-help projects, schemes and rehabilitation camps for street children in order to promote practical and vocational skills, the production of food and income, good citizenship and standing in the local community, plus an increased sense of personal self-esteem and enjoyment of life.

(iii) the financial assistance and otherwise for setting up useful rural and urban community programmes which are environmentally responsible and which promote empowerment and sustainable development; this includes facilities and projects in the interests of education, social welfare, the improvement of existing conditions and the promotion of awareness to a wider audience.

(iv) the relief of sickness and the safeguarding of health by grants of money for:

(a) the provision of drugs and medical appliances, and the support of medical and other personnel engaged in and for such purposes.

(b) the provision and support of facilities in the interests of social welfare for the relief of sickness and distress.

(c) the promotion of public education in all matters relating to HIV and AIDS.

(d) the prevention of children's diseases through conditions brought about by severe poverty and lack of education.

(v) the development and joint maintenance of community groups in areas benefiting from all of the above whereby specific, measurable, achievable, relevant and time-bound objectives are evaluated, supervised, implemented and monitored so that the benefits can serve the community for years to come; this includes the provision of volunteers and personnel, shared management and implementation of projects, training,

maintenance, advice and arbitration over problems or disputes plus assistance with accounts and records.

(vi) to advance the education of the public in global citizenship and youth development through expeditions in all areas of operation.

Governing Document:

Trust Deed. The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

Grant Making Analysis

Decisions on grants to Kenya, Nepal and Tanzania are made by the Trustees. Trustees approve grants or fund projects which demonstrate public benefit within the remit of the Trust objectives and within the criteria of guidance taken from the Charity Commission. In addition the Trust actively looks for projects or programmes that show leverage through involvement and additional funding from local authorities and other organisations.

Overall the Trustees were pleased that the Trust was able to maintain grant-making in its core operations, cover overheads, maintain its underlying financial base and increase its donor base through improved communications.

Reserve Policy

The reserve policy is to provide sufficient capital to continue its grant-making programme and support future expenditure plans, and also to build up its unrestricted reserve to manage against unforeseen circumstances such as economic uncertainty. The Trustees this year adjusted the figure of unrestricted reserves to be maintained at a minimum of £20,000, which represents under 10% of annual spend, and this policy is reviewed annually.

Going Concern

The Trusts financial position and performance has been outlined in the financial review. The Trustees have assessed projected future income, expenditure and cash flows and have analysed the strength of the Trust's reserves, its liquid assets and its ability to withstand a material fall in incoming resources. Consideration has been given to stability and diversity of various income streams in making this assessment.

The Trustees have concluded that there is a reasonable expectation that the Trust has adequate resources to continue activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

Risk Management

The Trustees are satisfied that the major risks identified in the main areas - financial, governance, operational, compliance and external – have been mitigated through proper and comprehensive planning and operational decision-making, management systems, insurance cover, specialist advice and holding appropriate levels of funds for residual reserves. The risk management assessment is monitored regularly by the staff and by the Trustees. The Trustees have also considered any potential conflicts of interest and the implications of the Bribery Act 2010.

Public Benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and setting grant making policies. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. There will be no restrictions on future grant making through poverty, location or lack of entitlement.

Disclosure of Information

The Trustees who held office at the date of approval of this Trustees' report confirm that they have taken all the steps that they ought to have taken as a Trustee to make themselves aware of any relevant financial information and to establish that the relevant authorities are aware of that information.

Conflict of Interest

The trustees confirm that there is no conflict of interest with the tour operator Adventure Alternative that supplies all the travel arrangements for groups or volunteers going to work on Moving Mountains projects,

irrespective of the fact that three of the Trustees are employed by the travel company.

The charity has a clear agreement with the company to provide the trip logistics because the company is a registered tour operator with the correct bonding and insurance in place to comply with the UK Package Travel Regulations and the EU Travel Directive. The company provides services at a reduced cost for the charity.

Additionally, Adventure Alternative supplies overheads and resources and staffing free of charge for the charity, in particular employee time from Christopher Little, Andrew MacDonald and Gavin Bate. This amounts to a figure in the region of £50,000 per annum as a donation in kind. The trustees do not make any personal financial gain from the charity.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and regulations. In preparing the financial statements the Trustees are required to select suitable accounting policies and apply them consistently, observe the methods and principles in the charities SORP (Statement of Recommended Practice), make judgements and estimates that are reasonable and prudent, and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the Trust. They are also responsible for safeguarding the assets of the Trust and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Structure of Payments

Trustees meet annually to agree the areas of operation which includes ongoing programmes, new projects and potentially new locations. At this general meeting the annual amount of money for each location is agreed depending on expected donations and groups engaging in particular projects and visits.

For each area the trustees set up a budgeting cycle which is either monthly, quarterly or on a per project basis. This budget is kept online and checked by trustees before funds are sent. The items on the budget are agreed in advance with the local committees in each country. This process goes back and forth, often over several weeks until the agreement is made and the money is sent by transfer to an agreed bank account. From there the local committee manages the money and keeps the records and provides the feedback.

In Kenya, the NGO Moving Mountains Kenya is managed by a committee which distributes the money to each individual or service provider, or materials needed for the project. The money is sent every month.

In Nepal the NGO Moving Mountains Nepal is similarly managed by a committee and the money is distributed by one member who lives in the Himalayan villages and distributes the money to each individual. The money is sent every three months.

In Morocco the money is sent on a per project basis to the local village committees where it then used to purchase materials and pay individuals and suppliers.

In Tanzania the money is either sent to Moving Mountains Kenya initially and the committee there uses mpesa to distribute the money to individuals, or it is sent to Castro Kapela in Moshi who is our representative in Tanzania and he will make the relevant purchases for materials.

In all cases the UK Trustees make regular visits, at least once a year, to meet with the local committees and check on the work and ensure that the local NGO is making the correct submissions to the authorities in order to ensure their legality.

4. Financial Statements

Financial Review and Results

During the year the Trust **raised £76,172**, an increase of 27.5% from the previous year (£59,720). Total **expenditure for the year was £79,949**, an increase of 42.5% from the previous year (£56,090). Therefore our increased spending reflected our increased income which was predominantly due to the increase in fundraising as Coronavirus restrictions were lifted.

Out of the total funding of **£77,776 given to charitable causes** during the year the breakdown of expenditures across the different countries and remits was as follows: **63.5% to Kenya and 36.5% to Nepal**. Cash funds at the end of year were £60,744 a decrease of 5.9% from the previous year.

The core costs of the Trust were covered by donations in kind from Adventure Alternative once again, enabling us to devote **97.3% of our funds to charitable purposes**, with just 2.7% to administrative overheads like insurance, banking and fundraising platform charges and to promotional fundraising activities.

Our main funding continues to come from volunteers and visiting groups promoted through Adventure Alternative, plus a number of dedicated monthly standing orders and annual support from long standing supporting organisations .

The Trustees have continued to focus on creating sustainable income streams and three primary objectives for income generation:

- to ensure core costs remain covered by corporate in-kind donations through Adventure Alternative;
- to demonstrate long-term relationships with supporters based on effective stewardship and evidence of the impact of its programmes;
- to develop the volunteering programme while at the same time promoting a high degree of integrity and social responsibility towards the expectations of volunteers and local host communities.

Furthermore, the Trustees continue to ensure expenditure and grants are monitored regularly and are in line with approved budgetary controls, with use of cloud services for live sharing of information and VoIP technology to provide free communication.

We are unusual in that three of the trustees maintain a daily contact with the regional offices and work voluntarily to help with the running of the charity. Their input has been consistent now for well over a decade and it is their knowledge and analysis which has enabled the charity to work efficiently and flexibly.

Approved by the Board of Trustees and signed on its behalf by,



Gavin Bate – Chairman

Receipts and Payments

Section A Receipts and payments

	Notes	Unrestricted funds	Restricted funds	Total funds 2022/23	Total funds 2021/22
		£	£	£	£
Receipts					
Incoming resources from generated funds:					
Voluntary income					
- Public donations and campaigns		47,600	-	47,600	38,764
- Gift Aid		5,733	-	5,733	-
- restricted donations - Kenya		-	5,400	5,400	20,956
- restricted donations - Nepal		-	17,439	17,439	-
- restricted donations - Tanzania		-	-	-	-
- restricted donations - Morocco		-	-	-	-
- restricted donations - UK		-	-	-	-
Total receipts		53,333	22,839	76,172	59,720
Payments					
Charitable activities:					
Moving Mountains Kenya		43,956	5,400	49,356	46,292
Moving Mountains Nepal		23,420	5,000	28,420	9,245
Tanzania		-	-	-	-
Morocco		-	-	-	-
Personal Development		-	-	-	-
		67,376	10,400	77,776	55,537
Costs of generating funds:					
School promotion campaign		1,072	-	1,072	-
Advertising and PR		519	-	519	-
		1,591	-	1,591	-
Governance & Finance:					
Fundraising Regulator		-	-	-	-
Independent Examiner		-	-	-	-
Public Liability Insurance		-	-	-	-
Bank charges		222	-	222	180
Just Giving charges		360	-	360	373
Other resources expended:					
Translation of English to Swahili for schools		-	-	-	-
Africamp 1st Aid Medical Courses		-	-	-	-
		582	-	582	553
Total payments		69,549	10,400	79,949	56,090
Total receipts less total payments		(16,216)	12,439	(3,777)	3,630
Cash funds last year end		54,604	9,917	64,521	60,891
Cash funds this year end		38,388	22,356	60,744	64,521

Balance Sheet

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Total funds 2022/23
		£	£	£
Cash funds	Cash at bank	38,388	22,356	60,744

Signed on behalf of the trustees	Print Name	Signature	Date of approval
	Gavin Bate		27/11/2023
	Andrew MacDonald		27/11/2023

Restricted Donations to Kenya

Restricted funds - Kenya:

Category	Restricted fund	Donor	Brought forward from 2021/22 £	60% of Receipts 2022/23 £	Payments 2022/23 £	Carried forward to 2023/24 £
Social Welfare	Toto Love Development	Zara McKeague 2020 Team	2,392	- **	-	2,392
Education	School Development - Chris Morrone Secondary	Granaghan Outreach	-	5,400 *	5,400	-
			<u>2,392</u>	<u>5,400</u>	<u>5,400</u>	<u>2,392</u>

Restricted Funds to Nepal

Restricted funds - Nepal:

Category	Restricted fund	Donor	Brought forward from 2021/22 £	60% of Receipts 2022/23 £	Payments 2022/23 £	Carried forward to 2023/24 £
Social Welfare	Water Distribution Project - Rembu Village	Derak Moore Foundation	-	5,000 **	5,000	-
Education	School Development - Bupsa Primary	Rombald Group (SEO Travel)	-	12,439 **	-	12,439
			<u>-</u>	<u>17,439</u>	<u>5,000</u>	<u>12,439</u>

Restricted Funds to Tanzania

Restricted funds - Tanzania:

Category	Restricted fund	Donor	Brought forward from 2021/22 £	60% of Receipts 2022/23 £	Payments 2022/23 £	Carried forward to 2023/24 £
Education	Classroom construction - N'garoni Primary School	RoundSquare Schools Project	7,500	- **	-	7,500
			<u>7,500</u>	<u>-</u>	<u>-</u>	<u>7,500</u>

Adventure Alternative - donation in kind:

Donations in kind included office space, telephone, stationery, postage and travel expenses as well as 25% of the time of three full-time members of staff in the Adventure Alternative UK office, amounting to an estimated total of £50,000 per annum.

Categories for Expenditure

Moving Mountains Categories for Expenditure

Education & Vocation	Primary School Fees	Payment for primary school fees for children aged 7 - 14 years
	Secondary School fees	Payment for secondary school fees for children aged 14 - 18 years including additional costs
	Tertiary education fees	Support for college courses, university fees or vocational training costs
	School classrooms	New classrooms or rehabilitation of structures, in collaboration with authorities and local committees
	School facilities	Libraries, labs, toilets, water tanks and facilities specific to the educational institution
	Teaching resources	Books, arts and music equipment, sports kits
Personal Development	Teacher salaries	Supplement of salaries for teachers who are involved in communities where we work
	Youth rehabilitation camps	Children's rehabilitation camp costs - personal development jamborees held annually with young people from the UK
Social Welfare	Black Cats football coaching	Match costs, coaches and training equipment for our youth football teams around Kenya
	Outdoor Education	Any outdoor expedition for young people which contributes to personal growth and development
	Career development	Work experience, career visits, courses and internships for beneficiaries
	Global citizenship	Preparation for groups and volunteers going abroad, global ethics and values.
Health	Embu Rescue Centre	Rescue centre in Embu that provides food and support to street children
	Home support services	Food and rent of the families of children we support in school
	Child Support Services	Extra benefits for supported children eg bags, fares, pocket money
Economic	Community Infrastructure	Building of water tanks, wells and pipelines, pathways, community centres.
	Building clinics	Building and renovating of clinics or medical institutions
Health	Healthcare facilities	Providing facilities at medical institutions
	Home healthcare	Medical support in the home and home support services
Economic	Social Enterprise	Microfinance for local income generating projects that have a social benefit and stimulus for the community or environment.

5. Review of Charitable Activities

Moving Mountains in East Africa (Kenya & Tanzania)

Providing long term support has always been our main ethos and has been the single differentiating factor that over many years has enabled so many of our beneficiaries to achieve true social mobility and to ensure their own families never have to experience the same level of poverty they experienced. We are one of the very few charity's to provide support for children that extends from primary school level all the way through to university or college for those that achieve the grades. We also provide business opportunities and employment with the travel company Adventure Alternative for many of the beneficiaries, who often use their seasonal employment with us to collect enough savings to pay for 'big ticket' costs like school fees. This also keeps everyone together as a 'family' and ensures that everyone helps one another and stays in touch.

We have also employed staff in the long term, including people to run the rescue centre and also people to manage the projects and programmes. We're very lucky now to have such a great team of honest, dedicated people who have been involved for so many years and are much loved by the beneficiaries. Some of our oldest members like Francis Kioni, is still very much the 'elder' of the family and always on hand to dispense wisdom and advice. Gilbert in Embu is a powerhouse of energy and integrity and some of his fundraising exploits like climbing Mount Kilimanjaro and Mount Kenya one after the other, have raised a lot of much needed funds and raised the profile of the charity. It's great that the staff like Sammy Githinji who coaches the Black Cats, Lilian who manages the rescue centre, and the volunteers from Adventure Alternative Kenya like Joseph Mungai and Eva Muronji give their time and commitment freely and honestly to keep the NGO working so well. We trustees in the UK love working with them.

Apart from our normal expenditures maintaining the Embu Rescue Centre and the football club and adult literacy classes, along with the expenses for staff who provide counselling and services to our beneficiaries, we had a number of one-off projects / activities which included the following

Chairman's Visit – Founder and Chairperson of Moving Mountains, Gavin Bate, travelled out to Kenya for a morale boosting visit where many of the beneficiaries, current and past came together in Embu to discuss their lives and aspirations. Many happy memories were shared over a long weekend at our Adventure Alternative Guest House in Embu.



Employment;

Our biggest commitment financially is to maintain our local staff in specific roles within the charity, including our Project coordinator (Kioni), and Volunteer coordinator (Gilbert). In Embu we employ Rescue Centre Cook / Carer (Lilian), Sports Coach (Sammy – Black Cats) & ECD teacher in Solio (Hannah Munyori). In Tanzania we employed an ECD teacher Ms Ela Crus Mtui (see below) at Ng'aroni Primary in Tanzania. Our aim is to slowly increase this team because our evidence shows how beneficial it is to have ambassadors of the charity, even those who were once beneficiaries, working with the new intake.



Relocation support for Benson Mureithi – Benson struggled during Covid and it became clear that he needed a new challenge in a new location to help him with his mental health and to give him something to focus on. Moving Mountains helped him move to Embu where Gilbert and our team here could help him to help the street kids, he became a mentor to many young people and we're pleased to say he turned his life around and continues to help out with our programmes in Embu.



Embu Street Children Rescue Centre;

The Embu Rescue Centre for Street Children continues to provide hot meals every day for up to two hundred vulnerable children from the slum communities and local street children and the Black Cats sports and music clubs continued to thrive. The children from the local secondary schools who cannot afford to buy lunch themselves now also come to visit and it's clear that the community round the centre is an important part of the town and also has successfully reduced the number of children living rough on the streets by more than half. We also provided the kids their annual Christmas Party at the Rescue Centre



Chris Morrone Kiamathaga Secondary and Tigithi Primary;

In September 2022 a team from Moving Mountains Kenya and Granaghan Outreach in Northern Ireland teamed up in Nairobi and headed up to the lower slopes of Mount Kenya where they would spend the next couple of weeks installing a water tank on the grounds of the Secondary School and get started on a complete refurbishment of the Primary School. The work included digging trenches, laying pipes, installing windows, repainting classrooms, fixing roofs, doors and blackboards and repairing damaged floors.



Harton Academy Kenya Expedieion;

In the summer of 2022 a team from Harton Academy in Sunderland travelled to Kenya for an expedition which gave the opportunity for seven beneficiaries to join them for a camp, safari and summit climb on Mt Kenya, the students from Harton also delivered a lot of charitable donations, including many football tops which are like gold dust to a child in Kenya.



Moving Mountains in Nepal

Aside from our usual financial commitment in Nepal to teachers and health workers, we were fortunate enough to obtain a grant from the Derek Moore Foundation to build a new water distribution system in the village of Rembu.

Rembu is a small village of some 31 houses located in the Solu Khumbu region of Nepal, an area where the Sherpa community lives and farms. Here also are villages of the Rai community, the two castes living happily alongside each other. Rembu is a small Rai village which depends on farming and cattle for its livelihood. There was previously no regular water supply to the village, so villagers had to trek up to a river in the jungle above the village to collect water and carry it back down and with the Rai communities typically losing out when community funding is provided by the Government, there was little chance of Rembu getting a regular water supply direct to the village.

The funding provided allowed the villagers to lay a water pipe from the river in the jungle above Rembu, install a storage tank in the village, and provide a water tap in the yard of each of the 31 houses, thus ensuring a permanent water supply to the community, for both domestic use and for farming and livestock

The village provided all the labour for the project and looking forward, each home will be expected to contribute a small annual sum to cover any necessary maintenance which is managed by a local committee.



Our other project in Nepal saw the renovation and repair of the Bumburi Stupa, which is a sacred monument for the Sherpa people and focal point for the local community, with a rich and ancient history.

6. Thank You

All of the trustees, staff and beneficiaries of Moving Mountains would like to extend a heartfelt thank you to all of our donors and supporters around the world. Your support and commitment have again ensured that we were able to continue to achieve our objectives as a charity, benefiting disadvantaged children, young people, families and communities and working towards long-term development outcomes and strategies.

In particular we would like to thank the following:

- The **Derek Moore Foundation** for funding the water project in Nepal
- **Granaghan Outreach** in Northern Ireland for funding the school projects in Kenya
- **Harton Academy** for raising money to ensure some Moving Mountains beneficiaries accompanied the students on their expedition and experienced parts of their own country that would otherwise be out of reach for them

So many donors have continued their support of Moving Mountains for so many years, and their monthly donations have kept the backbone of the charity together, enabling us to continue supporting our programmes for so long and genuinely making such a difference to our beneficiaries, some of whom are now adults and have their own children. In Nepal the money for the teachers has not been temporary or transient, but has enabled them to pursue a lifelong vocation in teaching. It is without doubt one of the most humbling recognitions that so many people keep supporting Moving Mountains because they understand that real change is slow and organic and incremental, and it takes place over generations.

The trustees would like to share this report with everyone in celebration of what has been achieved, even though it is at the start of such a globally cataclysmic event. As everyone in the world suffers, we can but take some comfort from the belief in those values that bind us as communities even though we may be in different countries. The name Moving Mountains refers to the challenge that faces so many people each day of their lives, and sadly for so many children. Long may we continue to provide succour for those that rise to that challenge.