

**FOR THE YEAR ENDED 31ST MARCH 2023**

**TRUSTEE REPORT**

The Trustee's present their report and the financial statements of the charity for the year ended 31 March 2023.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Charity Number: NIC100577

Registered Office:  
30 Finsbury Crescent  
Belfast  
Co. Antrim  
BT8 6GH

**TRUSTEES**

The trustees who served the charity during the year were:

Mr Derek Price  
Mrs Kathleen Lavery  
Dr Kelvin McCracken

**PRINCIPAL ACTIVITIES**

The charity provides a therapeutic approach to those with emotional needs using talking therapies. This includes listening, psycho-dynamic counselling, CBT and therapeutic pastoral approach to the needs of the client.

**STRUCTURE AND GOVERNANCE**

The charity is governed by a Trust Deed.

**FINANCIAL REVIEW**

The charity reports a surplus of £15,382 for the year, resulting in a increased reserve balance of £36,384. The total income increased significantly, primarily due to £23,500 of Grants being secured. Non Grant income increased by over 7% but our operational expenditure increased by 48%. The increased expenditure has been funded through significant grant awards and is primarily due to investing in operational staff and training costs. This investment has helped to maintain our core activities whilst also bringing additional volunteers on-board. The Trustees will continue to ensure that our reserves remain at a suitable level.

**ACHIEVEMENTS AND PERFORMANCE**

Throughout the past year we have maintained both client numbers and counselling hours. We are encouraged to have additional trainee counsellors join us. We have continued to revamp our Pastoral Ministry Training Manual so that it is ready for use when training courses start again.

**PLANS FOR FUTURE PERIODS**

TRM will continue to provide excellent services bringing a range of benefits to the public. These services are concentrated around our core counselling service providing both emotional and spiritual support to the public. In order to continue to help cover the operational costs in the future, we will, if necessary, look to continue to provide additional complementary educational services such as Pastoral Ministry Training. We will continue to utilise digital technology, carrying out on-line counselling via video platforms such as zoom. We also carried out in-person counselling in both Magherfelt and Greater Belfast. The Trustees and management will continue to monitor our income and expenditure ensuring a controlled level of reserves is maintained.

**RESPONSIBILITIES OF TRUSTEES**

The Trustees are responsible for the management and administration of the Trust, for directing the affairs of the Trust and ensuring that it delivers its charitable objects. The Trustees are also responsible for preparing the annual report and accounts. Trustees also ensure that the Trust is compliant with the rules of the Trust as set out in its governing document.

Signed on behalf of the Trustees on 25th January 2024 :-



D. Price