



Trustee for NI Report 1st April 2022 – 31st March 2023

It has been another busy year for u3a in Northern Ireland,. The NI Regional Executive Committee (NIREC) has been a great support to all u3a groups across Northern Ireland and to me as the Trustee for NI. During the past year, as Trustee for NI, I have attended the following meetings:-

Third Age Trust Board Meetings

10-11th May, 29-30th June, 13-14th September, 25-26th January, 28-29th March face-to-face meetings in Milton Keynes.

27th July, 18th & 30th August, 2nd, 10th & 23rd November, 16th December all virtual meetings

National AGM in Milton Keynes AGM 6-7th October 2022

u3a office Headliner Meetings

19th April, 18th & 31st May, 15th June, 13th July, 10th & 24 August, 7th & 21st September, 19th October, 2nd, 16th, & 30th November, 8th December 2022
22nd February. 8th & 22nd March 2023.

Members' Link Meetings

22nd June, 15th September 2022, 15th February 2023

Workshops Running you u3a Workshop 17th October 22
Technology Roundtable 4th November 2022
Respect Agenda meeting – 13th April, 15th June 2022

Northern Ireland Regional Executive Committee (NIREC)

25th April, 22nd August, 3rd October, 4th November, 5th December 2022
30th January, 13th February, 7th March 2023

I also attended the AGM's of Belfast u3a and Holywood AGM's.

The Queen's award for volunteering at Foyle u3a

The 25th year Anniversary Dinner at North Down and Ards u3a

Since January 2023 I have been involved planning the NI u3a Summer School

The highlight of the year was welcoming Liz Thackray to Northern Ireland on 13th March for five day visit. Liz visiting eight u3a, and has said at the recent Board meeting "It is the best thing I have done since becoming Chair 18 months ago, and NI has set the bar for regional visits". Needless to say I am delighted she was so impressed, and my thanks go to all the u3a's involved ,and special thanks to Mairead McGouran for looking after Liz while visiting the u3a's on the north coast.

Valerie Cobain – Trustee NI