

## Annual Report and financial review for YE 31/3/2022/2023

The trustees of Holy Trinity Centre are pleased to submit their report and outputs for the period April 1st, 2022, to March 31st, 2023.

Trustees	Position
Mary Joyce	Chairperson
Colette Toman	Deputy Chair
Nick Connolly	Treasurer
Maria Moore	Member

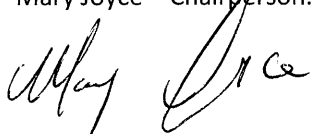
### Chairperson's Report

The purpose of the Charity and benefits to the public.

All Holy Trinity services aim to improve the advancement of education within the Belfast area. We do this by working in partnerships with local supporting educational services who offers services aimed at Lifelong Learning. Holy Trinity can demonstrate the benefits of mental health and educational support by seeing increase members taking part in our services which will improve their way of life and improve their potential for paid work. The intended beneficiaries are any service user that needs help and support that will improve their quality of life. This year have proved very difficult to manage due to post Covid -19, issues continuing. However, we were able to deliver the services through ensuring all health and safety requirements such as PPE were in place, used and promoted.

The services delivered in the community includes counselling, mentoring, childcare, senior activities, and volunteering opportunities, these service work towards promoting positive mental health and wellbeing. A high standard of childcare provision follows early years curriculum. Additional learning disability services include creative arts, mentoring and counselling that compliment mental health and wellbeing. Holy Trinity can demonstrate these benefits to the community by continued contracts from the funders, waiting list for services, feedback from service users, partnership working, monitoring and evaluation of programmes. The services are aimed at tackling inequalities that is apparent in areas of poverty. I would like to thank the dedicated staff and funders that enable the centre to work with our communities to promote and sustain healthier and meaningful lives.

Mary Joyce – Chairperson.



**Our community learning and development approach is based on a commitment to the following.**

**Empowerment** - increasing the ability of individuals and groups to influence community circumstances.

**Participation** - supporting people to take part in activities. Inclusion, equal opportunity, and anti-discrimination, recognising that some people have more restricted opportunities and influence so should be given attention.

# HOLY TRINITY CENTRE



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**Self-determination** - supporting the right of people to make their own choices. Partnership working- recognising that many agencies can contribute to community learning and development and should work together to make the most of the resources available and to be as effective as possible. Looking at people's skills and confidence to secure jobs.

Benefits from services provided include counselling and mentoring to the community which promotes healthily mental health. A high standard of childcare provision which promotes healthy eating and dental hygiene facilities. Disability services include programmes on healthy eating drugs and alcohol awareness, mentoring and counselling for health and wellbeing. Holy Trinity can demonstrate these benefits to the community by continued contracts from the funders, waiting list for services, feedback from service users, partnership working and monitoring and evaluation of programmes. The services are aim at tackling inequalities that is apparent in areas of poverty.

## Achievements and Performance

### Holy Trinity Centre

#### Overview of Targets

Targets reported on	
Day care	30 placements secured in this reporting period
Counselling/Intervention/Treatment Suicide Intervention Treatment/Family Support	1034 individual clients took part in health and wellbeing interventions in this reporting year.
Volunteers	3 volunteers in this reporting period
Trainee Counsellors	3 Trainee Counsellors completed training needed to gain there Counselling qualification
Holy Trinity Centre continues to provide services such as creative knitting, prayer groups and disability services.	

Annual and financial review for YE 31/3/2023

#### Continued contracts

- Family Support funded by BHSC
- 1 Self Harm contract delivered as lead and a partner in the Community Wellbeing Alliance Funded by PHA
- 1 Talking Therapies contract delivered as a partner in the Community Wellbeing Alliance funded by BHSC
- Extension of PHA Protect Life
- Extension of Victims and Survivors – Adults
- Extension of Victims and Survivors – Children
- Belfast City Council – Revenue Grant
- Pathways
- Awards for All
- Rank Start Here Programme

#### Standards

- Investors in People
- Family 1<sup>st</sup> Award – best Day-Care provision in the West Belfast

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- BACP – British Association for Counselling and Psychotherapy
- Belfast City Council – 5 STARS \*\*\*\*\* Award for catering

## Day – Care

Trinity Day care continues to provide 30 full or 60 part-time placements to local community. As a self-sustaining social economy project day-care offers local affordable childcare at a high standard. The service continues to be inspected annually by the BHSCT and passed this year with only one recommendation. All staff are trained to a minimum of a level 3 or above and continue to personally develop through training provided by the organisation. The service is opened from 8 am to 5 30 pm Monday to Friday. This project employs 14 full and part time staff.

## **Trinity Community Counselling.**

Trinity Community Counselling Service offers professional, confidential support to children, young people and adults. Seven core staff, 14 sessional staff and 3 counsellors in training provide support to our beneficiaries. Some of the issues covered are bereavement, relationship issues, addictions, depression, anxiety, self-harm, suicide, trans-generational trauma etc.

Referrals are made by GP's, Hospital Emergency Departments, Health Workers, Family, Friends, and the individuals themselves. The core counselling projects are funded by BHSCT, PHA, and VSS.

This year the service' outcomes over delivered on the targets set by Department for Communities/Neighbourhood Renewal, the organisation also works in partnership with the Community Wellbeing Alliance to deliver two counselling contracts, Self-Harm and Talking Therapies. These contracts may be extended for a further year.

The counselling service is opened from 10 am to 8 pm Monday, Tuesday, Wednesday, and Thursday to accommodate children and young people and people who work. Friday operates from 10am to 4 pm.

**Family Support** – 45+ families, children and young people received Family Support Packages, made up of one-to-one mentoring. This is a popular project and results in long waiting lists. This service is a Belfast wide service and is funded under BHSCT.

**Creative Arts** – is a non-funded service and is made up of women from the local community.

**Volunteer Opportunities** – In this reporting period we had 3 volunteers supporting the services.

Additionally, the centre operates a training scheme which facilitates training placement opportunities for trainee counsellors. Three trainee counsellors successfully completed their training in this financial year.

The counselling projects and childcare all employ local people that have a feel and understanding of community needs. 75% of staff have been with the organisation for 10 years or more.

In-house training for all staff includes.

- Assist
- Mental Health 1<sup>st</sup> Aid
- SELF Harm Training
- Staff continue own personal development for BACP.
- Child Protection
- 1<sup>st</sup> Aid
- Vulnerable Adults training

- In-depth induction when employment or volunteering commences.
- GDPR (General DATA Protection Regulation) training
- WRAP

### **Organisational Risk Analysis**

COVID-19, restrictions and lock down will continue to play a large part of how we deliver our services. A risk assessment is completed as changes or restrictions occur.

Brexit, Welfare Reform, Cost of Living crisis PIP assessment and lack of funding, project delays or abandonment, procurement regulations, government stability were the main causes for concern for maintaining our services.

We are seeing a high number of people that have been left vulnerable because of changes to welfare reform, such as Universal Benefits and PIP and the cost of living crisis.

However Holy Trinity has a long record of successful risk management through the deliverance of many contracts, experienced managers, policies, and procedures allow us to act quickly to manage change.

#### **Steps in place to mitigate against risks are:**

**GDPR (General DATA Protection Regulation,** Staff understand the new GDPR legislation that came out on the 25/5/18, additionally Policies and Procedures such as Privacy Notices, Client Consent, Client Contracts and Data Breach reporting measures have been adapted to comply with the new legalisation.

**Policies and Procedures** are fit for purpose they are reviewed and signed off annually by the Chairperson of the Organisation.

**Standards/Coherent Governance** along with political and financial risk are all taken into consideration and reviewed on a regular basis.

#### **Social Risk**

Welfare Reform/Universal Credit will impact on all our services users which will negatively affect their mental health and wellbeing. Our normal timing of projects run monthly to enable project plans to be implemented and monitored. Mitigated risk will involve.

- Exit Strategy, timely and person centred focused.
- Monitoring returns to funders on time
- Monthly meetings with Funders project officers
- Staff support via direct line management and external supervision.
- Transparent financial accountability
- Regular committee meetings.

#### **Future Development for the next 12 months**

Retaining and supporting staff, through the cost-of-living crisis will be paramount this year. Posts and projects will be managed according to the safety of all our stakeholders.

The continuation and delivery of contracts such as Family Support, SHIP Self-Harm, Talking Therapies, Extension of PHA Protect Life, Victims and Survivors plus contracts with BHSCT for counselling will be the focus of the organisation. Linking and maintaining local partnership that will enhance service delivery that will create care pathways for the people living in our communities.

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Additionally, ensuring the Childcare service remains a viable social economy programme which can support staff salaries and reach families that are at risk of isolation.

HTC's trustees will work towards addressing inequalities within the area and be guided by the people that need support and our services.

